

Summer registration starts at 7 a.m., May 13

Summer 2021

Recreator

City of
Fort Collins



Play Your Way with Recreation

WELCOME BACK, BASEBALL



JOIN OUR SOCIAL MEDIA COMMUNITY



FCBC TRAINING CENTER

FCBC Training Center, located inside Gojo Sports, is open for 1-on-1 lessons, team rentals and group clinics.

Join our email list and keep an eye out for Saturday Sticks.

Email dayton@fcbcmail.org to join the mailing list.

FORCE BASEBALL TRYOUTS

Force Competitive Baseball Tryouts for the 2021-2022 season will take place in mid-July. Contact dayton@fcbcmail.org for information or to be added to a communication list.

FORCE

B A S E B A L L

SUMMER BASEBALL

Recreational, Intermediate, and Competitive Baseball seasons are now playing! Contact the FCBC Office for information about schedules and upcoming leagues.

WHAT ELSE?

FCBC facilitates a Fall Ball league and an Indoor Baseball (Winter) League.

FEEL FREE TO CONTACT US

(970) 484-3368 | office@fcbcmail.org | P.O. Box 1031 80522
fortcollinsbaseballclub.org

INSPIRE

Adventure, Play, Movement



Seize the **GO OUTSIDE!**
Warm Weather

WE HAVE YOUR GEAR

APPAREL • FOOTWEAR • CAMPING • HIKING
FORT COLLINS | JAXGOODS.COM

JAX
OUTDOOR GEAR



**NEW Guide to Trails
and Parks, page 83**

Program Areas

- 13 Adaptive Recreation Opportunities**
- 16 Aqua Fitness**
- 18 Aquatics**
- 26 Arts & Crafts**
- 27 Dance & Movement**
- 33 Day Camps**
- 38 Early Learning**
- 42 Education**
- 45 Farm**
- 49 Fitness & Wellness**
- 56 Ice Skating**
- 60 Outdoor Recreation & Education**
- 62 Pottery**
- 64 Events**
- 65 Sports**
- 82 50+**

Due to COVID-19 there will be no Trips & Travel this season

General Information

- 3 From the Director**
- 6 Registration Details**
- 7 Recreation Information**
- 9 Facility Map**
- 10 Recreation Facilities**
- 83 Guide to Trails and Parks**

Follow us @ParksandRecFC





Hello, Recreators –

Summer is near! Summer is my favorite season in Fort Collins - it's a time when I can get out of the house, go to festivals, farmers markets, and explore the community in new and fascinating ways. Of course, this summer is going to look a little different than "normal" summers but as my colleague says, "every day that goes by is one day closer to the end of the pandemic." With that in mind let's continue to work together by following current health and safety protocols and we will all get through the pandemic.

As part of the summer season, my partner and I have a game we call "Make June Awesome." The goal is to do something different and out of our routine each day in June. These activities could be trying food at a new restaurant, going for a hike in a new location, or really anything outside of the normal routine. After a year of distancing guidelines, and not being able to do many of the activities I enjoy, I have a newfound appreciation for Make June Awesome and am planning to use the Recreator to help make it the best June yet!

Here's my plan for this year's Make June Awesome:

- I am planning on taking my kids to a new park for a picnic once a week during the month of June. I plan to visit The Farm at Lee Martinez Park, Crescent Park, Westfield Park and a few others that I haven't decided on yet.
- I plan on taking a cooking class (page 42) with my partner.
- A trip to City Park Pool is also on the family's list, as the water slides are a required part of summer for us.
- For years, I've been interested in learning the skill of fly fishing and thankfully the Recreator offers a program for that this season as well (page 60).
- Father's Day wouldn't be complete for me without a bike ride down the Spring Creek Trail and Poudre Trail with a stop off for a meal in Old Town.

Make June Awesome can certainly be shifted into any time period based on what you are interested in doing. After Making June Awesome for nearly a decade I can highly recommend the activity as an excellent way to explore and reinvent the town that we call home. I am going to end this letter with a question. How are you going to Make _____ Awesome?

Aaron Harris, Interim Director of Recreation
Pronouns: He/Him/His



Credits

City of Fort Collins

Parks and Recreation Board

Catherine Carabetta, Ken Christensen, Mary Carlson, Jeff Haber, Shari Heymann, Bob Kingsbury, Michael Novell, Jesse Scaccia, Michael Tupa

Interim Recreation Director

Aaron Harris

Recreation Managers

Sara Mendez
Marc Rademacher

Community Relations & Marketing

Emily Frare
Kathryn Gehrke
Valerie Van Ryn

Pagination

Tina Chandler

Cover Design

Craig Powell

Contact Information

City of Fort Collins
Recreation Department
215 N. Mason St.
P.O. Box 580
Fort Collins, CO 80522

Registration & Programs
970.221.6655
recreation@fcgov.com

Advertising, Partnerships,
& Sponsorships
970.221.6875
recreator@fcgov.com

Aaron Harris
Interim Recreation Director
970.416.2225
aharris@fcgov.com

For subscription
information, please
visit fcgov.com/recreator.

City of Fort Collins

Vision

To provide world-class municipal services through operational excellence and a culture of innovation.

Mission

Exceptional service for an exceptional community.



FROM THE **PARKS & RECREATION BOARD**

Last year, City of Fort Collins Forestry Staff confirmed the presence of Emerald Ash Borer (EAB) in north Fort Collins, just outside the city limits. If untreated, this invasive, non-native insect kills all North American true ash species within two to four years of infestation by feeding under the bark, which cuts off water and nutrients to the tree. The first documented case of EAB in Colorado was in 2013 in Boulder. The arrival to Fort Collins likely came from the transport of infested ash tree materials. Once a community detects EAB, it can never be eradicated.

Within the City of Fort Collins, there are approximately 70,000 ash trees which is a third of the City's tree canopy. The City's Forestry Division began EAB preparations soon after its detection in the United States in 2003. Staff conducted multiple inventories of the City's ash tree population, began removing and replacing those in poor condition and shadow planted non-ash trees as space allowed. Beginning this year, the City will begin a three-year rotation of treatment for 2,100 strategically selected, public-owned ash trees, that will start north of Mulberry and continue south.

Residents and Home Owner's Associations should start developing their own EAB plan now —know if you have ash trees, evaluate tree conditions and determine the costs of removal, replacement or treatment. EAB can be difficult to detect because damage often begins in the tree canopy or mid-crown; symptoms can include a thinning canopy, vertical splits in the bark, new sprouts on the lower trunk or increased woodpecker activity. If you believe you have found EAB, contact the City's Forestry Division at forestry@fcgov.com.

If trees become infested with EAB, are otherwise healthy and well-maintained, they can be saved although treatment will need to continue for the duration of the tree's life. The City's EAB website includes a list of licensed arborists who are certified to treat EAB. If your ash tree is small (less than 11-inches in diameter) or in poor condition, removal and replacement is the recommended plan of action. When replanting, trees that are adaptable to our soil and climate are important, as is species diversity in our urban canopy.

EAB has the potential to cause the extinction of North American ash species. Although it is now present in Fort Collins, it can be managed, and damage can be minimized through a well-informed, proactive community response. Proper ash tree management through removal or EAB treatment is important, and residents should never move firewood or other ash materials within our community (except to a proper disposal site) or to another community. Additional information about EAB, identification, preparation and response is available at fcgov.com/eab.

Catherine Carabetta
Chair, Parks and Recreation Board





ILLNESSES & INJURIES HAPPEN FAST

Get urgent care that can keep up.

For those unexpected healthcare hurdles,
we're here every day of the week.
Get appointment-free walk-in care
or see a provider virtually today.

Hours vary. Visit AFMnoco.com/UrgentCare for details.



ASSOCIATES IN
FAMILY MEDICINE

Here for good.

REGISTERING FOR PROGRAMS

Due to the variability regarding COVID-19 and impacts on our community, registration dates are subject to change. For up-to-date information regarding registration, visit fcgov.com/recreation.

Registration is currently scheduled to begin at 7 a.m. on May 13. Early registration will be available for Senior Center Members at 7 a.m. on May 11.

Registration may not be approved by an instructor or coach. During registration, personal information is entered into the registration database by household. By providing household information to the City, you are consenting to the release of information regarding your household to all members of your household.

At this time, credit cards are the only form of permitted payment. No cash refunds.

YOU CAN REGISTER FOR PROGRAMS IN THREE WAYS:

ONLINE



Visit fcgov.com/recreator to register online.

Click on **"Register Online"**

New users: Click "Login" and select "Create an Account." Then follow the prompts.

Existing users: Click "Login" and enter your username/household ID number and password.

IN PERSON



All Recreation Facilities are able to assist with registering for programs.

See page 11 for information on open hours.

OVER THE PHONE



Call **970.221.6655** to register.

Have your credit or debit card information, along with household account details, available.

Aquatics, Ice Skating & Sports Registration Policies

If the class you wish to register for is filled, you may place your name on a paid waiting list. We attempt to accommodate demand by adding new classes; however, they may not be at the same time/day as the waiting list class. Classes that do not meet the minimum may be canceled or combined.

REFUND & CANCELLATION POLICIES

Withdrawals

If you are not satisfied with your program, you may withdraw before the second class begins and receive a refund. Refunds are not given once the second class begins (first week of youth sports practices). Programs that meet once may receive a refund up to one week prior to the scheduled program start.

Refund options include:

- A full credit to your Recreation household account.
- Check or credit refund; a \$5 service charge per program will be applied. Material fees are non-refundable. For refunds less than \$5, a household credit is offered.

Transfers

You may transfer between programs prior to the second meeting of the class on a space-available basis. There is no charge for transfers, but you are responsible for any additional costs. If the new program costs less than the original program the difference is credited to the household account without an additional program fee.

If your age, grade level, or ability does not meet the minimum program requirements, you will be transferred to a program that better matches your level(s).

Cancellations

Recreation may cancel programs at staff's discretion. If Recreation cancels a program for any reason, you will receive a full refund or credit. Recreation staff can assist you in finding another program that meets your needs.

REDUCED FEE PROGRAM

Reduced fees are available to participants with limited incomes. Interested persons must apply in person with the Recreation Department and be approved prior to registering for programs.

Applications are available at all recreation facilities; a downloadable version is also available online.

Once approved and enrolled in the program, a pass purchase is required to activate benefits. Discounted activity registration can then be done over the phone, in person, or online.

The following programs are excluded from the Reduced Fee Program: adult team sports, tournaments, ticketed events, and private instruction.

For more information visit fcgov.com/reducedfee.

RECREATION FACILITY REGULATIONS

To ensure a safe and welcoming atmosphere, all guests are expected to follow posted Recreation Facility Regulations when visiting City of Fort Collins Recreation facilities.

The regulations are posted at each recreation facility and available online at fcgov.com/recreation/regulations.

COVID-19 Information

The City of Fort Collins is working closely with federal, state, and local public health partners to monitor ongoing changes and developments related to COVID-19. Guests to Recreation facilities should follow all posted signage regarding COVID-19 safety, which will align with guidance provided from public health partners including:

- Maintaining physical distance
- Wearing face coverings
- Frequently washing hands or using sanitizer
- Washing high-touch surfaces
- Staying home if you are sick or exhibiting any symptoms of illness

Visit fcgov.com/eps/coronavirus for additional information regarding the City of Fort Collins' emergency response to COVID-19.

Pool Rules & Guidelines

For a full list of pool rules, please visit fcgov.com/recreation, or view in person at an aquatics facility. Rules are posted in the pool deck area of all recreation aquatic locations.

ADA Disclosure

Auxiliary aids and services are available for persons with disabilities. V/TDD: Dial 711 for Relay Colorado.

If you require assistance participating in programs due to a disability, see page 14 for information about Adaptive Recreation Opportunities and services available. Individuals of all abilities and ages are welcome to participate fully in any Recreation program. If you are interested in participation support due to a disability, requests should be made two weeks in advance of program start date.

Disability Resources

For more information contact 970.221.6655, recreation@fcgov.com. Information on personal care attendants can be found on page 14.

Translation & Interpretation/Traducción e Interpretation

If you require assistance in another language, contact 970.221.6655, recreation@fcgov.com. Esta información puede ser traducida, sin costo para usted.

Still uninsured?
Get covered by Aug. 15. We can help!



We can help you find the best health insurance for your needs and budget, including plans that have financial assistance.

Call now! Special uninsured enrollment period ends Aug. 15!

Health District

LARIMER HEALTH CONNECT

FREE virtual appts. Limited in-person appts.

970-472-0444



larimerhealthconnect.org

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

- AC** Classes in which adults are required to attend
- NW** Denotes no web registration for program
- M** Denotes program/activity has special membership pricing

ADMISSION & PASS FEES

Multi-facility and single admission pass holders have access to the following, at the facilities mentioned below: open gym, lap and open swim, walking/jogging track, weight/cardio area, billiards room, library media center, and locker rooms.

Reduced Fees

Available to residents with limited incomes, see page 6 for more information.

MULTI-FACILITY ADMISSION PASS

	25 Admission Pass	1 Month Pass	6 Month Pass	Annual Pass	Platinum Pass	Barnyard Buddy
Youth	\$80	\$25	\$125	\$225	-	-
Adult	\$100	\$35	\$175	\$315	-	-
60+	\$80	\$25	\$125	\$225	-	-
Family/Couple	-	\$56	\$280	\$504	-	\$85
85+	-	-	-	-	FREE	-
<i>25 admissions to use at any of the facilities listed above. Expires one year from the date of purchase.</i>						<i>Unlimited visits up to four people per visit (guests pay half admission). For more information, visit fcgov.com/thefarm..</i>

SINGLE ADMISSION (One-time Drop-In Rate)

Youth	\$4
Adult	\$5
60+	\$4
Family/Couple	-
85+	-

DEFINITIONS

Youth: 2–17 years of age

Adult: 18–59 years of age

60+: 60 years & up

Family/Couple: Two adults and up to two children under 18 years from the same household. Additional children can be added to a pass: monthly basis–\$6 per child; 6 month basis–\$25 per child; annual basis–\$50 per child.

ICE SKATING RATES & RENTALS

	Public Skate Admission	Public Skate Group Admission
Youth	\$4	\$3.50
Adult	\$5	\$4.50
60+	\$4	\$3.50
Skate rental per Drop-in	\$3	\$3
Other Drop-In Activities		
Fitness Skate	\$6	
Drop-in Hockey Stick & Puck	\$5	

**Multi-facility pass holders receive \$1 off ice skating single admission.*

PASSHOLDER ACCESS

Passholders are allowed access to the following: open gym, lap and open swim, walking/jogging track, weight and cardio area, billiards room, library media center, and locker rooms.

GROUP RATES

Please note that group rates are not available at this time.

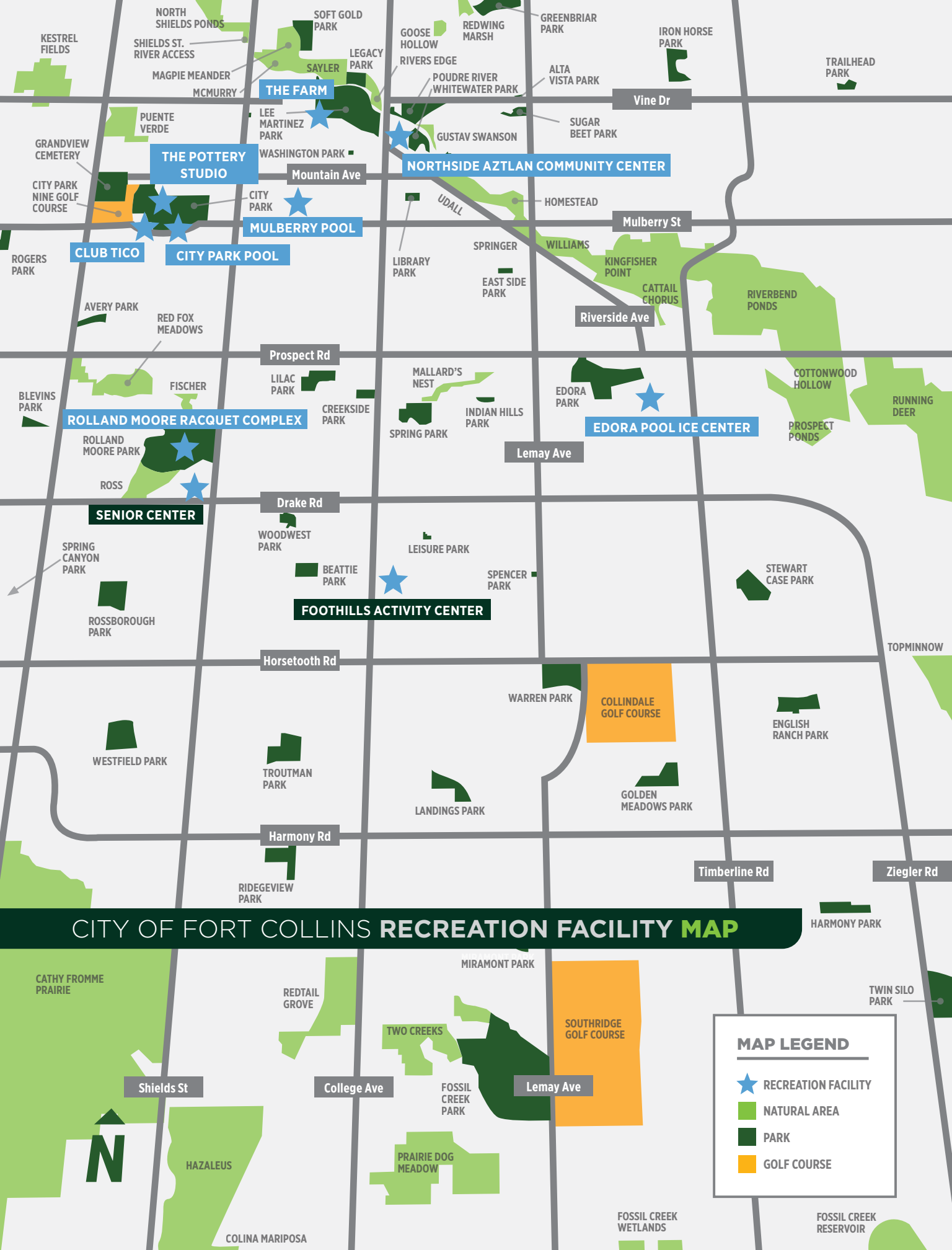
This will be reexamined as physical distancing restrictions change. Reduced facility admission is available for groups at EPIC, Mulberry Pool, and City Park Pool. To receive these rates, groups of 10 or more must schedule a reservation at least 14 days in advance. Groups greater than 100 must schedule a reservation 30 days in advance. Reservations requested outside the scheduling requirements will be based on facility availability and approval by Recreation Management. Reservation requests can be made online by visiting our website fcgov.com/recreation or by calling the desired facility.

THE FARM ADMISSION RATES

	Daily Fee
Under 2 years	No Fee
2 years & up	\$4

RECREATION RESERVE FUND

The Recreation Reserve Fund enables the City of Fort Collins to provide and sustain high quality recreation services and facilities. To ensure future needs are met, \$1 per program enrollment and \$2 per hour during facility room rentals are allocated to reserves for future Recreation use. These fees are not discountable.



CITY OF FORT COLLINS RECREATION FACILITY MAP

MAP LEGEND

- ★ RECREATION FACILITY
- NATURAL AREA
- PARK
- GOLF COURSE

Recreation Facilities (Blue Stars): THE FARM, THE POTTERY STUDIO, MULBERRY POOL, CITY PARK POOL, CLUB TICO, ROLLAND MOORE RACQUET COMPLEX, EDORA POOL ICE CENTER, SENIOR CENTER, Foothills Activity Center.

Parks (Dark Green): KESTREL FIELDS, NORTH SHIELDS PONDS, SHIELDS ST. RIVER ACCESS, MAGPIE MEANDER, MCMURRY, SOFT GOLD PARK, LEGACY PARK, GOOSE HOLLOW, REDWING MARSH, GREENBRIAR PARK, IRON HORSE PARK, TRAILHEAD PARK, POUDBRE RIVER WHITewater PARK, ALTA VISTA PARK, SUGAR BEET PARK, GUSTAV SWANSON, WASHINGTON PARK, CITY PARK, LIBRARY PARK, SPRINGER, EAST SIDE PARK, KINGFISHER POINT, CATTAIL CHORUS, RIVERBEND PONDS, COTTONWOOD HOLLOW, RUNNING DEER, EDORA PARK, MALLARD'S NEST, INDIAN HILLS PARK, SPRING PARK, LEISURE PARK, SPENCER PARK, BEATTIE PARK, WOODWEST PARK, LEASE PARK, STEWART CASE PARK, ROSBOROUGH PARK, WESTFIELD PARK, TROUTMAN PARK, LANDINGS PARK, GOLDEN MEADOWS PARK, RIDEGEVIEW PARK, HARMONY PARK, Fossil Creek Park, PRAIRIE DOG MEADOW, Fossil Creek Wetlands, Fossil Creek Reservoir.

Natural Areas (Light Green): KESTREL FIELDS, NORTH SHIELDS PONDS, SHIELDS ST. RIVER ACCESS, MAGPIE MEANDER, MCMURRY, SOFT GOLD PARK, LEGACY PARK, GOOSE HOLLOW, REDWING MARSH, GREENBRIAR PARK, IRON HORSE PARK, TRAILHEAD PARK, POUDBRE RIVER WHITewater PARK, ALTA VISTA PARK, SUGAR BEET PARK, GUSTAV SWANSON, WASHINGTON PARK, CITY PARK, LIBRARY PARK, SPRINGER, EAST SIDE PARK, KINGFISHER POINT, CATTAIL CHORUS, RIVERBEND PONDS, COTTONWOOD HOLLOW, RUNNING DEER, EDORA PARK, MALLARD'S NEST, INDIAN HILLS PARK, SPRING PARK, LEISURE PARK, SPENCER PARK, BEATTIE PARK, WOODWEST PARK, LEASE PARK, STEWART CASE PARK, ROSBOROUGH PARK, WESTFIELD PARK, TROUTMAN PARK, LANDINGS PARK, GOLDEN MEADOWS PARK, RIDEGEVIEW PARK, HARMONY PARK, Fossil Creek Park, PRAIRIE DOG MEADOW, Fossil Creek Wetlands, Fossil Creek Reservoir.

Golf Courses (Orange): COLLINDALE GOLF COURSE, SOUTH RIDGE GOLF COURSE.

Other Landmarks: GRANDVIEW CEMETERY, CITY PARK NINE GOLF COURSE, ROGERS PARK, AVERY PARK, RED FOX MEADOWS, FISCHER, LILAC PARK, CREEKSIDE PARK, ROLLAND MOORE PARK, ROSS, SPRING CANYON PARK, BLEVINS PARK, RIVERSIDE AVENUE, MOUNTAIN AVE, MULBERRY ST, LEMAY AVE, DRAKE RD, HORSETOOTH RD, HARMONY RD, TIMBERLINE RD, ZIEGLER RD, SHIELDS ST, COLLEGE AVE.



RECREATION FACILITIES	CITY PARK POOL	CLUB TICO	EDORA POOL ICE CENTER	THE FARM	FOOTHILLS ACTIVITY CENTER	FORT COLLINS SENIOR CENTER
Water slide/play features	★					
Auditorium						★
Basketball Court					★	★
Billiards Room						★
Catering Kitchen		★				★
Dance Floor		★				★
Diving			★			
Elevator		★	★		★	★
Family Changing Room			★			★
Fitness/Dance Rooms					★	★
Gift Shop				★		
Gymnasium					★	★
Ice Rink			★			
Kilns						
Kitchen		★				★
Lazy River	★					
Library						★
Locker Rooms	★		★		★	★
Lounge						★
Meeting Space		★	★	★	★	★
Museum				★		
Pickleball Courts					★	★
Pony Rides				★		
Pro Shop						★
Racquet Courts						
Skate Park			★			
Spectator Seating			★			
Stage		★				★
Studio Space						★
Swimming	★		★			★
Track						★
Wading Pool			★			
Weight/Cardio Equipment					★	★
WIFI			★		★	★

MULBERRY POOL	NORTHSIDE AZTLAN COMMUNITY CENTER	THE POTTERY STUDIO
★		
	★	
★		
★	★	
★	★	
	★	
	★	
		★
	★	
★	★	
★	★	
	★	
	★	
	★	
	★	
	★	
		★
★		
	★	
★		
	★	
★	★	

CITY PARK POOL

1599 City Park Dr. • 970.224.6363 • fcgov.com/cityparkpool
Closed

CLUB TICO

1599 City Park Dr. • 970.224.6113 • fcgov.com/clubtico
Reservations required.

EDORA POOL ICE CENTER

1801 Riverside Ave. • 970.221.6683 • fcgov.com/epic
M–F 5:30 AM–6 PM Sa 8 AM–6 PM Su Noon–5 PM
See website for pool and ice hours.

THE FARM

600 Sherwood St. • 970.221.6665 • fcgov.com/thefarm
Sept 1–Oct 31:
W–Sa 11 AM–3 PM Su Noon–4 PM
Nov 1–March 31:
W–Sa 10 AM–4 PM Su Noon–4 PM

FOOTHILLS ACTIVITY CENTER

(Programs available for all ages, with primary focus on youth)
241 E. Foothills Pkwy. • 970.416.4280 • fcgov.com/foothillsactivitycenter
M–F 8 AM–7 PM Sa 8 AM–4 PM Su Closed

FORT COLLINS SENIOR CENTER

(Programs available for 18+, with primary focus on 50+)
1200 Raintree Dr. • 970.221.6644 • fcgov.com/seniorcenter
M–Th 6 AM–7 PM F 6 AM–5 PM Sa–Su Closed
Pool currently closed.

MULBERRY POOL

424 Mulberry St. • 970.221.6657 • fcgov.com/mulberrypool
M–F 5:30 AM–10 AM & 2–6 PM Sa 8 AM–5 PM Su Closed

NORTHSIDE AZTLAN COMMUNITY CENTER

112 E. Willow St. • 970.221.6256 • fcgov.com/northside
M–F 8 AM–9 PM Sa 8 AM–5 PM Su 11 AM–5 PM

THE POTTERY STUDIO

1541 Oak St. • 970.221.6644 • fcgov.com/potterystudio

ROLLAND MOORE RACQUET COMPLEX

2201 S. Shields • 970.493.7000 • fcgov.com/racquet-complex
For information about Pro Shop hours, visit lewistennis.com.
Racquet courts adhere to park hours.




For the most current information about special hours and closures, visit fcgov.com/recreation.

Looking for golf? Visit fcgov.com/golf



FORT COLLINS CONNEXION

YOUR COMMUNITY-DRIVEN AND COMMUNITY-OWNED FIBER NETWORK!

-  Blazing-fast Gigabit speed internet - only \$59.95 per month
-  Affordable, reliable home phone
-  Live TV, sports, On Demand and all your favorite shows!



**NO DATA CAPS! NO CONTRACTS!
NO INSTALL FEES!**

LEARN MORE & SIGN UP FOR NOTIFICATIONS AT [FCONNEXION.COM](https://fconnexion.com)

ADAPTIVE RECREATION OPPORTUNITIES

The Adaptive Recreation Opportunities (ARO) program provides quality and equal opportunities for recreation and leisure to community members with disabilities. ARO offers healthy, fun, and educational experiences through three service areas: Inclusion Support, Specialized Adaptive Programs, and Transition Support.

Inclusion Support

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. New to ARO? Visit fcgov.com/aro to complete a New Participant information form to begin the support request process. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date.

Adaptive Programs

Designed to meet the unique needs of individuals with physical, intellectual, developmental, and/or emotional disabilities. Specialized Adaptive Programs include trained staff, modifications, and adaptive equipment to provide optimal participation and quality experiences. Personal care is not provided in these programs, but attendants are welcome. See section below on Attendants.

Transition Support

ARO offers assistance in recreation and leisure choices so you can be as independent as possible. A therapeutic recreation professional helps develop your personal Passport to Recreation Profile with discussion of your strengths, needs, and interests. Fill out your Passport to Recreation Profile at fcgov.com/aro.

Attendants

Individuals who are not independent in activities of daily living may participate with a personal care attendant. There is no fee for personal care attendants unless otherwise noted. Attendants need to register separately and note whom they will be assisting. Notify ARO staff to coordinate the support plan prior to class start date.

Volunteer

Whether assisting with events or being a weekly inclusion support partner, volunteers are always needed to help support individuals in the ARO program. To apply, visit engage.fcgov.com/d/aro or contact Brenda McDowell at bmcdowell@fcgov.com.

Contact Information

For additional information about ARO programs, visit fcgov.com/aro or contact ARO staff:

Becca Heinze, M.Ed., CTRS, 970.224.6125, bheinze@fcgov.com
 Brenda McDowell, CTRS, 970.416.2024, bmcdowell@fcgov.com
 Sarah Olear, CTRS, 970.224.6028, solear@fcgov.com

Transportation

Participants are responsible for their own transportation unless otherwise noted. The following resources provide transportation:

Transfort (Public City Transport)	970.221.6620
Dial-A-Ride	970.224.6066
SAINT	970.223.8645
Heart & Soul Paratransit	970.690.3338

AQUATICS

Adaptive Swim Lessons

ARO Aquatics Specialists support individuals in private or group lessons using adaptive techniques based on individualized goals. See page 18 for private lessons (adaptive) info, or register for youth, teen, or adult swim lessons. Note: Contact ARO staff to schedule a swim assessment two weeks prior to lesson start date.

Adaptive Aqua Fitness

ARO Aquatics specialists can support individuals in group aqua fitness classes. See page 16 to register and contact ARO staff two weeks prior to class to discuss accommodations. Not finding what you are looking for, or new to aqua fitness? Therapeutic Recreation Specialists (CTRS) are here to discuss your goals and identify options and supports for you through a TR consultation. Email an ARO team member or complete the Passport to Recreation Profile on ARO's website to start your journey.

ARTS & THEATRE

Pottery Sampler

Introduction to handbuilding and wheel throwing, as well as glazing and studio operation. Create and learn beginner techniques with clay. Note: All materials and tools provided. Class not held 7/4.

Age: 16 years & up
 Location: Pottery Studio

6/6-7/11	Su	4:30-6:30 PM	\$60	302870-03
----------	----	--------------	------	-----------

CAMPS

Bike Camp, Adaptive

Designed to build community around bicycling and introduce riders with adaptive needs to safe bicycling. Adaptive cycles available or provide your own. Introduction to rules for bicycling on trails, safe bicycling strategies, bike-handling skills and drills, nutrition and hydration, and basic bike maintenance. Ride 4-8+ miles daily.

Age: 18 years & up
 Location: Lee Martinez Park

6/21-6/25	M-F	9:00 AM-12:30 PM	\$175	302936-01
-----------	-----	------------------	-------	-----------

EDUCATION

Adaptive Cooking

Learn how to cook tasty foods and gain positive eating habits. Small groups will cook together, set the table, then sit down to sample the finished product. Note: Bring a reusable container for a portion to go.

Age: 16 years & up

Location: Senior Center

Healthy BBQ

6/9	W	5:00-6:30 PM	\$15	302401-01
-----	---	--------------	------	-----------

Summer Snack Bowls

6/23	W	5:00-6:30 PM	\$15	302401-02
------	---	--------------	------	-----------

Summer Soup & Salads

7/14	W	5:00-6:30 PM	\$15	302401-03
------	---	--------------	------	-----------

Summer Sizzle

7/28	W	5:00-6:30 PM	\$15	302401-04
------	---	--------------	------	-----------

Picnic Snacks

8/11	W	5:00-6:30 PM	\$15	302401-05
------	---	--------------	------	-----------

Garden Fresh

8/25	W	5:00-6:30 PM	\$15	302401-06
------	---	--------------	------	-----------

Smart Phone Photography

Learn how to use your smart phone to take, edit and share pictures. Group will meet at a different Recreation center each week to walk the surrounding area for varying photo taking opportunities. Note: Bring your smart phone or digital camera.

Age: 16 years & up

Location: Senior Center

8/6-8/27	F	4:30-6:30 PM	\$36	302919-01
----------	---	--------------	------	-----------

SOCIAL PROGRAMS

Bowling

Strike it big while bowling with others. All levels welcome. Note: Fee includes two games per person each week and shoe rental.

Age: 16 years & up

Location: Chippers Lanes North, 830 N. College Ave.

7/10-8/7	Sa	12:30-1:30 PM	\$46	302906-01
----------	----	---------------	------	-----------

Dinner & A Movie

Bring your own dinner to enjoy after watching a movie with friends.

Age: 16 years & up

Location: Senior Center

Disney

6/16	W	4:00-6:30 PM	\$10	302404-01
------	---	--------------	------	-----------

Adventure

7/21	W	4:00-6:30 PM	\$10	302404-02
------	---	--------------	------	-----------

Fantasy

8/18	W	4:00-6:30 PM	\$10	302404-03
------	---	--------------	------	-----------

Local Hike

Hike Reservoir Ridge, one of Fort Collins' local trails, then eat at Primrose Studio, surrounded by beautiful natural area. Note: Hiking options for all ability levels. Bring water and dinner.

Age: 16 years & up

Location: 4300 Michaud Ln.

6/18	F	4:00-7:30 PM	\$14	302523-01
------	---	--------------	------	-----------

Monthly Themed Dances

Outdoor dances are fun filled events to celebrate with friends.

Dressing for the theme is highly encouraged. Note: Preregistration required, no drop in. Snack not provided.

Age: 16 years & up

Location: Senior Center

Dance Party

6/24	Th	5:45-6:45 PM	\$4	302405-01
------	----	--------------	-----	-----------

Oceanside

7/29	Th	5:45-6:45 PM	\$4	302405-02
------	----	--------------	-----	-----------

Fiesta

8/26	Th	5:45-6:45 PM	\$4	302405-03
------	----	--------------	-----	-----------

Pool Party

Cool off at City Park's outdoor pool while enjoying an evening of swimming and a picnic with friends. Note: Bring bathing suit, towel, and dinner.

Age: 16 years & up

Location: City Park Pool

7/16	F	3:00-6:00 PM	\$22	302316-01
------	---	--------------	------	-----------

Summer Spectacular Ice Show

Eat lunch in Edora Park, then watch a spectacular ice show, featuring 150+ Northern Colorado skaters ranging from beginners to national competitors. Note: Bring your own lunch. Registration deadline June 1.

Age: 16 years & up

Location: EPIC

6/12	Sa	Noon-3:00 PM	\$23	302772-01
------	----	--------------	------	-----------

Summer Social

Kick off the summer with a scavenger hunt in the park, followed by dinner on the Senior Center patio. Note: Bring your own dinner.

Age: 16 years & up

Location: Senior Center

6/4	F	4:30-7:00 PM	\$14	302422-01
-----	---	--------------	------	-----------

Poudre River Picnic & Play

Check out the local Poudre River Whitewater Park. Swim, float, and hang out with friends. Note: Wear bathing suit, bring towel, water, and lunch. Lifejackets provided.

Age: 16 years & up

Location: NACC

8/14	Sa	10:00 AM-1:00 PM	\$15	302408-01
------	----	------------------	------	-----------

UNIFIED SPORTS

Adult Softball

Co-ed Unified teams are organized into two divisions to play in a summer league. Teams are scheduled for one hour of practice and one hour of play, within the time frame of program. The first two weeks are practices at Beattie Park, 3013 Meadowlark Ave., the remaining weeks will be games played at Rolland Moore Park. Note: Registration fee increases to \$30.50 after 4/27. Class not held 5/31.

Age: 16 years & up

5/17-8/9	M	5:00-10:00 PM	\$27.50	202055-01
----------	---	---------------	---------	-----------

Baseball for All

Modified techniques and equipment used to teach the fundamentals of baseball and allow players of all abilities to participate fully.

Age: 8-15 years

Location: Beattie Park, 3013 Meadowlark Ave.

Single Child

6/10-7/29	Th	6:00-7:00 PM	\$26.50	302956-01
-----------	----	--------------	---------	-----------

Multiple Children

6/10-7/29	Th	6:00-7:00 PM	\$40.50	302956-02
-----------	----	--------------	---------	-----------

Panther Adaptive Cheer and Dance

Individuals with and without disabilities experience cheer and dance together as one Unified Team. Performances throughout the summer in the Fort Collins area will be tentative. Note: Panther shirts available for an additional \$15 Class will not be held on 7/6.

Age: All

Location: Club Tico

6/8-7/20	Tu	5:50-7:00 PM	\$49	302987-01
7/27-8/31	Tu	5:50-7:00 PM	\$49	302987-02

Tennis

National Junior Tennis and Education coaches use modified techniques and adaptive equipment to teach the fundamentals of tennis and allow players of all abilities to participate fully.

Age: 16 years & up

Location: Rolland Moore Tennis Courts

6/15-7/20	Tu	5:30-6:30 PM	\$18	302955-01
-----------	----	--------------	------	-----------

Tennis Tournament

Put tennis skills to use in the Tennis Tournament. Compete in singles or doubles against peers. Register by 7/5/21.

Age: 16 years & up

Location: Rolland Moore Tennis Courts

7/24	Sa	8:00-11:00 AM	\$10	302955-02
------	----	---------------	------	-----------

HEALTH GENESIS CLUBS

MIGHTY CAMP!

At Mighty Camp, we maximize fun, build problem-solving skills, and leave parents proud of their child's growth! Our action-packed summer camp will be an experience your child never forgets.

WILL YOUR KIDS HAVE A MIGHTY SUMMER?

Sign up for Mighty Camp Now! Camp Starts June 1st

REGISTRATION OPEN NOW!

LIMITED SPACE AVAILABLE

First Time Families – mightyamps.campmanagement.com/enroll

Scan to Learn More!

AQUA FITNESS

Aqua Fitness classes require a minimum number of seven participants registered per class to avoid cancellation for the session. Participants may attend only the class for which they are registered.

Drop-In Policy

Participants may pay a drop-in fee of \$7.50 per class if space is available. Drop-in participants do not count in registration numbers. Reduced rates do not apply to daily drop-in fees. Participants may also use one admission from a 10-admission drop-in fitness pass (\$67.50). For more information on admission policies and fees see page 8.

