DISC GOLF **GENERAL RULES & GAME PLAY**

OBJECTIVE OF THE GAME

Disc Golf is played like traditional golf, but with disc golf discs instead of balls and clubs. One throw (stroke) is counted each time a player throws their disc. The goal is to play each hole in the fewest throws possible. The player with the lowest total throws (strokes) for the entire course wins.

SAFETY FIRST

Never throw into a blind area or when players, spectators, pedestrians, or other park users are within range. Use a spotter when necessary.

TEE THROWS

Each hole begins with a throw from the designated tee pad. Players must be within the tee pad area at the point of release. Players may follow-through past the end of the tee pad after the release.

The lie is the spot where the player's previous throw has landed. Mark each lie with a mini marker disc or leave the thrown disc on the ground where it landed. The player's next throw should be made from directly behind the marked lie.

THROWING ORDER

The player with the least amount of strokes on the previous hole is the first to tee off on the next hole. Ties do not change the throwing order. After all players have teed off, the player whose disc is farthest from the target always throws first.

FAIRWAY THROWS

For throws more than 10 meters (about 33 ft) of the target, a player must be behind the lie at the point of release, but may follow-through past the lie after or play from the point at which their disc crossed the release.

PUTTING

Any throw within 10 meters (about 33 ft) of the target requires that the player maintain contact and balance behind the marker disc for the entire throw.

COMPLETION OF HOLE

A disc that comes to rest in the disc golf basket or suspended in the chains constitutes the successful completion of that hole.

OUT OF BOUNDS

Out of Bounds areas include roads, paths, water, fences, parking lots and anything additionally marked on the tee signs. Any throw landing completely out of bounds will immediately result in a 1 stroke penalty. A player who has thrown out of bounds may then re-throw from their previous lie, into out of bounds.

SCORING

Each players' scores are calculated after each hole and is the total number of throws, including penalty strokes. The total score for the round is the sum of all hole scores, plus any additional penalty strokes.

- Stand behind or out of the way of the player who is throwing. Reduce noise and avoid unnecessary movements when others are throwing.
- Help new players learn the rules.
- Keep language and actions family friendly.
- Allow faster groups to play through when possible.
- Turn music down so others can enjoy nature.
- Help pick up trash and put in proper receptacles.
- Do no alter or damage the course (trees, bushes, etc.) in any way.

OFFICIAL RULES

For a full list of current rules please visit www.PDGA.com/rules











