

Create your own F.O.G. story!

## "An Afternoon To Remember"

Fill in the words. Then, after completing the list, take each word and insert it according to its number into the story below. Happy creating!

- |                       |                      |                       |                        |
|-----------------------|----------------------|-----------------------|------------------------|
| 1. Activity _____     | 7. Noun _____        | 13. Noun _____        | 19. Noun _____         |
| 2. Verb _____         | 8. Greasy food _____ | 14. Noun _____        | 20. Noun _____         |
| 3. Adjective _____    | 9. Verb _____        | 15. Verb _____        | 21. Verb _____         |
| 4. Adjective _____    | 10. Noun _____       | 16. Verb _____        | 22. Noun, plural _____ |
| 5. Greasy snack _____ | 11. Verb _____       | 17. Time period _____ |                        |
| 6. Greasy food _____  | 12. Verb _____       | 18. Noun _____        |                        |

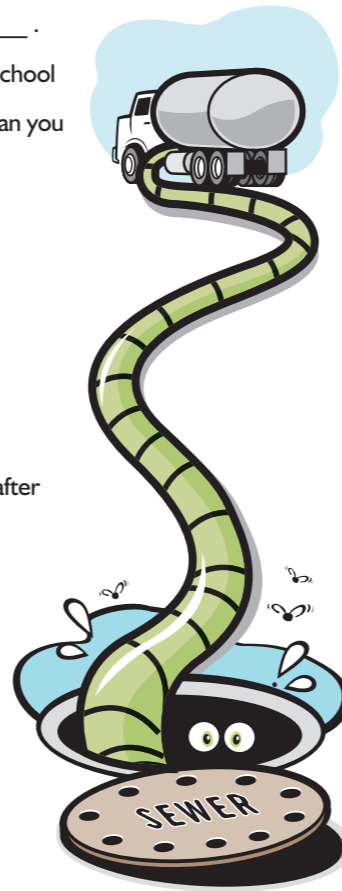
After school, Payton had a few friends over to hang out and play (1) \_\_\_\_\_.

Three friends (2) \_\_\_\_\_ to Payton's house, and were so (3) \_\_\_\_\_ to be done with school for the day. Payton's mom asked if they wanted a snack. Payton quickly said 'yes' we are (4) \_\_\_\_\_. Can you make us some (5) \_\_\_\_\_? Mom said, "sure", and pulled out (6) \_\_\_\_\_, (7) \_\_\_\_\_ and (8) \_\_\_\_\_ and heated it all up on the stove. After cooking, she (9) \_\_\_\_\_ the grease down the drain. Payton told her to Cool It, Can it and Trash It, but it was too late. The (10) \_\_\_\_\_ already went down the drain.

Payton and friends continued hanging out, playing (11) \_\_\_\_\_ and (12) \_\_\_\_\_ before having to go home. They all had a blast and loved eating (13) \_\_\_\_\_. No one thought of the (14) \_\_\_\_\_ going down the drain. In fact, Payton's mom didn't change her habits in the kitchen even after Payton suggested that she (15) \_\_\_\_\_ and (16) \_\_\_\_\_.

A (17) \_\_\_\_\_ later, Payton saw a vactor truck from the City of Fort Collins' Wastewater Department working on a sewer line in the neighborhood. After asking what was happening, the city crew explained that sewer lines were clogged with (18) \_\_\_\_\_, (19) \_\_\_\_\_, and (20) \_\_\_\_\_.

Payton (21) \_\_\_\_\_ ran home telling mom and dad the scoop knowing their house was part of the problem. From that day forward, Payton's (22) \_\_\_\_\_ disposed of fats, oils and grease properly and remembered to Cool It, Can It, Trash It.



Crossword answers: ACROSS: 4. Cool It, Can It, Trash It, 5. Disposal, 6. Greasy food, 7. F.O.G., 8. Absorb, 9. Pipes, 10. Grease, 11. Butter, 12. Greasy food, 13. Greasy food, 14. Greasy food, 15. Dispose, 16. Dispose, 17. Time period, 18. Grease, 19. Grease, 20. Grease, 21. Ran, 22. Mom and dad

**WHAT IS F.O.G.?**

**SO, WHAT'S THE PROBLEM?**

**Fats, Oils & Grease (F.O.G.)** and are found in common foods and ingredients such as: bacon and other meats, fish, butter, cooking oil, mayonnaise, gravies, dressings and food scraps. Often, Fats, Oils and Grease become a liquid from cooking, or they may be hidden within products such as dressings, mayonnaise and other foods that were cooked in oil and/or butter.