LOW INTENSITY

Twinges

Designed for those with arthritis. Move through gentle, no-impact movements which may help relieve pain and stiffness. The waters buoyancy and resistance provide support to help maintain joint flexibility.

Age: 18 years & up

Location: EPIC

6/2-7/2	M,W,F	8:30-9:30 AM	\$61	300314-01
7/5-7/30	M,W,F	8:30-9:30 AM	\$49	300314-02
8/2-8/27	M,W,F	8:30-9:30 AM	\$49	300314-03

Twinges Plus

Combine range-of-motion exercises with low-impact cardiovascular work. Excellent for those diagnosed with arthritis or other joint-related conditions.

Age: 18 years & up

Location: EPIC

6/2-7/2	M,W,F	12:15-1:15 PM	\$61	300316-01
7/5-7/30	M,W,F	12:15-1:15 PM	\$49	300316-02
8/2-8/27	M,W,F	12:15-1:15 PM	\$49	300316-03

MEDIUM INTENSITY

Aqua Power Walking

Power walking in the lazy river takes advantage of currents created by the pool jets, as well as by the participants in varying the resistance of the workout. Perfect for those interested in a basic workout that can offer varied and individual degrees of challenge.

Age: 18 years & up

Location: City Park Pool

6/2-7/2	M,W,F	9:30-10:30 AM	\$61	300132-01
7/5-7/30	M,W,F	9:30-10:30 AM	\$49	300132-02
8/2-8/13	M,W,F	9:30-10:30 AM	\$25	300132-03

ARSENAL

COLORADO

Northern Colorado's Premier Soccer Club

Fall Recreational Registration

Opens June 9

Arsenal Colorado offers summer camp, recreational and competitive opportunities for kids of all levels and ages!

Visit our website for additional details
www.soccerfortcollins.org

2721 S. College Ave., Fort Collins, CO 80525 - 970.226.4253 - www.soccerfortcollins.org



Classics

Enjoy the classic blend of aerobics, toning, and stretching. A good place to begin an exercise program, maintain fitness levels, or add a challenge to a workout routine.

Age: 18 years & up

Location: Mulberry Pool

6/2-7/2	M,W,F	6:00-7:00 AM	\$61	300222-01
7/5-7/30	M,W,F	6:00-7:00 AM	\$49	300222-02
8/2-8/27	M,W,F	6:00-7:00 AM	\$49	300222-03
6/2-7/2	M,W,F	5:00-6:00 PM	\$61	300222-04
7/5-7/30	M,W,F	5:00-6:00 PM	\$49	300222-05
8/2-8/27	M,W,F	5:00-6:00 PM	\$49	300222-06
6/1-7/1	Tu,Th	8:00-9:00 AM	\$41	300222-07
7/6-7/29	Tu,Th	8:00-9:00 AM	\$33	300222-08
8/3-8/26	Tu,Th	8:00-9:00 AM	\$33	300222-09

Twist & Shout

Condition and tone heart, body, mind, and soul with fun, laughter, and games. Minimize impact on the body with aqua stretching, toning, and cardio.

Age: 18 years & up

Location: Mulberry Pool

6/2-7/2	M,W,F	4:00-5:00 PM	\$61	300226-01
7/5-7/30	M,W,F	4:00-5:00 PM	\$49	300226-02
8/2-8/27	M,W,F	4:00-5:00 PM	\$49	300226-03

Water Fitness, Advanced

Increase caloric burn and overall endurance by taking cardio to the next level. Promote joint flexibility, range of motion, and agility while building cardiovascular endurance and muscular strength. Not appropriate for first-time or beginner level students.

Age: 18 years & up

Location: EPIC

6/2-7/2	M,W,F	7:30-8:30 AM	\$61	300324-01
7/5-7/30	M,W,F	7:30-8:30 AM	\$49	300324-02
8/2-8/27	M,W,F	7:30-8:30 AM	\$49	300324-03

Location: Mulberry Pool

6/2-7/2	M,W,F	9:00-10:00 AM	\$61	300224-01
7/5-7/30	M,W,F	9:00-10:00 AM	\$49	300224-02
8/2-8/27	M,W,F	9:00-10:00 AM	\$49	300224-03

HIGH INTENSITY

Deep H2O

Take an aggressive approach to fitness with a vigorous, no-impact workout held in the deep water. Designed for people with back, hip, and knee injuries.

Age: 18 years & up

Location: EPIC

6/2-7/2	M,W,F	12:15-1:00 PM	\$46	300330-01
7/5-7/30	M,W,F	12:15-1:00 PM	\$37	300330-02
8/2-8/27	M,W,F	12:15-1:00 PM	\$37	300330-03

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

- AC Classes in which adults are required to attend
- NW Denotes no web registration for program
- M Denotes program/activity has special membership pricing

 **Salud**
Family Health Centers

*Fort Collins Salud
is here for you!*

**MEDICAL ☒ DENTAL ☒ PHARMACY
BEHAVIORAL HEALTH**

**1635 Blue Spruce Drive
Fort Collins, CO 80524**

CALL US TODAY!
(303) 697-2583

Salud accepts Medicaid, Medicare, CHP+, and most private insurance plans.
We offer a sliding fee scale based on family size and income.
Insurance enrollment assistance is available.

saludclinic.org

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

AQUATICS

Ratios

To provide a safe pool experience, we require adult supervision for swimming groups:

# of children	Age	# of in-water adult supervisors
1-6	1-7*years	1
1-10	8-11 years	1
1-20	12 years & up	1

*Children ages 8 years & up who cannot swim or touch the bottom of the pool should be included in this ratio. Groups not complying with above ratio are not permitted to swim.

Children under the age of 8 years must be accompanied by a parent/guardian at least 15 years of age. The parents, guardians, leaders, or chaperons of the group must pay admission, be wearing a swimsuit, and actively participating in the water with the child.

Private Swim Instruction

Private swim instruction is available for all ability levels. Interested persons may fill out a request form with a cashier at EPIC or Mulberry Pool or online at fcgov.com/aquatics. Individuals will be contacted based on their position on the waitlist, which is a first come, first serve basis. Fees are based on a 30-minute session: 1 person for \$25, 2 people for \$35, and 3 people for \$45. Private lessons are not discountable and are scheduled based on instructor/facility availability. Note: Patrons swimming recreationally before or after a private swim lesson must pay the drop-in rate.

Learn to Swim Policies

At the discretion of the head instructor, if it is evident that a child is not water ready before the second lesson, the head instructor contacts the parent for dismissal. A full refund is issued for the class.

Class enrollment maximums ensure a safe learn to swim experience. Minimum enrollment for all classes is 4 participants.

Make-up lessons are not available.

Progress cards that are not picked up on the last day of class are held for one week at the lesson facility.

Open Lap Swimming

Current Open Lap Lane schedules are available online at fcgov.com/recreation. Please see the corresponding facility page for specific schedules. Lap lane schedules are available for EPIC, Mulberry Pool, and Senior Center. Schedules are subject to change.

Note: Classes will not be held 7/3, 7/4 and 7/5.

ADULT PROGRAMS

All adult programs are for ages 18 years & older unless otherwise noted.

Learning the Basics

Introduction to basic aquatic skills and swimming strokes, including the front crawl, breaststroke, and elementary backstroke.

Location: EPIC

6/7-7/7	M,W	6:30-7:00 PM	\$66.25	301338-01
---------	-----	--------------	---------	-----------

Improving Skills & Strokes

Improve proficiency in basic aquatic skills and the six basic swimming strokes; butterfly is optional. Prerequisite: Comfortable in chest-deep water, can put face in the water, and perform strokes that can be recognized as front crawl, breaststroke, and backcrawl each for 15 yards.

Location: EPIC

7/12-8/11	M,W	6:30-7:00 PM	\$73.50	301339-01
-----------	-----	--------------	---------	-----------

Lifeguard Training

This American Red Cross course provides entry-level lifeguard participants with the knowledge and skills to prevent, recognize, and respond to aquatic emergencies. Learn skills to provide care for breathing and cardiac emergencies, injuries, and sudden illnesses until EMS personnel take over. Online class content is 7 hours. Note: Must attend all classes. Skill test on first day; continuation depends on passing. Pocket mask and certification fee included.

Age: 15 years & up

Location: EPIC

6/14	M	8:30 AM-Noon	\$206.80	301340-01
6/15	Tu	8:30 AM-5:30 PM		
6/16	W	8:30 AM-5:30 PM		

Lifeguard Review

Opportunity to review the course content within a formal course setting. Individuals with a current American Red Cross lifeguarding/first aid/CPR/AED certificate may participate in a review course. Optional 7 hour online course available. Note: Must attend all classes. Skill test on first day; continuation depends on passing. Certification fee included.

Age: 16.5 years & up

Location: EPIC

7/18	Su	9:00 AM-6:00 PM	\$109.70	301341-01
------	----	-----------------	----------	-----------

FAMILY PROGRAMS

Discover Scuba Diving

Under the direct supervision of a PADI professional, learn how to use scuba equipment in shallow water and what it takes to explore the underwater world. Note: Prior to class start call CSDA at 1.855.557.2822 to complete required additional paperwork.

Age: 10 years & up

Location: EPIC

6/19	Sa	11 AM-12:30 PM	\$36	301352-01
7/17	Sa	11 AM-12:30 PM	\$36	301352-02
8/14	Sa	11 AM-12:30 PM	\$36	301352-03

Discover Snorkeling

Learn tips and the proper technique for snorkeling. Registration includes use of mask, fins, snorkel, booties, and wetsuit, or own gear may be worn. Must able to swim at least 25 yards using the front crawl. Note: Children under 8 years should be accompanied by a parent or guardian. Prior to class start call CSDA 1.855.557.2822 to complete required additional paperwork.

Age: 5 years & up

Location: EPIC

6/19	Sa	11 AM-12:30 PM	\$26	301353-01
7/17	Sa	11 AM-12:30 PM	\$26	301353-02
8/14	Sa	11 AM-12:30 PM	\$26	301353-03

Intro to Synchronized Swimming

Learn sculling, unique kicking, strokes, and beginner routines in deep water. Perform in the last class to music. Prerequisite: Comfortable in deep water and ability to swim at least 25 yards using the front crawl. Note: Nose clips included.

Age: 6-17 years

Location: EPIC

6/7-6/23	M,W	5:00-5:45 PM	\$72	301359-01
7/5-7/21	M,W	5:00-5:45 PM	\$72	301359-02
8/2-8/18	M,W	5:00-5:45 PM	\$72	301359-03

Scuba Challenge

For the experienced diver who wants to practice skills. Challenges are set-up and include some dryland information. Note: Current PADI certification required.

Age: 10 years & up

Location: EPIC

6/2	W	6:00-8:00 PM	\$22	301356-01
6/16	W	6:00-8:00 PM	\$22	301356-02
6/30	W	6:00-8:00 PM	\$22	301356-03
7/14	W	6:00-8:00 PM	\$22	301356-04
7/28	W	6:00-8:00 PM	\$22	301356-05
8/11	W	6:00-8:00 PM	\$22	301356-06
8/25	W	6:00-8:00 PM	\$22	301356-07

TEEN PROGRAMS**Teen Swim Instruction**

Designed for all levels of swimmers to gain endurance, strength, efficiency, and improve technique.

Age: 13-17 years

Location: Mulberry Pool

6/5-7/10	Sat	11:20-11:50 AM	\$37.25	301235-01
7/18-8/15	Su	5:00-5:30 PM	\$37.25	301235-02

Location: EPIC

7/6-7/15	M-Th	11:00-11:30 AM	\$51.75	301335-01
7/19-7/29	M-Th	10:25-10:55 AM	\$59	301335-02

YOUTH PROGRAMS

Instructors and participants must maintain six feet of physical distance, unless there is an emergency that requires physical contact.

Baby & Me 1

Introduces children to the water in a friendly environment. Parents learn how to support and hold their child properly while exploring basic water skills. One child per adult required. Swim diapers or plastic pants must be used.

Age: 6-18 months

Location: EPIC

6/7-6/17	M-Th	9:15-9:45 AM	\$59	301310-01
6/7-6/17	M-Th	10:25-10:55 AM	\$59	301310-02
6/21-7/1	M-Th	9:50-10:20 AM	\$59	301310-03
6/21-7/1	M-Th	11:00-11:30 AM	\$59	301310-04
6/21-7/1	M-Th	11:35 AM-12:05 PM	\$59	301310-05
7/6-7/15	M-Th	9:15-9:45 AM	\$51.75	301310-06
7/6-7/15	M-Th	10:25-10:55 AM	\$51.75	301310-07
7/19-7/29	M-Th	9:50-10:20 AM	\$59	301310-08
7/19-7/29	M-Th	11:00-11:30 AM	\$59	301310-09
8/2-8/12	M-Th	9:50-10:20 AM	\$59	301310-10
8/2-8/12	M-Th	11:00-11:30 AM	\$59	301310-11
6/7-7/7	M,W	4:45-5:15 PM	\$66.25	301310-12
6/7-7/7	M,W	5:55-6:25 PM	\$66.25	301310-13
7/12-8/11	M,W	5:20-5:50 PM	\$73.50	301310-14
7/12-8/11	M,W	6:30-7:00 PM	\$73.50	301310-15

Location: Mulberry Pool

6/8-7/8	Tu,Th	4:45-5:15 PM	\$73.50	301210-01
6/8-7/8	Tu,Th	5:55-6:25 PM	\$73.50	301210-02
7/13-8/12	Tu,Th	5:20-5:50 PM	\$73.50	301210-03
7/13-8/12	Tu,Th	6:30-7:00 PM	\$73.50	301210-04
6/5-7/10	Sa	9:35-10:05 AM	\$37.25	301210-05
6/5-7/10	Sa	10:45-11:15 AM	\$37.25	301210-06
7/17-8/14	Sa	9:35-10:05 AM	\$37.25	301210-07
7/17-8/14	Sa	10:45-11:15 AM	\$37.25	301210-08
6/6-7/11	Su	3:15-3:45 PM	\$37.25	301210-09
6/6-7/11	Su	4:25-4:55 PM	\$37.25	301210-10
7/18-8/15	Su	3:50-4:20 PM	\$37.25	301210-11
7/18-8/15	Su	5:00-5:30 PM	\$37.25	301210-12

Location: City Park Pool

7/6-7/15	M-Th	10:10-10:40 AM	\$51.75	301110-01
8/2-8/12	M-Th	10:10-10:40 AM	\$59	301110-02

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms we ask that you do not participate until 72 hours after your symptoms have ended.

LEGEND



Classes in which adults are required to attend



Denotes no web registration for program



Denotes program/activity has special membership pricing

Baby & Me 2

Builds on the skills introduced in Baby & Me 1 and helps parents teach their child(ren) the skills necessary for future swimming success and safety. One child per adult required. Swim diapers or plastic pants must be used.

Age: 18 months-3.5 years

Location: EPIC

6/7-6/17	M-Th	9:50-10:20 AM	\$66.25	301312-01
6/7-6/17	M-Th	11:00-11:30 AM	\$66.25	301312-02
6/7-6/17	M-Th	11:35 AM-12:05 PM	\$66.25	301312-03
6/21-7/1	M-Th	9:15-9:45 AM	\$59	301312-04
6/21-7/1	M-Th	10:25-10:55 AM	\$59	301312-05
7/6-7/15	M-Th	9:50-10:20 AM	\$51.75	301312-06
7/6-7/15	M-Th	11:00-11:30 AM	\$51.75	301312-07
7/19-7/29	M-Th	10:25-10:55 AM	\$59	301312-08
7/19-7/29	M-Th	11:35 AM-12:05 PM	\$59	301312-09
8/2-8/12	M-Th	9:15-9:45 AM	\$59	301312-10
8/2-8/12	M-Th	10:25-10:55 AM	\$59	301312-11
6/7-7/7	M,W	5:20-5:50 PM	\$66.25	301312-12
6/7-7/7	M,W	6:30-7:00 PM	\$66.25	301312-13
7/12-8/11	M,W	4:45-5:15 PM	\$73.50	301312-14
7/12-8/11	M,W	5:55-6:25 PM	\$73.50	301312-15

Location: Mulberry Pool

6/8-7/8	Tu,Th	5:20-5:50 PM	\$73.50	301212-01
6/8-7/8	Tu,Th	6:30-7:00 PM	\$73.50	301212-02
7/13-8/12	Tu,Th	4:45-5:15 PM	\$73.50	301212-03
7/13-8/12	Tu,Th	5:55-6:25 PM	\$73.50	301212-04
6/5-7/10	Sa	9:00-9:30 AM	\$37.25	301212-05
6/5-7/10	Sa	10:10-10:40 AM	\$37.25	301212-06
7/17-8/14	Sa	10:10-10:40 AM	\$37.25	301212-07
7/17-8/14	Sa	11:20-11:50 AM	\$37.25	301212-08
6/6-7/11	Su	3:50-4:20 PM	\$37.25	301212-09
6/6-7/11	Su	5:00-5:30 PM	\$37.25	301212-10
7/18-8/15	Su	3:15-3:45 PM	\$37.25	301212-11
7/18-8/15	Su	4:25-4:55 PM	\$37.25	301212-12

Location: City Park Pool

6/21-7/1	M-Th	9:35-10:05 AM	\$59	301112-01
7/19-7/29	M-Th	10:10-10:40 AM	\$59	301112-02

Pollywog

Students are oriented to the aquatic environment and taught basic aquatic skills to help develop comfort in the water. In addition, students will learn to enter and exit the water independently and float with support. No previous experience is necessary.

Age: 3-6 years

Location: EPIC

6/7-6/17	M-Th	9:15-9:45 AM	\$66.25	301316-01
6/7-6/17	M-Th	9:50-10:20 AM	\$66.25	301316-02
6/7-6/17	M-Th	11:00-11:30 AM	\$66.25	301316-03
6/21-7/1	M-Th	9:15-9:45 AM	\$59	301316-04
6/21-7/1	M-Th	10:25-10:55 AM	\$59	301316-05
7/6-7/15	M-Th	9:50-10:20 AM	\$51.75	301316-06
7/6-7/15	M-Th	10:25-10:55 AM	\$51.75	301316-07
7/19-7/29	M-Th	9:15-9:45 AM	\$59	301316-08
7/19-7/29	M-Th	11:00-11:30 AM	\$59	301316-09
8/2-8/12	M-Th	9:50-10:20 AM	\$59	301316-10
8/2-8/12	M-Th	11:00-11:30 AM	\$59	301316-11
6/7-7/7	M,W	4:45-5:15 PM	\$66.25	301316-12
6/7-7/7	M,W	5:20-5:50 PM	\$66.25	301316-13
6/7-7/7	M,W	6:30-7:00 PM	\$66.25	301316-14
7/12-8/11	M,W	5:20-5:50 PM	\$73.50	301316-15
7/12-8/11	M,W	5:55-6:25 PM	\$73.50	301316-16

Location: Mulberry Pool

6/8-7/8	Tu,Th	4:45-5:15 PM	\$73.50	301216-01
6/8-7/8	Tu,Th	5:55-6:25 PM	\$73.50	301216-02
7/13-8/12	Tu,Th	5:20-5:50 PM	\$73.50	301216-03
7/13-8/12	Tu,Th	6:30-7:00 PM	\$73.50	301216-04
6/5-7/10	Sa	9:00-9:30 AM	\$67.25	301216-05
6/5-7/10	Sa	10:45-11:15 AM	\$73.50	301216-07
7/17-8/14	Sa	9:00-9:30 AM	\$57.25	301216-08
7/17-8/14	Sa	10:10-10:40 AM	\$37.25	301216-09
7/17-8/14	Sa	10:45-11:15 AM	\$37.25	301216-10
6/6-7/11	Su	3:15-3:45 PM	\$37.25	301216-11
6/6-7/11	Su	4:25-4:55 PM	\$37.25	301216-12
6/6-7/11	Su	5:00-5:30 PM	\$37.25	301216-13
7/18-8/15	Su	3:50-4:20 PM	\$37.25	301216-14
7/18-8/15	Su	4:25-4:55 PM	\$37.25	301216-15
7/18-8/15	Su	5:00-5:30 PM	\$37.25	301216-16

Location: City Park Pool

6/21-7/1	M-Th	9:35-10:05 AM	\$59	301116-01
6/21-7/1	M-Th	10:10-10:40 AM	\$59	301116-02
7/6-7/15	M-Th	9:35-10:05 AM	\$51.75	301116-03
7/6-7/15	M-Th	10:10-10:40 AM	\$51.75	301116-04
7/19-7/29	M-Th	9:00-9:30 AM	\$59	301116-05
7/19-7/29	M-Th	10:10-10:40 AM	\$59	301116-06
8/2-8/12	M-Th	9:00-9:30 AM	\$59	301116-07
8/2-8/12	M-Th	9:35-10:05 AM	\$59	301116-08



JUNIOR GOLF

— find your swing —

GROUP LESSONS

GOLF CAMPS

JUNIOR LEAGUES

DISCOUNTED ANNUAL PASS

5th GRADERS GOLF FOR FREE

YOUTH ON COURSE



CITY PARK NINE
GOLF COURSE



SOUTHRIDGE
GOLF COURSE



COLLINDALE
GOLF COURSE



fcgov.com/juniorgolf

City of
Fort Collins

Tadpole

Students will build upon the basic skills learned in Pollywog and begin to learn independent aquatic locomotion skills. The use of simultaneous and alternating arm and leg actions on the front and back will help in the development of future stroke work. Must be able to go underwater without hesitation; comfortable floating.

Age: 3-6 years

Location: EPIC

6/7-6/17	M-Th	9:50-10:20 AM	\$66.25	301318-01
6/7-6/17	M-Th	10:25-10:55 AM	\$66.25	301318-02
6/7-6/17	M-Th	11:35 AM-12:05 PM	\$66.25	301318-03
6/21-7/1	M-Th	9:50-10:20 AM	\$59	301318-04
6/21-7/1	M-Th	11:35 AM-12:05 PM	\$59	301318-05
7/6-7/15	M-Th	9:15-9:45 AM	\$51.75	301318-06
7/6-7/15	M-Th	11:35 AM-12:05 PM	\$51.75	301318-07
7/19-7/29	M-Th	9:50-10:20 AM	\$59	301318-08
7/19-7/29	M-Th	11:35 AM-12:05 PM	\$59	301318-09
8/2-8/12	M-Th	9:15-9:45 AM	\$59	301318-10
8/2-8/12	M-Th	11:00-11:30 AM	\$59	301318-11
6/7-7/7	M,W	5:20-5:50 PM	\$66.25	301318-12
6/7-7/7	M,W	5:55-6:25 PM	\$66.25	301318-13
6/7-7/7	M,W	6:30-7:00 PM	\$66.25	301318-14
7/12-8/11	M,W	4:45-5:15 PM	\$73.50	301318-15
7/12-8/11	M,W	5:55-6:25 PM	\$73.50	301318-16

Location: Mulberry Pool

6/8-7/8	Tu,Th	5:20-5:50 PM	\$73.50	301218-01
6/8-7/8	Tu,Th	6:30-7:00 PM	\$73.50	301218-02
7/13-8/12	Tu,Th	5:55-6:25 PM	\$73.50	301218-03
6/5-7/10	Sa	9:35-10:05 AM	\$67.25	301218-04
6/5-7/10	Sa	10:45-11:15 AM	\$67.25	301218-05
6/5-7/10	Sa	11:20-11:50 AM	\$67.25	301218-06
7/17-8/14	Sa	9:00-9:30 AM	\$37.25	301218-07
7/17-8/14	Sa	10:10-10:40 AM	\$37.25	301218-08
6/6-7/11	Su	3:15-3:45 PM	\$37.25	301218-09
6/6-7/11	Su	3:50-4:20 PM	\$37.25	301218-10
6/6-7/11	Su	5:35-6:05 PM	\$37.25	301218-11
7/18-8/15	Su	3:15-3:45 PM	\$37.25	301218-12
7/18-8/15	Su	3:50-4:20 PM	\$37.25	301218-13
7/18-8/15	Su	5:35-6:05 PM	\$37.25	301218-14

Location: City Park Pool

6/21-7/1	M-Th	9:00-9:30 AM	\$59	301118-01
7/6-7/15	M-Th	9:35-10:05 AM	\$51.75	301118-02
7/19-7/29	M-Th	9:00-9:30 AM	\$59	301118-03
7/19-7/29	M-Th	9:35-10:05 AM	\$59	301118-04
8/2-8/12	M-Th	9:35-10:05 AM	\$59	301118-05

Froggy

Students will be taught to perform the skills presented in Pollywog and Tadpole independently to reach greater distances and develop coordination. The use of combined simultaneous arm and leg actions will continue to help the student build a foundation for proper stroke development. Must be able to independently float.

Age: 3-6 years

Location: EPIC

6/7-6/17	M-Th	9:15-9:45 AM	\$66.25	301320-01
6/7-6/17	M-Th	10:25-10:55 AM	\$66.25	301320-02
6/7-6/17	M-Th	11:35 AM-12:05 PM	\$66.25	301320-03
6/21-7/1	M-Th	11:00-11:30 AM	\$59	301320-04
7/6-7/15	M-Th	9:50-10:20 AM	\$51.75	301320-05
7/6-7/15	M-Th	11:35 AM-12:05 PM	\$51.75	301320-06
7/19-7/29	M-Th	9:15-9:45 AM	\$59	301320-07
7/19-7/29	M-Th	10:25-10:55 AM	\$59	301320-08
8/2-8/12	M-Th	9:50-10:20 AM	\$59	301320-09
8/2-8/12	M-Th	10:25-10:55 AM	\$59	301320-10
8/2-8/12	M-Th	11:35 AM-12:05 PM	\$59	301320-11
6/7-7/7	M,W	4:45-5:15 PM	\$66.25	301320-12
6/7-7/7	M,W	5:55-6:25 PM	\$66.25	301320-13
7/12-8/11	M,W	4:45-5:15 PM	\$73.50	301320-14
7/12-8/11	M,W	5:20-5:50 PM	\$73.50	301320-15

Location: Mulberry Pool

6/8-7/8	Tu,Th	5:55-6:25 PM	\$73.50	301220-01
7/13-8/12	Tu,Th	4:45-5:15 PM	\$73.50	301220-02
6/5-7/10	Sa	9:00-9:30 AM	\$67.25	301220-03
6/5-7/10	Sa	9:35-10:05 AM	\$67.25	301220-04
6/5-7/10	Sa	11:20-11:50 AM	\$67.25	301220-05
7/17-8/14	Sa	9:00-9:30 AM	\$37.25	301220-06
7/17-8/14	Sa	9:35-10:05 AM	\$37.25	301220-07
7/17-8/14	Sa	11:20-11:50 AM	\$37.25	301220-08
6/6-7/11	Su	3:50-4:20 PM	\$37.25	301220-09
6/6-7/11	Su	4:25-4:55 PM	\$37.25	301220-10
6/6-7/11	Su	5:35-6:05 PM	\$37.25	301220-11
7/18-8/15	Su	3:15-3:45 PM	\$37.25	301220-12
7/18-8/15	Su	4:25-4:55 PM	\$37.25	301220-13
7/18-8/15	Su	5:35-6:05 PM	\$37.25	301220-14

Location: City Park Pool

6/21-7/1	M-Th	10:10-10:40 AM	\$59	301120-01
7/6-7/15	M-Th	9:00-9:30 AM	\$51.75	301120-02
7/6-7/15	M-Th	9:35-10:05 AM	\$51.75	301120-03
7/19-7/29	M-Th	9:35-10:05 AM	\$59	301120-04
8/2-8/12	M-Th	9:00-9:30 AM	\$59	301120-05
8/2-8/12	M-Th	10:10-10:40 AM	\$59	301120-06

Level 1

Designed for the child who can roll from front to back without support, streamline front glide five feet without support, and jump into shallow water without support.

Age: 5-12 years

Location: EPIC

6/7-6/17	M-Th	9:15-9:45 AM	\$51.75	301322-01
6/7-6/17	M-Th	10:25-10:55 AM	\$66.25	301322-02
6/7-6/17	M-Th	11:00-11:30 AM	\$59	301322-03
6/21-7/1	M-Th	9:15-9:45 AM	\$59	301322-04
6/21-7/1	M-Th	10:25-10:55 AM	\$59	301322-05
7/6-7/15	M-Th	10:25-10:55 AM	\$51.75	301322-06
7/6-7/15	M-Th	11:35 AM-12:05 PM	\$51.75	301322-07
7/19-7/29	M-Th	9:15-9:45 AM	\$59	301322-08
7/19-7/29	M-Th	11:00-11:30 AM	\$59	301322-09
8/2-8/12	M-Th	10:25-10:55 AM	\$59	301322-10
8/2-8/12	M-Th	11:35 AM-12:05 PM	\$59	301322-11
6/7-7/7	M,W	5:20-5:50 PM	\$66.25	301322-12
6/7-7/7	M,W	6:30-7:00 PM	\$66.25	301322-13
7/12-8/11	M,W	4:45-5:15 PM	\$73.50	301322-14
7/12-8/11	M,W	5:55-6:25 PM	\$73.50	301322-15

Location: Mulberry Pool

6/8-7/8	Tu,Th	4:45-5:15 PM	\$73.50	301222-01
6/8-7/8	Tu,Th	6:30-7:00 PM	\$73.50	301222-02
7/13-8/12	Tu,Th	5:20-5:50 PM	\$73.50	301222-03
7/13-8/12	Tu,Th	6:30-7:00 PM	\$73.50	301222-04
6/5-7/10	Sa	9:35-10:05 AM	\$37.25	301222-05
6/5-7/10	Sa	10:10-10:40 AM	\$37.25	301222-06
6/5-7/10	Sa	11:20-11:50 AM	\$37.25	301222-07
7/17-8/14	Sa	9:35-10:05 AM	\$37.25	301222-08
7/17-8/14	Sa	10:10-10:40 AM	\$37.25	301222-09
7/17-8/14	Sa	11:20-11:50 AM	\$37.25	301222-10
6/6-7/11	Su	3:50-4:20 PM	\$37.25	301222-11
6/6-7/11	Su	5:00-5:30 PM	\$37.25	301222-12
6/6-7/11	Su	5:35-6:05 PM	\$37.25	301222-13
7/18-8/15	Su	3:50-4:20 PM	\$37.25	301222-14
7/18-8/15	Su	5:00-5:30 PM	\$37.25	301222-15
7/18-8/15	Su	5:35-6:05 PM	\$37.25	301222-16

Location: City Park Pool

6/21-7/1	M-Th	9:00-9:30 AM	\$59	301122-01
6/21-7/1	M-Th	9:35-10:05 AM	\$59	301122-02
7/6-7/15	M-Th	9:00-9:30 AM	\$51.75	301122-03
7/19-7/29	M-Th	9:00-9:30 AM	\$59	301122-04
7/19-7/29	M-Th	10:10-10:40 AM	\$59	301122-05
8/2-8/12	M-Th	9:35-10:05 AM	\$59	301122-06

Level 2

Class for those who can comfortably glide on their front and back for five seconds, front float with arm reach, and flutter kick on front and back with forward motion freely without fear.

Age: 5-12 years

Location: EPIC

6/7-6/17	M-Th	9:50-10:20 AM	\$51.75	301324-01
6/7-6/17	M-Th	11:00-11:30 AM	\$66.25	301324-02
6/7-6/17	M-Th	11:35 AM-12:05 PM	\$59	301324-03
6/21-7/1	M-Th	9:50-10:20 AM	\$59	301324-04
6/21-7/1	M-Th	11:00-11:30 AM	\$59	301324-05
7/6-7/15	M-Th	9:15-9:45 AM	\$51.75	301324-06
7/6-7/15	M-Th	11:00-11:30 AM	\$51.75	301324-07
7/19-7/29	M-Th	9:50-10:20 AM	\$59	301324-08
7/19-7/29	M-Th	11:35 AM-12:05 PM	\$59	301324-09
8/2-8/12	M-Th	9:15-9:45 AM	\$59	301324-10
8/2-8/12	M-Th	11:35 AM-12:05 PM	\$59	301324-11
6/7-7/7	M,W	4:45-5:15 PM	\$66.25	301324-12
6/7-7/7	M,W	5:55-6:25 PM	\$66.25	301324-13
7/12-8/11	M,W	5:20-5:50 PM	\$73.50	301324-14
7/12-8/11	M,W	6:30-7:00 PM	\$73.50	301324-15

Location: Mulberry Pool

6/8-7/8	Tu,Th	5:20-5:50 PM	\$73.50	301224-01
7/13-8/12	Tu,Th	4:45-5:15 PM	\$73.50	301224-02
7/13-8/12	Tu,Th	5:55-6:25 PM	\$73.50	301224-03
6/5-7/10	Sa	9:00-9:30 AM	\$37.25	301224-04
6/5-7/10	Sa	10:10-10:40 AM	\$67.25	301224-05
6/5-7/10	Sa	10:45-11:15 AM	\$37.25	301224-06
7/17-8/14	Sa	9:00-9:30 AM	\$37.25	301224-07
7/17-8/14	Sa	9:35-10:05 AM	\$37.25	301224-08
7/17-8/14	Sa	10:45-11:15 AM	\$37.25	301224-09
6/6-7/11	Su	3:15-3:45 PM	\$37.25	301224-10
6/6-7/11	Su	4:25-4:55 PM	\$37.25	301224-11
6/6-7/11	Su	5:00-5:50 PM	\$37.25	301224-12
7/18-8/15	Su	3:15-3:45 PM	\$37.25	301224-13
7/18-8/15	Su	4:25-4:55 PM	\$37.25	301224-14
7/18-8/15	Su	5:35-6:05 PM	\$37.25	301224-15

Location: City Park Pool

6/21-7/1	M-Th	9:00-9:30 AM	\$59	301124-01
6/21-7/1	M-Th	10:10-10:40 AM	\$59	301124-02
7/6-7/15	M-Th	9:00-9:30 AM	\$51.75	301124-03
7/6-7/15	M-Th	10:10-10:40 AM	\$51.75	301124-04
7/19-7/29	M-Th	9:35-10:05 AM	\$59	301124-05
8/2-8/12	M-Th	9:00-9:30 AM	\$59	301124-06
8/2-8/12	M-Th	10:10-10:40 AM	\$59	301124-07



Flexible Learning. Flexible Life.

Study online, on your time.

Fit your coursework in between family vacations,
walking the dog, and date nights in Old Town.
Learn about online degrees and certificates from CSU.

Visit **GrowWithCSU.com**



COLORADO STATE UNIVERSITY
ONLINE

Level 3

Class designed for the child who can perform five rotary (side) breaths with a kickboard, swim across the pool 25 yards (any stroke), jump into deep/shallow water and move to the side comfortably, and can swim 10 yards elementary backstroke.

Age: 5-12 years

Location: EPIC

6/7-6/17	M-Th	9:15-9:45 AM	\$59	301326-01
6/7-6/17	M-Th	10:25-10:55 AM	\$59	301326-02
6/21-7/1	M-Th	9:50-10:20 AM	\$59	301326-03
6/21-7/1	M-Th	11:00-11:30 AM	\$59	301326-04
7/6-7/15	M-Th	9:15-9:45 AM	\$51.75	301326-05
7/6-7/15	M-Th	10:25-10:55 AM	\$51.75	301326-06
7/19-7/29	M-Th	11:00-11:30 AM	\$59	301326-07
8/2-8/12	M-Th	9:15-9:45 AM	\$59	301326-08
8/2-8/12	M-Th	10:25-10:55 AM	\$59	301326-09
6/7-7/7	M,W	5:20-5:50 PM	\$66.25	301326-10
7/12-8/11	M,W	4:45-5:15 PM	\$73.50	301326-11
7/12-8/11	M,W	6:30-7:00 PM	\$73.50	301326-12

Location: Mulberry Pool

6/8-7/8	Tu,Th	5:20-5:50 PM	\$73.50	301226-01
7/13-8/12	Tu,Th	4:45-5:15 PM	\$73.50	301226-02
6/5-7/10	Sa	9:35-10:05 AM	\$73.50	301226-03
6/5-7/10	Sa	11:20-11:50 AM	\$37.25	301226-04
7/17-8/14	Sa	9:00-9:30 AM	\$37.25	301226-05
7/17-8/14	Sa	10:45-11:15 AM	\$37.25	301226-06
6/6-7/11	Su	3:15-3:45 PM	\$37.25	301226-07
6/6-7/11	Su	5:00-5:30 PM	\$37.25	301226-08
7/18-8/15	Su	3:50-4:20 PM	\$37.25	301226-09

Level 4

Class designed for those who can swim 25 yards freestyle (perfected), flutter kick without a kickboard for 25 yards, perform 10 deep water bobs, and is comfortable in deep water.

Age: 5-12 years

Location: EPIC

6/7-6/17	M-Th	9:50-10:20 AM	\$59	301328-01
6/21-7/1	M-Th	9:15-9:45 AM	\$59	301328-02
6/21-7/1	M-Th	11:35 AM-12:05 PM	\$59	301328-03
7/6-7/15	M-Th	9:50-10:20 AM	\$51.75	301328-04
7/19-7/29	M-Th	9:15-9:45 AM	\$59	301328-05
7/19-7/29	M-Th	10:25-10:55 AM	\$59	301328-06
8/2-8/12	M-Th	11:00-11:30 AM	\$59	301328-07
6/7-7/7	M,W	5:55-6:25 PM	\$66.25	301328-08
7/12-8/11	M,W	5:55-6:25 PM	\$73.50	301328-09

Location: Mulberry Pool

6/8-7/8	Tu,Th	4:45-5:15 PM	\$73.50	301228-01
7/13-8/12	Tu,Th	5:20-5:50 PM	\$73.50	301228-02
6/5-7/10	Sa	9:00-9:30 AM	\$37.25	301228-03
6/5-7/10	Sa	10:45-11:15 AM	\$37.25	301228-04
7/17-8/14	Su	11:20-11:50 AM	\$37.25	301228-05
6/6-7/11	Su	5:35-6:05 PM	\$37.25	301228-06
7/18-8/15	Su	3:15-3:45 PM	\$37.25	301228-07
7/18-8/15	Su	4:25-4:55 PM	\$37.25	301228-08

Level 5

Class for those who can swim efficiently 50 yards freestyle, can tread water continuously for at least one minute, and has been introduced to breaststroke and backstroke.

