## Right Sizing Pipe Based on Modern Materials and Flow Rates

## Plumbing Efficiency Workshop:

Forecasting code changes where water meets energy

Fort Collins, Colorado
March 4, 2020


# City of Fort Collins Building and Plumbing Code: Effective January 12, 2019 

| Maximum Flow Rates and Water Consumption for Plumbing Fixtures <br> All fixtures listed below must be Environmental Protection Agency (EPA) WaterSense $®$-labeled fixtures, excluding fixtures and fittings that are not labeled under the WaterSense program. |  |  |  |
| :---: | :---: | :---: | :---: |
| International Plumbing Code (Commercial) |  | International Residential Code |  |
| Lavatory faucet, private | $1.5 \mathrm{gpm}-\mathrm{I}$ and R Occupancies (e.g. hospitals, assisted living facilities, multifamily, hotels, dormitories) 0.5 gpm - all other occupancies | Lavatory faucet | $1.5 \underset{\mathrm{psi}}{\mathrm{pgm}} \text { at } 60$ |
| Lavatory, faucet public (metering) | 0.25 gpm |  |  |
| Lavatory faucet, public (other than metering) | 0.5 gpm |  |  |
| Showerhead | 2.0 gpm - I and E occupancies (e.g. hospitals, assisted living facilities, K-12 schools, education facilities) <br> 1.8 gpm - all other occupancies | Showerhead | $\underset{\mathrm{psi}}{1.8 \mathrm{gpm}} \text { at } 80$ |
| Sink faucet | 1.8 gpm | Sink faucet | $1.8 \underset{\mathrm{psi}}{\mathrm{gpm}} \text { at } 60$ |
| Urinal | 0.5 gpf |  |  |
| Water closet | 1.28 gpf and $\mathrm{min} 600 \mathrm{MaP}{ }^{\text {® }}$ | Water closet | ```1.28 gpf AND minimum MaP® of 600 grams``` |
| Bar sinks (food service) | 2.2 gpm |  |  |
| Pre-rinse spray valve | 1.28 gpm |  |  |


\section*{Let's Start with a Typical Dwelling <br> | Total | Hot | Cold |
| :--- | :--- | :--- |
| GPM | GPM | GPM |}


| Master Bathroom |  |  |  |
| :---: | :---: | :---: | :---: |
| 2 Lavatory sinks | 1.5 | 1.5 | 1.5 |
| 1 Shower | 1.8 | 1.25 | 1.25 |
| 1 Stand alone tub | 5.0 | 5.0 | 5.0 |
| 1 Toilet, 1.28 gpf | 3.0 | 0 | 3.0 |
| Bath 2 |  |  |  |
| 1 Lavatory sink | 1.5 | 1.5 | 1.5 |
| 1 Tub/Shower Combo |  |  |  |
| Tub | 4.0 | 2.8 | 2.8 |
| Shower | 1.8 | 1.25 | 1.25 |
| 1 Toilet, 1.28 gpf | 3.0 | 0 | 3.0 |
| Kitchen |  |  |  |
| 1 Kitchen sink | 1.8 | 1.8 | 1.8 |
| 1 Dishwasher | 1.5 | 1.5 | 0 |
| Laundry Room |  |  |  |
| 1 Washing Machine | 3.5 | 3.5 | 3.5 |

## Pipe Sizing Methods

## Which one(s) do you use?

1. International Code Council
2. International Residential Code (IRC)
3. International Plumbing Code (IPC)
4. Local adoption as amended?
5. International Association of Plumbing and Mechanical Officials (IAPMO)
6. Uniform Plumbing Code (UPC)
7. Location adoption as amended?
8. American Society of Heating, Refrigeration and Airconditioning Engineers (ASHRAE)
9. American Society of Plumbing Engineers (ASPE)
10. Others?

