



MY INTERPRETIVE PROGRAMS A Self-Critique

VERBAL COMMUNICATION

- VOLUME:** Was I loud enough to be heard? Was the volume appropriate for the size of the group? Did I vary my tone to express feelings?
- CLARITY:** Did I try to compete with other noises? Were my words pronounced clearly?
- DIRECTION:** Did I face the audience while speaking?
- PACING:** Was my speaking rate varied for emphasis and feeling? Was the amount of narrative varied per stop, topic, slide, etc.?
- FEELINGS:** Was I positive toward the audience at all times? Did I express enthusiasm, warmth, and interest? Did I avoid sarcasm even if I received it?

NON-VERBAL COMMUNICATION

- GATHERING:** Did I provide an opportunity for the audience to settle before starting the presentation?
- BODY LANGUAGE:** Did I use body motions for emphasis, such as pointing and gesturing? Did I avoid distracting motions such as rocking, arms folded, hands in pockets? Did I guide the audience with moves such as walking briskly?
- FACIAL GESTURES:** Did I use facial expressions such as nodding and smiling, and facing the audience when listening?
- EYE CONTACT:** Did I make eye contact with the audience? Did I move my eyes from person to person while speaking? Did I wear sunglasses while speaking or listening?
- MODELING:** Did I do what I wanted my audience to do? (i.e. bending over to look at something closely, standing quietly to listen to sounds, etc.)
- RECEPTIVITY:** Did I appear available for discussion before and after the program? Was I supportive to audience responses during the program?
- LISTENING:** Was I attentive to comments, questions, and concerns by acknowledging the speaker with facial gestures? Did I wait for questions and answers to sink in?
- POSITION:** Did I locate myself for best visibility and audibility? Did I position myself so that the audience faced away from the sun? Did I avoid blocking a view from the audience or separating the audience?

CONTENT OF TALK

- GATHERING:** Did I analyze the audience's interests, capabilities, and level of knowledge?
- INTRODUCTION:** Did I use the introduction for structuring the program?
- LEVEL OF KNOWLEDGE:** Did the audience understand the words I used? Did I define the words? Could I accurately gauge their level of understanding?
- TRANSITIONS:** Did I move from topic to topic, and/or from stop to stop, by making connections between them?
- DEVIATIONS:** Did I permit spontaneous interpretation by recognizing audience interests, and spontaneous events? (i.e. a deer appearing in the meadow, etc.)
- QUESTIONS:** Did I respond to questions courteously and accurately? Did I repeat the question so everyone knew what I was talking about? Did I involve others? Did I use questions to elicit audience participation and to lead to objectives?
- CONCLUSION:** Did I summarize the program? Did I clearly conclude the program?

AUDIENCE

- NON-VERBAL:** What did the audiences' non-verbal behavior communicate to me? Were they listening and responding? Were they looking at me? Were they fidgeting, talking to others, day dreaming?
- SUITABILITY:** Was the topic of interest to the audience? Was the program what they expected? Did I acknowledge different types of people in the audience, if appropriate (children, families, seniors, etc.)
- QUESTIONS:** Did the questions relate to the topic? Did the questions reflect misunderstanding? Were there questions on topics that I should have included in the program?



naturally yours