

Principles of Good Interior Lighting



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1. Daylighting and Views



Our pattern of light and dark (from Lisa Heschong)



Start with daylight!



carpet around the perimeter reflects sunlight to the ceiling, providing a soft brightness to the open offices. Mesh roller shades automatically adjust to shade sunlight from the workstations.





Views



Health and Well Being

"Patients recovering from surgery with views of nature required 20% less pain medication"

- Reduces stress
- Better modeling
- Less eye strain
- VIEWS are very important







Headlines – "Students with the MOST daylight did better on test scores"



Fossil Ridge High School

4th and LeHigh School

When is direct sun too much?

















2. Layers of Lighting Importance of Surface Brightness











Surface Brightness Ambient

Illuminating the bright white ceiling creates a bright workspace with soft, low-glare light. The direct, downward light provides brightness and clarity to the workstations. • 25-30 Footcandles on desks • 0.45 Watts/Sqft Photo Credit: Eric Laignel **Ambient Light**



Mood Differences



Personalized Lighting



Personalized Lighting





Undercounter Lighting



Accents add interest





Using daylight as art



Electric lighting support

- Do not duplicate daylight!!
- Supplement the daylight
- Effective electric lighting - light surfaces
- Controls, controls and more controls



Layers of Light = 50% energy reduction



Layers of Light Low glare ambient lighting Personalized lighting





Selecting the Right Luminaires





Selecting the Right Equipment

 DOE: Next Generation Luminaires http://www.ngldc.org/













Viceroy- Snowmass


3. Integrating Light with Controls





Daylight Controls





Transparency and Information



USGBC Lighting Energy Usage = 0.1 watts/SF average

COMPARING ENERGY USE AT THE HEADQUARTERS VERSUS THE 90.1 ASHRAE BASELINE

	Open Offices	Private Offices	Conference Rooms	Reception & Lobby	Cafe & Kitchenettes
Baseline	Centeres .	0.000.00000			
-10% —					
-20% —				220/	
-30% —				32%	
-40% —		49%			
-50% —	60%	4970			
-60%	0070				
-70% —			71%		80%
-80% —				<u>.</u>	00%
-90% —					
-100%					

http://www.usgbc.org/Docs/Archive/External/Docs8711.pdf



Empire State Building



ESB - Tenant Finish Pre-Builts (complete with controls!)



http://www.wbdg.org/references/cs_esb.php

ESB – Exceeding Energy Predictions by 15.9% (Lighting accounts for 55%)

Innovative Empire State Building Program Cuts \$7.5M in Energy Costs Over Past Three Years

World's Most Famous Office Building exceeds energy efficiency savings for third consecutive year. This year, the iconic property beat its energy-efficiency guarantee by 15.9%, saving \$2.8 million.



911 Call Center (emergency calls) – Occupant Feedback



Existing Conditions



Experiment Equipment Layout





Workstation #

Results: Intensity Preference



Results: CCT by Gender



Results: CCT by Age



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Results: Overall Lighting Preference



Evaluation Feedback – What they did not like

- Downlight (too glary, bright, harsh)
- Existing track lighting (too bright)



Evaluation Feedback – What they liked:

- Indirect pendant (uniform, low glare lighting)
- Lighting behind computers (monitors less bright)
- Personal controls for dimming and color tuning
- Warmer CCT



Evaluation Feedback – Other Feedback:

- Monitors blocked the back panel lighting
- Sunrise causes glare







Action Items responding to feedback

- Combine strategies (indirect lighting with personalized lighting)
- Personalized controls
- Shading options