TABLE AP103.3(2)
LOAD VALUES ASSIGNED TO FIXTURES*

| FIXTURE | OCCUPANCY | TYPE OF SUPPLYCONTROL CONTROL | LOAD VALUES, IN WATER SUPPLY FIXTURE UNITS (w.s.f.u.) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Cold | Hot | Total |
| Bathroom group | Private | Flush tank | 2.7 | 1.5 | 3.6 |
| Bathroom group | Private | Flushometer valve | 6.0 | 3.0 | 8.0 |
| Bathtub | Private | Faucet | 1.0 | 1.0 | 1.4 |
| Bathtub | Public | Faucet | 3.0 | 3.0 | 4.0 |
| Bidet | Private | Faucet | 1.5 | 1.5 | 2.0 |
| Combination fixture | Private | Faucet | 2.25 | 2.25 | 3.0 |
| Dishwashing machine | Private | Automatic | - | 1.4 | 1.4 |
| Drinking fountain | Offices, etc. | ${ }^{1} 8{ }_{8}$ valve | 0.25 | - | 0.25 |
| Kitchen sink | Private | Faucet | 1.0 | 1.0 | 1.4 |
| Kitchen sink | Hotel, restaurant | Faucet | 3.0 | 3.0 | 4.0 |
| Laundry trays (1 to 3) | Private | Faucet | 1.0 | 1.0 | 1.4 |
| Lavatory | Private | Faucet | 0.5 | 0.5 | 0.7 |
| Lavatory | Public | Faucet | 1.5 | 1.5 | 2.0 |
| Service sink | Offices, etc. | Faucet | 2.25 | 2.25 | 3.0 |
| Shower head | Public | Mixing valve | 3.0 | 3.0 | 4.0 |
| Shower head | Private | Mixing valve | 1.0 | 1.0 | 1.4 |
| Urinal | Public | $1^{\prime \prime}$ flushometer valve | 10.0 | - | 10.0 |
| Urinal | Public | $3 / 4$ " flushometer valve | 5.0 | - | 5.0 |
| Urinal | Public | Flush tank | 3.0 | - | 3.0 |
| Washing machine (8 lb) | Private | Automatic | 1.0 | 1.0 | 1.4 |
| Washing machine (8 1b) | Public | Automatic | 2.25 | 2.25 | 3.0 |
| Washing machine ( 15 lb ) | Public | Automatic | 3.0 | 3.0 | 4.0 |
| Water closet | Private | Flushometer valve | 6.0 | - | 6.0 |
| Water closet | Private | Flush tank | 2.2 | - | 2.2 |
| Water closet | Public | Flushometer valve | 10.0 | - | 10.0 |
| Water closet | Public | Flush tank | 5.0 | - | 5.0 |
| Water closet | Public or private | Flushometer tank | 2.0 | - | 2.0 |

a. For fixtures not listed, loads should be assumed by comparing the fixture to one listed using water in similar quantities and at similar rates. The assigned loads
for fixtures with both hot and cold water supplies are given for separate hot and cold water loads, and for total load. The separate hot and cold water loads are
three-fourths of the total load for the fixture in each case. three-fourths of the total load for the fixture in each case

BATHROOM GROUP. A group of fixtures consisting of a water closet, lavatory, bathtub or shower, including or excluding a bidet, an emergency floor drain or both. Such fixtures are located together on the same floor level.

## Pipe Sizing - 2018 IRC

| Total | Hot | Cold |
| :--- | :--- | :--- |
| wsfu | wsfu | wsfu |

Master Bathroom
2 Lavatory sinks
1 Shower
1 Stand alone tub
1 Toilet, 1.28 gpf
Bath 2
1 Bathroom group
1 Lavatory sink
1 Tub/Shower Combo
1 Toilet, 1.28 gpf
Kitchen
1 Kitchen sink
1 Dishwasher
Laundry Room
1 Washing Machine

