

Aqua Fitness Instructor Phone List (revised 01/28/2015)

Name	Phone	email	Classes	Sub Availability
Alden, Elva	482-0983	elvamaine@aol.com	7:30 am Twinges MWF EPIC	Twinges only
Danford, Suzy	631-7624	sdanford@comcast.net	7:30am F MP	Varies
Fleharty, Sarrah	970-466-1928	suhrah2011@gmail.com	6:30 am Classics MWF SC	Varies
Greenwood, Kathy	221-5903		Sub only SC	Varies
Harpham, Deanna	416-0757	dkharpham@comcast.net	9 am T/TH SC	Mornings
Hust, Sandy	282-6441	shust@pvrea.com	Sub only	Deep and others
Kalmbach, Cheryl	225-8042	cdkalmbach@earthlink.net	12:15pm Deep MWF MP, 7pm T/TH SC	Varies-M-F 8 am-8 pm
Kirk, Alma	484-9259	akambrosia@aol.com	4:15pm MWF SC & 5:15pm F SC	Early mornings
Livinghouse, Debbie	663-9358	ddlivinghouse@q.com	5:30pm Aqua-Box T/TH SC	
Lynch, Jane	691-2063	osolynch@msn.com	9:30 am Twinges MWF EPIC	Twinges only
Lockhart, Marcy	482-7678	marcydl@juno.com	Sub Only	Twinges only
Loose, Shami	568-3562	Shamera.Loose@colostate.edu	Sub Only	Deep/Aqua Box
Mathis, Cathy	223-0569	cathymathis1@msn.com	5:15pm MW SC	
Melcher, Cynthia	484-8373	birdswords@yahoo.com	Sub only, Deep	Varies after 5 PM or Noon Fri.
Nelson, Diana	493-4720	kaboom40@msn.com	Sub Only	Anytime after 9a
O'Halloran, Karin	222-6172	karino321@aol.com	5:25pm Deep T/TH EPIC	Deep H2O
Ohlheiser, Merry	217-6244	merry2@q.com	5:25pm Deep T/TH EPIC	Deep H2O
Pendleton, Michelle	435-275-4314	tatsome@gmail.com	7:30am MWF SC	Varies
Sellers, Nathan	970-640-5666	n8sell93@gmail.com	6:15pm MWF SC	
Schwindt, Patty	484-2904	patty.schwindt@colostate.edu	Sub Only	
Ubico, Sonya	581-2130	mcleanubico@msn.com	7:30 am MWF Classics EPIC, 4pm T/TH SC	Varies
Vaughan, Marty	223-2709	martyvau@comcast.net	7:30am MW MP, 10am T/TH SC	Varies
Wolhart, Heather	493-7167	nehe.hart@gmail.com	12:15pm & 1:15pm Twinges MWF SC	Twinges Plus
Young, Lynn	282-9836		8:30a & 9:30a MWF SC & 8am T/TH SC	Varies

Aquatics Coordinator - Krista Hobbs

Office: 221-6335 Emergency # 412-9329

Email: khobbs@fcgov.com

Employee Hotline - 416-2519 (use this number in inclement weather to find out if the facility is closed)

Want to look at the phone list and schedules online? <http://www.fcgov.com/recreation/lifeguards/>

Username: lifeguard Password: aquapass

EPIC: 221-6683 ext 3

Mulberry Pool: 221-6657

Senior Center: 221-6644 or 224-6031 (pool)