Age: 5-12 years

Location: EPIC

6/7-6/17	M-Th	11:00-11:30 AM	\$59	301330-01
6/21-7/1	M-Th	10:25-10:55 AM	\$59	301330-02
7/6-7/15	M-Th	11:35 AM-12:05 PM	\$51.75	301330-03
7/19-7/29	M-Th	9:50-10:20 AM	\$59	301330-04
8/2-8/12	M-Th	11:35 AM-12:05 PM	\$59	301330-05
6/7-7/7	M,W	4:45-5:15 PM	\$66.25	301330-06

Location: Mulberry Pool

6/8-7/8	Tu,Th	5:55-6:25 PM	\$73.50	301230-01
7/13-8/12	Tu,Th	6:30-7:00 PM	\$73.50	301230-02
6/5-7/10	Sa	10:10-10:40 AM	\$37.25	301230-03
7/17-8/14	Sa	9:35-10:05 AM	\$37.25	301230-04
6/6-7/11	Su	3:50-4:20 PM	\$37.25	301230-05
7/18-8/15	Su	5:00-5:30 PM	\$37.25	301230-06

Pre Competitive

Class is designed for those who can swim a minimum of two laps without stopping and is efficient in competition strokes including freestyle, breaststroke, and backstroke.

Age: 6-12 years

Location: EPIC

6/7-6/17	M-Th	11:35 AM-12:05 PM	\$59	301332-01
6/21-7/1	M-Th	11:35 AM-12:05 PM	\$59	301332-02
7/6-7/15	M-Th	11:00-11:30 AM	\$51.75	301332-03
7/19-7/29	M-Th	11:35 AM-12:05 PM	\$59	301332-04
8/2-8/12	M-Th	9:50-10:20 AM	\$59	301332-05
7/12-8/11	M,W	5:20-5:50 PM	\$73.50	301332-06

Location: Mulberry Pool

6/8-7/8	Tu,Th	6:30-7:00 PM	\$73.50	301232-01
7/13-8/12	STu,Th	5:55-6:25 PM	\$73.50	301232-02
7/17-8/14	Sa	10:10-10:40 AM	\$37.25	301232-03
6/6-7/11	Su	4:25-4:55 PM	\$37.25	301232-04
7/18-8/15	Su	5:35-6:05 PM	\$37.25	301232-05

UPDATED

ARTS & CRAFTS

ADULT PROGRAMS

Programs are designed for those 18 years & up and held at the Fort Collins Senior Center unless otherwise noted.

[DRAWING PROGRAMS]

Comics Essentials

Develop a style of drawing doodles, stick figures, or superheroes. Learn to draw Manga, cartoony people, places, and animals. Turn characters and concepts into finished comics, gag cartoons, cards, or books. Note: Supply list available at registration.

Age: 14 years & up

6/22-7/27	Tu	4:30-6:30 PM	\$56	303407-01
8/3-9/7	Tu	4:30-6:30 PM	\$56	303407-02

Sketching Group M

Open to drawing, pastels, sketching, and water media. Work from pictures, still-life, ideas, or imagination. Meet weekly to work on projects, and to share ideas, and techniques. Bring supplies necessary to work. Note: No instructor provided.

6/4-8/27	F	9:30 AM-12:30 PM	No Fee	303495-01
----------	---	------------------	--------	-----------



**Fees based on ability to pay
Medicaid • CHP+**

**Medicaid dental benefit decreases next year.
Use yours now!**

Health District
FAMILY DENTAL CLINIC

Call us for an appointment, 7:30 a.m. - 6 p.m., M-F
970-416-5331

healthdistrict.org/dental

Patients must live in the Health District, have no private dental insurance, and meet income guidelines.

[FIBER ARTS]

Needle Felting

Learn the needle technique method on wool roving while making a colorful handcrafted soft bird. Note: All supplies provided.

Age: 14 years & up

Needle Felted Birds

6/10	Th	9:30 AM-12:30 PM	\$28	303436-01
------	----	------------------	------	-----------

Needle Felted Butterflies

7/16	F	9:30 AM-12:30 PM	\$28	303436-02
------	---	------------------	------	-----------

[GENERAL ARTS]

Basket Cases

Open time for individuals interested in basketry to meet weekly and work on projects. Work with any medium: basket reed, yarn, pine needles, etc. Different techniques such as caning are also welcome. Share ideas and designs. Note: No instructor provided. Bring supplies necessary to work.

6/3-8/26	Th	1:00-3:00 PM	No Fee	303402-01
----------	----	--------------	--------	-----------

C.H.A.T. Crafts Hobbies Arts Time

Open for scrapbooks, crochet, watercolor, knitting, or other hobbies. Work on projects and share ideas and techniques. Learn from others and discuss aspects of different art related hobbies and crafts. Note: No instructor provided.

6/2-8/27	W,F	1:00-3:00 PM	No Fee	303496-01
----------	-----	--------------	--------	-----------

[GLASS ARTS]

Mosaic with Stained Glass

Learn basics to prep, apply, and grout mosaics. Use various objects to create beautiful mosaics- vases, table tops, wooden boxes, frames and wood cut-outs all provide a base for creativity. No experience necessary. Note: Supply list available at registration.

8/3-8/17	Tu	1:00-4:00 PM	\$75	303433-01
----------	----	--------------	------	-----------

Stained Glass Plant Stakes

Use the copper foil method of construction to create three stained glass plant stakes to enhance potted plants. Prerequisite: Basis skills in copper foil technique. Note: Supply list available at registration.

6/8-6/22	Tu	1:00-4:00 PM	\$75	303432-01
----------	----	--------------	------	-----------

LEGEND



Classes in which adults are required to attend



Denotes no web registration for program



Denotes program/activity has special membership pricing

[PAINTING]

Acrylic Painting,

Learn basic skills to prepare a canvas, as well as drawing, color, value, and composition techniques. Designed for those who have never painted before and are interested in learning how to start, or those who would like to improve their skills. Note: Supply list available at registration; approximate cost is \$65-85.

6/7-6/28	M	1:00-3:00 PM	\$49	303446-01
7/12-7/26	M	1:00-3:00 PM	\$37	303446-02
8/2-8/30	M	1:00-3:00 PM	\$61	303446-03
6/7-6/28	M	5:00-7:00 PM	\$49	303446-04
7/12-7/26	M	5:00-7:00 PM	\$37	303446-05
8/2-8/30	M	5:00-7:00 PM	\$61	303446-06

Bob Ross Style Painting

Complete a finished oil painting in one day using the Bob Ross painting technique. A certified Bob Ross instructor teaches the use of different brushes, a palette knife, mixing colors and the manipulation of certain special paints. An example of class painting project is on display at the Senior Center. Note: \$15 discount available with use of own Bob Ross supplies. Bring a roll of paper towels. An example of class painting project is on display at the Fort Collins Senior Center.

6/3	Th	9:00 AM-3:30 PM	\$75	303427-01
7/8	Th	9:00 AM-3:30 PM	\$75	303427-03
8/5	Th	9:00 AM-3:30 PM	\$75	303427-04

[WOODWORKING]

Scroll Saw, Beginner

Learn scroll saw techniques to cut special designs with exercise patterns. Work on projects recommended by the instructor, such as jig saw puzzles, nesting creatures, and fret work. Learn about scroll saw setup, different blades, maintenance, and types of scroll saws. Each person will work on their own single machine. Note: All skill levels welcome. Must attend first class. Some supplies provided. Supply list available first day of class; approximate cost is \$20-40.

6/16-7/28	W	1:00-3:00 PM	\$107	303492-01
-----------	---	--------------	-------	-----------

FAMILY PROGRAMS

Creative Creations Club

Create through guided instruction. All supplies included. Children under 10 must be accompanied by an adult.

Age: All

Location: Northside Aztlan Center

Jellyfish Windchime

6/13	Su	10:00 AM-Noon	\$40	318983-01
------	----	---------------	------	-----------

Terra Cotta Pot Art-Mushroom/Flower

7/25	Su	10:00 AM-Noon	\$40	318983-02
------	----	---------------	------	-----------

Fruit Coasters/Pencil Holders

8/22	Su	10:00 AM-Noon	\$40	318983-03
------	----	---------------	------	-----------

Painting Pairs

Instructor will guide a duo through creating a 2-canvas work of art. Price is for a 2-canvas project. Only one person of the pair needs to register. Children under 12 must be accompanied by an adult.

Age: All

Location: Northside Aztlan Center

Father's Day

6/20	Su	10:00 AM-Noon	\$43	318982-01
------	----	---------------	------	-----------

Summer Evening: Bonfires and Fireflies

7/18	Su	10:00 AM-Noon	\$43	318982-02
------	----	---------------	------	-----------

Summer Treats: Ice Cream and Iced Drinks

8/15	Su	10:00 AM-Noon	\$43	318982-03
------	----	---------------	------	-----------

YOUTH PROGRAMS

Art in the Park

Get outside and get creative using nature as your inspiration. Please bring the following supplies: Sketch book, pencil or colored pencils, markers, and a watercolor set. Also bring a water bottle, beach towel, and apply sunscreen and insect repellent as needed.

Age: 6-10 years

Location: Warren Park, Meet at picnic tables

6/17	Th	10:00-11:00 AM	\$21	316941-01
------	----	----------------	------	-----------

7/1	Th	10:00-11:00 AM	\$21	316941-02
-----	----	----------------	------	-----------

7/15	Th	10:00-11:00 AM	\$21	316941-03
------	----	----------------	------	-----------

8/5	Th	10:00-11:00 AM	\$21	316941-04
-----	----	----------------	------	-----------

We Offer Riding Lessons!
All Levels, All Ages

The Four Winds



2504 N Shields St
Fort Collins, CO 80524

5% OFF*
Lesson Package

*Expires 8/31/2021
Must Mention Ad For Discount

Summer Horse Camp

June 21-25, 2021 & August 2-6, 2021

Riding, Horse Anatomy, Grooming,
Crafts, & More!

For more details or to register, call or visit our website:
970.213.5035 www.fourwinds.net

Drawing Club

Guided practice on a variety of drawing techniques and subjects. All supplies included. Note: No class on 8/4.

Age: 6-10 years

Location: EPIC

Ocean Life

6/2-6/30	W	4:30-5:30 PM	\$65	318987-01
----------	---	--------------	------	-----------

Pet Life

7/28-8/25	W	4:30-5:30 PM	\$52	318987-02
-----------	---	--------------	------	-----------

Painting Workshop

Children gain confidence creating a new piece of art in this instructor guided class. Note: All supplies are provided.

Age: 6-14 years

Location: Northside Aztlan Center

Ocean/Beach/Sea Creatures

6/12	Sa	2:00-3:30 PM	\$28	318985-01
------	----	--------------	------	-----------

Dr. Suess-esque Landscapes and Creatures

7/17	Sa	2:00-3:30 PM	\$28	318985-02
------	----	--------------	------	-----------

Desert Landscapes and Creatures

8/14	Sa	2:00-3:30 PM	\$28	318985-03
------	----	--------------	------	-----------

Art Club

For those who love art and want to expand skills. Guided practice with a variety of mediums and techniques. All materials provided.

Note: No class on 8/4.

Age: 11-15 years

Location: EPIC

Torn/Cut Paper

6/2-6/30	W	5:45-7:00 PM	\$90	318986-01
----------	---	--------------	------	-----------

Markers

7/28-8/25	W	5:45-7:00 PM	\$72	318986-02
-----------	---	--------------	------	-----------

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

- AC** Classes in which adults are required to attend
- NW** Denotes no web registration for program
- M** Denotes program/activity has special membership pricing



Your Burning Questions Answered

Smoke and odor generated from wood burning can have unintended negative impacts on some of the most sensitive populations, such as the young, the elderly and people with heart or lung conditions, as well as affect how others use and enjoy their properties.

Residents can reduce the likelihood of negative impacts from smoke and odor by:

- Placing fire pits at least 15 feet from combustible structures and 15 feet away from property lines
- Burning only clean, dry seasoned wood
- Keeping fuel piles under 3 feet in diameter and less than 2 feet in height
- Having enough airflow to allow for efficient burning
- Fully extinguishing fires with water by 10 p.m.

If you are being negatively impacted by smoke and odor from outdoor burning:

- For nuisance related concerns (excessive smoke, burning past curfew or distance from property line), residents may submit a complaint through Access Fort Collins (fcgov.com/accessfortcollins) or call the Nuisance Hotline at 970-416-2200.
- Residents who have non-emergency health and safety concerns about an active fire can contact the City's non-emergency dispatch line at 970-221-6540.
- For emergencies, always call 9-1-1.

Learn more information at fcgov.com/woodsmoke.

Auxiliary aids and services are available for persons with disabilities. V/TDD: 711

21-23113

DANCE & MOVEMENT

ADULT PROGRAMS

Adult programs are designed for those 18 years & older unless otherwise noted.

Ballet, Beginner

An introduction to classical barre, positions, and steps

Location: Virtual

6/1-6/22	Tu	5:30-6:30 PM	\$33	306402-01
7/6-7/27	Tu	5:30-6:30 PM	\$33	306402-02
8/3-8/24	Tu	5:30-6:30 PM	\$33	306402-03

Ballet, Continued

A more challenging, ongoing class for experienced dancers. Based on Cecchetti technique.

Location: Virtual

6/7-6/28	M	5:30-6:45 PM	\$41	306404-01
7/5-7/26	M	5:30-6:45 PM	\$41	306404-02
8/2-8/23	M	5:30-6:45 PM	\$41	306404-03

Line Dance, Beginner

Learn the basic steps, terminology, and easy sequences to a variety of music rhythms. No partner necessary.

Location: Senior Center

6/1-6/29	Tu	12:30-1:30 PM	\$41	306436-01
7/6-7/27	Tu	12:30-1:30 PM	\$33	306436-02
8/3-8/31	Tu	12:30-1:30 PM	\$41	306436-03

Line Dance, Continued

Designed for the more experienced dancer who thrives on complex dance steps, sequences, and rhythms.

Location: Senior Center

6/1-6/29	Tu	2:00-3:00 PM	\$41	306437-01
7/6-7/27	Tu	2:00-3:00 PM	\$33	306437-02
8/3-8/31	Tu	2:00-3:00 PM	\$41	306437-03

Modern Dance

Earthy, sometimes jazzy or lyrical movements follow a warm-up which leads to release of stress and interactive enjoyment.

Location: Empire Grange: 2306 W. Mulberry St.

6/7-6/28	M	6:45-7:45 PM	\$33	306956-01
7/5-7/26	M	6:45-7:45 PM	\$33	306956-02
8/2-8/23	M	6:45-7:45 PM	\$33	306956-03

YOUTH PROGRAMS

[BALLET]

Attire for all ballet classes: solid color leotard and tights or white t-shirt and black shorts, and ballet slippers.

Baby Ballerinas ^{AC}

Discover movement, range, and dynamics as gross motor skills are developed in the form of dance.

Age: 2-3 years

Location: Club Tico

6/8-6/17	Tu,Th	9:00-9:30 AM	\$49	321112-01
6/22-7/1	Tu,Th	9:00-9:30 AM	\$49	321112-02
7/13-7/22	Tu,Th	9:00-9:30 AM	\$49	321112-03
7/27-8/5	Tu,Th	9:00-9:30 AM	\$49	321112-04
8/10-8/19	Tu,Th	9:00-9:30 AM	\$49	321112-05

Petite Ballerinas

Explore movement and discover the confident dancer within. Leveled classes help attain certain skills. Instructors move dancers to the next level when they are ready. First-time dancers must sign up for lowest ability level for age.

Location: Northside Aztlan Center

Age: 3-4 years

6/4-6/25	F	9:00-9:45 AM	\$49	321524-01
7/2-7/23	F	9:00-9:45 AM	\$49	321524-02
7/30-8/20	F	9:00-9:45 AM	\$49	321524-03

Age: 3-5 years

6/5-6/26	Sa	9:30-10:15 AM	\$49	321524-04
7/3-7/24	Sa	9:30-10:15 AM	\$49	321524-05
7/31-8/21	Sa	9:30-10:15 AM	\$49	321524-06

Age: 4-6 years

6/4-6/25	F	10:00-10:45 AM	\$49	321524-07
7/2-7/23	F	10:00-10:45 AM	\$49	321524-08
7/30-8/20	F	10:00-10:45 AM	\$49	321524-09

Age: 5-6 years

6/5-6/26	Sa	10:30-11:15 AM	\$49	321524-10
7/3-7/24	Sa	10:30-11:15 AM	\$49	321524-11
7/31-8/21	Sa	10:30-11:15 AM	\$49	321524-12

Petite Ballet

Develop discipline and focus to become a confident dancer.

Classical training in a studio setting with trained instructors. Note: Registration deadline is one week prior to class.

Age: 6-10 years

Location: Northside Aztlan Center

6/5-6/26	Sa	11:30 AM-12:30 PM	\$56	321526-01
7/3-7/24	Sa	11:30 AM-12:30 PM	\$56	321526-02
7/31-8/21	Sa	11:30 AM-12:30 PM	\$56	321526-03

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

Petite Ballerinas Workshops

Themed workshops each session. For pre-ballet dancers learning skills while having fun!

Age: 3-6 years

Location: Club Tico

Ice Dance

6/8-6/17	Tu,Th	9:45-10:30 AM	\$56	321124-01
8/10-8/19	Tu,Th	9:45-10:30 AM	\$56	321124-05

Fairy Ballet

6/22-7/1	Tu,Th	9:45-10:30 AM	\$56	321124-02
----------	-------	---------------	------	-----------

Hawaiian Hula

7/13-7/22	Tu,Th	9:45-10:30 AM	\$56	321124-03
-----------	-------	---------------	------	-----------

Princess Ballet

7/27-8/5	Tu,Th	9:45-10:30 AM	\$56	321124-04
----------	-------	---------------	------	-----------

Petite Ballet Workshop

Dance workshops for beginner/intermediate dancers. Note: Leather ballet, jazz, tap and/or hard leather soled shoes required. Hair must be securely pulled away from face.

Age: 6-10 years

Location: Club Tico

Ballet + Tap

6/8-6/17	Tu,Th	10:45-11:45 AM	\$56	321126-01
7/13-7/22	Tu,Th	10:45-11:45 AM	\$56	321126-02

Ballet + Jazz

6/22-7/1	Tu,Th	10:45-11:45 AM	\$56	321126-03
7/27-8/5	Tu,Th	10:45-11:45 AM	\$56	321126-04

[GENERAL DANCE]**Creative Dance**

This action-packed dance gymnastic class offers a variety of age appropriate and creative movement full of fun while learning. Gymnastic skills such as front rolls, handstands, bridges, cartwheels etc. are all incorporated into a high energy obstacle course. Note: Class will not be held on 7/5, 7/6.

Age: 3-5 years

Location: Club Tico

6/8-7/20	Tu	4:00-4:45 PM	\$81	321120-01
7/27-8/31	Tu	4:00-4:45 PM	\$81	321120-02
6/3-6/24	Th	4:00-4:45 PM	\$41	321120-03
7/15-8/19	Th	4:00-4:45 PM	\$81	321120-04

Location: Foothills Activity Center

6/7-7/19	M	9:30-10:15 AM	\$81	321720-01
7/26-8/30	M	9:30-10:15 AM	\$81	321720-02
6/7-7/19	M	4:15-5:00 PM	\$81	321720-03
7/26-8/30	M	4:15-5:00 PM	\$81	321720-04
6/7-6/25	F	9:30-10:15 AM	\$81	321720-05
7/16-8/20	F	9:30-10:15 AM	\$81	321720-06

Acro Dance

Learn basic skills in tumbling, acrobatics and dance combined with various props to produce coordination, balance, agility, and strength. Attire: Leotard and footless tights, hair pulled out of face.

Location: Northside Aztlan Center

Age: 4-6 years

7/3-7/24	Sa	12:45 PM-1:45 PM	\$56	321513-02
----------	----	------------------	------	-----------

Age: 7-12 years

6/5-6/26	Sa	12:45 PM-1:45 PM	\$56	321513-01
7/31-8/21	Sa	12:45 PM-1:45 PM	\$56	321513-03

Acro Dance Workshops

Themed workshops each session. Learn basic skills in tumbling, acrobatics and dance combined with various props to produce coordination, balance, agility, and strength. Attire: Leotard and footless tights, hair pulled out of face.

Location: Club Tico

Age: 4-6 years

Under the Sea

6/14-6/17	M-Th	12:30-1:15 PM	\$49	321123-01
-----------	------	---------------	------	-----------

Earth Elements

7/12-7/15	M-Th	12:30-1:15 PM	\$49	321123-02
-----------	------	---------------	------	-----------

Animals

8/10-8/19	Tu,Th	10:45-11:30 AM	\$49	321123-03
-----------	-------	----------------	------	-----------

Age: 7-12 years

Under the Sea

6/14-6/17	M-Th	1:30-2:30 PM	\$56	321123-04
-----------	------	--------------	------	-----------

Earth Elements

7/12-7/15	M-Th	1:30-2:30 PM	\$56	321123-05
-----------	------	--------------	------	-----------

Cheer Gymnastics

This high energy recreational cheerleading class is designed to help learn jumps, motions, stunts, dance and gymnastics through sportsmanship and teamwork. At the end of each session the group will perform in house or at a community event. Note: Poms and t-shirt provided. Class will not be held on 7/5, 7/6.

Age: 5-11 years

Location: Club Tico

6/8-7/20	Tu	4:50-5:45 PM	\$96	321121-01
7/27-8/31	Tu	4:50-5:45 PM	\$96	321121-02

Location: Foothills Activity Center

6/7-7/19	M	5:15-6:10 PM	\$96	321721-01
7/26-8/30	M	5:15-6:10 PM	\$96	321721-02
6/7-7/19	M	6:15-7:10 PM	\$96	321721-03
7/26-8/30	M	6:15-7:10 PM	\$96	321721-04

Register **NOW**: SUMMER Sports at Northern Colorado's Largest **INDOOR** Sports Center

Year-round, Daytime & Evening INDOOR Preschool Sports!

Boys & Girls • New sessions every six weeks



Kinder Kicker Soccer
Ages 3 - 5
First Baseball
First Football
First Basketball

Ages 4 - 5
First Tennis
Little Laxer Lacrosse

Call for Days and Times

Multi-Sport Day Camps

Explore & learn the basics of four or more different sports per day!

Girls & Boys - Grades K - 5

(Full-Day: 9am - 4 pm or Half-Day: 9am - noon)

8 CAMPS TO CHOOSE FROM:

June 1 - 4

June 14 - 18

June 21 - 25

June 28 - July 2

July 12 - 16

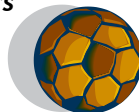
July 26 - 30

August 2 - 6

August 9 - 13

Instructional Leagues

Boys & Girls - Beginning & Intermediate Players
Learn, practice & play in the same day!



• SOCCER

- Ages 5 - 11: Tuesdays
- Early Summer: 5 wks Jun 1 - 29
- Late Summer: 6 wks Jul 6 - Aug 10

• FLAG FOOTBALL

- Fall Grades K - 5: Thursdays
- Early Summer: 5 wks Jun 3 - Jul 1
- Late Summer: 6 wks Jul 8 - Aug 12



Enter the following code with online registration for a \$10 discount:
summerrecreator21

**NERF BLASTER
Birthday Parties
for all Ages!**



**Sports-themed
Birthday Parties
for all Ages!**



Summer Sports Camps

BASEBALL

w/The Fort Collins Foxes



- Ages 4 to 14 (Must turn 5 by 9/15/21)
- Separate classes for all skill levels
- Camp I: Mon - Fri, Jun 7 - 11
- Camp II: Mon - Fri, Jul 5 - 9



BOYS LACROSSE

- Fall Grades K - 8
- Camp I: Mon - Fri, Jun 14 - 18
- Camp II: Mon - Fri, Aug 2 - 6



GIRLS LACROSSE

- Fall Grades 1 - 8
- July 26 - July 30

VOLLEYBALL

- Fall Grades 3 - 8
- Camp I: Mon - Fri, Jun 14 - 18
- Camp II: Mon - Fri, Jun 28 - Jul 2
- Camp III: Mon - Fri, Jul 19 - 23



MIDDLE SCHOOL VOLLEYBALL

PRE-TRYOUT CAMP

- Fall Grades 6 - 8
- Mon - Fri, Aug 2 - 6



TACKLE FOOTBALL

- Fall Grades 3 - 8
- Mon - Fri, July 19 - 23
- This is a full equipment/full contact camp



BASKETBALL

- Fall Grades K - 3
- Camp I: Mon - Fri, Jun 7 - 11
- Camp II: Mon - Fri, July 5 - 9

TENNIS SMALL GROUP LESSONS

- Fall Grades K - 6, Fridays
- Early Summer: 5 wks: Jun 4 - Jul 2
- Late Summer: 6 wks: Jul 9 - Aug 13



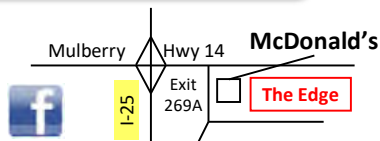
GIRLS RECREATIONAL SOFTBALL

- Fall Grades K - 8
- Camp I: Mon - Fri, Jun 21 - 25
- Camp II: Mon - Fri, Jul 26 - 30



For Details & Registration
edgesportscenter.com
970.472.0048

Batting Cages - Private Baseball Instruction



EASY ACCESS at I-25 & Highway 14
4450 Denrose Ct. Fort Collins

Gymnastics

This class will introduce basic tumbling and balancing skills. Your child will learn from rolls, back rolls, bridges, cartwheels to back walkovers all in a safe and fun atmosphere. Note: Class will not be held on 7/5.

Ages: 6-10 years

Location: Foothills Activity Center

6/7-7/19	M	10:30-11:15 AM	\$81	321722-01
7/26-8/30	M	10:30-11:15 AM	\$81	321722-02
6/4-6/25	F	10:30-11:15 AM	\$41	321722-03
7/16-8/20	F	10:30-11:15 AM	\$81	321722-04

[INSTRUCTOR LED STRUCTURED CLASSES]**Roly Polys ^{AC}**

Discover the world of gymnastics with focus on agility, flexibility, strength, and coordination using balance beams, swing bars, parallel bars, and a mini trampoline.

Location: Foothills Activity Center

Age: 2 years

6/1-6/15	Tu	11:15 AM-Noon	\$38	321701-01
6/22-7/6	Tu	11:15 AM-Noon	\$38	321701-02
7/13-7/27	Tu	11:15 AM-Noon	\$38	321701-03
6/2-6/16	W	10:30-11:15 AM	\$38	321701-04
6/23-7/7	W	10:30-11:15 AM	\$38	321701-05
7/14-7/28	W	10:30-11:15 AM	\$38	321701-06

Age: 3 years

6/2-6/16	W	9:30-10:15 AM	\$38	321701-07
6/23-7/7	W	9:30-10:15 AM	\$38	321701-08
7/14-7/28	W	9:30-10:15 AM	\$38	321701-09

Dancin' Dumplin's

Introduction to dance rhythms, movement, tumbling, and creativity. Confidence results from this fun-filled class. Attire: Leotard and tights, or t-shirt and shorts.

Location: Foothills Activity Center

Age: 3 years

6/3-6/17	Th	11:15 AM-Noon	\$38	321704-01
6/24-7/8	Th	11:15 AM-Noon	\$38	321704-02
7/15-7/29	Th	11:15 AM-Noon	\$38	321704-03

Age: 4-5 years

6/3-6/24	Th	4:30-5:30 PM	\$64	321704-04
7/8-7/29	Th	4:30-5:30 PM	\$64	321704-05

Tumble Bumbles

Learn basic tumbling skills like somersaults, cartwheels, and push-up bridge along with use of various pieces of equipment. Develop flexibility, balance, coordination, and self-confidence. Age-appropriate skills are taught. Attire: Leotard and tights, or t-shirts and shorts.

Location: Foothills Activity Center

Age: 4-5 years

6/1-6/22	Tu	4:30-5:30 PM	\$64	321702-01
7/6-7/27	Tu	4:30-5:30 PM	\$64	321702-02

Age: 5-6 years

6/1-6/22	Tu	6:00-7:00 PM	\$64	321702-03
7/6-7/27	Tu	6:00-7:00 PM	\$64	321702-04

Age: 6-7 years

6/2-6/23	W	4:30-5:30 PM	\$64	321702-05
7/7-7/28	W	4:30-5:30 PM	\$64	321702-06

Tappin' & Tumbling

45-minutes of basic tap techniques and rhythms followed by 45-minutes of basic gymnastics skills and rotations.

Age: 5-7 years

Location: Foothills Activity Center

6/3-6/24	Th	6:00-7:15 PM	\$80	321706-01
----------	----	--------------	------	-----------

Jazz Dance Gymnastics

35-minutes of jazz techniques and rhythms followed by 35-minutes of basic gymnastics skills and rotations.

Age: 6-8 years

Location: Foothills Activity Center

7/8-7/29	Th	6:00-7:15 PM	\$80	321705-01
----------	----	--------------	------	-----------

Just Tumbling

Learn basic tumbling skills and incorporate new learned skills into a mini-floor exercise routine.

Age: 7-8 years

Location: Foothills Activity Center

6/2-6/23	W	6:00-7:15 PM	\$80	321703-01
7/7-7/28	W	6:00-7:15 PM	\$80	321703-02

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

DAY CAMPS & ENRICHMENT

Enroll your child in a one-time enrichment camp or enroll them in our state-licensed childcare camp (Camp FunQuest). Day camp programs are Recreation's way to keep children active, learning, and finding their passions by being S.I.L.L.Y. (Safe, Intelligent, Loving, Laughing, and uniquely You) all summer long!

ADVENTURE & ENRICHMENT CAMPS

See page 30 for new Acro Dance full-week, half-day workshops, and page 38 for our NEW Funtime Adventures camp program, a full week of traditional camp activities specifically designed for 4-5 year olds who have not yet attended Kindergarten..

[ADVENTURE CAMPS]

Survival in the Woods

Learn techniques for shelter building, water safety, trail etiquette, and basic camping skills. Make a survival kit and learn about the natural area nearby. An agenda will be emailed 3 days prior to camp start dates.

Age: 8-11 years

Location: Lee Martinez Park

6/7-6/11	M-F	9:00 AM-3:00 PM	\$171	315930-01
6/14-6/18	M-F	9:00 AM-3:00 PM	\$171	315930-02
6/21-6/25	M-F	9:00 AM-3:00 PM	\$171	315930-03
6/28-7/2	M-F	9:00 AM-3:00 PM	\$171	315930-04
7/5-7/9	M-F	9:00 AM-3:00 PM	\$171	315930-05
7/12-7/16	M-F	9:00 AM-3:00 PM	\$171	315930-06
7/19-7/23	M-F	9:00 AM-3:00 PM	\$171	315930-07
7/26-7/30	M-F	9:00 AM-3:00 PM	\$171	315930-08
8/2-8/6	M-F	9:00 AM-3:00 PM	\$171	315930-09

Ultimate Babysitting Bootcamp

Topics covered include business and leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness, preventing accidents, recognizing and responding to emergencies, infant and child CPR, choking, and basic first aid. Students receive a certification from the American Safety and Health Institute.

Age: 11-16 years

Location: Northside Aztlan Center

6/26	Sa	9:00 AM-3:00 PM	\$85	315575-01
7/24	Sa	9:00 AM-3:00 PM	\$85	315575-02

Summer Bike Camps are also available June through August. View the Spring Recreator or WebTrac for more details.

LEGEND

- AC** Classes in which adults are required to attend
- NW** Denotes no web registration for program
- M** Denotes program/activity has special membership pricing

[ENRICHMENT & STEM CAMPS]

LEGO® Camps

Let your imagination run wild with tens of thousands of LEGO® parts.

Location: Mulberry Pool

Age: 5-7 years

Jedi Engineering

6/7-6/10	M-Th	9:00 AM-Noon	\$156	315270-01
----------	------	--------------	-------	-----------

Adventures in S.T.E.M.

6/14-6/17	M-Th	9:00 AM-Noon	\$156	315270-03
-----------	------	--------------	-------	-----------

Pokemon Engineering

6/28-7/1	M-Th	9:00 AM-Noon	\$156	315270-05
----------	------	--------------	-------	-----------

Transportation Engineering

7/12-7/15	M-Th	9:00 AM-Noon	\$156	315270-07
-----------	------	--------------	-------	-----------

Minecraft Engineering

7/26-7/29	M-Th	9:00 AM-Noon	\$156	315270-09
-----------	------	--------------	-------	-----------

Animal Architects

8/2-8/5	M-Th	9:00 AM-Noon	\$156	315270-11
---------	------	--------------	-------	-----------

Age: 7-12 years

Jedi Master Engineering

6/7-6/10	M-Th	1:00-4:00 PM	\$156	315270-02
----------	------	--------------	-------	-----------

STEM Explorations

6/14-6/17	M-Th	1:00-4:00 PM	\$156	315270-04
-----------	------	--------------	-------	-----------

Pokemon Master Engineering

6/28-7/1	M-Th	1:00-4:00 PM	\$156	315270-06
----------	------	--------------	-------	-----------

Transportation Master Engineering

7/12-7/15	M-Th	1:00-4:00 PM	\$156	315270-08
-----------	------	--------------	-------	-----------

Minecraft Master Engineering

7/26-7/29	M-Th	1:00-4:00 PM	\$156	315270-10
-----------	------	--------------	-------	-----------

Astro Innovators with NASA

Prepare for an action-packed week as campers learn to think and act like NASA innovators! Campers will be challenged to use creative and collaborative skills to design a mission patch, train like an astronaut, and solve real-world engineering problems. Armed with the spark of an idea, a design notebook, and physical and digital tools, teams will modify NASA technology into spinoff designs.

Age: 6-11 years

Location: Mulberry Pool

6/21-6/24	M-Th	9:00 AM-Noon	\$170	315285-01
-----------	------	--------------	-------	-----------

6/21-6/24	M-Th	1:00-4:00 PM	\$170	315285-02
-----------	------	--------------	-------	-----------

Molecular Madness

Explore the magical worlds of bubbling beakers, crazy chemistry and radical reactions as you whip up all sorts of molecular madness in this exciting chemistry-themed camp. Learn about the many chemical solutions of science and find out how different chemicals react when mixed together.

Age: 6-11 years

Location: Mulberry Pool

7/5-7/8	M-Th	9:00 AM-Noon	\$170	315285-03
---------	------	--------------	-------	-----------

7/5-7/8	M-Th	1:00-4:00 PM	\$170	315285-04
---------	------	--------------	-------	-----------

Science-Porium

Grab your lab coats and get ready to discover the exciting world of S.T.E.M. as you explore five different science and engineering concepts with Mad Science! Learn the science behind secret codes, explore how cameras works, create potions with the science of chemistry, and more.

Age: 6-11 years

Location: Mulberry Pool

7/19-7/22	M-Th	9:00 AM-Noon	\$170	315285-05
7/19-7/22	M-Th	1:00-4:00 PM	\$170	315285-06

Junior Robotics

This first unit will introduce students to the basics of VEX Code and programming in 3-D. Students will learn how to navigate robots through virtual worlds and complete exciting maze challenges! In the second unit, students will practice navigating robots through even more complicated virtual worlds full of obstacles by making use of sensors.

Age: 7-9 years

Location: Virtual

6/7-6/11	M-F	9:00-11:30 AM	\$251	315978-04
7/5-7/9	M-F	1:00-3:30 PM	\$251	315978-05

Scratch Ninja I

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts such as loop, conditional, motion, and sensing. Students will also work on a project in each session ranging from animation, games, to graphic design and storytelling, etc.

Location: Virtual

Age: 7-10 years

Morning Session

6/7-6/11	M-F	9:00-11:30 AM	\$251	315978-01
6/14-6/18	M-F	9:00-11:30 AM	\$251	315978-02
7/12-7/16	M-F	1:00-3:30 PM	\$251	315978-03

Afternoon Session

6/14-6/18	M-F	1:00-3:30 PM	\$251	315978-06
7/5-7/9	M-F	9:00-11:30 AM	\$251	315978-07
7/19-7/23	M-F	9:00-11:30 AM	\$251	315978-08
6/21-6/25	M-F	1:00-3:30 PM	\$251	315978-15

AI Explorers

Learn the key concepts of AI, and get first-hand experience with cutting-edge AI applications for image recognition, chatbots, machine learning, and more, all in an age-appropriate way.

Age: 9-12 years

Location: Virtual

6/7-6/11	M-F	1:00-3:30 PM	\$251	315978-11
7/26-7/30	M-F	9:00-11:30 AM	\$251	315978-12

Robot Adventures

Learn how to design, build, and code your very own robots online. Kids will explore the design and creation process, as well as coding and learning how to move the robots through various courts. All the activities will be in the virtual world using software, so you don't need to purchase physical robots, but they are just as powerful and fun.

Age: 9-13 years

Location: Virtual

6/21-6/25	M-F	1:00-3:30 PM	\$251	315978-09
7/19-7/23	M-F	9:00-11:30 AM	\$251	315978-10

Minecraft Code to Mod

Familiarize yourself with the platform for coding on Minecraft. It is a great next step for kids who have mastered Scratch and would like to continue to learn coding. It is easy to use and very powerful. Participants will s build a mod and have it run inside Minecraft!

Age: 10-14 years

Location: Virtual

6/14-6/18	M-F	1:00-3:30 PM	\$251	315978-13
7/12-7/16	M-F	1:00-3:30 PM	\$251	315978-14



20% OF KIDS STUDY MUSIC.

70% OF ADULTS WISH THEY HAD.

Few things enrich and develop young minds like music. Don't let your kids miss out.