F.O.G. builds up and creates havoc on the sewer system and pipes by causing clogs and sewer back-ups in your home and neighborhood.

Often times Fats, Oils and Grease are in liquid form and appear to wash down a drain. Garbage disposals break up chunks of food, but do not get rid of F.O.G. Instead, F.O.G. solidifies and collects on walls of pipes until they become clogged.

# WHAT CAN I DO?



**1** Pour cooled Fats, Oils and Grease into a covered, disposable container and throw it into your garbage. Never pour Fats, Oils or Grease down sink drains or toilets. **COOL IT, CAN IT & TRASH IT™.**



**2** Soak up remaining Fats, Oils and Grease with a paper towel and dispose with your food in a garbage can.

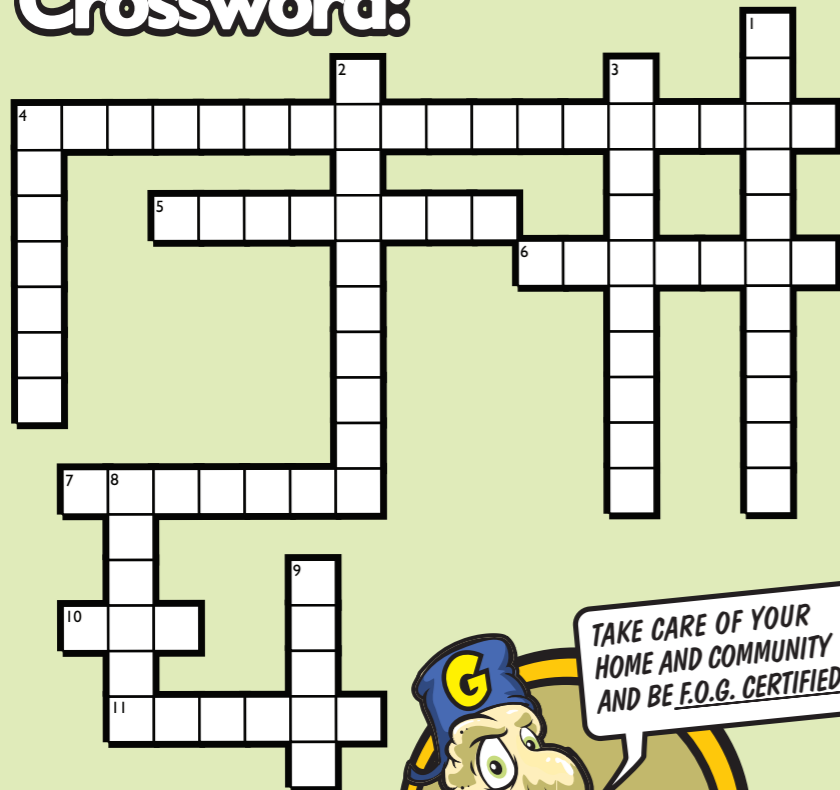


**3** Before you wash dishes, scrape food scraps from your plates, pots, and pans into your garbage can or compost container.



**4** Avoid using your garbage disposal. Use sink strainers to catch any remaining food waste while washing dishes.

## Crossword:



### DOWN

- 1 Grease down drains is costing the City of Fort Collins thousands of dollars for this.
- 2 This item may taste great on a hamburger or sandwich but doesn't belong down your drain.
- 3 The City of Fort Collins Department responsible for sewer pipes.
- 4 Over time, F.O.G. washed down your kitchen sink will result in \_\_\_\_\_ pipes.
- 8 Paper towels should be used to do this with extra oils and grease left in a pan before washing.
- 9 Fight F.O.G., Fats, Oils and Grease clog \_\_\_\_\_.

