Fort Collins Community Exchange: Matching Resources with Needs

By Lisa Olivas
A Member of Humanity
Agenda

- What is “Waste”?
- What are Resources?
- Match Resources with Needs:
  Fort Collins Community Exchange
- Conclude with Q&A
What is “Waste”

• “Waste is not waste until you take the action to waste it.” – John Anderson.

What could be considered waste to us could be a life-sustaining resource to another life form on Earth.
What Are Resources?
Economy of Resources
Overlooked Resources
Intangible but Invaluable Resources

- Love
- Gratitude
- Admiration
- Grace
- Appreciation
- Respect
- Friendliness
- Information
- Knowledge
- Education
Community
Reduce

- Stop wasting.
- Choose products with minimal packaging.
- Buy quality goods that will last.
- Turn off lights.
- Reduce auto emissions
Reduce

• Buy bulk when possible
• Use reusable shopping bags or boxes.
• Say "no" to unnecessary plastic bags
• Be informed!
• Re–use containers.
• Encourage manufacturers to play their part.
Reuse

• Carry a water bottle.
• Use both sides of paper.
• Look for products in reusable, refillable or recyclable packaging.
• Donate unwanted items.
• Repair goods rather than replacing them.
Reuse

- Hold a garage sale.
- Use rechargeable batteries rather than single-use batteries.
- Request foil instead of Styrofoam for leftovers from restaurants. Reuse the foil if possible.
- Use glass bottles and jars for bulk shopping or as unique drinking containers.
- Carry your lunch in a reusable container rather than disposable wrappings.
Recycle
Respect

Respect your power as a consumer of goods and become aware of your waste.

"The Earth has enough for man’s need, but not for man’s greed." – Mahatma Gandhi
We Belong to Each other

“If we have no peace, it is because we have forgotten that we belong to each other.”

“The most terrible poverty is loneliness and the feeling of being unloved.”
The 4 r’s

- Reduce
- Reuse
- Recycle
- Respect
What are the “exchanges”

- Food Exchange
- Garden Exchange
- Cardboard Box (moving box)
- Hardware, Household, Cars and Tools
- Book Exchange
- Volunteer Exchange
- Employment Exchange
- Pets
- Books
# The Forum (Exchanges)

You last visited on Wed Nov 28, 2007 3:36 pm  
The time now is Wed Nov 28, 2007 3:41 pm  
Fort Collins Community Exchange Forum Index

<table>
<thead>
<tr>
<th>Forum</th>
<th>Topics</th>
<th>Posts</th>
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<tbody>
<tr>
<td><strong>Garden Exchange</strong></td>
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<tr>
<td>Produce</td>
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<tr>
<td>Post your produce from your garden, yard, property or your CSA for NOCO Hours, Trade, Barter or for free.</td>
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| Plant and Seed             | 1      | 1     | Wed Nov 28, 2007 2:03 pm  
| Trade or swap your plants and seeds from your garden, yard, or property for NOCO Hours, trade or barter, or for free.  
| Garden Materials           | 0      | 0     | No Posts          |
| Do you have old lumber, chicken wire, old tools that you can provide to someone else to help grow their garden. Post it here for barter, trade, NOCO Hours or for free.  
| **Garden Advice**          | 2      | 2     | Wed Nov 28, 2007 2:42 pm  
| Post your question, advice or knowledge here.  
| **Food Preservation**      |        |       |                   |
| Freezing and Canning       | 0      | 0     | No Posts          |
| **ReUse & Recycle Exchange** |      |       |                   |
| Tools Needed and Wanted    | 0      | 0     | No Posts          |
| Need some tools or want to get rid of some of your own? Offer or accept here with NOCO Hours, barter, trade or for free  
| Building/Home Improvement Materials | 0 | 0 | No Posts |
Welcome Screen

Fort Collins Community Exchange

Welcome to The Fort Collins Community Exchange

Welcome Erin

Who is Online

Board Navigation
- Home
- Forum
- Memberlist
- Usergroups
- Profile
- You have no new messages
- Log out [ Enn ]
- Calendar

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Registering
Agreeing to Terms

Fort Collins Community Exchange - Registration Agreement Terms

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I Agree to these terms and am over or exactly 13 years of age
I Agree to these terms and am under 13 years of age
I do not agree to these terms
Enter Your Info

Username: *
E-mail address: *
Password: *
Confirm password: *
Gender: *
Zip code: *
Country: *
Birth date: *

Confirmation code: *

If you cannot solve this expression please contact the Administrator for help.

Submit | Reset
Logging In
Selecting an Exchange to View

Fort Collins Community Exchange
Supported by MCCO - Making our Community Hour by Hour

Plant and Seed
Moderators: None
Users browsing this forum: None

Daylilies (orangish color)
0 replies by lolivas Wed Nov 28, 2007 2:05 am lolivas

Display topics from previous: All Topics

Fort Collins Community Exchange Forum Index -> Plant and Seed

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You can post new topics in this forum.
I have plenty of daylilies (orange color) available to give away for NOCO Hours. 25 for 1/4 NOCO Hour or trade for some other plants you may have an abundance of in your yard.

They've been dug up and are in hibernation in a bag for the winter. In the spring they will need to be soaked a little to rejuvenate them and then they go into the dirt in a sunny or partial sunny location.

You can email me if you are interested on this board. Just select the inbox tab above on this forum and choose to compose and send a message to me lolivas.

Thanks,
Lisa

NOCO Hours
“Enriching our community hour by hour”
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Thanks,

Lisa

NOCO Hours
"Enriching our community hour by hour"

Quick Reply:

I would like to trade for some other types of flower bulbs. Thanks, Lisa

Preview  Submit
Reply With New Subject
How Reply is Viewed

**Author** | **Message**
---|---
Iolives  Site Admin  | I have plenty of dahlies (orange color) available to give away for NOCO Hours. 25 for 1/4 NOCO Hour or trade for some other plants you may have an abundance of in your yard.

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NOCO Hours  "Enriching our community hour by hour"

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Adding a New Topic
Type Up Your Post
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Conclusion
Questions?