WE OFFER:

Family Music Classes	Preschool Classes
Zumbini®	Music Therapy
Music Camps	Instrument Lessons

GET YOUR FIRST CLASS FREE AT
LEARNATFMS.ORG/FREE



Foundation Music School

3663 S College Ave
 Unit 13, Fort Collins
 (970) 407-9084

CAMP FUNQUEST

Camp FunQuest is a state-licensed childcare program for children ages 5-16 years old and keeps children engaged when school is out of session, when students are learning remotely, and during summer break. Unique activities including games, crafts, S.T.E.M., and field trips (when possible) are designed with children’s age, developmental stage, and interests in mind. All programs operate Monday-Friday from 8 a.m.-5 p.m. unless otherwise noted. Families must provide a peanut-free sack lunch, two healthy snacks, a water bottle and appropriate clothing/gear for outdoor play each day. Note no class on 5/31, 6/1, 7/5, 8/13.

Initial Registration

An annual, non-refundable, \$30 per child fee is due upon initial registration in the Camp FunQuest summer camp program and must be paid prior to enrolling in any weekly sessions. This fee covers processing weekly registrations, transfers, and cancellations, staff time to host monthly Family Information Meetings, member profiles in the required ePACT Emergency Network, daily sunscreen use throughout the summer and a FunQuest bag that is provided to all campers to aid in storing daily belongings. Note: This fee is required once per calendar year for each enrolled child.

Family Information Meetings

A pre-summer orientation will be held May 18, to discuss all camp topics. Meeting details will be emailed one week prior to all enrolled families.

Weekly Enrollments, Deposits & Cancellations

A \$20/week, non-refundable deposit per child enrolled is due at the time of enrollment. Remaining fees for camp weeks will be due by monthly designated due dates. Cancellation requests can be submitted by emailing your original purchase receipt to recreation@fcgov.com.

Emergency Contact and Camper Health Information

Before programs begin, you will receive an emailed invitation to complete online health profiles through ePACT Emergency Network. All forms and waivers must be completed prior to participation. Forms can either be uploaded into ePACT profiles or hand-delivered to Northside Aztlan Community Center. NOTE: Forms completed for 2020 Summer Camp will need to be re-confirmed in May 2021. All forms, including reconfirmations from 2020, must be submitted prior to May 24.

2021 Summer Camp Themes

- Week 1 | June 2-5 (W-F only) | Welcome Week
- Week 2 | June 7-11 | Adventure Race
- Week 3 | June 14-18 | Escape Room
- Week 4 | June 21-25 | Creative Chefs
- Week 5 | June 28-July 2 | Around the World
- Week 6 | July 6-9 (Tu-F only) | Animaltopia
- Week 7 | July 12-16 | CSI/Investigations Unit

Week 8 | July 19-23 | Water Week

Week 9 | July 26-30 | Got Talent

Week 10 | August 2-6 | Time Travelers

Week 11 | August 9-12 (M-Th only) | Spirit Week

Weekly Schedules and Field Trip Information

Summer 2021 activities and field trips will relate to each weekly theme and include visits to local parks, participation in a variety recreation programs, learning new skills, and enjoying traditional camp activities all while maintaining COVID-19 protocols and guidelines.

Questions?

Read more about our COVID-19 considerations and download the Participation Manual at fcgov.com/youthprograms. For more information, contact Rachel Pollack at rpollack@fcgov.com, 970.221.6357.

See page 38 for early learning camps, including Funtime Adventures, a half or full-day camp for 4-5 year-olds who have not yet attended Kindergarten.

[LOCATION: NORTHSIDE AZTLAN CENTER]

Marmot: Age 5-6, completed Kindergarten Spring 2021

6/2-6/4	W-F	8:00 AM-5:00 PM	\$120	315551-01
6/7-6/11	M-F	8:00 AM-5:00 PM	\$200	315552-01
6/14-6/18	M-F	8:00 AM-5:00 PM	\$200	315553-01
6/21-6/25	M-F	8:00 AM-5:00 PM	\$200	315554-01
6/28-7/2	M-F	8:00 AM-5:00 PM	\$200	315555-01
7/6-7/9	Tu-F	8:00 AM-5:00 PM	\$200	315556-01
7/12-7/16	M-F	8:00 AM-5:00 PM	\$200	315557-01
7/19-7/23	M-F	8:00 AM-5:00 PM	\$200	315558-01
7/26-7/30	M-F	8:00 AM-5:00 PM	\$200	315559-01
8/2-8/6	M-F	8:00 AM-5:00 PM	\$200	315560-01
8/9-8/12	M-Th	8:00 AM-5:00 PM	\$200	315561-01

Red Fox: Age 7-8

6/2-6/4	W-F	8:00 AM-5:00 PM	\$120	315551-02
6/7-6/11	M-F	8:00 AM-5:00 PM	\$200	315552-02
6/14-6/18	M-F	8:00 AM-5:00 PM	\$200	315553-02
6/21-6/25	M-F	8:00 AM-5:00 PM	\$200	315554-02
6/28-7/2	M-F	8:00 AM-5:00 PM	\$200	315555-02
7/6-7/9	Tu-F	8:00 AM-5:00 PM	\$200	315556-02
7/12-7/16	M-F	8:00 AM-5:00 PM	\$200	315557-02
7/19-7/23	M-F	8:00 AM-5:00 PM	\$200	315558-02
7/26-7/30	M-F	8:00 AM-5:00 PM	\$200	315559-02
8/2-8/6	M-F	8:00 AM-5:00 PM	\$200	315560-02
8/9-8/12	M-Th	8:00 AM-5:00 PM	\$200	315561-02

Big Horn: Age 9-11

6/2-6/4	W-F	8:00 AM-5:00 PM	\$120	315551-03
6/7-6/11	M-F	8:00 AM-5:00 PM	\$200	315552-03
6/14-6/18	M-F	8:00 AM-5:00 PM	\$200	315553-03
6/21-6/25	M-F	8:00 AM-5:00 PM	\$200	315554-03
6/28-7/2	M-F	8:00 AM-5:00 PM	\$200	315555-03
7/6-7/9	Tu-F	8:00 AM-5:00 PM	\$200	315556-03
7/12-7/16	M-F	8:00 AM-5:00 PM	\$200	315557-03
7/19-7/23	M-F	8:00 AM-5:00 PM	\$200	315558-03
7/26-7/30	M-F	8:00 AM-5:00 PM	\$200	315559-03
8/2-8/6	M-F	8:00 AM-5:00 PM	\$200	315560-03
8/9-8/12	M-Th	8:00 AM-5:00 PM	\$200	315561-03

Black Bear: Age 12-15

A camp experience designed for teens, with full days of outdoor, physical activity, skill development and social fulfillment.

6/7-6/11	M-F	8:00 AM-5:00 PM	\$240	315563-01
6/14-6/18	M-F	8:00 AM-5:00 PM	\$240	315564-01
6/21-6/25	M-F	8:00 AM-5:00 PM	\$240	315565-01
6/28-7/2	M-F	8:00 AM-5:00 PM	\$240	315566-01
7/6-7/9	Tu-F	8:00 AM-5:00 PM	\$240	315567-01
7/12-7/16	M-F	8:00 AM-5:00 PM	\$240	315568-01
7/19-7/23	M-F	8:00 AM-5:00 PM	\$240	315569-01
7/26-7/30	M-F	8:00 AM-5:00 PM	\$240	315570-01
8/2-8/6	M-F	8:00 AM-5:00 PM	\$240	315571-01
8/9-8/12	M-Th	8:00 AM-5:00 PM	\$240	315572-01

[LOCATION: FOOTHILLS ACTIVITY CENTER]

Marmot: Age 5-6, completed Kindergarten Spring 2021

6/2-6/4	W-F	8:00 AM-5:00 PM	\$120	315751-01
6/7-6/11	M-F	8:00 AM-5:00 PM	\$200	315752-01
6/14-6/18	M-F	8:00 AM-5:00 PM	\$200	315753-01
6/21-6/25	M-F	8:00 AM-5:00 PM	\$200	315754-01
6/28-7/2	M-F	8:00 AM-5:00 PM	\$200	315755-01
7/6-7/9	Tu-F	8:00 AM-5:00 PM	\$200	315756-01
7/12-7/16	M-F	8:00 AM-5:00 PM	\$200	315757-01
7/19-7/23	M-F	8:00 AM-5:00 PM	\$200	315758-01
7/26-7/30	M-F	8:00 AM-5:00 PM	\$200	315759-01
8/2-8/6	M-F	8:00 AM-5:00 PM	\$200	315760-01
8/9-8/12	M-Th	8:00 AM-5:00 PM	\$200	315761-01

Red Fox: Age 7-8

6/2-6/4	W-F	8:00 AM-5:00 PM	\$120	315751-02
6/7-6/11	M-F	8:00 AM-5:00 PM	\$200	315752-02
6/14-6/18	M-F	8:00 AM-5:00 PM	\$200	315753-02
6/21-6/25	M-F	8:00 AM-5:00 PM	\$200	315754-02
6/28-7/2	M-F	8:00 AM-5:00 PM	\$200	315755-02
7/6-7/9	Tu-F	8:00 AM-5:00 PM	\$200	315756-02
7/12-7/16	M-F	8:00 AM-5:00 PM	\$200	315757-02
7/19-7/23	M-F	8:00 AM-5:00 PM	\$200	315758-02
7/26-7/30	M-F	8:00 AM-5:00 PM	\$200	315759-02
8/2-8/6	M-F	8:00 AM-5:00 PM	\$200	315760-02
8/9-8/12	M-Th	8:00 AM-5:00 PM	\$200	315761-02

Big Horn: Age 9-11

6/2-6/4	W-F	8:00 AM-5:00 PM	\$120	315751-03
6/7-6/11	M-F	8:00 AM-5:00 PM	\$200	315752-03
6/14-6/18	M-F	8:00 AM-5:00 PM	\$200	315753-03
6/21-6/25	M-F	8:00 AM-5:00 PM	\$200	315754-03
6/28-7/2	M-F	8:00 AM-5:00 PM	\$200	315755-03
7/6-7/9	Tu-F	8:00 AM-5:00 PM	\$200	315756-03
7/12-7/16	M-F	8:00 AM-5:00 PM	\$200	315757-03
7/19-7/23	M-F	8:00 AM-5:00 PM	\$200	315758-03
7/26-7/30	M-F	8:00 AM-5:00 PM	\$200	315759-03
8/2-8/6	M-F	8:00 AM-5:00 PM	\$200	315760-03
8/9-8/12	M-Th	8:00 AM-5:00 PM	\$200	315761-03

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

TRANSFORT
AT YOUR FINGERTIPS

RIDE TRANSFORT

DOWNLOAD the ridetransfort app

VISIT ridetransfort.com

SIGN UP for route and bus text notifications
ridetransfort.com/subscriptions

24/7 support: **970.221.6620**

TRANSFORT

STATE-LICENSED SUMMER CAMPS FOR AGES 4-16

YOUR QUEST TO FUN STARTS HERE.

Recreation Summer Youth Programs

City of
Fort Collins
fcgov.com/youth-programs



AGES 4-5

Weeklong adventures designed for those new to the camp experience

ACTIVITIES INCLUDE:

- Modified camp themes for younger learners
- Weekly walking field trips
- Slower pace, smaller groups and lots of fun

Visit page 38 for info.



AGES 5-11

Themed camp weeks with activities and field trips tailored for each age group

CAMP THEMES:

- Adventure Race
- Escape Room
- Creative Chefs
- Around the World
- Animaltopia
- CSI/Investigations Unit
- Water Week
- Got Talent
- Time Travelers
- Spirit Week

Check out page 35 for summer schedule.



BLACK BEAR

★ CAMP FUNQUEST ★

AGES 12-15


Full days of outdoor activities, skill development and social fulfillment for active youth

ACTIVITIES INCLUDE:

- New friends and social experiences
 - Hands-on, experiential learning
- Exciting, offsite field trips
- Team-building and leadership opportunities

Visit page 36 for info.

EARLY LEARNING

Early Learning programs are tailored toward children ages 6 years & younger and are designed to enrich both their social and educational skills. Classes in which adults are required to attend are indicated with a ; all other programs are child-only. **Note: All classes held at Northside Aztlan Center unless otherwise noted.**

It is recommended that children enrolled in classes without an accompanying, responsible adult are fully toilet trained. Children not yet toilet trained are welcome to attend classes, however, an adult must be available to attend to toileting needs. City of Fort Collins Recreation staff are not permitted to change diapers. Please denote any dietary restrictions when registering and inform class instructors on the first day of class.

For programs designed for youth ages 6 years & older, browse Youth Programs in the other sections of the Recreator (ex. Arts & Crafts: Youth Programs). 10/15, 11/8, 11/22, 11/23, 11/24, 11/25, 11/26.

FUNTIME PRESCHOOL PROGRAM

Funtime Preschool Program is a state-licensed childcare program for children ages 3-5 years focused on the development of readiness skills through child-directed discovery and teacher-led activities. Comprehensive curriculum content includes development of fine motor, cognitive, gross motor, social, emotional, and early literacy skills. The play-based, intentional approach encourages self-regulation, critical thinking, and problem-solving.

Initial Registration

An annual, non-refundable \$30 per child fee is due upon initial registration in the Funtime Preschool Program and must be paid prior to enrolling. This fee covers processing registrations, transfers, and cancellations, Family Information Meetings held prior to start of seasonal sessions, health profiles in the required ePACT Emergency Network, daily sunscreen use throughout the summer session, and a Funtime Preschool bag to aid in storing daily belongings. Note: This fee is required once per calendar year for each enrolled child.

Emergency Contact & Camper Health Information

Before programs begin, you will receive an emailed invitation to complete online health profiles through ePACT Emergency Network. All forms and waivers must be completed prior to participation. Completed forms, including physician signatures, can either be uploaded into ePACT profiles or hand-delivered to staff at Northside Aztlan Center. Note: All forms for Summer 2021 session must be submitted prior to May 24.

Questions?

Read more about COVID-19 considerations and download the Participation Manual at fcgov.com/youthprograms. For more information, contact Lisa Freeman at lfreeman@fcgov.com, 970.416.2528.

[FUNTIME ADVENTURES SUMMER CAMP]

Designed for those who have not yet attended Kindergarten, an introduction to summer summer camp and extension of our school year-round Funtime Pre-K. Half-day and full-day options available. Morning schedules are made up of structured, themed camp activities including songs, games, arts & crafts, and S.T.E.M. projects. Full day participants will also have time for lunch, an optional rest time, and recreational enrichments (dance, yoga, sports, etc.). All participants will enjoy a weekly walking field trip to local parks and natural areas. Note: No class on 5/31, 6/1, 7/5, 8/13.

Weekly Enrollments, Deposits & Cancellations

A \$20/week, non-refundable deposit per child enrolled is due at the time of enrollment. Remaining fees for camp weeks will be due by monthly designated due dates. Cancellation requests can be submitted by emailing your original purchase receipt to recreation@fcgov.com.

Please indicate at enrollment if you are interested in half-day or full-day camp. Note: If minimum enrollments for full-day camp are not met weekly, all campers will attend for a half-day program only.

Family Information Meetings

Virtual monthly meetings are held via Zoom for families who have pre-registered.

A pre-summer orientation will be held on May 18, to discuss all camp topics. Meeting details will be emailed one week prior to all enrolled families.

Summer 2021 Weekly Themes

Week 1 | June 2-4 (W-F only) | Welcome Week

Week 2 | June 7-11 | Adventure Week

Week 3 | June 14-18 | Hide and Seek

Week 4 | June 21-25 | Little Chefs

Week 5 | June 28-July 2 | Around the World

Week 6 | July 6-9 (Tu-F only) | All About Animals

Week 7 | July 12-16 | Science Investigations

Week 8 | July 19-23 | Got Talent

Week 9 | July 26-30 Water Week

Week 10 | August 2-6 | Dino's and Prehistoric Animal Week

Week 11 | August 9-12 (M-Th only) | Camp Olympics

Ages: 4-5 years

Pre-Registration Fee	\$30	317506-01
----------------------	------	-----------

Half Day Options

6/2-6/4	W-F	8:00 AM-Noon	\$60	317505-01
6/7-6/11	M-F	8:00 AM-Noon	\$100	317505-02
6/14-6/18	M-F	8:00 AM-Noon	\$100	317505-03
6/21-6/25	M-F	8:00 AM-Noon	\$100	317505-04
6/28-7/2	M-F	8:00 AM-Noon	\$100	317505-05
7/6-7/9	T	8:00 AM-Noon	\$80	317505-06
7/12-7/16	M-F	8:00 AM-Noon	\$100	317505-07
7/19-7/23	M-F	8:00 AM-Noon	\$100	317505-08
7/26-7/30	M-F	8:00 AM-Noon	\$100	317505-09
8/2-8/6	M-F	8:00 AM-Noon	\$100	317505-10
8/9-8/13	M-Th	8:00 AM-Noon	\$80	317505-11

Full Day Add-Ons

6/2-6/4	W-F Noon-5:00 PM	\$60	317505-12	
6/7-6/11	M-F Noon-5:00 PM	\$100	317505-13	
6/14-6/18	M-F Noon-5:00 PM	\$100	317505-14	
6/21-6/25	M-F Noon-5:00 PM	\$100	317505-15	
6/28-7/2	M-F Noon-5:00 PM	\$100	317505-16	
7/6-7/9	T	u-F Noon-5:00 PM	\$80	317505-17
7/12-7/16	M-F Noon-5:00 PM	\$100	317505-18	
7/19-7/23	M-F Noon-5:00 PM	\$100	317505-19	
7/26-7/30	M-F Noon-5:00 PM	\$100	317505-20	
8/2-8/6	M-F Noon-5:00 PM	\$100	317505-21	
8/9-8/13	M-Th Noon-5:00 PM	\$80	317505-22	




FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

-  Classes in which adults are required to attend
-  Denotes no web registration for program
-  Denotes program/activity has special membership pricing

[FALL 2021 FUNTIME PRESCHOOL & PRE-K]

This school year-round, part-time preschool program follows the Poudre School District calendar for most school days off and holiday breaks but does not follow PSD delays or closures due to inclement weather. Teacher conferences are held in October and family engagement events will be scheduled as appropriate based on local health guidelines. Note: Class will not be held on 9/6, 9/17, 10/14, 10/15, 11/8, 11/22, 11/23, 11/24, 11/25, 11/26.

Initial Registration and Monthly Tuition Fees

A \$30 annual registration fee is due prior to enrolling in any Funtime Preschool program. Class session fees are based on \$16 per scheduled day of classes. Full session fees are divided into monthly payments, August through November, and are due prior to the 15th of each month, for the upcoming month's payment. Note: 8/30 and 8/31 dates are included in September's monthly tuition.

Funtime for Preschoolers

A play-based, child-directed, and teacher-guided approach encourages self-regulation, critical thinking, and problem-solving skills. Must turn 3 years of age by 10/1/21 and cannot begin this program until child turns 3. Note: Monthly payment is \$116; total program cost is \$464.

Age: 3-4 years

Pre-Registration Fee			\$30	317505-01
8/31-12/16	Tu,Th	9:30 AM-Noon	\$464	317505-12

Funtime Pre-K

Comprehensive Kindergarten-readiness curriculum includes development of fine motor, cognitive, gross motor, social emotional and early literacy skills. Must turn 4 years of age by 10/1/21. Note: Monthly payment is \$164; total program cost is \$656.

Age: 4-5 years

Pre-Registration Fee			\$30	317505-01
8/30-12/17	M,W,F	9:30 AM-Noon	\$656	317505-12

Lunch Bunch Enrichment

Add on optional program for Funtime Pre-K students only. Extend your child's Funtime Pre-K days with lunch and active enrichment activities. Parents/guardians must provide a healthy, nut-free sack lunch that does not require refrigeration or reheating. Enrollments are taken per day and enrollment minimums must be met by the Friday prior to each week in order for class to be held.

Age: 4-5 years

8/30-12/17	M,W,F	Noon-2:00 PM	\$12/day	417509-01
------------	-------	--------------	----------	-----------

EXPERIENTIAL LEARNING & ENRICHMENT PROGRAMS

Play is an important part of children's learning and development. Our experiential learning and enrichment programs offer play-based learning classes that expose children to new experiences which build confidence and develop physical, cognitive, and social emotional skills.

Music Together, Outdoors ^{AC}

Mixed age classes with required caregiver attendance/participation. Explore singing, movement, instrument play with the "Harmonica Collection." Tuition includes class materials, book, CD, and online resources. All siblings ages 9 months and older must register with discounted tuition. Note: Bring a blanket or towel for seating.

Location: Warren Park (meet at picnic tables)

Age: Newborn-4 years

6/21-7/19	M	8:30-9:15 AM	\$120	318776-01
6/21-7/19	M	9:30-10:15 AM	\$120	318776-03
6/21-7/19	M	10:30-11:15 AM	\$120	318776-05
6//22-7/20	Tu	9:00-9:45 AM	\$120	318776-07

Additional Siblings

6/21-7/19	M	8:30-9:15 AM	\$85	318776-02
6/21-7/19	M	9:30-10:15 AM	\$85	318776-04
6/21-7/19	M	10:30-11:15 AM	\$85	318776-06
6/22-7/20	Tu	9:00-9:45 AM	\$85	318776-08

Music Together, Rhythm Kids

A fun multicultural drumming-based music and movement program for older children. Explore music through singing, movement, drumming, and interactive games. Tuition includes the "Tiger Collection" materials, online resources. Caregiver attendance required. Socially distanced, outdoor classes follow local health ordinances including mask guidelines. Bring a blanket or towel for seating.

Age: 4-8 years

Location: Warren Park (meet at picnic tables)

6/22-7/20	Tu	10:00-10:45 AM	\$120	318777-01
-----------	----	----------------	-------	-----------

Small Hands, Big Messy Art ^{AC}

Get hands-on with paint, playdough, and shaving cream.

Age: 18 months-2 years

6/11-6/18	F	10:00-11:00 AM	\$22	317585-01
7/23-7/30	F	10:00-11:00 AM	\$22	317585-02

Curious Twos

Classes provide a positive first step to independent learning with attention directed to games, crafts, and stories.

Age: 2 years

6/21-6/30	M,W	10:00-11:00 AM	\$48	317504-01
7/19-7/28	M,W	10:00-11:00 AM	\$48	317504-02

Adult and Tot Science ^{AC}

Explore the world of science by making and doing all kinds of fun science experiments.

Age: 2-3 years

6/25-7/2	F	10:00-11:00 AM	\$22	317560-01
8/6-8/13	F	10:00-11:00 AM	\$22	317560-02

Preschool Discovery

Discover arts and crafts, creative play, letter/number recognition, and gym time in this transitional class. Designed to prepare students for our Funtime Preschool Program. Previous class experience recommended.

Age: 2.5-3 years

6/7-6/16	M,W	9:30-11:30 AM	\$96	317503-01
7/7-7/14	M,W	9:30-11:30 AM	\$72	317503-02
8/2-8/11	M,W	9:30-11:30 AM	\$96	317503-03

Afternoon Adventures

Take the afternoon to yourself while children are entertained with themed activities that include arts & crafts, games, gym time, and outdoor play. Please pack a water bottle and apply sunscreen prior to arriving. All children must be fully toilet trained. Previous class experience recommended.

Age: 3-5 years

Science

6/9	W	1:00-4:00 PM	\$35	317513-01
-----	---	--------------	------	-----------

Pirates

6/16	W	1:00-4:00 PM	\$35	317513-02
------	---	--------------	------	-----------

Dinosaurs

6/23	W	1:00-4:00 PM	\$35	317513-03
------	---	--------------	------	-----------

Superheroes

6/30	W	1:00-4:00 PM	\$35	317513-04
------	---	--------------	------	-----------

Animals

7/7	W	1:00-4:00 PM	\$35	317513-05
-----	---	--------------	------	-----------

Art and Artists

7/14	W	1:00-4:00 PM	\$35	317513-06
------	---	--------------	------	-----------

STEM

7/21	W	1:00-4:00 PM	\$35	317513-07
------	---	--------------	------	-----------

Under the Sea

7/28	W	1:00-4:00 PM	\$35	317513-08
------	---	--------------	------	-----------

Favorite Movie Characters

8/4	W	1:00-4:00 PM	\$35	317513-09
-----	---	--------------	------	-----------

LEGO

8/11	W	1:00-4:00 PM	\$35	317513-10
------	---	--------------	------	-----------

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

Pretend with Friends

Themed, interactive activities foster imaginative play and include arts & crafts, games, and more.

Age: 3-5 years

Superheroes

6/17	Th	1:00-2:30 PM	\$20	317550-01
------	----	--------------	------	-----------

Firefighters

7/1	Th	1:00-2:30 PM	\$20	317550-02
-----	----	--------------	------	-----------

Builders and Bulldozers

7/15	Th	1:00-2:30 PM	\$20	317550-03
------	----	--------------	------	-----------

Camping

7/29	Th	1:00-2:30 PM	\$20	317550-04
------	----	--------------	------	-----------

Pretty Parties

Come dressed in your favorite clothing or costume. Enjoy themed arts & crafts, games, and snacks.

Age: 3-5 years

Princess Party

6/15	Tu	1:00-2:30 PM	\$20	317541-01
------	----	--------------	------	-----------

Mermaid Party

6/29	Tu	1:00-2:30 PM	\$20	317541-02
------	----	--------------	------	-----------

Unicorn Party

7/13	Tu	1:00-2:30 PM	\$20	317541-03
------	----	--------------	------	-----------

Fairy Party

7/27	Tu	1:00-2:30 PM	\$20	317541-04
------	----	--------------	------	-----------

Preschool Tools

Under close supervision, preschoolers get hands-on practice with hammers and nails, screws and screwdrivers, and nuts and bolts.

Age: 3-5 years

6/8-6/10	Tu,Th	1:00-2:30 PM	\$35	317556-01
----------	-------	--------------	------	-----------

7/6-7/8	Tu,Th	1:00-2:30 PM	\$35	317556-02
---------	-------	--------------	------	-----------

8/3-8/5	Tu,Th	1:00-2:30 PM	\$35	317556-03
---------	-------	--------------	------	-----------

I Want to Be a Scientist

Explore, learn, and discover what it is like to be a scientist by conducting hands-on investigations. Sign up for Tuesday or Thursday class per theme; the curriculum is the same for both days.

Age: 3-6 years

Oceanography

6/8	Tu	10:00-11:30 AM	\$20	317507-01
-----	----	----------------	------	-----------

6/10	Th	10:00-11:30 AM	\$20	317507-02
------	----	----------------	------	-----------

Entomology

6/15	Tu	10:00-11:30 AM	\$20	317507-03
------	----	----------------	------	-----------

6/17	Th	10:00-11:30 AM	\$20	317507-04
------	----	----------------	------	-----------

Zoology

6/22	Tu	10:00-11:30 AM	\$20	317507-05
------	----	----------------	------	-----------

6/24	Th	10:00-11:30 AM	\$20	317507-06
------	----	----------------	------	-----------

Vet Medicine

6/29	Tu	10:00-11:30 AM	\$20	317507-07
------	----	----------------	------	-----------

7/1	Th	10:00-11:30 AM	\$20	317507-08
-----	----	----------------	------	-----------

Flight

7/6	Tu	10:00-11:30 AM	\$20	317507-09
-----	----	----------------	------	-----------

7/8	Th	10:00-11:30 AM	\$20	317507-10
-----	----	----------------	------	-----------

Reptiles

7/13	Tu	10:00-11:30 AM	\$20	317507-11
------	----	----------------	------	-----------

7/15	Th	10:00-11:30 AM	\$20	317507-12
------	----	----------------	------	-----------

Astronomy

7/20	Tu	10:00-11:30 AM	\$20	317507-13
------	----	----------------	------	-----------

7/22	Th	10:00-11:30 AM	\$20	317507-14
------	----	----------------	------	-----------

Magnets

7/27	Tu	10:00-11:30 AM	\$20	317507-15
------	----	----------------	------	-----------

7/29	Th	10:00-11:30 AM	\$20	317507-16
------	----	----------------	------	-----------

Paleontology

8/3	Tu	10:00-11:30 AM	\$20	317507-17
-----	----	----------------	------	-----------

8/5	Th	10:00-11:30 AM	\$20	317507-18
-----	----	----------------	------	-----------

Concoctions

8/10	Tu	10:00-11:30 AM	\$20	317507-19
------	----	----------------	------	-----------

8/12	Th	10:00-11:30 AM	\$20	317507-20
------	----	----------------	------	-----------

Nature Artists

Create with objects found in nature. Bring a water bottle and beach towel; apply sunscreen and/or insect repellent prior to arriving.

Age: 4-5 years

Location: Warren Park (meet at picnic tables)

6/24	Th	10:00-11:00 AM	\$20	316940-01
------	----	----------------	------	-----------

7/22	Th	10:00-11:00 AM	\$20	316940-02
------	----	----------------	------	-----------

8/12	Th	10:00-11:00 AM	\$20	316940-03
------	----	----------------	------	-----------

Preschool S.T.E.M

Engage in hands-on science, technology, engineering, and mathematics (S.T.E.M.) activities.

Age: 4-6 years

6/22-6/24	Tu,Th	1:00-2:30 PM	\$35	317563-01
-----------	-------	--------------	------	-----------

7/20-7/22	Tu,Th	1:00-2:30 PM	\$35	317563-02
-----------	-------	--------------	------	-----------

LEGO with Friends

Use LEGO bricks to create all that your imagination can dream up. Crafts and games are included to supplement building time.

Age: 4-6 years

8/10-8/12	Tu,Th	1:00-2:30 PM	\$35	317549-01
-----------	-------	--------------	------	-----------

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

Classes in which adults are required to attend



Denotes no web registration for program



Denotes program/activity has special membership pricing

EDUCATION

ADULT PROGRAMS

All adult programs are design for those 18 years and older unless otherwise noted.

[COOKING]

All classes will be held virtually via Zoom unless otherwise noted. Emails will be sent to registered participants with Zoom meeting links along with what to prepare for before the first day of class.

Age: 14 years & up

Instant Pot Summer Curries

Learn how to use an instant pot to make some delicious summer creations. Menu: Jackfruit Coconut Curry, Aloo Gobi (cauliflower and potato curry), Kale and Spinach Saag.

6/10	Th	5:00-6:30 PM	\$20	307427-01
------	----	--------------	------	-----------

Super Summer Bowls

It's all about big flavors with minimal effort. These vegetarian bowls are great for summer as they can cover all your nutritional bases in one epic dish. Typically, they consist of grains, greens, vegetables, protein, and a yummy sauce. Menu: A Mediterranean bowl and a Mexican bowl.

6/23	W	5:00-6:30 PM	\$20	307427-02
------	---	--------------	------	-----------

Colorful Dips and Sauces

Learn to make some easy and healthy dips and sauces! These can be used as spreads, dressings, and so much more. All recipes are gluten and dairy free. Menu: Spicy Carrot Hummus, Green Goddess, Creamy Beet Dip, Cashew Ranch, Peanut Sauce

7/12	M	5:00-6:30 PM	\$20	307427-03
------	---	--------------	------	-----------

Coconut 'Cuckoo' Curries

Discover a couple of modern spins on traditional coconut curry. Coconut has a magic all its own in mutating even the most average curry into a very flavorful dish to savor. These variations on curries are delicious, vegetarian, and healthy. Menu: Kale with Coconut, Spicy Pineapple and Chickpea Curry, Coconut Balls.

7/28	W	5:00-6:30 PM	\$20	307427-04
------	---	--------------	------	-----------

Plant-Based Cheese and Yogurt

Whether lactose intolerant, fighting high cholesterol or just looking for some healthy plant- based alternative to cheese and yogurt, learn how to make homemade dairy-free cheese and yogurt from scratch. Menu: Parmesan, Cream cheese, Nacho cheese, and Cashew Yogurt (mango) Lassi.

8/9	M	5:00-6:30 PM	\$20	307427-05
-----	---	--------------	------	-----------

Eastern Fusion

Experiment with Indian spices and use common local ingredients to create interesting recipes with eastern flavors. All recipes are vegan friendly. Menu: Zucchini Noodle Stir-Fry, Samosa Pizza, Spicy Fruit Salad.

8/31	Tu	5:00-6:30 PM	\$20	307427-06
------	----	--------------	------	-----------

Thai Cooking

Who needs takeout when you can easily create delicious Thai dishes at home? Learn secrets for combining aromatic herbs and spices with authentic ingredients to create the flavors that make Thai cuisine uniquely delicious. Menu: Tom Kha Soup

Location: Senior Center

7/27	Tu	6:00-8:30 PM	\$45	307440-01
------	----	--------------	------	-----------

[DOG TRAINING]

Canine Good Citizen

Learn specific skills to be a well-mannered canine of society. Bring tiny treats and a 6-foot leash. Pass/fail test given on the last day to earn a Canine Good Citizen title. AKC registration not required. This is not an obedience class. Children welcome with parent as primary handler.

Location: City Park, corner of Bryan Ave. and Oak St.

6/12-7/17	Sa	11:30 AM-12:30 PM	\$90	307454-01
6/13-7/18	Su	11:30 AM-12:30 PM	\$75	307454-02
7/24-8/28	Sa	11:30 AM-12:30 PM	\$90	307454-03
7/25-8/29	Su	11:30 AM-12:30 PM	\$90	307454-04

Dog Obedience, Beginner

Learn basic dog obedience with verbal commands and hand signals for sit, down, stand, stay, coming when called, and walk on a loose leash. Bring lots of tiny treats and a 6-foot leash. No training prerequisite. Dogs must be at least 8 months old to attend.

Location: City Park, corner of Bryan Ave. and Oak St.

6/12-7/17	Sa	10:00-11:00 AM	\$90	307450-01
6/13-7/18	Su	10:00-11:00 AM	\$75	307450-02
7/24-8/28	Sa	10:00-11:00 AM	\$90	307450-03
7/25-8/29	Su	10:00-11:00 AM	\$90	307450-04

Reliable Recall and Leash Walking

Dogs learn to come when called and walk on a loose leash throughout Fort Collins parks and in town. Distractions and challenges will gradually increase to ensure dog's mastery of these skills. Bring plenty of food rewards and a six-foot leash. Note: Instructor contacts participants prior to class with location.

Location: TBA

7/13-8/10	Tu	5:30-6:30 PM	\$90	307951-01
-----------	----	--------------	------	-----------

[GENERAL INTEREST]

Transfort Travel Training

Online training will cover topics including: Transfort’s hours of operation and service area, how to understand and read the bus schedules, planning a trip, using our bus tracker tool, texting for bus arrival times and more! Join us for this one-hour class from the comfort of your home on your computer through Zoom.

Age: 12 years & up
Location: Virtual

6/2	W	11:00 AM-Noon	No Fee	307917-1A
7/7	W	11:00 AM-Noon	No Fee	307917-2A
8/4	W	11:00 AM-Noon	No Fee	307917-3A

WORKSHOP OF CONNECTIONS SERIES

Rebekah Shardy, Author, speaker, and facilitator will lead each workshop.

Location: Senior Center

The Earth Speaks: Ancient Wisdom and New Science

Through storytelling, music, and poetry, celebrate the ways nature awakens our hearts. Explore elder knowing of a conscious Earth, how we lost that intimate connection, and recent discoveries that renew our bond with “all our relations” with which we share life.

6/9	W	10:00-11:30 AM	\$11	307445-01
-----	---	----------------	------	-----------

From Discord to Dialog

Is it possible to engage without anger when someone attacks us for our beliefs? Find answers from across the world and learn a four-step process for finding common ground with anyone in today’s emotionally charged political and social discourse.

7/7	W	10:00-11:30 AM	\$11	307445-02
-----	---	----------------	------	-----------

Wild and Soulful Aging

Is aging pointless, or are there unique gifts to cultivate, and new purpose to discover? If some aspects decline, do others grow in power? Discover what Jung, Maslow, and Erikson reveal, find courageous models, and choose brave legacies that stand in love.

8/4	W	10:00-11:30 AM	\$11	307445-03
-----	---	----------------	------	-----------

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

- AC Classes in which adults are required to attend
- NW Denotes no web registration for program
- M Denotes program/activity has special membership pricing

[MUSIC]

Guitar I

Learn the basics of the instrument, tuning, strumming chords, and picking tunes. Discover how to use guitar tabs so you can practice, you will be surprised how fast you can improve.

Age: 14 years & up
Location: Senior Center

6/1-6/22	Tu	5:45-6:45 PM	\$80	307463-01
7/6-7/27	Tu	5:45-6:45 PM	\$80	307463-02
8/3-8/24	Tu	5:45-6:45 PM	\$60	307463-03

Guitar II

Designed as a continuation of Guitar I, explore strumming techniques and ideas as well as barre chords. Perfect Guitar I chords and learn new tabs.

Age: 14 years & up
Location: Senior Center

6/2-6/23	W	5:45-6:45 PM	\$80	307464-01
7/7-7/28	W	5:45-6:45 PM	\$80	307464-02
8/4-8/25	W	5:45-6:45 PM	\$60	307464-03

Looking for youth programs? See page 33 for Day Camps and page 38 for early learning programs.

OUT OF SORTS THESE DAYS?

TALKING TO SOMEONE CAN HELP.

970-221-5551
24/7 | NO COST

connections

answers • options • support

A partnership of the Health District and SummitStone Health Partners

NATURAL AREAS EXPLORER



fcgov.com/naturalareas

Your Guide to Free
Natural Areas Activities,
May-October 2021

LOOK FOR THE NEXT ISSUE IN MAY!

FARM

All programs are hosted at The Farm unless otherwise noted.

Adopt an Animal

Anyone can adopt an animal at The Farm and become its parent. As an adoptive parent, help provide the food and care of your animal.

It's easy to adopt: choose your favorite Farm animal and adopt it for a year by making a tax-deductible donation. A Farm parent receives an adoption certificate with their name listed at The Farm. All adoptive parents are invited to a special event at The Farm in December.

Your adopted animal stays at The Farm where it is cared for by Farm staff and welcome your visit regularly. For all practical purposes, some of the animals are sold when they reach maturity.

For more information and to fill out an adoption form, visit fcgov.com/thefarm.

The Farm Store

Looking for a unique farm-related gift? The Farm Store is the place to shop. We are stocked with farm toys, puzzles, t-shirts, and novelties.

The Farm Museum

Take a walk through yesteryear's farm era. See displays that depict farming from the turn of the century to the early 1930s. Guess what the mystery tool is and how it was used. Test your farm strength by lifting a bale of hay with and without the aid of a pulley system. Visit The Ross Proving-Up House and learn about homesteading in early Fort Collins.