### ACROSS

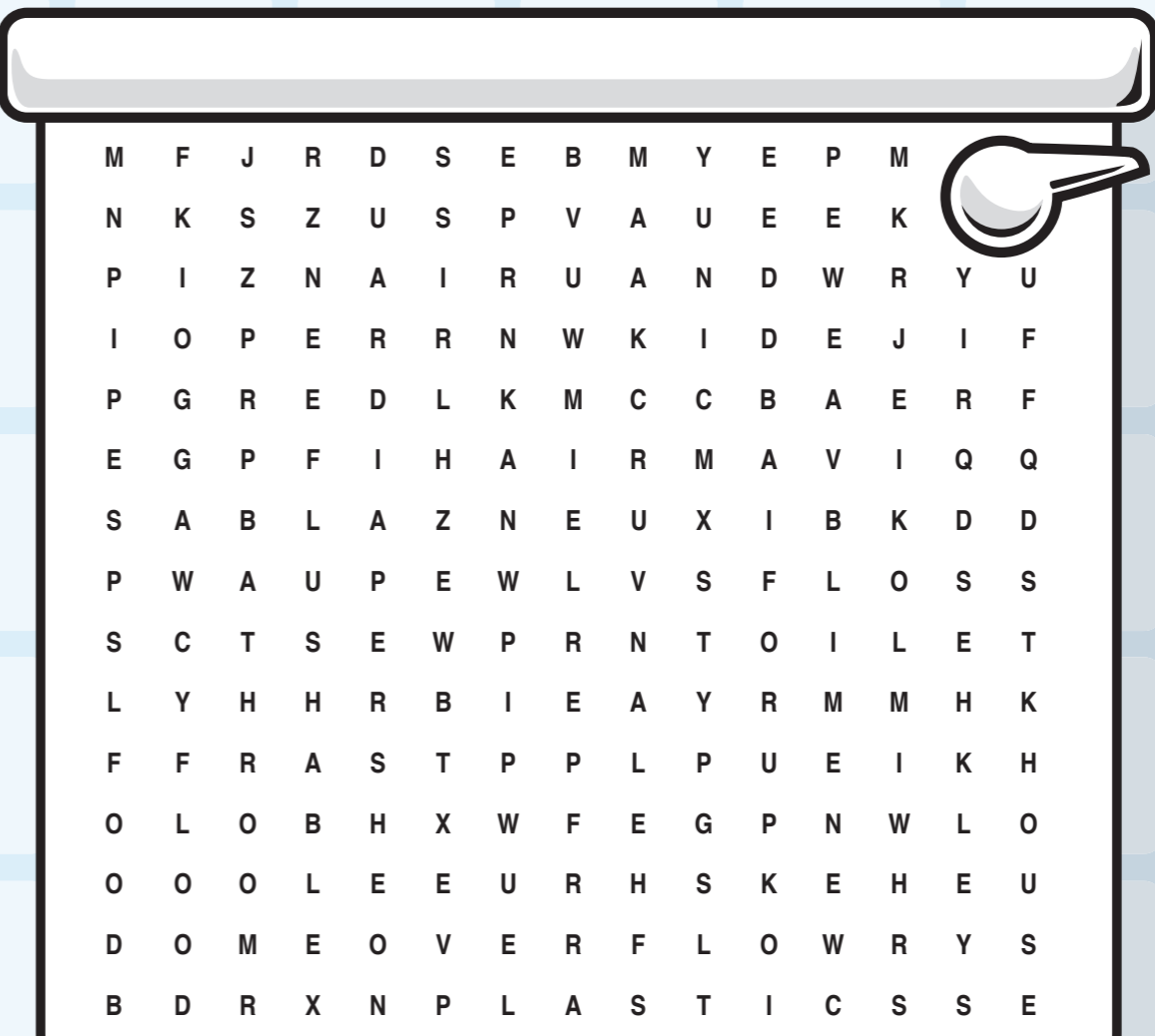
- 4 This catchphrase makes it easy to remember what to do with your Fats, Oils and Grease.
- 5 What is used to help do dishes and get rid of food is now being discouraged for use of fatty, oily or greasy foods.
- 6 Pouring grease into a tin can and storing it in this will help eliminate F.O.G. down your drain.
- 7 A place where you scrape food scraps for weekly pick up.
- 10 This acronym is used across the country to describe a serious issue for public water and sewer systems.
- 11 This item makes popcorn, pancakes and muffins more tasty, but it surely is not welcomed collecting in pipes.

TAKE CARE OF YOUR HOME AND COMMUNITY AND BE F.O.G. CERTIFIED!



Answers on the reverse side

# An overflowing toilet can ruin your home in an instant!



- GUM
- WRAPPERS
- TOILET
- PLUMBER
- EXPENSIVE
- OVERFLOW
- FLOOD
- WIPES
- DIAPERS
- MEDICINE
- FLOSS
- PAPER
- FOOD
- GREASE
- RUIN
- BATHROOM
- PIPES
- SEWER
- HOUSE
- FLUSHABLE
- BACKUPS
- BANDAIDS
- HAIR
- THINK
- PLASTICS

