

# RULES & REGS

- + Use and possession of marijuana is **prohibited on campus**. Students who use, possess or transfer marijuana on campus are in violation of the Student Conduct Code and are subject to disciplinary action.
- + Colorado residents 21 and older can legally purchase and possess **up to 1 ounce** of recreational marijuana.
- + Medical marijuana can be sold to patients 18 and older who have a **physician's recommendation**.\*
- + If you are 21, it is legal to use recreational marijuana **within your home or on your property**, but NOT in public or public view.
- + It is illegal to sell or transfer marijuana to persons **under the age of 21**.
- + It is **illegal to drive under the influence of marijuana**. A DUI (sometimes called DUID) from marijuana has the same sentence and consequences as from alcohol.
- + Smoking marijuana on ski hills or in National Parks can subject you to a **\$5,000 fine – even if you are of legal age**. Your pass can be revoked, and you can be permanently banned from the ski hill.
- + **Respect the rights of others**. Be courteous and respect the preferences of those who wish to avoid marijuana altogether.

\*CSU Health Network physicians do not provide recommendations for medical marijuana.

Colorado State University

## CSU HEALTH NETWORK

CARE FOR BODY AND MIND

### FOR MORE INFORMATION

CSU Health Network  
[health.colostate.edu/resources/marijuana](http://health.colostate.edu/resources/marijuana)

[colorado.gov/marijuana](http://colorado.gov/marijuana)

CSU Health Network DAY Program  
(Drugs, Alcohol and You)  
(970) 491-4693

**MARIJUANA**  
+ you

# MARIJUANA'S EFFECTS

**Used to treat** symptoms of cancer, HIV/AIDS, glaucoma, and multiple sclerosis.

**Suppresses** the gag reflex; which can prevent someone from vomiting after drinking dangerous amounts of alcohol.

**Triggers** hunger ("the munchies") and potential weight gain.

**Can be harmful to** dogs and cats when ingested.

**Creates** a happy, relaxed or "high" feeling.

**Triggers** increased heart rate and blood pressure.

**Decreases** fertility (after long-term use).

**Linked to** depression, anxiety, suicidal thoughts and attempts, psychosis, schizophrenia, and personality disturbances, including anti-social behavior.

**Causes** lung irritation, coughing, and respiratory illness (when smoked).

**Decreases** quality of sleep, which can impact memory, mood, concentration, and the immune system.

**Decreases** depth perception, motor coordination, and reaction time.



## SAFETY TIPS

- + **Buy from a licensed source**, so you know what's in it.
- + **Know your limits.** If use impairs your health, relationships, personal development or achievement, stop.
- + **Drive while high, and you risk the same consequences as driving while drunk.**
- + **Be cautious of "dabbing"** - using very potent concentrated forms of marijuana hash oil (wax, shatter, earwax, budder, etc.).
- + **Consume edibles with caution.** Concentrations can vary widely in marijuana-infused products.
- + **Take care of your lungs.**
- + **Protect your pets.** Marijuana and marijuana-infused products should be properly stored.