Volunteer

Help keep The Farm grounds and animal pens looking great. Volunteers must be at least 13 years old and willing to work hard. Volunteers usually work two-hour shifts any day of the week. For more information visit engage.fcgov.com/d/fn.

Pony Rides

Take your child for a pony ride. Lead your cowpoke for up to 10 minutes in the arena.

Close-toed shoes recommended. Admission to The Farm and a pony token are required. Maximum weight to ride the ponies is 150 lbs. \$5 per rider. Weather permitting.

4/6-10/20	Sa	11:00 AM - 3:00 PM
4/6-10/20	Su	Noon-3:00 PM

YOUTH PROGRAMS

Li'l Dumplin' Farmers ^{AC}

Learn about life on a farm. Meet the animals and help with farm chores such as gathering eggs and milking a cow or goat. After the chores are finished, enjoy a picnic with the animals. Note: Sack lunch required

Age: 2 years

6/7-6/21	M	11:00 AM-Noon	\$36	308609-01
6/7-6/21	M	11:15 AM-12:15 PM	\$36	308609-02
6/28-7/12	M	11:00 AM-Noon	\$36	308609-03
6/28-7/12	M	11:15 AM-12:15 PM	\$36	308609-04
7/19-8/2	M	11:00 AM-Noon	\$36	308609-05
7/19-8/2	M	11:15 AM-12:15 PM	\$36	308609-06

Little Peepers

Explore the barnyard in each class by gathering eggs, milking a cow or goat, and reading stories in the hayloft.

Age: 3 years.

6/7-6/21	M	9:00-10:00 AM	\$31	308610-01
6/7-6/21	M	9:15-10:15 AM	\$31	308610-02
6/28-7/12	M	9:00-10:00 AM	\$31	308610-03
6/28-7/12	M	9:15-10:15 AM	\$31	308610-04
7/19-8/2	M	9:00-10:00 AM	\$31	308610-05
7/19-8/2	M	9:15-10:15 AM	\$31	308610-06

Pullet Surprise

"Farmers" will learn about the animals as they help take care of them. Gathering eggs, milking cow, crafts, stories and going on a hayride are all part of the fun.

Age: 3 years

6/29-7/2	Tu-F	9:00-10:00 AM	\$41	308611-01
7/6-7/9	Tu-F	9:00-10:00 AM	\$41	308611-02
7/27-7/30	Tu-F	9:00-10:00 AM	\$41	308611-03

Pony Riding Lessons ^{AC}

Round 'em up and bring those cowpokes to The Farm where both you and your child learn to groom and saddle a pony. Lead your child's pony around the arena as the basics of riding are taught.

Age: 3-5 years

6/7-6/10	M-Th	5:30-6:30 PM	\$65	308614-01
6/14-6/17	M-Th	5:30-6:30 PM	\$65	308614-02
7/27-7/30	Tu-F	9:00-10:00 AM	\$65	308614-03
8/1-8/22	Su	10:45-11:45 AM	\$65	308614-06

Age: 6-7 years

7/27-7/30	Tu-F	10:15-11:15 AM	\$65	308614-04
8/3-8/6	Tu-F	9:30-10:30 AM	\$65	308614-05

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

Pee Wee Farmers

A favorite since The Farm opened. Learn what life on a farm is like through hands-on experience. Milk a cow or goat, gather eggs, help make snacks, and ride ponies.

Age: 4-5 years

6/1-6/4	Tu-F	1:00-2:30 PM	\$46	308606-01
6/1-6/4	Tu-F	1:00-2:30 PM	\$46	308606-02
6/8-6/11	Tu-F	1:00-2:30 PM	\$46	308606-03
6/8-6/11	Tu-F	1:00-2:30 PM	\$46	308606-04
6/15-6/18	Tu-F	1:00-2:30 PM	\$46	308606-05
6/15-6/18	Tu-F	1:00-2:30 PM	\$46	308606-06
6/29-7/2	Tu-F	10:30 AM-Noon	\$46	308606-07
6/29-7/2	Tu-F	10:30 AM-Noon	\$46	308606-08
6/29-7/2	Tu-F	1:00-2:30 PM	\$46	308606-09
6/29-7/2	Tu-F	1:00-2:30 PM	\$46	308606-10
7/6-7/9	Tu-F	8:30-10:00 AM	\$46	308606-11
7/6-7/9	Tu-F	10:30 AM-Noon	\$46	308606-12
7/6-7/9	Tu-F	10:30 AM-Noon	\$46	308606-13
7/6-7/9	Tu-F	1:00-2:30 PM	\$46	308606-14
7/6-7/9	Tu-F	1:00-2:30 PM	\$46	308606-15
7/13-7/16	Tu-F	1:00-2:30 PM	\$46	308606-16
7/13-7/16	Tu-F	1:00-2:30 PM	\$46	308606-17

Green Thumbs

Explore the world of gardening at The Farm. Learn more about worm composting, bugs, and the importance of plants.

Age: 4-6 years

8/3-8/6	Tu-F	10:30-11:30 AM	\$41	308603-01
---------	------	----------------	------	-----------

Pony Experience

Learn about the ponies while working with a partner. Grooming and saddling will be taught with beginner riding skills.

Age: 6-7 years

6/7-6/10	M-Th	9:30-11:30 AM	\$111	308625-01
6/14-6/17	M-Th	9:30-11:30 AM	\$111	308625-02

Barnyard Experience

This class is designed for kids who only have a little bit of time to experience life on a farm. We will explore different parts of the barnyard, gather eggs, make a snack, and go on a hayride.

Age: 6-10 years

7/20	Tu	9:00-11:00 AM	\$20	308632-01
7/21	W	9:00-11:00 AM	\$20	308632-02
7/28	W	9:00-11:00 AM	\$20	308632-03
7/29	Th	9:00-11:00 AM	\$20	308632-04

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

[SUMMER DAY CAMPS]

Mini Day Camp

Fun on The Farm involves your child, the animals, and hours of activities designed to entertain and educate. Campers explore country life as they milk the cow, gather eggs, ride the ponies, and go on treasure hunts. Mornings are topped off with picnic lunches in the silo, hayloft, or maybe even on a hayride. Note: Sack lunch required.

Age: 6-7 years

6/1-6/4	Tu-F	8:30 AM-12:30 PM	\$75	308604-01
6/8-6/11	Tu-F	8:30 AM-12:30 PM	\$75	308604-02
6/15-6/18	Tu-F	8:30 AM-12:30 PM	\$75	308604-03
7/13-7/16	Tu-F	8:30 AM-12:30 PM	\$75	308604-04

Not-So-Mini Day Camp

An extended version of Mini Day Camp. Campers can be found doing typical farm chores such as gathering eggs, milking the cow or goat, and riding the ponies. Other chores include crafts and going on a hayride. Note: Sack lunch required.

Age: 6-7 years

6/22-6/25	Tu-F	8:30 AM-3:30 PM	\$150	308605-01
6/29-7/2	Tu-F	8:30 AM-3:30 PM	\$150	308605-02
8/3-8/6	Tu-F	8:30 AM-3:30 PM	\$150	308605-03

Farm Day Camp

Every summer is new and exciting at day camp. Each session is packed full of games, crafts, barnyard trivia, and chores. Campers help take care of the animals by gathering eggs, milking the cow, and slopping the pigs. A field trip and an overnight at the Farm highlight the second week. Note: Sack lunch required. Children must be picked up by 8:30 a.m. on the Friday after the overnight.

Age: 8-12 years

6/1-6/11	Tu-F	8:30 AM-3:30 PM	\$235	308602-01
6/15-6/25	Tu-F	8:30 AM-3:30 PM	\$235	308602-02
7/6-7/16	Tu-F	8:30 AM-3:30 PM	\$235	308602-03
7/20-7/30	Tu-F	8:30 AM-3:30 PM	\$235	308602-04

Pony Camp, Beginner

Pony campers learn to groom, saddle, and ride a pony during their week at The Farm. Pony chores are included for our young equestrians and safety is stressed at all times.

Age: 8-12 years

6/1-6/4	Tu-F	8:30-11:00 AM	\$160	308607-01
6/1-6/4	Tu-F	11:45 AM-2:15 PM	\$160	308607-02
6/8-6/11	Tu-F	11:45 AM-2:15 PM	\$160	308607-03
6/15-6/18	Tu-F	8:30-11:00 AM	\$160	308607-04
6/22-6/25	Tu-F	8:30-11:00 AM	\$160	308607-05
6/29-7/2	Tu-F	8:30-11:00 AM	\$160	308607-06
7/6-7/9	Tu-F	11:45 AM-2:15 PM	\$160	308607-07
7/20-7/23	Tu-F	8:30-11:00 AM	\$160	308607-08
7/27-7/30	Tu-F	Noon-2:30 PM	\$160	308607-09

Pony Camp, Advanced

Once your child has mastered grooming and saddling, this camp is for them. The basics of riding are reviewed and more time is spent riding. Safety is stressed at all times.

Age: 8-12 years

6/8-6/11	Tu-F	8:30-11:00 AM	\$160	308608-01
6/15-6/18	Tu-F	11:45 AM-2:15 PM	\$160	308608-02
6/22-6/25	Tu-F	11:45 AM-2:15 PM	\$160	308608-03
6/29-7/2	Tu-F	11:45 AM-2:15 PM	\$160	308608-04
7/6-7/9	Tu-F	8:30-11:00 AM	\$160	308608-05
7/13-7/16	Tu-F	11:45 AM-2:15 PM	\$160	308608-06
7/13-7/16	Tu-F	8:30-11:00 AM	\$160	308608-07
7/20-7/23	Tu-F	11:45 AM-2:15 PM	\$160	308608-08

Horsemanship I

Learn to groom, saddle, and ride a horse. Safety is stressed at all times. Class size is limited.

Age: 12-15 years

6/7-6/10	M-Th	12:15-2:45 PM	\$160	308616-01
6/14-6/17	M-Th	12:15-2:45 PM	\$160	308616-02
6/28-7/1	M-Th	12:15-2:45 PM	\$160	308616-03
7/12-7/15	M-Th	9:00-11:30 AM	\$160	308616-04




Horsemanship II

Designed for teens who have taken Horsemanship I or Pony Camps. Now that you know how to groom and saddle, more time is spent riding and learning more about horses. Safety is stressed at all times.

Age: 12-15 years

6/21-6/24	M-Th	9:00-11:30 AM	\$160	308617-01
6/21-6/24	M-Th	12:15-2:45 PM	\$160	308617-02
6/28-7/1	M-Th	9:00-11:30 AM	\$160	308617-03
7/5-7/8	M-Th	9:00-11:30 AM	\$160	308617-04
7/5-7/8	M-Th	12:15-2:45 PM	\$160	308617-05
7/12-7/15	M-Th	12:15-2:45 PM	\$160	308617-06
7/19-7/22	M-Th	12:15-2:45 PM	\$160	308617-07
7/19-7/22	M-Th	9:00-11:30 AM	\$160	308617-08

LEGEND

-  AC Classes in which adults are required to attend
-  NW Denotes no web registration for program
-  M Denotes program/activity has special membership pricing



Team up with Gridiron Football to bring your player the premier youth football experience! Gridiron Football focuses on providing fun, fast, and safe non-contact football for boys and girls ages 4-15!

- *5v5 Recreational/Competitive Flag Leagues
- *7v7 Leagues
- *9v9 Flex Football Leagues
- *Monthly Gridiron Academies
- * Local Tournaments



SPRING FOOTBALL STARTS MARCH 27TH!

REGISTER TODAY

GRIDIRONFB.COM

THE

FARM

AT

» *Lee Martinez Park* «

City of
Fort Collins

The Farm provides hands-on family fun with interactive and educational experiences. Participate in life as a farmer at Day Camps, find your inner spirit animal at Goat Yoga, and watch for the arrival of babies in the spring.

For more information and to register see The Farm section and visit fcgov.com/thefarm for baby arrival updates.



FITNESS & WELLNESS

General Information

It is recommended that your physician be consulted before beginning any exercise program. If you are 55 years and up, sedentary, or exhibit any of the major coronary risk factors, we recommend that you get your doctor's clearance to start a new exercise program.

Registration & Fitness Class Sessions

Participants may register for one or more fitness class sessions starting on or after the registration date. Each season, there are two fitness class sessions that are 4-weeks long and one that is 5-weeks long. 5-week long sessions are notated with an asterisk (*). See below for the schedule of 2021 sessions,

Summer

Session #1	5/31-7/4*	Class will not be held on 5/31 or 7/4
Session #2	7/5-8/1	
Session #3	8/2-29	

Fall

Session #1	8/30-10/3*	Class will not be held on 9/6
Session #2	10/4-31	
Session #3	11/1-28	Class will not be held on 11/25

Fitness classes require a minimum number of six participants registered for the class per session to avoid cancellation for that session. Participants may attend only the class for which they are registered for.

Active facility pass holders receive 70% off enrollment price of fitness classes. Pass holder discount does not include the \$1 Rec Reserves fee. Note: Wellness programs and 25 admission passes are not eligible for this discount.

Class Specifics

The Fort Collins Senior Center offers fitness classes to those ages 18 years and up unless otherwise noted.

Northside Aztlan Community Center and Foothills Activity Center offer fitness classes for those ages 16 years and up unless otherwise noted.

Fitness equipment needed for class is provided, however participants are welcome and encouraged to bring their own. Participants must sanitize any equipment they use before and after use with provided wipes and/or towels and spray.

All participants must check in at the front desk when arriving for class each time.

SilverSneakers

For more information about SilverSneakers, inquire at the front desk of the Fort Collins Senior Center or Northside Aztlan Community Center. Note: SilverSneakers non-members may attend by paying the drop-in fee or registering for the session.

Personal Training ^{NW}

Nationally certified personal trainers are available to provide one-on-one guidance to help you achieve your health and fitness goals. Personal training is available at Foothills Activity Center, Northside Aztlan Community Center, and Fort Collins Senior Center. Personal training is available for those 13 years and up. For more information, including personal trainer bios and to submit a trainer interest form, visit fcgov.com/fitness.

Package Name Sessions Cost

30 Minute Session Packages

PT Single	1	\$30
PT Bronze	4	\$115
PT Silver	8	\$220
PT Gold	12	\$300
PT Platinum	24	\$540

1 Hour Session Packages

PT Single	1	\$40
PT Bronze	4	\$150
PT Silver	8	\$290
PT Gold	12	\$420
PT Platinum	24	\$780

2-Person hour long Single Session

PT 2-Person	1	\$60
-------------	---	------

Fitness Class Schedule Key

Title of Class | Begin & End Time | Days of the week

Begin & End Date | Price for the session | Activity Number

M=Monday, Tu=Tuesday, W=Wednesday, Th=Thursday, F=Friday, Sa=Saturday, Su=Sunday

Note: Signing up for a class with multiple days listed means participants will be able to attend all the days, i.e. Tu,Th gets you Tuesday & Thursday. A class that has only one day listed means participants will be able to attend only the day listed, i.e Tu gets you Tuesday only.

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

- AC Classes in which adults are required to attend
- NW Denotes no web registration for program
- M Denotes program/activity has special membership pricing

FORT COLLINS SENIOR CENTER

1200 Raintree Drive

Monday	Tuesday	Wednesday
CrossTrain 6:15-7:15 AM M,W,F 6/2-7/2 \$57 309502-01 7/5-7/30 \$49 309502-02 8/2-8/27 \$49 309502-03	Boomer Blast 8-9 AM Tu,Th 6/1-7/1 \$41 309414-01, Virtual-1A 7/6-7/29 \$33 309414-02, Virtual-2A 8/3-8/26 \$33 309414-03, Virtual-3A	CrossTrain 6:15-7:15 AM M,W,F 6/2-7/2 \$57 309502-01 7/5-7/30 \$49 309502-02 8/2-8/27 \$49 309502-03
Circuit SilverSneakers 10-10:45 AM M,W 6/2-6/30 \$28 309424-01, Virtual-1A 7/5-7/28 \$25 309424-02, Virtual-2A 8/2-8/25 \$25 309424-03, Virtual-3A	Functional Strength 9:30-10:15 AM Tu,Th 6/1-7/1 \$31 309401-01, Virtual-1A 7/6-7/29 \$25 309401-02, Virtual-2A 8/3-8/26 \$25 309401-03, Virtual-3A	Zumba Gold 9:00-9:45 AM W 6/2-6/30 \$16 309430-01, Virtual-1A 7/7-7/28 \$13 309430-02, Virtual-2A 8/4-8/25 \$13 309430-03, Virtual-3A
Chair Pilates 11 AM-12 PM M 6/7-6/28 \$17 309403-01, Virtual-1A 7/5-7/26 \$17 309403-02, Virtual-2A 8/2-8/23 \$17 309403-03, Virtual-3A	Classic SilverSneakers 10:30-11:15 AM Tu,Th 6/1-7/1 \$31 309423-01, Virtual-1A 7/6-7/29 \$25 309423-02, Virtual-2A 8/3-8/26 \$25 309423-03, Virtual-3A	Circuit SilverSneakers 10-10:45 AM M,W 6/2-6/30 \$28 309424-01, Virtual-1A 7/5-7/28 \$25 309424-02, Virtual-2A 8/2-8/25 \$25 309424-03, Virtual-3A
Yoga, Advanced Beginner 4:30-5:30 PM M 6/7-6/28 \$17 309413-01, Virtual-1A 7/5-7/26 \$17 309413-02, Virtual-2A 8/2-8/23 \$17 309413-03, Virtual-3A	Yoga SilverSneakers 11:30am-12:15 PM Tu,Th 6/1-7/1 \$31 309427-01, Virtual-1A 7/6-7/29 \$25 309427-02, Virtual-2A 8/3-8/26 \$25 309427-03, Virtual-3A	Yoga, Beginner Noon-1:00 PM W 6/2-6/30 \$21 309412-07, Virtual-7A 7/7-7/28 \$17 309412-08, Virtual-8A 8/4-8/25 \$17 309412-09, Virtual-9A
Zumba 5:30-6:30 PM M 6/7-6/28 \$17 309404-01, Virtual-1A 7/5-7/26 \$17 309404-02, Virtual-2A 8/2-8/23 \$17 309404-03, Virtual-3A	T'ai Chi Chih Beginner 1 12:30-1:45 PM Tu 6/1-6/22 \$33 309431-01 7/6-7/27 \$33 309431-02 8/3-8/24 \$33 309431-03	T'ai Chi Chih Intermediate 11:30 AM-12:45 PM W 6/2-6/23 \$33 309432-01 7/7-7/28 \$33 309432-02 8/4-8/25 \$33 309432-03
Slow Flow Hatha Yoga 5:45-6:45 PM M 6/7-6/28 \$17 309409-01, Virtual-1A 7/5-7/26 \$17 309409-02, Virtual-2A 8/2-8/23 \$17 309409-03, Virtual-3A	T'ai Chi Chih Beginner 2 2-3:15 PM Tu 6/1-6/22 \$33 309431-04 7/6-7/27 \$33 309431-05 8/3-8/24 \$33 309431-06	Pilates Mat, Beginner/Intermediate 3-4 PM W 6/2-6/30 \$21 309402-01, Virtual-1A 7/7-7/28 \$17 309402-02, Virtual-2A 8/4-8/25 \$17 309402-03, Virtual-3A
	Yoga, Beginner 2:45-3:45 PM Tu,Th 6/1-7/1 \$41 309412-01, Virtual-1A 7/6-7/29 \$33 309412-02, Virtual-2A 8/3-8/26 \$33 309412-03, Virtual-3A	Yoga, Advanced Beginner 4:30-5:30 PM W 6/2-6/30 \$21 309413-04, Virtual-4A 7/7-7/28 \$17 309413-05, Virtual-5A 8/4-8/25 \$17 309413-06, Virtual-6A
	Yoga, Beginner 5:15-6:15 PM Tu,Th 6/1-7/1 \$41 309412-04, Virtual-4A 7/6-7/29 \$33 309412-05, Virtual-5A 8/3-8/26 \$33 309412-06, Virtual-6A	Zumba 5:30-6:30 PM W 6/2-6/30 \$21 309404-04, Virtual-4A 7/7-7/28 \$17 309404-05, Virtual-5A 8/4-8/25 \$17 309404-06, Virtual-6A
		Slow Flow Hatha Yoga 5:45-6:45 PM W 6/2-6/30 \$21 309409-04, Virtual-4A 7/7-7/28 \$17 309409-05, Virtual-5A 8/4-8/25 \$17 309409-06, Virtual-6A

FOOTHILLS ACTIVITY CENTER

241 E. Foothills Parkway

Power Yoga 8:15-9:15 AM M,W 6/2-6/30 \$37 309704-01, Virtual-1A 7/5-7/28 \$33 309704-02, Virtual-2A 8/2-8/25 \$33 309704-03, Virtual-3A	Pilates Fusion 12-1 PM Tu,Th 6/1-7/1 \$41 309702-01, Virtual-1A 7/6-7/29 \$33 309702-02, Virtual-2A 8/3-8/26 \$33 309702-03, Virtual-3A	Power Yoga 8:15-9:15 AM M,W 6/2-6/30 \$37 309704-01, Virtual-1A 7/5-7/28 \$33 309704-02, Virtual-2A 8/2-8/25 \$33 309704-03, Virtual-3A
Zumba 9-10 AM M 6/7-6/28 \$17 309112-01, Virtual-1A 7/5-7/26 \$17 309112-02, Virtual-2A 8/2-8/23 \$17 309112-03, Virtual-3A	Vinyasa Flow Yoga 5:30-6:30 PM Tu,Th 6/1-7/1 \$41 309703-04, Virtual-4A 7/6-7/29 \$33 309703-05, Virtual-5A 8/3-8/26 \$33 309703-06, Virtual-6A	Zumba 9-10 AM W 6/2-6/30 \$21 309112-04, Virtual-4A 7/7-7/28 \$17 309112-05, Virtual-5A 8/4-8/25 \$17 309112-06, Virtual-6A
Hatha Flow Yoga 2:30-3:30 PM M,W 6/2-6/30 \$37 309707-01, Virtual-1A 7/5-7/28 \$33 309707-02, Virtual-2A 8/2-8/25 \$33 309707-03, Virtual-3A		Hatha Flow Yoga 2:30-3:30 PM M,W 6/2-6/30 \$37 309707-01, Virtual-1A 7/5-7/28 \$33 309707-02, Virtual-2A 8/2-8/25 \$33 309707-03, Virtual-3A
Core Performance 5:30-6:30 PM M,W 6/2-6/30 \$37 309701-01, Virtual-1A 7/5-7/28 \$33 309701-02, Virtual-2A 8/2-8/25 \$33 309701-03, Virtual-3A		Core Performance 5:30-6:30 PM M,W 6/2-6/30 \$37 309701-01, Virtual-1A 7/5-7/28 \$33 309701-02, Virtual-2A 8/2-8/25 \$33 309701-03, Virtual-3A

NORTHSIDE AZTLAN COMMUNITY CENTER

112 E. Willow Street

CrossTrain 12:30-1:30 PM M,W,F 6/2-7/2 \$57 309502-04 7/5-7/30 \$49 309502-05 8/2-8/27 \$49 309502-06	Yoga & Meditation 9-10 AM Tu,Th 6/1-7/1 \$41 309522-01, Virtual-1A 7/6-7/29 \$33 309522-02, Virtual-2A 8/3-8/26 \$33 309522-03, Virtual-3A	CrossTrain 12:30-1:30 PM M,W,F 6/2-7/2 \$57 309502-04 7/5-7/30 \$49 309502-05 8/2-8/27 \$49 309502-06
Slow Flow Hatha Yoga 4-5 PM M 6/7-6/28 \$17 309520-01, Virtual-1A 7/5-7/26 \$17 309520-02, Virtual-2A 8/2-8/23 \$17 309520-03, Virtual-3A	Barre Fitness 10:45-11:45 AM Tu,Th 6/1-7/1 \$41 309501-01, Virtual-1A 7/6-7/29 \$33 309501-02, Virtual-2A 8/3-8/26 \$33 309501-03, Virtual-3A	Slow Flow Hatha Yoga 4-5 PM W 6/2-6/30 \$21 309520-07, Virtual-7A 7/7-7/28 \$17 309520-08, Virtual-8A 8/4-8/25 \$17 309520-09, Virtual-9A
Spin & Tone 5:30-6:30 PM M,W 6/2-6/30 \$37 309503-01 7/5-7/28 \$33 309503-02 8/2-8/25 \$33 309503-03	Slow Flow Hatha Yoga 5-6 PM Tu 6/1-6/29 \$21 309520-04, Virtual-4A 7/6-7/27 \$17 309520-05, Virtual-5A 8/3-8/24 \$17 309520-06, Virtual-6A	Spin & Tone 5:30-6:30 PM M,W 6/2-6/30 \$37 309503-01 7/5-7/28 \$33 309503-02 8/2-8/25 \$33 309503-03
	TRX Body Blast 5:30-6:30 PM Tu,Th 6/1-7/1 \$41 309511-01 7/6-7/29 \$33 309511-02 8/3-8/26 \$33 309511-03	Zumba 6-7 PM W 6/2-6/30 \$21 309512-04, Virtual-4A 7/7-7/28 \$17 309512-05, Virtual-5A 8/4-8/25 \$17 309512-06, Virtual-6A
	Zumba 6:15-7:15 PM Tu 6/1-6/29 \$21 309512-01, Virtual-1A 7/6-7/27 \$17 309512-02, Virtual-2A 8/3-8/24 \$17 309512-03, Virtual-3A	

	Thursday	Friday	Saturday
	Boomer Blast 8-9 AM Tu,Th 6/1-7/1 \$41 309414-01, Virtual-1A 7/6-7/29 \$33 309414-02, Virtual-2A 8/3-8/26 \$33 309414-03, Virtual-3A	CrossTrain 6:15-7:15 AM M,W,F 6/2-7/2 \$57 309502-01 7/5-7/30 \$49 309502-02 8/2-8/27 \$49 309502-03	Zumba (Virtual Only) 9-10 AM Sa 6/5-7/3 \$21 309404-7A 7/10-7/31 \$17 309404-8A 8/7-8/28 \$17 309404-9A
	Functional Strength 9:30-10:15 AM Tu,Th 6/1-7/1 \$31 309401-01, Virtual-1A 7/6-7/29 \$25 309401-02, Virtual-2A 8/3-8/26 \$25 309401-03, Virtual-3A	Zumba Gold 9:00-9:45 AM F 6/4-7/2 \$16 309430-04, Virtual-4A 7/9-7/30 \$13 309430-05, Virtual-5A 8/6-8/27 \$13 309430-06, Virtual-6A	
	Classic SilverSneakers 10:30-11:15 AM Tu,Th 6/1-7/1 \$31 309423-01, Virtual-1A 7/6-7/29 \$25 309423-02, Virtual-2A 8/3-8/26 \$25 309423-03, Virtual-3A	Pilates Mat, Beginner 3-4 PM F 6/4-7/2 \$21 309402-04, Virtual-4A 7/9-7/30 \$17 309402-05, Virtual-5A 8/6-8/27 \$17 309402-06, Virtual-6A	
	Yoga SilverSneakers 11:30am-12:15 PM Tu,Th 6/1-7/1 \$31 309427-01, Virtual-1A 7/6-7/29 \$25 309427-02, Virtual-2A 8/3-8/26 \$25 309427-03, Virtual-3A		
	Focus on Balance 1:30-2:30 PM Th 6/3-7/1 \$21 309415-01, Virtual-1A 7/8-7/29 \$17 309415-02, Virtual-2A		
	Yoga, Beginner 2:45-3:45 PM Tu,Th 6/1-7/1 \$41 309412-01, Virtual-1A 7/6-7/29 \$33 309412-02, Virtual-2A 8/3-8/26 \$33 309412-03, Virtual-3A		
	Yoga, Beginner 5:15-6:15 PM Tu,Th 6/1-7/1 \$41 309412-04, Virtual-4A 7/6-7/29 \$33 309412-05, Virtual-5A 8/3-8/26 \$33 309412-06, Virtual-6A		
	Pilates Fusion 12-1 PM Tu,Th 6/1-7/1 \$41 309702-01, Virtual-1A 7/6-7/29 \$33 309702-02, Virtual-2A 8/3-8/26 \$33 309702-03, Virtual-3A	Zumba 9-10 AM F 6/4-7/2 \$21 309112-07, Virtual-7A 7/9-7/30 \$17 309112-08, Virtual-8A 8/6-8/27 \$17 309112-09, Virtual-9A	Tai Chi & Qigong 11 AM-12 PM Sa 6/5-7/3 \$21 309706-01, Virtual-1A 7/10-7/31 \$17 309706-02, Virtual-2A 8/7-8/28 \$17 309706-03, Virtual-3A
	Vinyasa Flow Yoga 5:30-6:30 PM Tu,Th 6/1-7/1 \$41 309703-04, Virtual-4A 7/6-7/29 \$33 309703-05, Virtual-5A 8/3-8/26 \$33 309703-06, Virtual-6A		
	Zumba 5-6 PM Th 6/3-7/1 \$21 309705-01, Virtual-1A 7/8-7/29 \$17 309705-02, Virtual-2A 8/5-8/26 \$17 309705-03, Virtual-3A		
	Yoga & Meditation 9-10 AM Tu,Th 6/1-7/1 \$41 309522-01, Virtual-1A 7/6-7/29 \$33 309522-02, Virtual-2A 8/3-8/26 \$33 309522-03, Virtual-3A	CrossTrain 12:30-1:30 PM M,W,F 6/2-7/2 \$57 309502-04 7/5-7/30 \$49 309502-05 8/2-8/27 \$49 309502-06	TRX Body Blast 8:15-9:15 AM Sa 6/5-7/3 \$21 309511-04 7/10-7/31 \$17 309511-05 8/7-8/28 \$17 309511-06
	Barre Fitness 10:45-11:45 AM Tu,Th 6/1-7/1 \$41 309501-01, Virtual-1A 7/6-7/29 \$33 309501-02, Virtual-2A 8/3-8/26 \$33 309501-03, Virtual-3A		Vinyasa Flow Yoga 8:15-9:15 AM Sa 6/5-7/3 \$21 309521-01, Virtual-1A 7/10-7/31 \$17 309521-02, Virtual-2A 8/7-8/28 \$17 309521-03, Virtual-3A
	Slow Flow Hatha Yoga 5-6 PM Th 6/3-7/1 \$21 309520-10, Virtual-10A 7/8-7/29 \$17 309520-11, Virtual-11A 8/5-8/26 \$17 309520-12, Virtual-12A		
	TRX Body Blast 5:30-6:30 PM Tu,Th 6/1-7/1 \$41 309511-01 7/6-7/29 \$33 309511-02 8/3-8/26 \$33 309511-03		
	Zumba 6:15-7:15 PM Th 6/3-7/1 \$21 309512-07, Virtual-7A 7/8-7/29 \$17 309512-08, Virtual-8A 8/5-8/26 \$17 309512-09, Virtual-9A		

FITNESS CLASS DESCRIPTIONS

Barre Fitness

Turn classic ballet on its head. Utilize a mix of ballet barre movements, stretches, and Pilates-based core exercises to burn fat. Designed to sculpt, strengthen, and stretch the entire body in an intelligent and safe way.

Boomer Blast

A full body workout that includes, strength, flexibility, balance, and reaction time with low impact cardio.

Chair Pilates

Learn Pilates fundamentals, with the support of a chair, to activate abdominals and increase flexibility and body awareness.

Core Performance

Develop a well-conditioned core with stability, strength, power and isometric exercises in order to improve postural control and performance.

CrossTrain

An intense workout that aims to maximize strength and agility with use of kettlebells, plyo-boxes, and ropes to work every muscle in the body. Every workout is different; keep the body guessing and force it to stay at its peak.

Focus on Balance

Work on exercises, tips, & techniques to enhance equilibrium, posture, strength, and coordination that improve stability.

Functional Strength

Train for an active lifestyle. Integrate strength, flexibility, balance, and agility with a personal trainer in a group setting.

Hatha Flow Yoga

A beginner- intermediate hatha flow. Includes Sun Salutations, balance, hips, twists, hamstrings and relaxation.

Pilates Fusion

A mix of exercises combining mat pilates, core conditioning, and body weight training to improve strength, flexibility and balance. Modifications are given to tailor the exercises to your own fitness level.

Pilates Mat, Beginner & Intermediate

Get energized and reduce tension with exercises that increase strength and flexibility while improving balance and mind/body awareness. In the Friday class, more emphasis is on Pilates fundamentals and basic exercises for beginners.

Power Yoga

A dynamic and upbeat yoga practice with emphasis on fitness to tone the entire body. Power yoga focuses on strength, stamina, and whole-body wellbeing.

Slow Flow Hatha Yoga

Nurturing, fun, and non-competitive. Improve balance, strength, and flexibility. Poses are linked together slowly with attention to breath. Philosophy and stress management techniques are touched on. Designed for beginner and intermediate levels.

Spin & Tone

Includes the same workout challenge that other group spin classes offer, but with an additional toning segment either throughout the class or at the end. Great for cardiovascular training and total body strengthening.

T'ai Chi Chih

A moving meditation that circulates and balances the internal energy of the body also known as Chi. Gain better balance, improved health and well-being, increased flexibility and strength, inner peace, and joy. The movements can be done by anyone regardless of age or physical condition.

Beginner I - An introduction to the first half of the movements

Beginner II - An introduction to the second half of the movements (Must Complete Beginner I)

Intermediate - A refinement of the movements and principles (Must complete Beginner I & II)

Tai Chi & Qigong

Introduction to the art of Tai Chi Chuan with health cultivation exercises that make up the basis of the long Yang style form.

TRX Body Blast

TRX is a suspension fitness system that helps build balance, muscle strength, and flexibility. Adjust the straps to increase or decrease the difficulty of every exercise. All levels welcome.

Vinyasa Flow Yoga

A fun and fast-paced flow which links breath with movement. Learn the fundamental postures and principles to create a strong yoga practice and build core strength to support more advanced poses.

Yoga & Meditation

Learn to quiet the mind and find inner balance. Begin with meditation and move into a gentle flow of yoga asanas. This is a calm approach to being present, rejuvenated, and healthier.

Yoga, Beginner

Practice yoga breath work and physical exercises to gain strength, tone, flexibility, and stamina. Also experience a sense of inner calm.

Yoga, Advanced Beginner

Previous yoga experience expected, with modifications offered for varying levels. Release stress and improve balance, flexibility, and strength with some difficult poses. Mindfulness and breath techniques offered.

Zumba

Zumba fuses hypnotic Latin rhythms and easy to follow movements to create a dynamic fitness program. Routines feature interval training sessions where fast and slow rhythms are combined to tone and sculpt while burning fat.

Zumba Gold

A modified Zumba class that recreates the same dance moves at a lower intensity. Focus on balance, range of motion, coordination, and having fun. No dance experience necessary.

SILVERSNEAKERS

Circuit SilverSneakers

Move through a series of exercises in a circuit format to improve cardiovascular endurance as well as muscular strength and endurance.

Classic SilverSneakers

Move to the music through a variety of exercises designed to increase muscular strength, range of motion, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a small ball are offered for resistance. A chair is used for seated or standing support.

Yoga SilverSneakers

Focus on poses and postures to improve joint range of movement, muscular strength, endurance, and balance. Static and dynamic movements are presented with a chair for seated and standing support.

WELLNESS PROGRAMS

All wellness programs are designed for those 18 years & up and are held at the Fort Collins Senior Center unless otherwise noted.

[EDUCATION]

Death Cafe

An opportunity to demystify the topic of death and engage in thoughtful and respectful conversation. This is not a bereavement or grief group, and there is no set agenda. Provided by Larimer Advance Care Planning Program.

6/1	Tu	1:00-2:00 PM	No Fee	325416-01
-----	----	--------------	--------	-----------

Enhance Wellness - Nutrition

Gather to discuss a variety of trending nutrition topics. Speak with UCHHealth Registered Dietitian, Deanna O'Connell about all your nutrition and food related questions.

6/21	M	1:00-2:00 PM	No Fee	325403-01
7/19	M	1:00-2:00 PM	No Fee	325403-02
8/16	M	1:00-2:00 PM	No Fee	325403-03

Exercise for Cancer Survivors

Focus on common side effects of cancer treatment and the role of exercise in mitigating these side effects with the goal of maximizing quality of life.

6/8	Tu	Noon-1:00 PM	No Fee	325471-01
-----	----	--------------	--------	-----------

Fall Prevention at Home & in the Community

Over 1/3 of the senior population falls each year and you don't want to be part of that statistic. Learn how you can keep yourself or a loved one safe at home and in the community.

6/16	W	10:00-11:00 AM	No Fee	325406-01
7/14	W	10:00-11:00 AM	No Fee	325406-02
8/18	W	10:00-11:00 AM	No Fee	325406-03

Finding Value in Mental Health

Explore the value and promotion of mental health and wellness, specifically addressing meaningful and productive occupations.

8/20	F	10:00-11:00 AM	No Fee	325470-01
------	---	----------------	--------	-----------

Laughter Wellness

Ready to belly-laugh for health? Warm-up with gentle movements, then stimulate your mind with deep breathing, plenty of laughter and creative, playful activities and relax in a closing meditation. A joyful, natural way to both energize and relax.

Location: Virtual

6/11	F	9:00-10:00 AM	No Fee	325417-01
6/25	F	9:00-10:00 AM	No Fee	325417-02
7/9	F	9:00-10:00 AM	No Fee	325417-03
7/23	F	9:00-10:00 AM	No Fee	325417-04
8/6	F	9:00-10:00 AM	No Fee	325417-05
8/20	F	9:00-10:00 AM	No Fee	325417-06

Living Well with Lifelong Health Issues

Living with heart issues, high cholesterol, arthritis, or diabetes can be a daily challenge - but it doesn't have to be. Discover practical skills and "tools" to help manage symptoms, learn about nutrition and physical activity, goal setting, problem solving and take those small steps towards living well.

