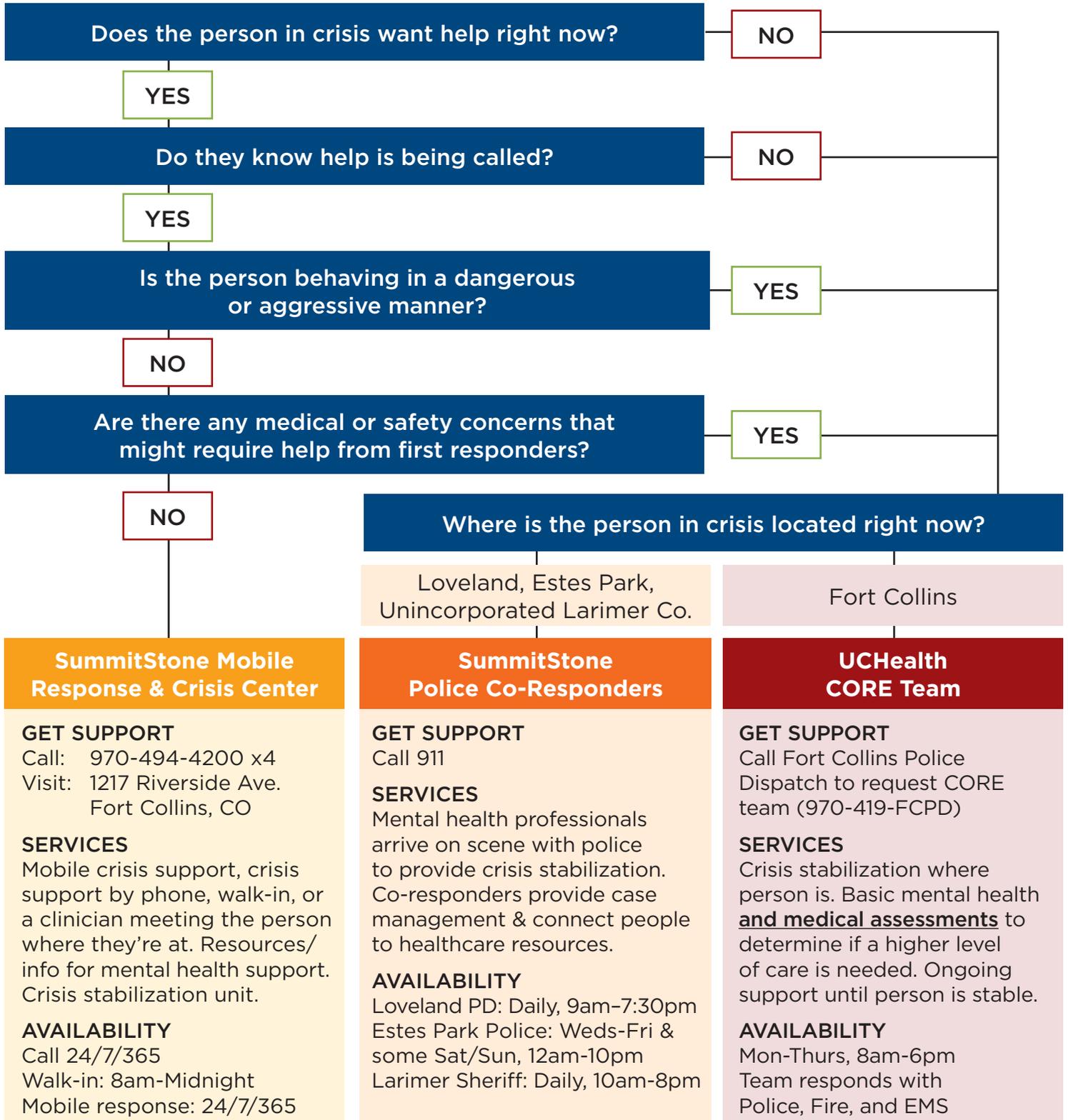


Mental Health Crisis Resources

If you or a loved one is experiencing a mental health crisis, resources are available right here in Larimer County. Find out where to get the right help for your situation.



Connections helps people dealing with mental health or substance use issues. Services are free or low cost. Free therapy also available for anyone affected by the pandemic. Call 970-221-5551 (not a crisis line).

Colorado 24/7 Crisis Hotline: Call 1-844-493-8255 or text "TALK" 38255