| 1.4 | 1.0 | 1.0 |
| :--- | :--- | :--- |


| 1.4 | 1.4 | 0 |
| :--- | :--- | :--- |


| 1.4 | 1.0 | 1.0 |
| :--- | :--- | :--- |
| 14.2 | 7.9 | 9.9 |

## Pipe Sizing - 2018 IRC

Total: 14.2 wsfu / 17.1 gpm Hot: 7.9 wsfu / 12.7 gpm

Cold: 9.9 wsfu / 14.5 gpm

TABLE AP103.3(3)
TABLE FOR ESTIMATING DEMAND

| SUPPLY SYSTEMS PREDOMINANTLY FOR FLUSH TANKS |  |  | SUPPLY SYSTEMS PREDOMINANTLY FOR FLUSHOMETERS |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Load | Demand |  | Load | Demand |  |
| (w.s.f.u.) | (gpm) | (cfm) | (w.s.f.u.) | (gpm) | (cfm) |
| 1 | 3.0 | 0.04104 | - | - | - |
| 2 | 5.0 | 0.0684 | - | - | - |
| 3 | 6.5 | 0.86892 | - | - | - |
| 4 | 8.0 | 1.06944 | - | - | - |
| 5 | 9.4 | 1.256592 | 5 | 15.0 | 2.0052 |
| 6 | 10.7 | 1.430376 | 6 | 17.4 | 2.326032 |
| 7 | 11.8 | 1.577424 | 7 | 19.8 | 2.646364 |
| 8 | 12.8 | 1.711104 | 8 | 22.2 | 2.967696 |
| 9 | 13.7 | 1.831416 | 9 | 24.6 | 3.288528 |
| 10 | 14.6 | 1.951728 | 10 | 27.0 | 3.60936 |
| 11 | 15.4 | 2.058672 | 11 | 27.8 | 3.716304 |
| 12 | 16.0 | 2.13888 | 12 | 28.6 | 3.823248 |
| 13 | 16.5 | 2.20572 | 13 | 29.4 | 3.930192 |
| 14 | 17.0 | 2.27256 | 14 | 30.2 | 4.037136 |
| 15 | 17.5 | 2.3394 | 15 | 31.0 | 4.14408 |
| 16 | 18.0 | 2.90624 | 16 | 31.8 | 4.241024 |
| 17 | 18.4 | 2.459712 | 17 | 32.6 | 4.357968 |
| 18 | 18.8 | 2.513184 | 18 | 33.4 | 4.464912 |

## Pipe Sizing - 2018 IRC

Total: 17.1 gpm

Hot: 12.7 gpm

- 3/4"

Cold: 14.5 gpm

- 3/4"



## Pipe Sizing for Peak Flows

## Standard Method

AN AMERICAN NATIONAL STANDARO
IAPMO/ANSI UPC I - 2010

## Appendix M:

2018
UNIFORM
pIOMBNG
COD:
Water Demand Calculator

| PROJECT NAME : | Tuesday, July 24, 2018 11:04 PM |  |  |  | elect Unit | ts $\downarrow$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | XXX-XXX |  | GPM | LPM | LPS |
| FIXTURE GROUPS |  | $\begin{gathered} {[\mathrm{A}]} \\ \text { FIXTURE } \end{gathered}$ | [B] ENTER NUMBER OF FIXTURES | $\begin{gathered} \text { [C] } \\ \text { PROBABILITY } \\ \text { OF USE } \\ \text { (\%) } \end{gathered}$ | [D] ENTER FIXTURE FLOW RATE (GPM) | [E] MAXIMUM RECOMMENDED FIITURE FLLW RATE (GPM) |
| Bathroom Fixtures | 1 | Bathtub (no Shower) | 0 | 1.0 | 5.5 | 5.5 |
|  | 2 | Bidet | 0 | 1.0 | 2.0 | 2.0 |
|  | 3 | Combination Bath/Shower | 0 | 5.5 | 5.5 | 5.5 |
|  | 4 | Faucet, Lavatory | 0 | 2.0 | 1.5 | 1.5 |
|  | 5 | Shower, per head (no Bathtub) | 0 | 4.5 | 2.0 | 2.0 |
|  | 6 | Water Closet, 1.28 GPF Gravity Tank | 0 | 1.0 | 3.0 | 3.0 |
| Kitchen Fixtures | 7 | Dishwasher | 0 | 0.5 | 1.3 | 1.3 |
|  | 8 | Faucet, Kitchen Sink | 0 | 2.0 | 2.2 | 2.2 |
| Laundry Room Fixtures | 9 | Clothes Washer | 0 | 5.5 | 3.5 | 3.5 |
|  | 10 | Faucet, Laundry | 0 | 2.0 | 2.0 | 2.0 |
| Bar/Prep Fixtures | 11 | Faucet, Bar Sink | 0 | 2.0 | 1.5 | 1.5 |
| Other Fixtures | 12 | Fixture 1 | 0 | 0.0 | 0.0 | 6.0 |
|  | 13 | Fixture 2 | 0 | 0.0 | 0.0 | 6.0 |
|  | 14 | Fixture 3 | 0 | 0.0 | 0.0 | 6.0 |
| Total Number of Fixtures 0 |  |  |  |  |  | RUN WATER |
| $99^{\text {th }}$ PERCENTILE DEMAND FLOW $=$ |  |  |  | GPM | RESET | DEMAND CALCULATOR |