7/20-8/24	Tu	1:00-3:30 PM	No Fee	325402-01
-----------	----	--------------	--------	-----------

Macular Degeneration & Diabetic Retinopathy

Learn about two common age-related eye diseases, Macular Degeneration and Diabetes Retinopathy. Discuss the causes and treatment options for the diseases with ophthalmologists. Provided by The Eye Center of Northern Colorado.

7/23	F	2:30-4:00 PM	No Fee	325401-01
------	---	--------------	--------	-----------

Medicare 101

Learn about Medicare benefits, supplemental insurance, Medicare Advantage Plans, prescription drug plans, preventive services and how Medicare works with employer health insurance. Provided by Aspen Club Medicare Counselors.

Location: Foothills Activity Center

7/31	Sa	9:00-10:30 AM	No Fee	325404-01
------	----	---------------	--------	-----------

Rejuvenate Walking Routines

Walking remains one of the most popular and easy ways to meet your health goals. It also has the potential to deliver a big dose of boredom. Combat that boredom with a few key strategies to shake up your routine. Provided by community health educator and ACE certified personal trainer, JoAnn Herkenhoff.

Location: Northside Aztlan Community Center

6/26 Sa 9:00-10:30 AM No Fee 325400-01

To Drive or Not to Drive

Learn how to determine if someone is fit to drive or what restrictions may need to be put in place. Discuss Colorado regulations on driving, red flags to keep in mind, and what supportive resources exist.

Provided by Covell Care & Rehabilitation.

6/30 W 1:00-2:00 PM No Fee 325407-01

7/28 W 1:00-2:00 PM No Fee 325407-02

8/25 W 1:00-2:00 PM No Fee 325407-03

Understanding Alzheimer's & Dementia

Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking, and behavior. Learn about the impact of Alzheimer's, the difference between Alzheimer's and Dementia, disease stages, risk factors, current research, and treatments to address some symptoms.

8/11 W 10:00-11:00 AM No Fee 325405-01

What's Your Plan

Create a plan and communicate it with your loved ones. If you are 18 years or older you need to share your values and wishes with your family, friends, and medical providers regarding the type of care you would want if you were injured or seriously ill.

7/21 W 10:00-11:30 AM No Fee 325408-01

SERVICES

Life After Stroke Support Group ^{NW}

Meet with other stroke survivors, their families, and caregivers where you can be yourself, learn, share, and be encouraged to live your life to the fullest. For more information call Melinda Tafoya at 970.496.7386.

6/10, 7/8, 8/12 Th 12:30-2:00 No Fee

Quarterly Arthritis Education ^{NW}

Learn how anti-inflammatory foods can affect arthritis. Review foods and lifestyle factors to support aging bodies, mind, and digestion. Taught by Deanna O'Connell, UHealth Registered Dietitian and Mindfulness Practitioner. Register with the Aspen Club at 970.495.8560.

8/9 M 11:30-1:00 PM No Fee

THE EVOLUTION OF FOOTBALL
NCOFOOTBALL.COM
 PRE/K-12TH GRADE

5/5 NFL FLAG 7/7 9/9 11 TACKLE

New evrē women's health podcast debuts

The pandemic has been especially hard on women. Now, they can enjoy a new women's health podcast and prioritize some long-overdue self-care.



Women are supposed to prioritize self-care, but honestly, who has time?

Especially during the pandemic, many women are exhausted from putting the priorities of others ahead of their own. From children to aging parents to bosses and spouses, women face many demands.

If you need some TLC, but don't think you can find the time, think again. UHealth assembled a dream team of talented, knowledgeable medical experts for a new self-care podcast dedicated to women's health. It's called evrē.

In a typical year, evrē is a health event that brings women of all ages together for a day of fitness, inspiration and community. Since the pandemic has interfered, the health pros are coming directly to you with on-demand wellness and fitness videos along with UHealth's evrē podcast.

Go for a walk. Escape the hubbub of your house or settle into your bathtub or a favorite sun-splashed chair and let evrē host Gloria Neal and her guests take you on a journey of healing and true self-care. You can listen to the evrē podcast at your leisure. Multiple episodes will be released throughout the spring and into early summer. Enjoy them, then join the community and share your feedback at www.uhealth.org/evre.

Neal, 56, can't wait to get real with guests and fans alike. She has been a TV news anchor, radio talk show host, columnist and community supporter for nearly 30 years. She's also a sister, spouse and daughter, who has had to cope with losing both of her parents.

"I hope to gather women of all stripes together. My Blackness, my heritage and my culture are a big part of who I am," Neal said. "But, I relate to all women, whether we're Black, brown or white."

Neal gives women permission to let out a primal scream for help.

"I want women to get over the idea that we have to do everything ourselves. It's just too much. If your body is screaming at you, it's because we are doing too much. I want us to take care of ourselves and put our own oxygen masks on first.

"We have to learn to be selfish and take the time we need even when we don't think we have the time," Neal said.

Experts will give women insights on how to build "girl gangs" to support them while minimizing the "I have to do everything mindset." A top sleep expert will teach strategies for getting to sleep and staying asleep. A gynecologist will give women the scoop on questions they're afraid to ask, while an expert on hormones will demystify the chemicals in our bodies.

Meanwhile, behavioral health pros will offer tips on handling anxiety and stress management, while tapping strategies like mindfulness and meditation to boost mental toughness and resiliency.

"This is a podcast for all women. I talk about learning and teaching. It's a conversation. We don't have all the answers. You know your body. You've got to trust your gut," Neal said.

The isolation and disconnection during the pandemic have only underscored how much women need each other, along with mentors, to help us prioritize ourselves, Neal said.

Listen to the evrē podcast on Spotify, Apple, Google, iHeart platforms via uhealth.org/evre or wherever you get your podcasts.

Introducing the evrē Podcast series

Because self-care is more important than ever.

The evrē Podcast series, a new self-care podcast for women from UHealth, is here! Our signature women's event is virtual this year so we can continue to uplift and support women like YOU while staying healthy and safe.

In each podcast episode, we'll speak with special guests and health and wellness experts on issues including insomnia, stress, relationships, life changes and how to balance it all. Hosted by acclaimed former anchor and reporter and current Denver Director of Public Affairs Gloria Neal, we're here to help you live your best life physically, mentally and emotionally.

Learn more and sign up to receive notifications when we release podcast episodes, fitness and wellness videos and more. Be well.

uhealth.org/evre



ICE SKATING

Learn to Skate USA

Anyone enrolled in the Learn to Skate program at EPIC is eligible to sign up for membership in the United States Figure Skating (USFS) program membership. This is an optional registration offered for an additional fee giving the participant access to membership privileges in USFS. Membership with USFS is not required to participate in the Learn to Skate program at EPIC. Additional information is available at learntoskateusa.com and during all Learn to Skate classes.

General Information

All ice programs are held at EPIC unless otherwise noted.

Lessons are taught by Certified Professional Skater Association (P.S.A.) instructors and are in compliance with the United States Figure Skating Association.

Parents may observe lessons from the upstairs bleachers; it is distracting and creates an obstruction for skaters and coaches to have parents at the gate or in the hockey boxes.

Parents are welcome to skate with their child during the 15-minute practice time. Individuals are not allowed on the ice with their shoes on. EPIC's rental skates are available free of charge.

Our student to instructor ratio is one instructor for every 10 students. Any Snowplow Sam, Basic 1, or Basic 2 classes greater than 10 students include an additional assistant. Minimum for classes is 5 students; class levels may be combined to meet this minimum.

Skating lessons are 30-minutes in length with a 15-minute practice time, which may be before or after the lesson depending on scheduling.

Instructors have time in between classes to talk to parents and address their concerns. Be aware that some levels need to be repeated to master skills. Please see your coach with any concerns.

The first day of each lesson is generally termed as Level Evaluation Day. On this day, instructors evaluate all participants in their assigned classes to make certain they have been correctly enrolled; if there is a problem, the instructor will discuss the best course of action with the parent. Students are moved if there is space available in the appropriate level of class.

There are no make-up lessons for missed skating classes.

If the class you wish to register for is filled, you may place your name on a paid waiting list. We attempt to accommodate the demand for skating lessons by adding new classes, however they may not be at the same time/day as the waiting list class.

If you are unable to attend the last day of classes for testing, request a progress card from your coach on the last day you attend.

Proper Attire Includes:

- Helmet (not provided; required for Snowplow Sam 1-4, and strongly recommended for beginners).
- Gloves (thin, not ski mittens).
- Fleece or light weight jacket.
- Skating dresses with tights or leggings/pants that are easy to move in.
- Loose or bulky clothing is not recommended.

Public Skate

Lace up and get on the ice. Rinks are open for Public Skate at various dates and times throughout the week. Visit fcgov.com/iceskating for a current schedule. See page 8 for public skate admission fees. Note: Skate rentals are an additional \$3 fee.

Freestyle

Interested in learning more about competitive or recreational figure skating programs? Call 970.221.6683 and ask to speak with one of the professional skate instructors on staff.

Conditioning for Skaters

See the Conditioning Information Center posted in the Green Ice Rink Lobby.

Private Skating Instruction

Private ice skating instruction available for all abilities in figure skating, dance, edges, style, choreography, hockey, and power. Fees vary. Ice time and skate rental not included. For more information, call 970.221.6683 or fill out a private lesson request at the front desk.

Skate Sharpening Services

EPIC offers skate sharpening services for figure and hockey skates (Blackstone Flat Bottom V or standard hollow). Drop-off service available.

TEAM & CLUB CONTACTS

Adult Hockey

Fort Collins Hockey League, fchl.org

College Hockey

Colorado State University, csuhockey.com

High School Hockey

High Plains Hockey, highplainshockey.com

Women's Hockey

Flames/Phoenix/Comets/Hot Flashes, wachockey.com

Youth Hockey

Northern Colorado Youth Hockey, ncyh.org

Curling

Poudre Valley Curling Club, poudrevalleycurling.com

Figure Skating Club

Fort Collins Figure Skating Club, fortcollinsfsc.org

ADULT PROGRAMS

Adult Skate, Beginner & Intermediate

Designed for those with little or no previous experience on ice. See descriptions for Youth Ice Skating, Basic 1-4 for skills taught. Note: Helmets are strongly recommended for beginners.

Age: 16 years & up

6/16-6/30	W	5:30-6:00 PM	\$31	310349-01
7/14-7/28	W	5:30-6:00 PM	\$31	310349-02

Adult Skate, Advanced

Designed for experienced skaters wishing to learn new skills. See descriptions for Youth Ice Skating, Basic 5-6 for skills taught.

Age: 16 years & up

6/16-6/30	W	5:30-6:00 PM	\$34	310353-01
7/14-7/28	W	5:30-6:00 PM	\$34	310353-02

Adult Showcase Team

Introduction of acting talent while skating to music in an artistic way. Skaters will learn a production number and compete at National Showcase Competition August 3-7 in Fort Collins. Open to all Pre-Free Skate through Pre-Preliminary level skaters. Participation in both sessions is required. Additional fees for costume, competition entry fee, and more.

Age: 16 years & up

6/16-6/30	W	6:15-7:15 PM	\$67	310361-01
7/14-7/28	W	6:15-7:15 PM	\$67	310361-02

Fitness Skate ^{NW}

Intermediate to advanced skaters benefit from this aerobic exercise. 10 or 20 Admission Passes available. Note: Session will not be held on 6/9, 6/11, 7/2, 7/9, 7/16, 8/2, 8/4, 8/6.

Age: 16 years & up

6/1-8/14	M,W,F	11:15 AM-12:45 PM	\$6	
----------	-------	-------------------	-----	--

Senior Coffee Club ^{NW}

For older adults interested in social skating. Drop-in fees apply. Note: Adults ages 85 years & up are eligible for the Platinum Pass. Ask the front desk for details. Note: Session will not be held on 6/9, 6/30, 7/7, 7/14, 8/4

Age: 60 years & up

6/3-8/12	W	9:15-11:15 AM		
----------	---	---------------	--	--

HOCKEY

Cub Hockey

Focus on basic hockey and skating skills. Practice is held on Tuesdays, focus on basic hockey and skating skills. Recreational games are held on Thursdays. Prerequisite: Snowplow Sam 1 & 2 or Basic 1. Equipment can be checked out with a \$150 deposit check. Rental skates included; sticks available at equipment check-out for \$12. Note: Equipment handout is Tuesday, 6/8 from 4-6 p.m. at EPIC. Equipment check-in immediately follows last game of the session. Class will not be held on 7/6, 7/8.

Age: 4-8 years

6/15-7/29	Tu,Th	5:00-5:45 PM	\$154	310372-01
-----------	-------	--------------	-------	-----------

Adult Hockey 101

For adults who have little or no hockey experience. Learn basic skills, techniques, and rules of the game such as stick handling, passing, shooting, and power skating. Some skating experience and full hockey gear required. Note: Class will not be held on 7/7.

Age: 16 years & up

6/16-7/28	W	6:00-7:00 PM	\$133	310374-01
-----------	---	--------------	-------	-----------

Drop-In Hockey

Pick-up hockey game. Full equipment required. Registration begins at 7 a.m. the day of each session. To view schedule or register, visit fcgov.com/recreation/iceskating. Note: Not discountable. Goalies must call the front desk to reserve a spot at 970.221.6683. COVID-19 restrictions may apply.

Age: 16 years & up \$5

Stick & Puck Drop-In

Open session for working on hockey skills. Hockey specific helmet, gloves, stick, and shin guards required. Full equipment recommended for younger skaters. Pucks not provided, games and drills not allowed. Not discountable. Rules are posted in each arena. Registration begins at 7 a.m. the day of each session. To view schedule or register, visit fcgov.com/recreation/iceskating. COVID-19 restrictions may apply.

Age: All \$5

Power Skating-Drop-In

Hockey skaters develop power, agility, and endurance. Program developed by two-time Olympic speed skater, Jondon Trevena. Full hockey gear required. Registration begins at 7 a.m. the day of each session. To register, visit fcgov.com/recreation/iceskating.

Age: 9-17 years \$17

YOUTH PROGRAMS

Snowplow Sam 1 & 2

Introduction to the ice at a relaxed pace. Learn to sit on the ice and stand up, to march in place, the standing swizzle, dip, march forward, march forward with two-foot glide, and introduction to backward wiggles and rocking horse.

Age: 4-5 years

6/15-7/1	Tu,Th	4:30-5:00 PM	\$61	310302-02
7/13-7/29	Tu,Th	4:30-5:00 PM	\$61	310302-04

Snowplow Sam 3 & 4

Learn to march forward across ice, forward one-foot glide, two-foot turns, rocking horse, forward swizzles, snowplow stop, two-foot hop, and backward wiggles. Prerequisite: Successful completion of Snowplow Sam 1 & 2.

Age: 4-5 years

6/15-7/1	Tu,Th	4:30-5:00 PM	\$61	310304-02
7/13-7/29	Tu,Th	4:30-5:00 PM	\$61	310304-04

Basic 1 Skate

For skaters who have never skated before. Learn to sit and stand up, to march forward, two-foot glide, glide with dip, forward two-foot swizzles, two-foot snowplow stop, two-foot hop, wiggles, and introduction to forward one-foot glide.

Age: 5-15 years

6/14-6/30	M,W	4:30-5:15 PM	\$91	310306-01
7/12-7/28	M,W	4:30-5:15 PM	\$91	310306-03

Basic 2 Skate

Learn forward glides, backward two-foot swizzles, two-foot glide, turns, snowplow stop, and scooter pushes. Prerequisite: Successful completion of Basic 1 or 10-15 years and never skated.

Age: 5-15 years

6/14-6/30	M,W	4:30-5:15 PM	\$91	310310-01
7/12-7/28	M,W	4:30-5:15 PM	\$91	310310-02

Basic 3 Skate

Learn stroking, forward pumping, forward slalom, two-foot turn, one-foot backward glide, and backward snowplow stop. Prerequisite: Successful completion of Basic 2.

Age: 5-15 years

6/14-6/30	M,W	4:30-5:15 PM	\$91	310314-01
7/12-7/28	M,W	4:30-5:15 PM	\$91	310314-02

Basic 4 Skate

Learn stroking with power, backward one-foot glide, forward inside and outside edge on a circle, forward crossovers, backward pumps, and two-foot spin. Prerequisite: Successful completion of Basic 3.

Age: 5-15 years

6/14-6/30	M,W	4:30-5:15 PM	\$91	310316-01
7/12-7/28	M,W	4:30-5:15 PM	\$91	310316-02

Basic 5 & 6 Ice Skating

Learn forward crossovers, hold outside and inside edge on a circle, backward crossovers, one-foot spin, t-stop, side toe hop, forward inside and outside three-turn, backward to forward two-foot turn, hockey stop, bunny hop, forward straight line spiral, and forward lunge. Prerequisite: Successful completion of Basic 4.

Age: 5-15 years

6/14-6/30	M,W	4:30-5:15 PM	\$91	310320-01
7/12-7/28	M,W	4:30-5:15 PM	\$91	310320-02

Pre-Free Skate

Learn forward inside open and closed mohawk, ballet jump, backward crossovers to backward outside edge, one-foot spin, stand still waltz jump, mazurka, combination move, and forward and backward inside pivot. Prerequisite: Successful completion of Basic 6.

Age: 5-15 years

6/15-7/1	Tu,Th	4:30-5:15 PM	\$100	310326-01
7/13-7/29	Tu,Th	4:30-5:15 PM	\$100	310326-02

Field Moves

Learn pre-preliminary and preliminary moves in the field. Learn stroking, crossovers, forward and backward outside and inside consecutive edges, waltz eight, straight line spiral, figure eight

crossovers, right and left three turns, consecutive spirals, and alternating three turns.

Age: 5-15 years

6/16-6/30	W	5:30-6:00 PM	\$34	310330-01
7/14-7/28	W	5:30-6:00 PM	\$34	310330-02

Free Skate 1 & 2

Focus on forward power stroking, basic forward outside and inside consecutive edges, backward outside three-turns, upright spin, half flip, toe loop, alternating forward outside and inside spirals on a continuous axis, beginning back spin, half lutz, and salchow.

Age: 5-15 years

6/15-7/1	Tu,Th	4:30-5:15 PM	\$100	310332-01
7/13-7/29	Tu,Th	4:30-5:15 PM	\$100	310332-02

Free Skate 3 & 4

Focus on alternating backward crossovers to back outside edges, alternating mohawk/crossover sequence, waltz three-turns, advanced back spin, Loop jump, Toe step sequence, forward power three-turns, waltz eight, forward upright spin to backward upright spin, sit spin, flip jump, stag jump or split falling leaf.

Age: 5-15 years

6/15-7/1	Tu,Th	4:30-5:15 PM	\$100	310334-01
7/13-7/29	Tu,Th	4:30-5:15 PM	\$100	310334-02

Free Skate 5 & 6

Focus on backward outside three-turn mohawk, five-step mohawk sequence, camel spin, waltz jump-loop jump combination, forward power pull, creative step sequence, camel-sit spin combination, layback or attitude spin, waltz jump-half loop-salchow jump sequence, and axel. For a detailed description of skills, see the Learn-to-Skate bulletin board.

Age: 5-15 years

6/15-7/1	Tu,Th	4:30-5:15 PM	\$100	310336-01
7/13-7/29	Tu,Th	4:30-5:15 PM	\$100	310336-02

SPECIALTY PROGRAMS**Ice Dance**

Learn Preliminary and/or Pre-Bronze ice dance steps and patterns. Learn how to skate with a partner prepare the skater to take one or more dance tests. Must be USFS member to test. Prerequisite: Pre-Free Skate.

Age: 8 years & up

6/14-6/28	M	5:45-6:45 PM	\$67	310346-01
7/12-7/26	M	5:45-6:45 PM	\$67	310346-02

Introduction to Showcase Team

Introduction of acting talent while skating to music in an artistic way. Skaters will learn a production number and compete at National Showcase Competition August 3-7 in Fort Collins. Participation in both sessions is required. Additional fees will be accrued (costume, competition entry fee, etc.). Prerequisite: Pre-Free Skate.

Age: 8-15 years

6/15-6/29	Tu	1:00-2:00 PM	\$67	310360-01
7/13-7/27	Tu	1:00-2:00 PM	\$67	310360-02



2021 Summer Spectacular Ice Show

3 SHOWS

FRIDAY, JUNE 11
7 P.M.

SATURDAY, JUNE 12
1 P.M. AND 6 P.M.

\$10

Tickets go on sale May 3 at
[fcgov.com/recreation](https://www.fcgov.com/recreation).

Sanctioned by United States Figure Skating and the Fort Collins Figure Skating Club.







OUTDOOR EDUCATION & RECREATION

ADULT PROGRAMS

Programs are designed for those 18 years & up unless otherwise noted.

Activity Classification

Please carefully read through our new outing descriptions and contact outdoor@fcgov.com with any questions.

-  Class A: Outings with 0-500 ft. in elevation change.
-  Class B: Outings with 500-1,000 ft. in elevation change.
-  Class C: Outings with 1,000-2,000 ft. in elevation change.
-  Class D: Outings over 2,000 ft. in elevation change.

EXAMPLE

DAY HIKES

[LEVEL 2]

Outings up to 5 miles. Pace ranges from 1-2 mph and is dependent on the individual.

Zimmerman Lake

Beautiful views of Neota Wilderness Area. Peaceful trail on an old logging road. Note: Mileage: 4-5; lowest elevation: 10,026 ft.; highest elevation: 10,479 ft.

Example	Tu	7:00 AM-4:00 PM	\$40	Example
---------	----	-----------------	------	---------

B.O.O.T.S.

Building on Outdoor Trail Stewardship (B.O.O.T.S.) is a club to get out there, get dirty, be active, and have fun. Experience new social opportunities in the outdoors on various dates and times. Dip your toe in the great outdoors and start locally with a B.O.O.T.S. instructor to guide you. Attend the Quarterly kickoff meeting to learn more about club membership and activities. For more information contact outdoor@fcgov.com.

B.O.O.T.S. Quarterly Kick off Meeting

Learn about the City of Fort Collins hiking club, B.O.O.T.S (Building on Outdoor Trails and Stewardship). The club hosts a combination of hiking, stewardship, and education opportunities each quarter. The kickoff meeting discusses the benefits and registration.

6/14	M	2:00-3:00 PM	No Fee	311931-01
------	---	--------------	--------	-----------

Quarterly B.O.O.T.S. Membership

Participate in weekly hikes and quarterly educational and stewardship opportunities. Note: Registration enrolls participants in club membership. Once enrolled, choose desired hikes, education, and stewardship opportunities. Registration is open throughout the quarter.

6/1-8/31	M	7:00-9:00 AM	\$30	311930-01
----------	---	--------------	------	-----------

B.O.O.T.S. Hikes

Meet at trailheads throughout Fort Collins, directions will be emailed each week. Note: Hikes are for B.O.O.T.S. Members only.

Riverbend Ponds

6/21	M	7:00-9:00 AM	No Fee	311932-01
------	---	--------------	--------	-----------

McMurry Natural Areas

6/28	M	7:00-9:00 AM	No Fee	311932-02
------	---	--------------	--------	-----------

Arapaho Bend

7/12	M	7:00-9:00 AM	No Fee	311932-03
------	---	--------------	--------	-----------

Pineridge Natural Area

7/19	M	7:00-9:00 AM	No Fee	311932-04
------	---	--------------	--------	-----------

Horsetooth Mountain Open Space

7/26	M	7:00-9:00 AM	No Fee	311932-05
------	---	--------------	--------	-----------

Blue Sky

8/2	M	7:00-9:00 AM	No Fee	311932-06
-----	---	--------------	--------	-----------

Coyote Ridge Natural Area

8/9	M	7:00-9:00 AM	No Fee	311932-07
-----	---	--------------	--------	-----------

Reservoir Ridge Natural Area

8/16	M	7:00-9:00 AM	No Fee	311932-08
------	---	--------------	--------	-----------

OUTDOOR EDUCATION

[THE BASICS]

Age: 16 years & up
Location: Senior Center

Planning & Packing

When planning for a trip the most important thing to decide is the destination. Learn basic trip planning and how to choose the necessary gear.

6/28	M	6:00-7:00 PM	\$5	311954-01
------	---	--------------	-----	-----------

Navigation

Learn basic skills of map reading, using a compass, and finding bearings using the land. Note: This is a hands on class. It is recommended that participants bring their own compass.

7/19	M	6:00-7:00 PM	\$5	311954-02
------	---	--------------	-----	-----------

Survival

Be prepared for any situation in the outdoors. Learn preventative actions to be prepared and how to act in dangerous scenarios. Note: This is not a Wilderness First Aid class.

8/23	M	6:00-7:00 PM	\$5	311954-03
------	---	--------------	-----	-----------

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

Feather & Flight Fridays

Learn about birds, their behaviors, distinguishing characteristics, bird songs, and more. Meet at the Senior center and walk around Rolland Moore Park with a Colorado Audubon Society enthusiast to discover the fascinating world of birds.

Location: Senior Center

6/11	F	9:00-11:00 AM	\$10	311980-01
6/25	F	9:00-11:00 AM	\$10	311980-02
7/9	F	9:00-11:00 AM	\$10	311980-03
7/23	F	9:00-11:00 AM	\$10	311980-04
8/6	F	9:00-11:00 AM	\$10	311980-05
8/20	F	9:00-11:00 AM	\$10	311980-06

OUTDOOR RECREATION

Fly Fishing, Beginner

Prepare to hit the water with confidence in this waterless fly fishing class. Learn various fly types, fish eating habits, rods, fly lines, hands on knot tying, and fishing etiquette. At the end, practice casting. Cost is per person.

Age: 10 years & up

Location: City Park, corner of W. Mulberry and Jackson Ave.

6/14	M	10:00 AM-Noon	\$40	311971-01
6/26	Sa	10:00 AM-Noon	\$40	311971-02
7/3	Sa	10:00 AM-Noon	\$40	311971-03
7/31	Sa	10:00 AM-Noon	\$40	311971-04
8/9	M	10:00 AM-Noon	\$40	311971-05
8/28	Sa	10:00 AM-Noon	\$40	311971-06

Gym to Crag Climbing Clinic

Dive into the sport of rock climbing with a two-day program geared towards education and experience. Participants will feel comfortable with indoor climbing techniques and top rope belaying and also experience outdoor climbing firsthand. On day one learn to climb in a controlled environment. Learn the basics of movement, techniques, and rope management skills. Practice drills, skill assessment, and climbing tactics. On day two put new skills to the test climbing outside.

Age: 16 years & up

Location: Ascent Climbing Studio & Arthurs Rock parking lot

8/14-8/21	Sa	8:00 AM-2:00 PM	\$260	311952-01
-----------	----	-----------------	-------	-----------

Yoga Hike

Hike along beautiful trails and practice yoga in a scenic location. Connect to nature as you build strength, improve balance, and find ease in mind and body while taking in the fresh air. Yoga is suitable for all ages. Meet at the trailhead. 3-4 miles; Lowest Elevation: 4,880 feet; Highest Elevation: 4,893 feet; Class: A.

Age: 16 years & up

Location: Running Deer Natural Area

6/15	Tu	6:00-9:00 PM	\$45	311951-01
------	----	--------------	------	-----------

FAMILY PROGRAMS

Family Crag Climbing Day

Spend time with the little ones this season while learning a new family sport. Kids & family climbing programs are designed to allow families to go at their own pace with the help and guidance of a certified climbing instructor. Our instructors will introduce basic climbing technique and fundamentals of belaying and are custom tailored to meet to needs of your family. 45 minute approach hike to and from climbing crag. Registration includes one adult and one child.

Age: 6 years & up

Location: Arthurs Rock parking lot.

8/15	Su	8:00 AM-1:00 PM	\$125	311953-01
------	----	-----------------	-------	-----------

TempO Orienteering, Education

Learn map interpretation and the rules of adaptive orienteering in this fun, adaptive, family friendly class.

Age: 8 years & older

Location: Senior Center

8/5	Th	5:00-6:30 PM	\$10	311955-01
-----	----	--------------	------	-----------

TempO Orienteering, Challenge Course

Put map interpretation skills to the test in the TempO Orienteering Challenge. Compete against other teams for the best time. Teams can be individual, or groups up to five. Cost is per team. Course location will be shared on 8/1 to all enrolled teams.

Age: 8 years & older

8/7	Sa	8:00-11:00 AM	\$30	311955-02
-----	----	---------------	------	-----------

PREMIER GYMNASTICS OF THE ROCKIES

INSTRUCTING TUMBLERS TO PREMIER TEAMS

RECEIVE 2 FREE CLASSES!
WHEN YOU BRING IN THIS AD

1410 E. 11th St., Loveland, CO 80537 • 970.663.3173 • premiergymnastics.net

POTTERY

The Pottery Studio is a robust, fully functioning studio that offers classes for all levels and ages. The Pottery Studio is a recreational and educational facility; production work is not permitted.

The first 25 lbs. of clay are provided for adult classes, an additional 2 bags clay can be purchased at the studio for \$24 per 25 lbs. Only clay from the Pottery Studio is fired.

A basic tool kit is needed for all classes and can be purchased for \$13 at the Pottery Studio or purchased on your own and brought in. Shared tools are not provided for this session. Glazes, slips, stains, and underglazes are provided. Specialty tools and higher end hand tools are also available for purchase.

All work must be accomplished at the Pottery Studio.

All programs are held at the Pottery Studio unless otherwise noted.

Rentals are available. For more information, contact Sarah Olear at solear@fcgov.com.

The Pottery Studio will only hold on to finished pieces for one session after a completed program. Any remaining pieces will be disposed of.

Spring pick-up dates: 6/26 & 7/10 from 11 a.m.-1p.m.

Summer pick-up date: 9/11 from 1 p.m.-3 p.m.

POTTERY LABS

Lab space is limited and drop ins will be tracked through a tag system. Upon entering, take a tag and keep it with you throughout your lab time. When all tags are gone, lab is full. Upon exiting lab, return tag so another student can enter.

Summer Lab Times:

M, W-Su: 11 a.m.-2 p.m.

Tu: 10 a.m.-1 p.m. and 4-7 p.m.

Th: 8-10 p.m.

ADULT PROGRAMS

Programs are designed for those 18 years & older unless otherwise noted.

Creative Clay Craft

Combine creativity and inventiveness to create out of the ordinary clay structures that are not necessarily utilitarian. Draw upon inspiration using some of the more exotic tools like extruders and slab rollers, and incorporating various textures for rich surfaces. All levels welcome

6/11-8/13	F	9:00 AM-11:00 AM	\$180	304885-01
-----------	---	------------------	-------	-----------

Handbuilding Expressions

Explore 3D in clay using handbuilding techniques as they relate to sculpture. Create moderate-sized pieces within the framework of ceramic construction. Use additive and subtractive methods in clay to explore line and form, integrated with design and shape relationships. All levels welcome.

6/10-8/12	Th	6:00-8:00 PM	\$180	304875-01
-----------	----	--------------	-------	-----------

Holiday Tile

Make personal and unique holiday decorations, such as Santa centerpieces, holiday vases, ornaments, seasonal cookie plates and more. Six classes, no lab time. **UPDATED** Note: Class will not be held on 7/3.

6/5-7/17	Sa	4:00-6:00 PM	\$108	304826-01
----------	----	--------------	-------	-----------

Independent Study

Work on personal projects and practice skills. Demonstrations not provided but instructors are available for questions. Clay and lab included in class purchase. Prerequisite: Any 10 week pottery studio class.

6/10-7/8	Th	2:00-4:00 PM	\$90	304877-05
----------	----	--------------	------	-----------

7/15-8/12	Th	2:00-4:00 PM	\$90	304877-06
-----------	----	--------------	------	-----------

Pottery Sampler

Introduction to handbuilding and wheel-throwing, as well as glazing and studio operation. Create and learn beginner techniques of clay. Note: All materials and tools provided. Lab not included. Class will not be held on 7/4.

6/6-7/11	Su	2:00-4:00 PM	\$70	304870-01
----------	----	--------------	------	-----------

7/18-8/15	Su	2:00-4:00 PM	\$70	304870-02
-----------	----	--------------	------	-----------

Wheel & Handbuilding, Beginner

Learn about clay, tools, glazing, basic skills, techniques and principles involved in pottery. Primary emphasis on creation with use of the potters wheel. Some handbuilding is covered. Tools not provided. Note: \$13 tool set available for purchase. Class will not be held on 7/3.

6/5-8/14	Sa	9:00 -11:00 AM	\$180	304850-01
----------	----	----------------	-------	-----------

6/7-8/9	M	9:00 -11:00 AM	\$180	304850-02
---------	---	----------------	-------	-----------

6/7-8/9	M	5:30-7:30 PM	\$180	304850-03
---------	---	--------------	-------	-----------

6/9-8/11	W	8:00-10:00 PM	\$180	304850-04
----------	---	---------------	-------	-----------

Wheel & Handbuilding, Beginner Plus

Designed for those who have previously taken a beginning class and are acquainted with the basic techniques involved in wheel throwing. Develop skills before intermediate level. Prerequisite: Pottery Wheel, Beginner or equivalent. Note: No lab time Class will not be held on 7/4.

6/6-8/15	Su	9:00 -11:00 AM	\$180	304855-01
----------	----	----------------	-------	-----------

6/7-8/9	M	8:00-10:00 PM	\$180	304855-02
---------	---	---------------	-------	-----------

6/9-8/11	W	5:30-7:30 PM	\$180	304855-03
----------	---	--------------	-------	-----------

6/10-8/12	Th	9:00-11:00 AM	\$180	304855-04
-----------	----	---------------	-------	-----------

Wheel & Handbuilding, Intermediate

Explore more complex ceramic and pottery techniques and skills. Expression and exploration of form are taught. Prerequisite: Pottery Wheel, Beginner, Beginner Plus, or equivalent.

6/8-8/10	Tu	7:00-9:00 PM	\$180	304860-01
----------	----	--------------	-------	-----------

6/9-8/11	W	9:00 -11:00 AM	\$180	304860-02
----------	---	----------------	-------	-----------

FAMILY PROGRAMS

Family Raku Workshop Paint & Fire ^{AC}

Fire and smoke are essential to Raku pottery, Raku is an interactive firing process that results in a wide variety of colors ranging from metallic coppers and golds to greens, yellow, reds, and blues. Glaze one cup, bottle, or bowl on day one, then fire the piece on day two. Note: All supplies provided. Registration cost includes one adult parent and one child; each additional person is \$30.

Age: 7 years & up

6/11	F	6:00-8:00 PM	\$60	304827-01
6/12	Sa	11:00 AM-3:00 PM		
7/9	F	6:00-8:00 PM	\$60	304827-02
7/10	Sa	11:00 AM-3:00 PM		

Additional Person(s)

6/11	F	6:00-8:00 PM	\$30	304827-01A
6/12	Sa	11:00 AM-3:00 PM		
7/9	F	6:00-8:00 PM	\$30	304827-02A
7/10	Sa	11:00 AM-3:00 PM		

Family Handbuilding ^{AC}

Squish, roll, pinch, scratch, and slip clay into whimsical creatures while learning basics of clay. Each week offers a different experience that can be done by the whole family. Note: Registration includes one adult and one child; each additional person is \$20.

Age: 5 years & up

Sunflowers

6/11	F	2:30-4:30 PM	\$40	304828-01
------	---	--------------	------	-----------

Gnomes

6/25	F	2:30-4:30 PM	\$40	304828-02
------	---	--------------	------	-----------

Leaf Bowls

7/9	F	2:30-4:30 PM	\$40	304828-03
-----	---	--------------	------	-----------

Fish

7/23	F	2:30-4:30 PM	\$40	304828-04
------	---	--------------	------	-----------

Crabs

8/6	F	2:30-4:30 PM	\$40	304828-05
-----	---	--------------	------	-----------

Additional Person(s)

6/11	F	2:30-4:30 PM	\$20	304828-01A
6/25	F	2:30-4:30 PM	\$20	304828-02A
7/9	F	2:30-4:30 PM	\$20	304828-03A
7/23	F	2:30-4:30 PM	\$20	304828-04A
8/6	F	2:30-4:30 PM	\$20	304828-05A

Parent & Tot Mud, Handbuilding ^{AC}

Parent and child combine talents in this unique pottery class. The projects are constantly being varied so it is possible to register for classes as many times as you wish. Note: Registration cost includes two participants; each additional person is \$45. Class will not be held on 7/3.

Age: 3-6 years

6/5-7/10	Sa	12:30-1:30 PM	\$90	304801-01
6/8-7/13	Tu	9:00-10:00 AM	\$90	304801-03
7/17-8/14	Sa	12:30-1:30 PM	\$90	304801-04
7/13-8/10	Tu	9:00-10:00 AM	90	304801-06

Additional Person

6/5-7/10	Sa	12:30-1:30 PM	\$45	304801-01A
6/8-7/13	Tu	9:00-10:00 AM	\$45	304801-03A
7/17-8/14	Sa	12:30-1:30 PM	\$45	304801-04A
7/13-8/10	Tu	9:00-10:00 AM	\$45	304801-06A

Parent Teen & Youth, Wheel & Handbuilding ^{AC}

Explore the world of clay together. Make functional pots and whimsical, imaginative clay objects while learning how to use the potter's wheel and handbuilding techniques. Registration includes one adult and one child; additional person is \$67.

Age: 10-17 years

6/11-7/9	F	5:30-7:00 PM	\$135	304845-01
7/16-8/13	F	5:30-7:00 PM	\$135	304845-02

Additional Person(s)

6/11-7/9	F	5:30-7:00 PM	\$67	304845-01A
7/16-8/13	F	5:30-7:00PM	\$67	304845-02A

Thrown Together ^{AC}

Explore the basics of wheel forming techniques while working on the potter's wheel. Create functional and decorative pottery while learning the basics of wedging, centering, throwing, trimming, surface decorating and glazing. Note: Registration cost includes two participants; class is limited to a one adult one child ratio. Class will not be held on 7/3.

Age: 7 years & up

6/5-7/10	Sa	2:00-3:30 PM	\$135	304825-01
6/10-7/8	Th	4:15-5:45 PM	\$135	304825-02
7/17-8/14	Sa	2:00-3:30 PM	\$135	304825-03
7/15-8/12	Th	4:15-5:45 PM	\$135	304825-04

YOUTH PROGRAMS

Child Handbuilding

Create interesting clay projects while learning various methods of forming and glazing clay. New projects introduced each session.

Age: 6-9 years

6/7-7/5	M	2:30-4:00 PM	\$70	304805-01
7/12-8/9	M	2:30-4:00 PM	\$70	304805-02

Teen Wheel & Handbuilding

Learn potter's wheel skills, handbuilding, glazing, and decorating techniques.

Age: 13-17 years

6/8-7/6	Tu	2:00-3:30 PM	\$70	304815-01
7/13-8/10	Tu	2:00-3:30 PM	\$70	304815-02

Youth Wheel & Handbuilding

Learn basic potters wheel skills. Handbuilding, as well as other skills and techniques are taught.

Age: 9-13 years

6/9-7/7	W	3:30-5:00 PM	\$70	304810-01
7/14-8/11	W	3:30-5:00 PM	\$70	304810-03

SPECIAL EVENTS

FRIDAY FOOTNOTES, MEET THE AUTHOR SERIES

Enjoy an early evening in the courtyard watching the sun set behind Horsetooth Mountain while selected authors speak to their published work.

Age: All

Location: Senior Center

[LISA BOESEN]

Want to explore interesting recipes and more about Northern Colorado? Meet Lisa Boesen, author of "Food ELEVATED", a visual culinary exploration about the harvests and tastes of the region, from her kitchen to yours.

6/11	F	6:00-7:00 PM	\$5	312445-01
------	---	--------------	-----	-----------

[BRIAN CARROLL]

Uncovering the story of Colonel William O. Collins, our city's namesake. Brian will explain the anatomy of writing the book and a look into historic record keeping.

7/9	F	6:00-7:00 PM	\$5	312445-02
-----	---	--------------	-----	-----------

[MYSTERY AUTHOR]

Author will be announced just days prior to the event, keep your eyes and ears peeled!

8/13	F	6:00-7:00 PM	\$5	312445-03
------	---	--------------	-----	-----------

Summer Ice Spectacular

Skaters from the Learn to Skate program perform in the summer ice show. General admission tickets available starting 5/3 at EPIC or by calling 970.221.6683. COVID-19 restrictions may apply.

Age: All

Location: Edora Pool Ice Center

6/11	F	7:00 PM	\$10	Ticketed Event
6/12	Sa	1:00 PM	\$10	Ticketed Event
6/12	Sa	6:00 PM	\$10	Ticketed Event

Old Tyme Car Show

Join us for an old-fashioned car show on the grounds of the Fort Collins Senior Center.

Age: All

Location: Senior Center

6/12	Sa	10:00am-2:00pm	Free
------	----	----------------	------

National Showcase

The 2021 U.S. Figure Skating National Showcase is an exciting competition of skaters who love entertaining. The skaters and audience alike enjoy a thrilling performance that fuses figure skating with theatrical and artistic creativity performed by teams from all over the U.S. Hosted by the Fort Collins Figure Skating Club. Skating events and times TBA. For more information visit fortcollinsfsc.org.

Age: All

Location: Edora Pool Ice Center

8/3-8/7	M-F	No Fee
---------	-----	--------

Pooch Plunge

Enjoy a dog day afternoon at City Park pool with man's best friend. Tickets can be purchased beginning 8/17. Note: Pre-sale tickets may enter the event early at 3:30 p.m.

Age: All

Location: City Park Pool

8/22	Su	4:00 PM-6:00 PM	Pre-Sale \$8, Day of Tickets \$10
------	----	-----------------	-----------------------------------



New On-land Fitness Program!

FAST

Fort Collins Area Swim Team

- Year round competitive swim program for local, state and national levels
- Pre-competitive program
- High School prep group
- Masters team

Specializing in developmental and 10 & Under Age Group Swimming

FAST practices at EPIC, 1801 Riverside, Ft. Collins
fortcollinsareaswimteam.org
mike@fortcollinsareaswimteam.org
 Member of USA Swimming and Colorado Swimming

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

LEGEND

- AC** Classes in which adults are required to attend
- NW** Denotes no web registration for program
- M** Denotes program/activity has special membership pricing

SPORTS

Online Sports Schedules & League Rules

All youth and adult sports schedules and league rules are located online through Team Sideline. Schedules are posted no later than one week prior to the first game of each season. Visit teamsideline.com/fortcollins for current game schedules, league updates, game cancelations, and weather updates.

ADULT SPORTS

Programs are for ages 16 years & up unless otherwise noted. Note: Adult sports team leagues and tournaments for which individuals do not register, but instead register as a team, are not applicable in the reduced fee program.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

[BASKETBALL]

Summer Adult Basketball

Teams sign-up for their level preference on a first come basis. Registration ends 5/29. Rosters are unlimited. Note: Ages 16-17 years need parent signature on roster prior to participation.

Location: Northside Aztlan Center

Cost: \$459
UPDATED
 Date: 6/7-8/7

Men's Friday Competitive	313001-01
--------------------------	-----------

Men's Friday Recreational	313001-02
---------------------------	-----------

Women's Friday Recreational	313001-03
-----------------------------	-----------

Fall Adult Basketball

Teams sign-up for their level preference on a first come basis. Registration ends 9/5. Rosters are unlimited.

Cost: \$459

Date: 9/13-11/01

Men's Monday Competitive	413501-01
--------------------------	-----------

Men's Monday Recreational	413501-02
---------------------------	-----------

Coed Friday Recreational	413501-03
--------------------------	-----------

multimedia performance incubator
a FOCCollaborative

registration, tickets, info luneaseas.org

2021 SUMMER INTENSIVES
 IN TECHNICAL THEATRE, DANCE, AND FILM
 MENTORSHIPS & INTERNSHIPS
 for high school & beyond
 ages 15+
 CAMPS & WORKSHOPS
 for middle school
 ages 12-14

performances
 June 18th - July 3rd
Location revealed upon reservation
 August 28
Entries for films open until June 30th

COLORADO WONDERLAND:
 an Alice inspired performance maze
SILENT FILM FESTIVAL 2.0:
 movement films with a musical twist

design by Leah Casper
 in collaboration with Leah Casper
 photos by G. Mark Lewis

[FLAG FOOTBALL]

Summer Adult Flag Football

8-on-8 non-contact league. Registration ends 5/22 or when leagues fill. 8 games scheduled; 8 games guaranteed.

Location Rolland Moore Park

Cost \$445

Date: 6/4-8/6

Thursday Recreational	6:00-10:00 PM	313011-01
-----------------------	---------------	-----------

Fall Adult Flag Football

8-on-8 non-contact league. Registration ends 8/13 or when leagues fill; 8 games scheduled.

Location: Rolland Moore Park

Cost: \$445

Date: 8/23-10/25

Monday Recreational	413011-01
Tuesday Recreational	413011-02
Thursday Women's	413011-03

[KICKBALL]

Summer Coed Kickball

Have fun playing an American classic invented on the playground. Registration ends 5/28 or when league fills. 8 games scheduled.

Location: Rolland Moore Park

Cost: \$270

Date: 6/4-7/30

Fri Coed Competitive	313061-01
Fri Coed Recreational	313061-02

Fall Adult Coed Kickball

Teams play in coed competitive and recreational leagues. Registration ends 8/14 or when league fills. 8 games scheduled.

Location: Rolland Moore Park

Cost: \$270

Date: 8/27-10/22

Friday Competitive	413061-01
Friday Recreational	413061-02

[PICKLEBALL]

LEAGUES

Fort Collins Mega League – NEW!

Round robin play. Paired with a different player each week. 6-week sessions.

Location: City Park

Cost: \$60 per person

5/27-7/1	Th	5:30-8:30 PM	324410-01
7/29-9/2	Th	5:30-8:30 PM	324410-02

LESSONS

Pickleball, Beginner Lessons

Designed for those new to Pickleball or those wanting to freshen up skills. Introduction to rules, scoring, and basics takes place in a classroom and on the court. 2-week sessions.

Location: City Park

Cost: \$20

6/7-6/14	M	8:00-10:00 AM	324420-01
6/21-6/28	M	8:00-10:00 AM	324420-02
7/5-7/12	M	8:00-10:00 AM	324420-03
7/19-7/26	M	8:00-10:00 AM	324420-04
8/2-8/9	M	8:00-10:00 AM	324420-05
8/16-8/23	M	8:00-10:00 AM	324420-06

Pickleball, Intermediate Lessons

Enhance skills through practice drills and learning the finer points of play. Note: Ability to demonstrate adequate skills and proficiency at novice play required. 4-week sessions.

Location: City Park

Cost: \$40

6/7-6/28	M	10:00 AM-Noon	324422-01
7/5-7/26	M	10:00 AM-Noon	324422-02
8/2-8/23	M	10:00 AM-Noon	324422-03

OPEN PLAY

Pickleball P.O.P. (Paid Open Play) Outdoor

Lots of playtime guaranteed with a limited number of players at a comfortable skill level.

Cost: \$15

Location: City Park

Intermediate

6/6-6/27	Su	8:00-11:00 AM	324100-01
7/11-7/26	Su	8:00-11:00 AM	324100-02
8/1-8/29	Su	8:00-11:00 AM	324100-03

4.0+

6/4-6/25	F	8:30-10:30 AM	324100-07
7/2-7/30	F	8:30-10:30 AM	324100-08
8/6-8/27	F	8:30-10:30 AM	324100-09

Location: Twin Silo

4.0+

6/2-6/23	W	8:30-10:30 AM	324100-04
6/30-7/28	W	8:30-10:30 AM	324100-05
8/4-8/25	W	8:30-10:30 AM	324100-06

TOURNAMENTS

First Timer Tournament

Designed for those who have never played in a tournament. Gentle introduction with different groups for each level of play. Play against players of similar skill and genders. Registration is per person, list your partner if you have one. Players should indicate their self-ability assessment (beginner, intermediate, or advanced). Registration closes June 1.

Location: Spring Canyon

6/1	Tu	9:00 AM	\$20	324400-02
-----	----	---------	------	-----------

Adios August Tournament

Classic tournament with different groups for each level of play. Play against players of similar skill and genders. Registrations is per person, list your partner if you have one. Registration closes August 17.

Location: Spring Canyon

8/21	Sa	8:30 AM	\$20	324400-01
------	----	---------	------	-----------

For family and youth pickleball programs see page 70.

[SOFTBALL]

Teams sign up for their level of play and night preference on a first come, first served basis. Levels of Play:

II–Competitive, III–Intermediate, IV–Recreational.

Note: The levels of play listed above do not apply to the Coed leagues.

Summer Adult Softball

Season ends with league tournaments and awards given to winners. Optic yellow balls are used. Coed leagues play with men hitting 12" softballs and women hitting 11" softballs. Registration ends 4/30 or when leagues fill. Rosters are unlimited.

Age: 16 years & up

Location: Fossil Creek, Lee Martinez, and Rolland Moore Parks

Cost: \$605

Date: 5/16-8/8

Men's Softball

Sunday III	313021-01
Sunday IV	313021-02
Monday III	313021-03
Monday IV	313021-04
Tuesday II	313021-05
Tuesday III	313021-06
Tuesday IV	313021-07
Wednesday II	313021-08
Wednesday III	313021-09
Wednesday IV	313021-10
Thursday III	313021-11
Thursday IV	313021-12
Friday IV	313021-13
Friday Wood Bat	313021-14
Friday 40 years & Up	313021-15

Women's Softball

Tuesday IV	313022-01
Wednesday IV	313022-02
Thursday III	313022-03
Thursday IV	313022-04
Thursday Leisure	313022-05

Coed Softball

Sunday Competitive	313023-01
Sunday Recreational	313023-02
Tuesday Competitive	313023-03
Tuesday Recreational	313023-04
Wednesday Competitive	313023-05
Wednesday Recreational	313023-06
Thursday Competitive	313023-07
Thursday Recreational	313023-08
Friday Recreational	313023-09

Men's Fast Pitch Softball

Thursday	313024-01
----------	-----------

Fall Adult Softball

Opportunity to continue playing softball after the summer leagues conclude. 8 games scheduled; 8 games guaranteed. Registration ends 8/6 or when leagues fill.

Location: TBA

Cost: \$520

Date: 8/22-10/24

Men's

Sunday IV	413021-01
Monday III	413021-02
Monday IV	413021-03
Tuesday III	413021-04
Tuesday IV	413021-05
Wednesday III	413021-06
Wednesday IV	413021-07
Thursday III	413021-08
Friday Unlimited HR	413021-09
Friday IV	413021-10

Women's

Tuesday IV	413022-01
------------	-----------

Coed

Sunday Coed Comp	413023-01
Sunday Coed Rec	413023-02
Tuesday Coed Rec	413023-04
Wednesday Coed Comp	413023-05
Wednesday Coed Rec	413023-06
Thursday Coed Comp	413023-07
Thursday Coed Rec	413023-08

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

[VOLLEYBALL]

Teams sign up for their level of play and night preference on a first come basis.

Levels of Play: A=Competitive, BB=Intermediate, B=Recreational

Summer Outdoor Adult Grass Volleyball

Self-officiated outdoor grass league with three matches per night. The season is approximately seven weeks long.

Location: Spring Canyon Park

Cost: \$48-\$100

Dates: 6/7-7/29

Men's

Thursday BB Doubles	313041-01
---------------------	-----------

Women's

Tuesday BB Doubles	313042-01
--------------------	-----------

Tuesday B Doubles	313042-02
-------------------	-----------

Coed

Monday A Doubles	313043-01
------------------	-----------

Monday BB Doubles	313043-02
-------------------	-----------

Wednesday A Fours	313043-03
-------------------	-----------

Wednesday BB Fours	313043-04
--------------------	-----------

Thursday B Fours	313043-05
------------------	-----------

Outdoor Coed Sand Volleyball – NEW!

Self-officiated, coed, 4-person outdoor sand volleyball. Matches will be played on sand courts.

Location: Rolland Moore Park

6/10-7/29	Th	6:00-9:00 PM	\$100	313040-01
-----------	----	--------------	-------	-----------

Fall Adult Volleyball

Coed and women's leagues are offered for 6-person teams. Teams sign up for their level of play and night of preferences on a first come basis. Registration ends 8/15, or when leagues fill. Leagues begin the week of 8/23. 8 games scheduled.

Location: TBD

Cost: \$290

Women's

Sunday B	413542-03
----------	-----------

Wednesday A	413542-01
-------------	-----------

Wednesday BB	413542-02
--------------	-----------

Coed

Monday BB	413543-01
-----------	-----------

Monday B	413543-02
----------	-----------

Tuesday A	413543-03
-----------	-----------

Tuesday BB	413543-04
------------	-----------

Friday B	413543-05
----------	-----------

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

YOUTH SPORTS

Youth Sports General Information

Registration closes approximately two weeks prior to the listed start date of the program.

Teams are split up by staff at random, not by special requests, or registration dates. Special requests are not guaranteed.

Coach meetings are scheduled 1-2 weeks before the program start date. Coaches contact teams directly to establish practice dates and times after the coach meeting.

Tournaments are only played in the middle school divisions of all leagues, except for the bowl games in tackle football.

Outdoor leagues practice on a first-come-first served basis at the location (or nearby park with approval from Recreation staff) indicated when registering.

Indoor leagues scheduled practice times and locations are determined by staff prior to the season. Teams practice 1-2 times per week based on availability. In the event of gym cancellations, teams may practice in locations that differ from registration site.

Coaching Criteria

All youth sports coaches must know the fundamentals and rules of the sport for which they are coaching. Coach trainings are offered to volunteers; volunteer coaches are expected to attend these meetings to enhance coaching abilities and know the rules and philosophy of the program.

All youth sport coaches who volunteer with the City of Fort Collins must participate in a background check conducted by the City on an annual basis and complete a concussion certification before being approved to coach in any youth sport league. Background checks remain confidential and are valid for one year. Individuals are not permitted to volunteer/instruct until a completed background check has been received and approved by the City of Fort Collins. The City of Fort Collins reserves the right to deny anyone to coach based on the results found in the background check, or any coach that the City does not believe will follow our recreational philosophies.

Volunteer coaches are expected to always act in the best interests of young athletes and agree to follow the guidelines and policies of the City of Fort Collins Recreation Department.

For more information about coaching, contact 970.416.4297.

Online Sports Schedules & League Rules

All youth sports schedules and league rules are located online through Team Sideline. See page 65 for more information.

[BASKETBALL]

Summer Boys and Girls Basketball

Teams formed by park practice location. 1-2 practices outside; 6 games on indoor courts. Games scheduled in the evenings on various weeknights. Based on the 2020-2021 school year grade. NBA replica jerseys provided. Note: Class will not be held on 7/5.

Cost: \$89

Dates: 5/24-7/21

Coed Grade: Kindergarten-1

Foothills Activity Center	314700-01
---------------------------	-----------

Boys Grade 2/3

City Park	314001-01
Fossil Creek Park	314001-10
Lee Martinez Park	314001-15
Rogers Park	314001-02
Rolland Moore Park	314001-20
Spring Canyon Park	314001-05
Stewart Case Park	314001-31
Troutman Park	314001-25

Boys Grade 4/5

City Park	314002-01
Fossil Creek Park	314002-11
Lee Martinez Park	314002-15
Rolland Moore Park	314002-20
Spring Canyon Park	314002-06
Troutman Park	314002-25
Warren Park	314002-30

Boys Grade 6/7/8

City Park	314003-01
Fossil Creek Park	314003-11
Landings Park	314003-25
Lee Martinez Park	314003-15
Rolland Moore Park	314003-20
Spring Canyon Park	314003-06
Warren Park	314003-26

Girls Grade 2/3

City Park	314004-01
Fossil Creek Park	314004-10
Lee Martinez Park	314004-15
Rogers Park	314004-02
Rolland Moore Park	314004-20
Spring Canyon Park	314004-05
Stewart Case Park	314004-31
Troutman Park	314004-25

Girls Grade 4/5

City Park	314005-01
Fossil Creek Park	314005-10
Lee Martinez Park	314005-15
Rolland Moore Park	314005-20
Spring Canyon Park	314005-05
Troutman Park	314005-25
Warren Park	314005-30

Girls Grade 6/7/8

City Park	314006-01
Fossil Creek Park	314006-10
Landings Park	314006-25
Lee Martinez Park	314006-15
Rolland Moore Park	314006-20
Spring Canyon Park	314006-05

[FOOTBALL]

Junior Rams Flag Football

Learn the fundamentals of football, teamwork, and sportsmanship through non-contact, continuous action. Emphasis is on equal participation; winning is secondary. Practices are held twice per week with games on Saturday mornings. 7 games and a Junior Rams jersey included.

Cost: \$89

Date: 8/30-10/23

Grade Kindergarten-1

City Park	414010-01
Edora Park	414010-04
Fossil Creek Park	414010-07
Rolland Moore Park	414010-12
Spring Canyon Park	414010-15
Troutman Park	414010-18
Warren Park	414010-20
Windsor Park	414010-23

Grade 2-3

City Park	414011-01
Edora Park	414011-03
English Ranch Park	414011-05
Fossil Creek Park	414011-07
Greenbriar Park	414011-11
Harmony Park	414011-13
Spring Canyon Park	414011-15
Troutman Park	414011-17
Warren Park	414011-19
Windsor Park	414011-21

Grade 4-5

Blevins Park	414012-25
City Park	414012-01
Edora Park	414012-03
Fossil Creek Park	414012-05
Greenbriar Park	414012-07
Harmony Park	414012-09
Rolland Moore Park	414012-12
Spring Canyon Park	414012-15
Troutman Park	414012-17
Warren Park	414012-19

Grade 6-8

City Park	414013-01
English Ranch Park	414013-03
Fossil Creek Park	414013-05
Greenbriar Park	414013-07
Rolland Moore Park	414013-09
Spring Canyon Park	414013-11

[CHALLENGER SPORTS CAMPS]

Challenger International Soccer Camp

High-level soccer coaching provided from a team of international experts. Receive the age-appropriate level of curriculum and a culture/educational experience. Practice foot skills, technical drills, tactical drills, small-sided games, scrimmages, and a World Cup tournament. Note: Includes jersey, t-shirt, ball, and graduation party. Register at challengersports.com.

Location: City Park

Tiny Tykes

Age: 4-5 years

6/7-6/11	M-F	8:00-9:00 AM	\$70
7/26-7/30	M-F	8:00-9:00 AM	\$70

Half Day

Age: 6-14 years

6/7-6/11	M-F	9:00 AM-Noon	\$146
7/26-7/30	M-F	9:00AM-Noon	\$146

[GOLF]

SNAG Scramble 

Never played golf before, no problem. Explore Starting New at Golf (SNAG) and work on the fundamentals of the game. Teams play a 9-hole scramble. All equipment provided.

Location: City Park

Grade: 1-2

7/28	W	5:30-7:00 PM	\$15	314093-01
------	---	--------------	------	-----------

Grade: 3-5

7/28	W	6:30-8:00 PM	\$15	314093-02
------	---	--------------	------	-----------

Grade: 6-8

7/28	W	7:00-8:00 PM	\$15	314093-03
------	---	--------------	------	-----------

SNAG Golf

Learn about the game of golf at a non-golf course area and in a fun, kid friendly way. The fundamentals are broken down into simple steps that allow children to learn golf while having fun.

Location: City Park

Age: 5-10 years

6/8-6/24	T,Th	10:00-11:00 AM	\$35	314091-01
7/7-7/26	M,W	10:00-11:00 AM	\$35	314091092

[MARTIAL ARTS]

Shotokan Karate, Beginner

Introduction to karate, a Japanese martial art form. Students may be divided into groups depending on ability. Adults are welcome to participate with their children. Note: Class will not be held on 9/6.

Age: 7 years & up

Location: Club Tico

5/24-6/23	M,W	6:00-7:00 PM	\$56.50	322122-01
7/5-8/4	M,W	6:00-7:00 PM	\$56.50	322122-02
8/9-9/8	M,W	6:00-7:00 PM	\$56.50	322122-03

Location: Foothills Activity Center

5/24-6/23	M,W	5:00-6:00 PM	\$56.50	322122-04
8/10-9/8	M,W	5:00-6:00 PM	\$56.50	322122-06

Shotokan Karate, Intermediate

Physical and mental benefits include enhanced physical condition and increased stamina, coordination, confidence, self-esteem, discipline, and concentration. Prerequisite: Successful completion of Shotokan Karate, Beginner. Note: Class will not be held on 9/6.

Age: 7 years & up

Location: Club Tico

5/24-6/23	M,W	6:00-7:00 PM	\$56.50	322123-01
7/5-8/4	M,W	6:00-7:00 PM	\$56.50	322123-02
8/9-9/8	M,W	6:00-7:00 PM	\$56.50	322123-03

Location: Foothills Activity Center

5/24-6/23	M,W	6:00-7:00 PM	\$56.50	322123-04
8/9-9/8	M,W	6:00-7:00 PM	\$56.50	322123-06

Shotokan Karate, Advanced

Learn new karate concepts while reinforcing the concepts gained in previous classes. Move at a faster pace and practice more advanced techniques. Class will not be held on 9/6.

Age: 7 years & up

Location: Club Tico

5/24-6/23	M,W	7:00-8:00 PM	\$56.50	322124-01
7/5-8/4	M,W	7:00-8:00 PM	\$56.50	322124-02
8/9-9/8	M,W	7:00-8:00 PM	\$56.50	322124-03

Location: Foothills Activity Center

5/24-6/23	M,W	6:00-7:00 PM	\$56.50	322124-01
8/9-9/8	M,W	6:00-7:00 PM	\$56.50	322124-03

[PICKLEBALL]

Intro to Pickleball for Families

Learn basic rules, strokes, and strategies. All ages welcome, participants under 15 years require an adult to play with them. Note: Cost is per person.

Location: Twin Silo Park

6/6	Su	9:00-11:00 AM	\$5	324401-01
-----	----	---------------	-----	-----------

Middle School Intro to Pickleball

Intro to the rapidly growing sport. Learn basic rules, strokes, and strategies. Program designed for current 2020/2021 and 2021/2022 middle schoolers.

6/6	Su	11:00 AM-1:00PM	\$5	324401-02
-----	----	-----------------	-----	-----------

LEGEND



Classes in which adults are required to attend



Denotes no web registration for program



Denotes program/activity has special membership pricing



MYHEROES, LLC.

OVERCOMING OBSTACLES, ONE HOOF AT A TIME

at *Colorado State University*



Now located in the new
TEMPLE GRANDIN EQUINE CENTER!

**** Insurance Accepted ****

Equine Assisted Therapy Services Physical, Occupational, Speech Therapies
www.myheroestherapy.com **(678) 984-7774**



MAKE A SPLASH THIS

SUMMER

CITY PARK POOL

fcgov.com/cityparkpool



City of
Fort Collins

@ParksandRecFC



[RUNNING]

C.A.R.A. Track

Basic techniques of track are taught. Participants will be able to compete in Colorado Association of Recreational Athletics (C.A.R.A.) track meets held in various cities along the Front Range on Saturday mornings. Participants are responsible for their own transportation to practices and meets. Meet schedules shared at the first practice. Fee includes team shirt and entry into track meets.

Location: Poudre High School

Cost: \$90

Date: 6/2-7/17

Age: 3.5-8 years	9:00-10:15 AM	M,W, F	314031-03
Age: 9-16 years	10:30-11:45 AM	M,W, F	314031-04

Junior Rams C.A.R.A. Cross Country

Recreational cross-country program. Practices are held twice per week in various parks around Fort Collins. Meets are held in Front Range cities on Saturday or Sunday each weekend. Fee includes Junior Rams jersey and fees for cross country meets.

Age: 6-14 years

Location: Varies

8/23-10/10	M,W,Sa,Su	5:30-6:45 PM	\$75	414033-01
------------	-----------	--------------	------	-----------

[SKYHAWKS SUMMER SPORTS CAMPS]

All participants receive a t-shirt and a merit award. Wear appropriate clothing, running shoes, and sunscreen. Bring two snacks and a water bottle. For more information, visit skyhawks.com/Colorado.

SuperTots Camp

Safe and fun camp that incorporates physical activity in a non-competitive environment. Camp is designed with an engaging, skill-building curriculum in which "tots" learn through a series of fun and beneficial games. Acquire skills and fitness, but also develop an interest and love of sports.

Age: 2-3 years

Soccer Tots

Location: Fossil Creek Park

6/14-6/18	M-F	9:30 AM-10:20 AM	\$74	314071-31
-----------	-----	------------------	------	-----------

Basketball Tots

Location: Northside Aztlan Community Center

6/28-7/2	M-F	9:30 AM-10:20 AM	\$74	314071-35
----------	-----	------------------	------	-----------

Baseball Tots

Location: Rolland Moore Park

7/6-7/9	T-F	9:30 AM-10:20 AM	\$59	314071-33
---------	-----	------------------	------	-----------

Age: 3-5 years

Baseball Tots

Location: Rolland Moore Park

7/6-7/9	T-F	10:30 AM-11:20 AM	\$59	314071-34
---------	-----	-------------------	------	-----------

Soccer Tots

Location: Fossil Creek Park

6/14-6/18	M-F	10:30 AM-11:20 AM	\$74	314071-32
-----------	-----	-------------------	------	-----------

Basketball Tots

Location: Northside Aztlan Community Center

6/28-7/2	M-F	10:30 AM-11:20 AM	\$74	314071-36
----------	-----	-------------------	------	-----------

Mini-Hawk

Multi-sport program is designed for campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Baseball, basketball, and soccer are taught in a safe, structured environment with lots of encouragement and focus on fun.

Age: 4-7 years

Location: City Park

6/2-6/4	W-F	9:00 AM-Noon	\$84	314071-03
---------	-----	--------------	------	-----------

Location: Greenbriar Park

6/7-6/11	M-F	9:00 AM-Noon	\$140	314071-24
----------	-----	--------------	-------	-----------

Location: Fossil Creek Park

6/21-6/25	M-F	9:00 AM-Noon	\$140	314071-07
-----------	-----	--------------	-------	-----------

Location: Miramont Park

7/12-7/16	M-F	9:00 AM-Noon	\$140	314071-12
-----------	-----	--------------	-------	-----------

Location: Twin Silo Park

7/12-7/16	M-F	9:00AM-Noon	\$140	314071-16
-----------	-----	-------------	-------	-----------

Location: Spring Canyon

7/26-7/30	M-F	9:00 AM-Noon	\$140	314071-16
-----------	-----	--------------	-------	-----------

Location: Warren Park

8/9-8/13	M-F	9:00 AM-Noon	\$140	314071-29
----------	-----	--------------	-------	-----------

Golf, Beginner

Entry-level players will gain confidence in golf by focusing on proper technique and the fundamentals of form, swinging, putting, and body positioning. By adopting S.N.A.G. (Starting New at Golf), instruction is simplified so players can transition with ease onto the golf course. All equipment is provided.

Age: 5-8 years

Location: Twin Silo Park

6/7-6/11	M-F	9:00 AM-Noon	\$140	314071-10
----------	-----	--------------	-------	-----------

Location: Edora Park

6/21-6/25	M-F	9:00 AM-Noon	\$140	314071-22
-----------	-----	--------------	-------	-----------

Location: Cottonwood Glen Park

7/26-7/30	M-F	9:00 AM-Noon	\$140	314071-26
-----------	-----	--------------	-------	-----------

Cheerleading

Entry-level cheer camp teaches athletes skills to lead crowds and support teams. Cheers, proper hand and body movements, jumping techniques, and a final choreographed performance are taught. No stunting, but a focus on fun and important life skills such as teambuilding and leadership.

Age: 5–9 years

Location: Fossil Creek Park

6/14-6/18	M-F	9:00 AM-Noon	\$140	314071-01
-----------	-----	--------------	-------	-----------

Baseball & Softball

Designed for beginner and intermediate players. A progressive curriculum teaches the fundamentals of fielding, catching, throwing, hitting, and base running, as well as respect, teamwork, and responsibility, in a fun, positive environment.

Age: 6-12 years

Location: Rolland Moore Park

Baseball

7/6-7/9	T-F	9:00 AM-Noon	\$112	314071-11
---------	-----	--------------	-------	-----------

Softball

7/6-7/9	T-F	9:00 AM-Noon	\$112	314071-25
---------	-----	--------------	-------	-----------

Basketball

Designed for beginner and intermediate players with a focus on the whole player. Learn the skills to be a better athlete on and off the court. A “skill of the day” progresses into passing, shooting, dribbling, rebounding drills and games.

Age: 6-12 years

Location: Spring Canyon Park

6/2-6/4	W-F	9:00 AM-12:00 PM	\$84	314071-06
---------	-----	------------------	------	-----------

Location: Northside Aztlan Community Center

6/14-6/18	M-F	9:00 AM-3:00 PM	\$195	314071-18
-----------	-----	-----------------	-------	-----------

6/28-7/2	M-F	9:00 AM-12:00 PM	\$140	314071-14
----------	-----	------------------	-------	-----------

7/19-7/23	M-F	9:00 AM-12:00 PM	\$140	314071-27
-----------	-----	------------------	-------	-----------

Flag Football

Beginner and intermediate athletes will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron.

Age: 6-12 years

Location: Miramont Park

6/2-6/4	W-F	9:00 AM-Noon	\$84	314071-02
---------	-----	--------------	------	-----------

Location: Edora Park

8/2-8/6	M-F	9:00 AM-Noon	\$140	314071-17
---------	-----	--------------	-------	-----------

Skyhawks Sports Camp

Designed to introduce young athletes to a variety of sports, this multi-sport camp combines basketball and flag football into one fun-filled week. Learn the rules and essentials of each sport, along with respect, teamwork, and self-discipline, through skill-based games and scrimmages.

Age: 6–12 years

Location: Fossil Creek Park

6/21-6/25	M-F	9:00 AM-3:00 PM	\$195	314071-04
-----------	-----	-----------------	-------	-----------

Location: Spring Canyon Park

7/26-7/30	M-F	9:00 AM-3:00 PM	\$195	314071-15
-----------	-----	-----------------	-------	-----------

Soccer

Designed for beginner and intermediate players to learn the sport knowledge and fundamentals of dribbling, passing, shooting, and ball control.

Age: 6-12 years

Location: Fossil Creek Park

6/14-6/18	M-F	9:00 AM-Noon	\$140	314071-05
-----------	-----	--------------	-------	-----------

Location: City Park

7/20-7/24	M-F	9:00 AM-3:00 PM	\$195	314071-19
-----------	-----	-----------------	-------	-----------

Track & Field

Prepare for a future in cross country, track and field events, and distance running, while inspiring a love for running and being active. Learn fundamentals of body positioning, stride, proper stretching, and cool-down techniques.

Age: 6-12 years

Location: Harmony Park

7/19-7/23	M-F	9:00 AM-Noon	\$140	314071-23
-----------	-----	--------------	-------	-----------

Location: Westfield Park

8/2-8/6	M-F	9:00 AM-Noon	\$140	314071-28
---------	-----	--------------	-------	-----------

Volleyball

This co-ed program, designed for the beginning and intermediate player, teaches all aspects of the game through drills and exercises that focus on passing, setting, hitting, and serving. Athletes will develop fundamental skills with game-speed drills and daily scrimmages aimed at developing the whole player. Note: Class will not be held on 7/4.

Age: 7-14 years

Location: Northside Aztlan Community Center

6/7-6/11	M-F	9:00 AM-Noon	\$140	314071-08
----------	-----	--------------	-------	-----------

6/28-7/2	M-F	1:00 PM-4:00 PM	\$140	314071-20
----------	-----	-----------------	-------	-----------

7/12-7/16	M-F	1:00 PM-4:00 PM	\$140	314071-21
-----------	-----	-----------------	-------	-----------

Location: Warren Park

8/9-8/13	M-F	9:00 AM-Noon	\$140	314071-30
----------	-----	--------------	-------	-----------

[SOFTBALL]

Softball Coed Tee Ball

Designed to develop skills, sportsmanship, and coordination. Teams practice 30 minutes before each game, on Tuesday evenings. Based on 2020-2021 current school year grade level. Registration closes 5/14. Team shirts included.

Cost: \$42

Date: 6/8-7/13

Age: 5-6 years

Spring Canyon Park	314020-03
--------------------	-----------

Summer Girls' Softball

Learn and improve your slow pitch softball skills and enjoy team competition. 1-2 practices per week (days and times TBA). Grades 2-3 play coach pitch style softball. Grades 4-5 play modified fast pitch. Grades 6-8 play regular fast pitch. Based on 2020-2021 current school year grade level. Games played Tuesdays and/or Thursdays. Team shirts included.

Cost: \$75

Date: 5/24-7/17

Grade 2-3

City Park	314021-16
Fossil Creek	314021-17
Beattie	314021-18
Rolland Moore	314021-19
Spring Canyon	314021-20

Grade 4-5

City Park	314022-16
Fossil Creek	314022-17
Beattie	314022-18
Spring Canyon	314022-19
Rolland Moore	314022-20
Fossil Creek	314022-21

Grade 6-8

Blevins	314023-20
Boltz	314023-21
CLP	314023-22
Kinard	314023-23
Leshner	314023-24
Lincoln	314023-25
Preston	314023-26
Webber	314023-27
Wellington	314023-28

[TACKLE FOOTBALL]

Teams will be formed by the City of Fort Collins and placed in the NOCO Elite league for games. Practices are held 2-3 times per week in Fort Collins, games on Saturday mornings. Games are played in Fort Collins and Loveland. 7 games scheduled.

Equipment handout for all ages will be at Club Tico on Saturday 8/14, from 10:30 a.m.-1:30 p.m. and Monday 8/16 from 4-6 p.m.

Players must be present to be fitted properly; mouthpieces required; tackle equipment provided.

Cost: \$150

Dates: 8/23-10/30

Grade 3 4	14017-01
Grade 4	414018-01
Grade 5	414019-01
Grade 6	
Blevins	414020-01
Boltz	414020-05
CLP	414020-10
Kinard	414020-15
Leshner	414020-20
Lincoln	414020-25
Preston	414020-30
Webber	414020-35
Wellington	414020-40

[VOLLEYBALL]

Junior Rams Volleyball

All Junior Ram players receive a reversible Junior Rams jersey for games and two tickets to two pre-selected CSU Volleyball games and a player/coach clinic at CSU.

Develop a sense of team play where participations, fun, skills, and sportsmanship are stressed; winning is secondary. Practices are held 1-2 times per week, matches are Saturday mornings and weeknights. Practice days and times vary. You will hear from the coach the week prior to the program.

Cost: \$87

Date: 9/7-10/23

Grade 2-3	414941-01
Grade 4-5	414942-01

Middle School Volleyball

Develop a sense of team play where participation, fun, skills, and sportsmanship are stressed; winning is secondary. Practices are held 1-2 times per week. Matches are Saturday mornings and occasional weeknights.

Cost: \$87

Date: 9/7-10/23

Grade 6-8	
Blevins	414943-01
Boltz	414943-03
CLP	414943-05
Kinard	414943-07
Leshner	414943-09
Lincoln	414943-11
Preston	414943-13
Webber	414943-17
Wellington	414943-19
Mountain Sage	414943-21

[YOUNGSTERS]

Amazing Athletes

Learn the basics of nine different ball sports including volleyball, basketball, tennis, football, lacrosse, golf, hockey, soccer, and baseball in a fun, non-competitive, learning based environment. Includes kid-friendly cardio, muscle terminology, motor skills, speed, and agility.

Location: Cottonwood Glenn park

Cost: \$54

18 months–2.5 years

5/31-7/5	M	10:35-11:00 AM	314077-03
6/1-7/6	Tu	10:35-11:00 AM	314077-04
7/12-8/16	M	10:35-11:00 AM	314077-05
7/13-8/17	Tu	10:35-11:00 AM	314077-06

2.5–3.5 years

5/31-7/5	M	9:00-9:30 AM	314074-03
6/1-7/6	Tu	9:00-9:30 AM	314074-04
7/12-8/16	M	9:00-9:30 AM	314074-05
7/13-8/17	Tu	9:00-9:30 AM	314074-06

3.5–5 years

5/31-7/5	M	9:45-10:30 AM	314075-03
6/1-7/6	Tu	9:45-10:30 AM	314075-04
7/12-8/16	M	9:45-10:30 AM	314075-05
7/13-8/17	Tu	9:45-10:30 AM	314075-06

TENNIS

Lewis Tennis School takes seriously the importance of providing a safe, virus free environment for its players and staff. With safety guidelines in place and the use of a decontamination system to disinfect tennis balls we are leading the industry in providing safe play.