$\uparrow$ CLICK BUTTON $\uparrow$

## Appendix M

1. Provides a method to estimate the demand load for the building water supply and principal branches

- For single and multi-family dwellings
- With water conserving plumbing fixtures, fixture fittings and appliances

2. The method used in the Peak Water Demand Calculator is based on probabilities of simultaneous use from residential water use surveys and actual fixture flow rates
3. A useful tool for "right-sizing" pipe.

## Pipe Sizing - Appendix M



| FIXTURE GROUPS | [A] <br> FIXTURE |  | [B] <br> ENTER <br> NUMBER <br> OF <br> FIXTURES | [C] PROBABILITY OF USE (\%) | [D] <br> ENTER <br> FIXTURE <br> FLOW RATE <br> (GPM) | [E] <br> MAXIMUM <br> RECOMMENDED <br> FIXTURE FLOW <br> RATE (GPM) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bathroom <br> Fixtures | 1 | Bathtub (no Shower) | 1 | 1.0 | 5.0 | 5.5 |
|  | 2 | Bidet | 0 | 1.0 | 2.0 | 2.0 |
|  | 3 | Combination Bath/Shower | 1 | 5.5 | 4.0 | 5.5 |
|  | 4 | Faucet, Lavatory | 3 | 2.0 | 1.5 | 1.5 |
|  | 5 | Shower, per head (no Bathtub) | 1 | 4.5 | 1.8 | 2.0 |
|  | 6 | Water Closet, 1.28 GPF Gravity Tank | 2 | 1.0 | 3.0 | 3.0 |
| Kitchen Fixtures | 7 | Dishwasher | 1 | 0.5 | 1.3 | 1.3 |
|  | 8 | Faucet, Kitchen Sink | 1 | 2.0 | 1.8 | 2.2 |
| Laundry Room <br> Fixtures | 9 | Clothes Washer | 1 | 5.5 | 3.5 | 3.5 |
|  | 10 | Faucet, Laundry | 0 | 2.0 | 2.0 | 2.0 |
| Bar/Prep Fixtures | 11 | Faucet, Bar Sink | 0 | 2.0 | 1.5 | 1.5 |
| Other Fixtures | 12 | Fixture 1 | 0 | 0.0 | 0.0 | 6.0 |
|  | 13 | Fixture 2 | 0 | 0.0 | 0.0 | 6.0 |
|  | 14 | Fixture 3 | 0 | 0.0 | 0.0 | 6.0 |


| Total Number of Fixtures | 11 |  |  |
| :---: | :---: | :---: | :---: |
| $99^{\text {th }}$ PERCENTILE DEMAND FLOW $=$ | 7.5 | GPM | RUN WATER <br> REMAND <br> DEALCULATOR |

## Pipe Sizing - Appendix M



| FIXTURE GROUPS | [A] <br> FIXTURE |  | [B] <br> ENTER <br> NUMBER <br> OF <br> FIXTURES | [C] PROBABILITY OF USE (\%) | [D] <br> ENTER <br> FIXTURE FLOW RATE (GPM) | [E] <br> MAXIMUM <br> RECOMMENDED <br> FIXTURE FLOW <br> RATE (GPM) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bathroom <br> Fixtures | 1 | Bathtub (no Shower) | 1 | 1.0 | 5.0 | 5.5 |
|  | 2 | Bidet | 0 | 1.0 | 2.0 | 2.0 |
|  | 3 | Combination Bath/Shower | 1 | 5.5 | 2.8 | 5.5 |
|  | 4 | Faucet, Lavatory | 3 | 2.0 | 1.5 | 1.5 |
|  | 5 | Shower, per head (no Bathtub) | 1 | 4.5 | 1.3 | 2.0 |
|  | 6 | Water Closet, 1.28 GPF Gravity Tank | 0 | 1.0 | 3.0 | 3.0 |
| Kitchen Fixtures | 7 | Dishwasher | 1 | 0.5 | 1.3 | 1.3 |
|  | 8 | Faucet, Kitchen Sink | 1 | 2.0 | 1.8 | 2.2 |
| Laundry Room Fixtures | 9 | Clothes Washer | 1 | 5.5 | 3.5 | 3.5 |
|  | 10 | Faucet, Laundry | 0 | 2.0 | 2.0 | 2.0 |
| Bar/Prep Fixtures | 11 | Faucet, Bar Sink | 0 | 2.0 | 1.5 | 1.5 |
| Other Fixtures | 12 | Fixture 1 | 0 | 0.0 | 0.0 | 6.0 |
|  | 13 | Fixture 2 | 0 | 0.0 | 0.0 | 6.0 |
|  | 14 | Fixture 3 | 0 | 0.0 | 0.0 | 6.0 |