“Tennis – The Naturally Social Distance Sport.”

General Information

Lewis Tennis School directs all tennis programs for the City of Fort Collins. Lewis Tennis is celebrating 51 years of experience in the tennis industry this year. Lewis Tennis provides quality lessons, programs and tournaments for all levels and ages with USPTA certified coaches on staff. Tennis director, Larry Lewis, has managed five of the top tennis facilities in the United States.

The programs at Lewis Tennis School provide a positive learning environment for players of all ages. Players learn techniques to become accomplished players, as well as life skills that help them to excel and enjoy tennis and other areas in their life. Thousands of players have participated in these programs over the years as they learn and progress in this great lifetime sport.

LEWIS TENNIS

TENNIS—THE NATURALLY SOCIAL DISTANCED SPORT

Programs for Juniors and Adults

- 10 and under, middle school, high school, and adult programs
- Clinics for all levels
- Complete pro shop
- Tournaments
- Performance training and league coaching
- Round Robins
- Private lessons
- Junior Team Tennis

For more info call 970-493-7000
or visit lewistennis.com



Auxiliary aids and services are available for persons with disabilities. V/TDD: 711

21-23111

Rolland Moore Pro Shop

Visit our fully stocked pro shop located at the Rolland Moore Racquet Center. Racquets, shoes, accessories, and 24-hour stringing available.

Summer hours are 8 a.m.-6 p.m. Monday through Saturday. Facility is closed on Sunday.

Registration

For full program information, court availability and to register for programs, visit lewistennis.com or call 970.493.7000. Discounts available for additional family members.

League Coaching

Get your team ready for the USA Tennis Leagues. Professional coaching improves your team's strategy, technique and mental toughness to enable you to compete at your best. A variety of coaching programs available.

Premier Clinics

Designed for the beginning through advanced player who wants more personal attention in their group instruction. Great for friends who want to learn together. Clinic times are flexible. Low student to pro ratio.

Age: 18 years & up

Round Robins

Come on out to Rolland Moore and enjoy some great social competition! All levels welcome.

Th 7:30-9:00PM

Tournaments

Youth and adult tournaments are available throughout the season. Learn more and register at lewistennis.com/tournaments

Private Lessons & Ball Machine

Private Lessons are available with USPTA certified professionals and college coaching staff. Times are flexible. Rent ball machines to work on that pesky backhand.

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

- AC Classes in which adults are required to attend
- NW Denotes no web registration for program
- M Denotes program/activity has special membership pricing

[ADULT PROGRAMS]

All tennis programs in this section are designed for those 18 years & older unless otherwise noted.

Beginner

Whether you have never played or are getting back into the game after a long hiatus, learn and develop fundamentals to enjoy the game. Learn the correct way to hit forehands, backhands, volleys, overheads, and serves as well as basic rules and strategies as you start competition.

Location: Fossil Creek

6/1-6/10	Tu,Th	5:50-7:20 PM	\$87	323000-01
6/15-6/24	Tu,Th	5:50-7:20 PM	\$87	323000-02
6/29-7/8	Tu,Th	5:50-7:20 PM	\$87	323000-03
7/13-7/22	Tu,Th	5:50-7:20 PM	\$87	323000-04
7/27-8/5	Tu,Th	5:50-7:20 PM	\$87	323000-05
8/10-8/19	Tu,Th	5:50-7:20 PM	\$87	323000-06
5/29-6/19	Sa	1:00-2:30 PM	\$87	323000-07
6/26-7/17	Sa	1:00-2:30 PM	\$87	323000-08
7/24-8/14	Sa	1:00-2:30 PM	\$87	323000-09

Location: Rolland Moore

5/31-6/9	M,W	5:50-7:20 PM	\$87	323005-01
6/14-6/23	M,W	5:50-7:20 PM	\$87	323005-02
6/28-7/7	M,W	5:50-7:20 PM	\$87	323005-03
7/12-7/21	M,W	5:50-7:20 PM	\$87	323005-04
7/26-8/4	M,W	5:50-7:20 PM	\$87	323005-05
8/9-8/18	M,W	5:50-7:20 PM	\$87	323005-06

Intermediate

Learn the "Modern Game" of tennis and refine your skills by experiencing techniques that are used by the pros. Develop your topspin, forehand, backhand and serves, as well as doubles and singles strategies that win!

Location: Fossil Creek

6/1-6/10	Tu,Th	7:30-9:00 PM	\$87	323001-01
6/15-6/24	Tu,Th	7:30-9:00 PM	\$87	323001-02
6/29-7/8	Tu,Th	7:30-9:00 PM	\$87	323001-03
7/13-7/22	Tu,Th	7:30-9:00 PM	\$87	323001-04
7/27-8/5	Tu,Th	7:30-9:00 PM	\$87	323001-05
8/10-8/19	Tu,Th	7:30-9:00 PM	\$87	323001-06
5/29-6/19	Sa	2:30-4:00 PM	\$87	323001-07
6/26-7/17	Sa	2:30-4:00 PM	\$87	323001-08
7/24-8/14	Sa	2:30-4:00 PM	\$87	323001-09

Location: Rolland Moore

5/31-6/9	M,W	7:30-9:00 PM	\$87	323006-01
6/14-6/23	M,W	7:30-9:00 PM	\$87	323006-02
6/28-7/7	M,W	7:30-9:00 PM	\$87	323006-03
7/12-7/21	M,W	7:30-9:00 PM	\$87	323006-04
7/26-8/4	M,W	7:30-9:00 PM	\$87	323006-05
8/9-8/11	M,W	7:30-9:00 PM	\$87	323006-06

[YOUTH PROGRAMS]

NJTL (National Junior Tennis and Learning)

Lewis Tennis is proud to be a sponsor of NJTL. NJTL is a national organization started by Arthur Ashe to provide tennis, life and leadership skills to youth. We have partnered with National Junior Tennis and Learning (NJTL) to provide opportunities for youth. These programs focus on teaching important life and leadership skills along with tennis skills and competition. Players who are signed up for Lewis Tennis School classes can participate in the Friday NJTL sessions for no charge. Scholarships are available. Find out how you can be a part of this great organization at njtlfc.org.

Summer Junior Team Tennis

Low cost 8 week program of lessons and matches. Practices held on Wednesday and Friday afternoons. Matches are held on Mondays from June 7 - July 19. Competition will include teams from Fort Collins, Loveland, Windsor, and Greeley. Entry deadline is May 5. League fee of \$199 includes one practice and one match per week.

Age: 9 years & up

Performance Training

For the devoted junior player who has already developed a solid foundation of the game and has shown a high level of commitment. Players typically have goals of state and sectional rankings, high school varsity play, and college scholarships. New this year, performance players may participate in NJTL tennis, leadership and life skills training on Fridays for no extra charge. Players must be accepted by Head Pro. Discount available for registering in advance; 30 days in advance: \$239; Less than 30 days: \$259; Drop-in rate: \$38.

Location: Rolland Moore Park

Tier #1 & Tier #2	M, Tu, W, Th	1:00-3:00PM
Tier #3	M, Tu, W, Th	3:00-5:00PM

Performance Plus (+) Training

A special program for advanced junior and adult players who want to really push their limits and reach their potential on the court. Call 970-493-7000 for details.

Little Lobbers

Young players will develop basic hand and eye coordination and athletic skills. Movement, balance, and proper techniques will be taught by using fun games. Sportsmanship and encouragement are emphasized.

Age: 4-6 years

Location: Fossil Creek

5/31-6/9	M,W	8:00-8:45 AM	\$48	323015-01
6/14-6/23	M,W	8:00-8:45 AM	\$48	323015-02
6/28-7/7	M,W	8:00-8:45 AM	\$48	323015-03
7/12-7/21	M,W	8:00-8:45 AM	\$48	323015-04
7/26-8/4	M,W	8:00-8:45 AM	\$48	323015-05
8/9-8/11	M,W	8:00-8:45 AM	\$25	323015-06
5/29-6/19	Sa	8:00-8:45 AM	\$48	323015-07
6/26-7/17	Sa	8:00-8:45 AM	\$48	323015-08
7/24-8/14	Sa	8:00-8:45 AM	\$48	323015-09

Location: Fossil Ridge

5/31-6/9	M,W	8:00-8:45 AM	\$48	323035-01
6/14-6/23	M,W	8:00-8:45 AM	\$48	323035-02
6/28-7/7	M,W	8:00-8:45 AM	\$48	323035-03
7/12-7/21	M,W	8:00-8:45 AM	\$48	323035-04
7/26-8/4	M,W	8:00-8:45 AM	\$48	323035-05
8/9-8/11	M,W	8:00-8:45 AM	\$25	323035-06
6/1-6/10	Tu,Th	8:00-8:45 AM	\$48	323035-07
6/15-6/24	Tu,Th	8:00-8:45 AM	\$48	323035-08
6/29-7/8	Tu,Th	8:00-8:45 AM	\$48	323035-09
7/13-7/22	Tu,Th	8:00-8:45 AM	\$48	323035-10
7/27-8/5	Tu,Th	8:00-8:45 AM	\$48	323035-11
8/10-8/12	Tu,Th	8:00-8:45 AM	\$25	323035-12




Location: Rolland Moore

5/31-6/9	M,W	8:00-8:45 AM	\$48	323055-01
6/14-6/23	M,W	8:00-8:45 AM	\$48	323055-02
6/28-7/7	M,W	8:00-8:45 AM	\$48	323055-03
7/12-7/21	M,W	8:00-8:45 AM	\$48	323055-04
7/26-8/4	M,W	8:00-8:45 AM	\$48	323055-05
8/9-8/11	M,W	8:00-8:45 AM	\$25	323055-06
6/1-6/10	Tu,Th	8:00-8:45 AM	\$48	323055-07
6/15-6/24	Tu,Th	8:00-8:45 AM	\$48	323055-08
6/29-7/8	Tu,Th	8:00-8:45 AM	\$48	323055-09
7/13-7/22	Tu,Th	8:00-8:45 AM	\$48	323055-10
7/27-8/5	Tu,Th	8:00-8:45 AM	\$48	323055-11
8/10-8/12	Tu,Th	8:00-8:45 AM	\$25	323055-12

INCLUSION SUPPORT

Individuals of all abilities and ages are welcome to participate in any program listed in the Recreator. If you are interested in participation support due to a disability, or other support need, requests should be made two weeks prior to program start date. Visit fcgov.com/aro for more details.

LEGEND

-  Classes in which adults are required to attend
-  Denotes no web registration for program
-  Denotes program/activity has special membership pricing

FACE COVERINGS OR MASKS ARE REQUIRED AT ALL RECREATION FACILITIES

Also, it is expected that all visitors maintain 6 feet of physical distance. If you are ill or experiencing COVID-19 symptoms, we ask that you do not participate until 72 hours after your symptoms have ended.

Future Stars

Learn basic stroking fundamentals, rules, and play fun games to develop skills. Players will learn the correct way to hit the ball in order to build a strong foundation for future play. Participate in fun drills and games while learning the game. Sportsmanship and positive attitude are emphasized.

Age: 7-8 years

Location: Fossil Creek

5/31-6/11	M-F	8:50-10:20 AM	\$171	323013-01
6/14-6/25	M-F	8:50-10:20 AM	\$171	323013-02
6/28-7/9	M-F	8:50-10:20 AM	\$171	323013-03
7/12-7/23	M-F	8:50-10:20 AM	\$171	323013-04
7/26-8/6	M-F	8:50-10:20 AM	\$171	323013-05
8/9-8/13	M-F	8:50-10:20 AM	\$87	323013-06
5/29-6/19	Sa	8:50-10:20 AM	\$71	323013-07
6/26-7/17	Sa	8:50-10:20 AM	\$71	323013-08
7/24-8/14	Sa	8:50-10:20 AM	\$71	323013-09

Location: Fossil Ridge

5/31-6/11	M-F	8:50-10:20 AM	\$171	323033-01
6/14-6/25	M-F	8:50-10:20 AM	\$171	323033-02
6/28-7/9	M-F	8:50-10:20 AM	\$171	323033-03
7/12-7/23	M-F	8:50-10:20 AM	\$171	323033-04
7/26-8/6	M-F	8:50-10:20 AM	\$171	323033-05
8/9-8/13	M-F	8:50-10:20 AM	\$87	323033-06

Location: Rolland Moore

5/31-6/11	M-F	8:50-10:20 AM	\$171	323053-01
6/14-6/25	M-F	8:50-10:20 AM	\$171	323053-02
6/28-7/9	M-F	8:50-10:20 AM	\$171	323053-03
7/12-7/23	M-F	8:50-10:20 AM	\$171	323053-04
7/26-8/6	M-F	8:50-10:20 AM	\$171	323053-05
8/9-8/13	M-F	8:50-10:20 AM	\$87	323053-06

Aces

Players learn basic stroking fundamentals, rules, and play fun games to develop skills. As players progress, they will develop more advanced strokes such as topspin and slice serves and develop match skills. Players will be encouraged to participate in novice level tournaments.

Age: 9-10 years

Location: Fossil Creek

5/31-6/11	M-F	8:50-10:20 AM	\$171	323010-01
6/14-6/25	M-F	8:50-10:20 AM	\$171	323010-02
6/28-7/9	M-F	8:50-10:20 AM	\$171	323010-03
7/12-7/23	M-F	8:50-10:20 AM	\$171	323010-04
7/26-8/6	M-F	8:50-10:20 AM	\$171	323010-05
8/9-8/13	M-F	8:50-10:20 AM	\$87	323010-06
5/29-6/19	Sa	8:50-10:20 AM	\$71	323010-07
6/26-7/17	Sa	8:50-10:20 AM	\$71	323010-08
7/24-8/14	Sa	8:50-10:20 AM	\$71	323010-09

Location: Fossil Ridge

5/31-6/11	M-F	8:50-10:20 AM	\$171	323030-01
6/14-6/25	M-F	8:50-10:20 AM	\$171	323030-02
6/28-7/9	M-F	8:50-10:20 AM	\$171	323030-03
7/12-7/23	M-F	8:50-10:20 AM	\$171	323030-04
7/26-8/6	M-F	8:50-10:20 AM	\$171	323030-05
8/9-8/13	M-F	8:50-10:20 AM	\$87	323030-06

Location: Rolland Moore

5/31-6/11	M-F	8:50-10:20 AM	\$171	323050-01
6/14-6/25	M-F	8:50-10:20 AM	\$171	323050-02
6/28-7/9	M-F	8:50-10:20 AM	\$171	323050-03
7/12-7/23	M-F	8:50-10:20 AM	\$171	323050-04
7/26-8/6	M-F	8:50-10:20 AM	\$171	323050-05
8/9-8/13	M-F	8:50-10:20 AM	\$87	323050-06

Challenger

New players learn the basics of the game, play games, and learn rules.

Age: 11-13 years

Location: Fossil Creek

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323011-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323011-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$23	323011-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323011-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323011-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323011-06
5/29-6/19	Sa	10:30 AM-12:30 PM	\$91	323011-07
6/26-7/17	Sa	10:30 AM-12:30 PM	\$91	323011-08
7/24-8/14	Sa	10:30 AM-12:30 PM	\$91	323011-09

Location: Rolland Moore

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323051-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323051-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323051-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323051-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323051-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323051-06

Competitive

Intermediate players improve their basic skills, develop more advanced strokes and match skills.

Age: 11-13 years

Location: Fossil Creek

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323012-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323012-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323012-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323012-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323012-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323012-06
5/29-6/19	Sa	10:30 AM-12:30 PM	\$91	323012-07
6/26-7/17	Sa	10:30 AM-12:30 PM	\$91	323012-08
7/24-8/14	Sa	10:30 AM-12:30 PM	\$91	323012-09

Continued on next page

Competitive Youth Tennis continued

Location: Fossil Ridge

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323032-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323032-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323032-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323032-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323032-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323032-06

Location: Rolland Moore

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323052-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323052-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323052-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323052-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323052-05
8/9-8/20	M-F	10:30 AM-12:30 PM	\$117	323052-06

Wimbledon

New players will learn the foundation of proper techniques to build a lifetime of tennis. Players will also play games, learn scoring, and rules.

Age: 14-18 years

Location: Fossil Creek

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323016-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323016-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323016-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323016-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323016-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323016-06
5/29-6/19	Sa	10:30 AM-12:30 PM	\$91	323016-07
6/26-7/17	Sa	10:30 AM-12:30 PM	\$91	323016-08
7/24-8/14	Sa	10:30 AM-12:30 PM	\$91	323016-09

Location: Fossil Ridge

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323036-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323036-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323036-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323036-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323036-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323036-06

Location: Rolland Moore

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323056-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323056-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323056-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323056-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323056-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323056-06

Grand Slam

Intermediate to advanced players will develop advanced stroking skills, learn doubles and singles strategy, and learn how to compete effectively on their high school teams and in tournaments.

Age: 14-18 years

Location: Fossil Creek

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323014-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323014-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323014-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323014-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323014-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323014-06
5/29-6/19	Sa	10:30 AM-12:30 PM	\$91	323014-07
6/26-7/17	Sa	10:30 AM-12:30 PM	\$91	323014-08
7/24-8/14	Sa	10:30 AM-12:30 PM	\$91	323014-09

Location: Fossil Ridge

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323034-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323034-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323034-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323034-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323034-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323034-06

Location: Rolland Moore

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323054-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323054-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323054-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323054-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323054-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323054-06

Challenger

New players learn the basics of the game, play games, learn scoring and rules.

Age: 14-18 years

Location: Fossil Ridge

5/31-6/11	M-F	10:30 AM-12:30 PM	\$231	323031-01
6/14-6/25	M-F	10:30 AM-12:30 PM	\$231	323031-02
6/28-7/9	M-F	10:30 AM-12:30 PM	\$231	323031-03
7/12-7/23	M-F	10:30 AM-12:30 PM	\$231	323031-04
7/26-8/6	M-F	10:30 AM-12:30 PM	\$231	323031-05
8/9-8/13	M-F	10:30 AM-12:30 PM	\$117	323031-06

High School Preseason Camp

Get ready to have some fun and develop your tennis game! Whether your goal is to play on your high school team or learn the best game to enjoy with your friends, this is the class for you.

Age: 14-18 years

Location: Rolland Moore

7/19-7/23	M-F	1:00-4:00 PM	\$222	323057-01
-----------	-----	--------------	-------	-----------

MAKE YOUR GAME PLAN WITH YOUTH & ADULT SPORTS



JUNIOR RAMS
FLAG FOOTBALL

ADULT
SOFTBALL

BASKETBALL

TACKLE
FOOTBALL

Registration open now! Visit [fcgov.com/recreator](https://www.fcgov.com/recreator) to register.

Questions? Contact recreation@fcgov.com.



50+

All 50+ programs are for ages 50 years & older and held at the Fort Collins Senior Center unless otherwise noted. For programs designed for all ages, browse the other sections of the Recreator.

Membership 50+

Membership 50+ is \$30 annually. Scholarships for membership available. Programs with special membership pricing are noted throughout the Recreator with **M**. Additional discounts do not apply on membership programs. If no fee is listed for a membership program, the program is exclusive to Membership 50+. Membership 50+ benefits include:

- \$3 per month discount for fitness passes and full access passes, or \$1 off daily fitness admissions.
- Free admission to drop-in programs including Pool Room, Open Shop, Library & Media Center, Bingo, and Cards & Games at the Senior Center.
- 2-day advance registration to Recreator programs.
- Member discounts on select services and activities.
- Membership in member-only Outdoor Recreation clubs. For more information see page 60.
- Birthday and anniversary celebrations.
- Notary service.

CLUBS & ORGANIZATIONS

Front Range Forum

Front Range Forum serves the residents of Northern Colorado's Front Range who are intellectually curious and dedicated to enriching their daily lives through life-long learning. Registrants facilitate classes for each other participants take part in short presentations and informal discussions on a variety of topics. For more information, including the newsletter, visit fronrangeforum.org.

\$14	307410-01
------	-----------

SOCIAL PROGRAMS

Donut Make U Wonder

Discuss current subjects and related personal experiences. Diverse matters related to religion and politics avoided to ensure comradery. Meetings begin with a brief song and end with a few shared jokes.

6/4-8/27	F	10:00-11:00 AM	No Fee	312412-01
----------	---	----------------	--------	-----------

Older Gay Lesbian Bisexual Transgender (OGLBT) **M** **NW**

Join the social networking group for monthly get togethers. Meetings occur to plan future events and activities. For more information contact Ashley Ruffer at 970.224.603, aruffer@fcgov.com

Sing Along/Jam Session

Guitar, banjo, uke players, and singers meet for fun, enjoyment, and education. All levels welcome. Songs, song sheets, and basic chord and strumming suggestions provided.

Age: 18 years & up

6/17	Th	3:00-5:00 PM	No Fee	312464-01
7/15	Th	3:00-5:00 PM	No Fee	312464-02
8/19	Th	3:00-5:00 PM	No Fee	312464-03

S.O.A.P. Troupe Acting

S.O.A.P. Troupe produces two major shows per year featuring a variety of acts/short skits, monologues, stand-up comedy, song, and dance. Whether an experienced performer or a beginner, talent can be used for each show. Meetings held on the fourth Tuesday of each month at 1 p.m.

6/1-8/31	Variety of meeting days and times		312421-01
----------	-----------------------------------	--	-----------

The Writers' Group

Express yourself through writing and gather weekly to share work. All writing styles and skills are welcome. For more information contact Betsy Emond at 970.224.6030., bemond@fcgov.com.

Age: 18 years & up

6/1-8/31	Tu	9:30 AM-Noon	No Fee	303499-01
----------	----	--------------	--------	-----------

RESOURCES

Pool Room **M**

The Pool Room has four 8-ball tables and one snooker table. Non-members may pay a daily drop-in rate. Additionally, users are asked to contribute to the donation box located in the room to help support facility maintenance.

Volunteers

We strive to provide trained volunteers with quality opportunities that meet their expectations, align with their skills and needs, and capitalize on the many talents they possess. Volunteers gain new skills, forge new friendships, interact with fellow community members, enrich their community through purposeful activity, utilize their life experiences to enhance the lives of others, learn new things about themselves, set and achieve personal goals, and make a positive difference in the lives of others. Volunteers may choose from one-time special events to longer term commitments in a variety of areas.

To apply as a volunteer, visit engage.fcgov.com/D/sc/App/General or contact Ashley Ruffer at 970.224.6033, aruffer@fcgov.com.

Los Ancianos

Instituted more than 40 years ago, Ancianos is one of the City of Fort Collins' longest running social groups. Gather for arts and crafts, light physical activities, holiday themed parties and engage with community guest speakers. Discount available for those enrolled in the City of Fort Collins Recreation

Age: 60 years & up

6/1-8/30	Th	11:00 AM-1:00 PM	\$50	312500-01
----------	----	------------------	------	-----------

GUIDE TO TRAILS AND PARKS

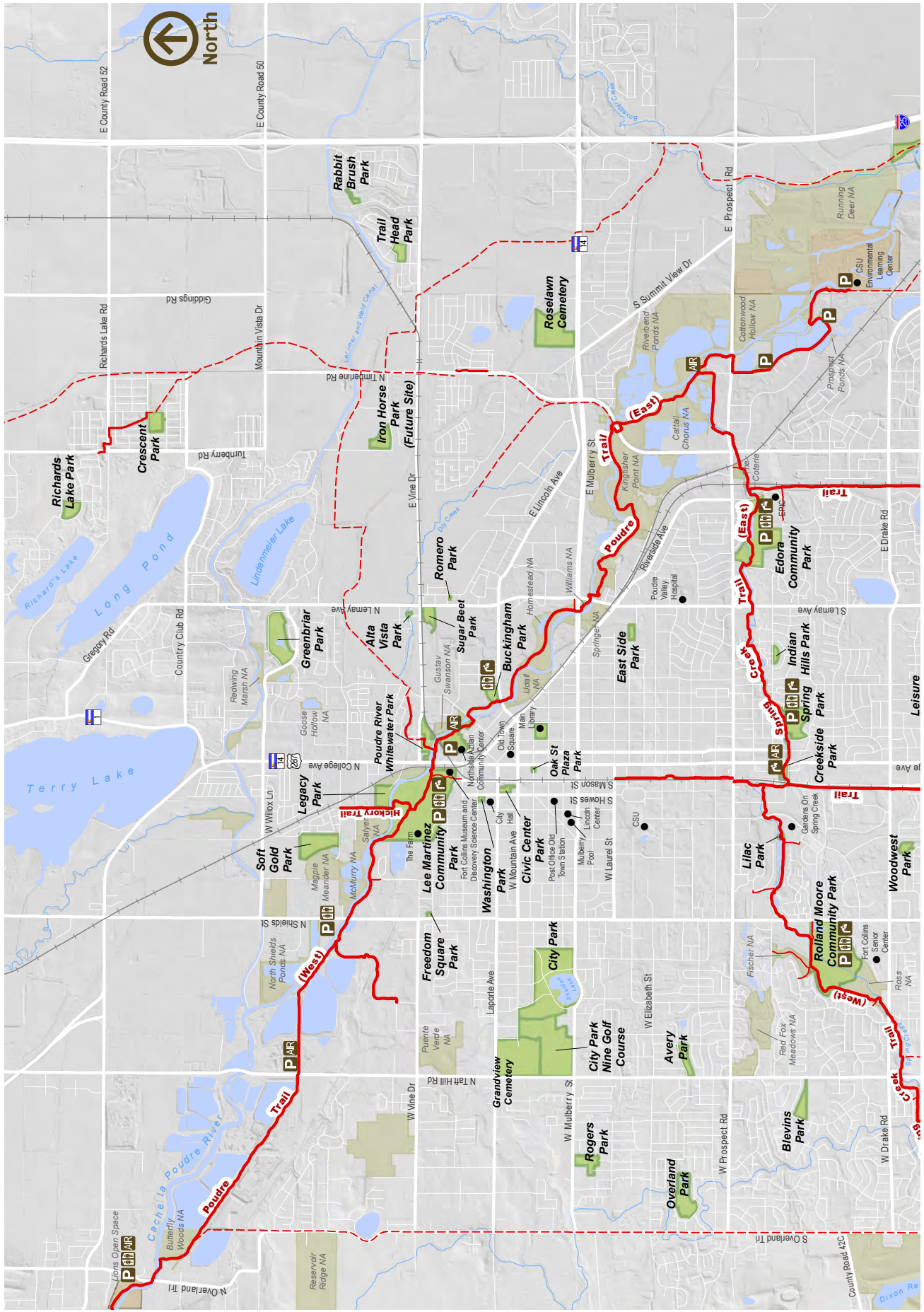


.....
Twin Silo Park

5480 Ziegler Rd

Nearby School: Fossil Ridge High School





E County Road 52

E County Road 50

Richards Lake Rd

Giddings Rd

Mountain Vista Dr

Timberly Rd

N Timberline Rd

E Vine Dr

Geoggy Rd

Country Club Rd

N Lemay Ave

W Wilcox Ln

N College Ave

W Mountain Ave

N Shields St

W Shields St

Laporte Ave

N Overland Trl

W Overland Trl

W Vine Dr

W Mulberry St

W Mulberry St

W Laurel St

W Prospect Rd

W Prospect Rd

W Drake Rd

Rabbit Brush Park
Trail Head Park
Iron Horse Park (Future Site)

Richards Lake Park
Crescent Park
Long Pond
Richard's Lake
Lindenmeier Lake

Greenbriar Park
Alta Vista Park
Poudre River Park
Whitewater Park

Lee Martinez Community Park
Freedom Square Park
City Park
City Park Nine Golf Course

Spring Creek Trail (East)
Edora Community Park
Indian Hills Park
Spring Park
Creekside Park

Woodwest Park
Woodwest Park
Woodwest Park

Roselawn Cemetery

Romero Park
Sugar Beet Park
Buckingham Park
East Side Park

City Center Park
Civic Center Park
City Center Park

Overland Park
Avery Park
Blevins Park

Rolland Moore Community Park
Woodwest Park

Prospect Ponds NA
Cottonwood Hollow NA

Kingfisher Point NA
Cattail Chronus NA

Fort Collins Museum and Discovery Science Center
Nimblekitten Community Center
Old Town
Man Udal Library

Fort Collins Senior Center
Fort Collins Senior Center

Fort Collins Environmental Learning Center
Prospect Ponds NA

CSU Environmental Learning Center

Poudre Valley Hospital

CSU

Fort Collins Senior Center

Fort Collins Senior Center

Running Deer NA

Edora Community Park

Woodwest Park

Woodwest Park

Woodwest Park

CSU Environmental Learning Center

Edora Community Park

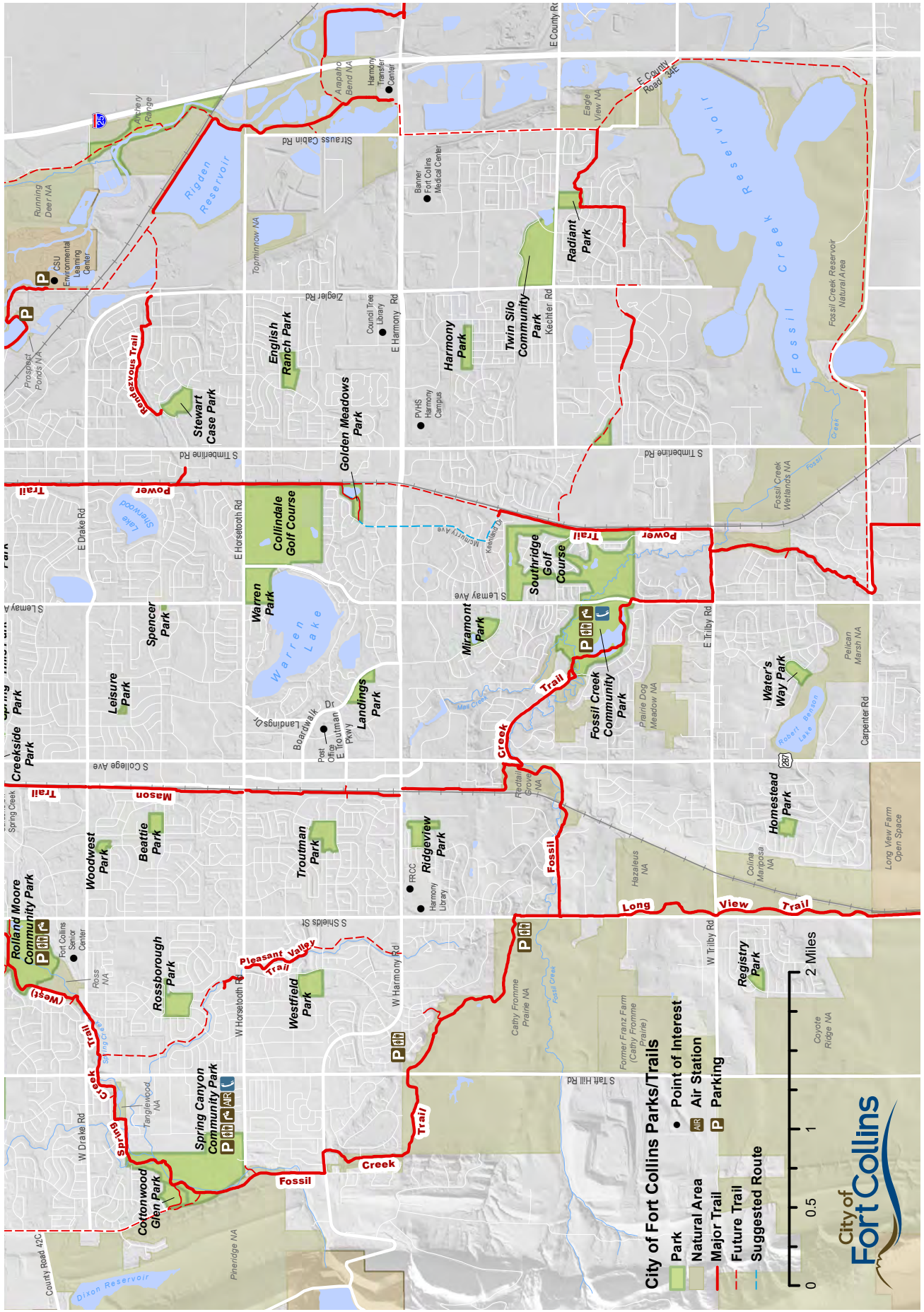
Woodwest Park

Woodwest Park

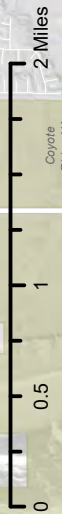
Woodwest Park

Woodwest Park

Woodwest Park



- ### City of Fort Collins Parks/Trails
- Park
 - Natural Area
 - Major Trail
 - Future Trail
 - Suggested Route
 - Point of Interest
 - Air Station
 - Parking



COMMUNITY PARKS

City Park

1500 W. Mulberry St.



Edora Park

1420 E. Stuart St.

Nearby School: Riffenburg Elementary



Fossil Creek Park

5821 S. Lemay Ave.



Lee Martinez Park

600 N. Sherwood St.



Rolland Moore Park

2201 S. Shields St.



Spring Canyon Park

2626 W. Horsetooth Rd.

Nearby School: Olander Elementary



Twin Silo Park

5480 Ziegler Rd

Nearby School: Fossil Ridge High School



NEIGHBORHOOD PARKS

Avery Park

1101 Castlerock Dr.



Buckingham Park

101 1st St.



Cottonwood Glen Park

3074 S. Overland Trl.



Crescent Park

2401 Bar Harbor Dr.



Creekside Park

200 Johnson Dr



Greenbriar Park

730 Willow Ln.



Homestead Park

7045 Avondale Rd.



Iron Horse Park

769 Ouzel Dr.



Landings Park

4351 Boardwalk Dr.



Legacy Park

300 Woodlawn Dr.



Library Park

207 Peterson St.



Miramont Park

5138 S. Boardwalk Dr.



Old Fort Collins Heritage Park

112 E. Willow St.



Overland Park

2930 Virginia Dale Dr.



Rabbit Brush Park

1114 Elgin Ct.



Registry Park

6820 Ranger Dr.



Richards Lake Park

2945 Parkside Dr.



Rogers Park

2515 W. Mulberry St.



Soft Gold Park

520 Hickory St.



Spring Park

2100 Matthews St.



Sugar Beet Park

524 San Cristo St.



Trail Head Park

Trail Head Neighborhood



Warren Park

1101 E. Horsetooth Rd.



Washington Park

301 Maple St.



Waters Way Park

715 Fairbourne Way



SCHOOLSIDE PARKS

Bacon Park

5830 S. Timberline Rd.



Nearby School: Bacon Elementary

Beattie Park

500 W. Swallow Rd.

Nearby School: Beattie Elementary



Blevins Park

2012 Hampshire Rd.



Nearby School: Blevins Middle School

Eastside Park

1000 E. Locust



Nearby School: Laurel Elementary

English Ranch Park

3825 Kingsley Dr.



Nearby School: Linton Elementary

Golden Meadows Park

4324 McMurray Ave.

Nearby School: Kruse Elementary



Harmony Park

5015 Corbett Dr.

Nearby School: Preston Middle School



Huidekoper Park

1808 W. Lancer Dr.

Nearby School: Lincoln Middle School



Radiant Park

3651 Kechter Rd.

Nearby School: Zach Elementary



Ridgeview Park

4700 Hinsdale Dr.

Nearby School: McGraw Elementary



Rosborough Park

1630 Casa Grande Blvd.

Nearby School: Rocky Mountain High School



Stew Case Park

2351 Pinecone Cr.

Nearby School: Fort Collins High School



Troutman Park

500 W. Troutman Pkwy.

Nearby School: Lopez Elementary



Westfield Park

4075 Seneca St.

Nearby School: Webber Middle School & Johnson Elementary



Woodwest Park

618 Powderhorn Dr.

Nearby School: Beattie Elementary



LEGEND

- Ball Fields
- Turf Sports Fields
- Pickleball
- Tennis
- Multi-use Sport Courts
- Basketball
- Skate Park
- Bike Facilities
- Reservable Shelters
- Shelters
- Year-round Restroom
- Splash Pad
- Dog Park
- Playground
- Undeveloped

MINI PARKS

Alta Vista Park

724 Alta Vista St.



Freedom Square Park

600 N. Shields



Indian Hills Park

801 E. Stuart St.

Leisure Park

2800 Leisure Dr.



Romero Park

421 10th St.



Spencer Park

1035 E. Swallow Rd.

URBAN PARKS

Civic Center Park

225 LaPorte Ave.

PLAZAS

Oak Street Plaza Park

120 W. Oak St.



SPECIAL USE PARKS

Archery Range

2825 SW Frontage Rd.

Poudre River Whitewater Park

201 E. Vine Dr.



PARKS & RECREATION

NOW HIRING FOR SUMMER!



FLEXIBLE SCHEDULES \ COMPETITIVE PAY \ VALUABLE EXPERIENCE \ LEARN NEW SKILLS

SEASONAL/HOURLY POSITIONS AVAILABLE:

- Camp counselors
- Lifeguards
- Preschool teachers
- Parks crew
- Swim instructors
- Clerical aides
- Building attendants

For more info and to view open positions
visit fcgov.com/recreation/join-us.

REDUCED FEE PROGRAM

Reduced fees available for income-qualified participants. Discounted passes and activities! Visit fcgov.com/reducedfee for more information.

PROGRAMA DE TARIFAS REDUCIDAS

Tarifas reducidas basadas en nivel de ingreso para participantes que reúnan los requisitos. Pase de recreación y actividades con descuento. Visite fcgov.com/reducedfee para obtener más información.



A Great Place TO GROW!



Summer camp

Swimming



Gymnastics



Gymnastics | Dance | Day Camp | Swimming | Preschool | Birthday Parties | Ninja Zone

mountain-kids.com | (970) 482-3118
419 E. STUART STREET FORT COLLINS, CO 80525