| Total Number of Fixtures | 9 | GPM | RESET |
| :---: | :---: | :---: | :---: |
| $99^{\text {th }}$ PERCENTILE DEMAND FLOW $=$ | 6.5 | RUN WATER <br> DEMAND <br> CALCULATOR |  |

## Pipe Sizing - Appendix M



## Pipe Sizing - Appendix M

Total: 7.5 gpm

- 3/4"

Hot: 6.5 gpm

- 1/2"

Cold: 6.5 gpm

- 1/2"


PRESSURE DROP PER 100 FEET OF FUBE, POUNDS PER SQUARE INCH

FRICTION LOSS IN SMOOTH PIPE ${ }^{a}$ (TYPE L, ASTM B88 COPPER TUBING)

## Pipe Sizing - Appendix M

Total: 7.5 gpm

- 3/4"

Hot: 6.5 gpm

- 3/4"

Cold: 6.5 gpm

- 3/4"

Nomograph from UPC
Appendix I (PEX)


## Pipe Sizing

## Multi-family Apartment Building

- 10 story
- 4 units per floor
- 40 total units



## Pipe Sizing



## Pipe Sizing



## Pipe Sizing - 2018 IRC



Pipe Sizing - 2018 IRC


Pipe Sizing - 2018 IRC


## Pipe Sizing - Appendix M



Pipe Sizing - Appendix M


## Pipe Sizing - Comparison

## 2018 IRC

1 unit
Hot: $\quad 12.7 \mathrm{gpm}\left(3 / 4^{\prime \prime}\right)$
Cold: $14.5 \mathrm{gpm}\left(3 / 4^{\prime \prime}\right)$
2 units
Hot: $\quad 17.9 \mathrm{gpm}\left(\mathbf{1}^{\prime \prime}\right)$
Cold: $19.5 \mathrm{gpm}\left(1^{\prime \prime}\right)$
20 units
Hot: $\quad 56.6 \mathrm{gpm}\left(2^{\prime \prime}\right)$
Cold: $64.5 \mathrm{gpm}\left(2^{\prime \prime}\right)$
40 units
Hot: $\quad 89$ gpm (2-1/2")
Cold: $105 \mathrm{gpm}\left(2-1 / 2^{\prime \prime}\right)$
Total:

Appendix M
1 unit
Hot: $6.5 \mathrm{gpm}\left(1 / 2^{\prime \prime}\right)$
Cold: $6.5 \mathrm{gpm}\left(1 / 2^{\prime \prime}\right)$
2 units
Hot: $\quad 8.5 \mathrm{gpm}\left(3 / 4^{\prime \prime}\right)$
Cold: $8.5 \mathrm{gpm}\left(3 / 4^{\prime \prime}\right)$
20 units
Hot: 24.8 gpm (1-1/4")
Cold: $26.7 \mathrm{gpm}\left(1-1 / 4^{\prime \prime}\right)$
40 units
Hot: $\quad 41.9$ gpm (1-1/2")
Cold: $\quad 45.3 \mathrm{gpm}\left(1-1 / 2^{\prime \prime}\right)$
Total: $\quad 51.4 \mathrm{gpm}\left(2^{\prime \prime}\right)$

## In General...

1. 2018 International Codes base pipe sizing on WSFU (water supply fixture units) which do not reflect actual fixture flow rates and water efficiency standards
2. Appendix M (IAPMO-2018 UPC) is based on probabilities of simultaneous use from residential water use surveys and actual fixture flow rates
3. Appendix $M$ will generally result in a reduction of pipe size by 1 to 2 nominal sizes

## Questions?

## Thank you!

