Right Sizing Pipe Based on Modern Materials and Flow Rates

Plumbing Efficiency Workshop:

Forecasting code changes where water meets energy

Fort Collins, Colorado March 4, 2020

Gary Klein

Matthew Harrison

gary@garykleinassociates.com

916-549-7080

Matthewfrankharrison@gmail.com

678-787-5365

Copyright 2020 Gary Klein, and Matthew Harrison

City of Fort Collins Building and Plumbing Code: Effective January 12, 2019

Maximum Flow Rates and Water Consumption for Plumbing Fixtures

All fixtures listed below must be Environmental Protection Agency (EPA) WaterSense®-labeled fixtures, excluding fixtures and fittings that are not labeled under the WaterSense program.

International Plum	International Residential Code			
Lavatory faucet, private	 1.5 gpm – I and R Occupancies (e.g. hospitals, assisted living facilities, multifamily, hotels, dormitories) 0.5 gpm – all other occupancies 	Lavatory faucet	1.5 pgm at 60	
Lavatory, faucet public (metering)	0.25 gpm		psi	
Lavatory faucet, public (other than metering)	0.5 gpm			
Showerhead	 2.0 gpm - I and E occupancies (e.g. hospitals, assisted living facilities, K-12 schools, education facilities) 1.8 gpm - all other occupancies 	Showerhead	1.8 gpm at 80 psi	
Sink faucet	1.8 gpm	Sink found	1.8 gpm at 60	
Urinal	0.5 gpf	Sink laucet	psi	
Water closet	1.28 gpf and min 600 MaP®		1.28 gpf AND	
Bar sinks (food service)	2.2 gpm	Water closet	minimum MaP® of 600	
Pre-rinse spray valve	1.28 gpm		grams	

gpm: gallons per minute gpf: gallons per flush

Let's Start with a Typical Dwelling

	Total	Hot	Cold
	GPM	GPM	GPM
Master Bathroom			
2 Lavatory sinks	1.5	1.5	1.5
1 Shower	1.8	1.25	1.25
1 Stand alone tub	5.0	5.0	5.0
1 Toilet, 1.28 gpf	3.0	0	3.0
Bath 2			
1 Lavatory sink	1.5	1.5	1.5
1 Tub/Shower Combo			
Tub	4.0	2.8	2.8
Shower	1.8	1.25	1.25
1 Toilet, 1.28 gpf	3.0	0	3.0
Kitchen			
1 Kitchen sink	1.8	1.8	1.8
1 Dishwasher	1.5	1.5	0
Laundry Room			
1 Washing Machine	3.5	3.5	3.5

Pipe Sizing Methods

Which one(s) do you use?

- 1. International Code Council
 - 1. International Residential Code (IRC)
 - 2. International Plumbing Code (IPC)
 - 3. Local adoption as amended?
- 2. International Association of Plumbing and Mechanical Officials (IAPMO)
 - 1. Uniform Plumbing Code (UPC)
 - 2. Location adoption as amended?
- 3. American Society of Heating, Refrigeration and Airconditioning Engineers (ASHRAE)
- 4. American Society of Plumbing Engineers (ASPE)
- 5. Others?

TABLE AP103.3(2) LOAD VALUES ASSIGNED TO FIXTURES*

EIXTURE	OCCURANCY	TYPE OF SUPPLY CONTROL	LOAD VALUES, IN WATER SUPPLY FIXTURE UNITS (w.s.f.u.)			
FIATURE	OCCOPANCY		Cold	Hot	Total	
Bathroom group	Private	Flush tank	2.7	1.5	3.6	
Bathroom group	Private	Flushometer valve	6.0	3.0	8.0	
Bathtub	Private	Faucet	1.0	1.0	1.4	
Bathtub	Public	Faucet	3.0	3.0	4.0	
Bidet	Private	Faucet	1.5	1.5	2.0	
Combination fixture	Private	Faucet	2.25	2.25	3.0	
Dishwashing machine	Private	Automatic	—	1.4	1.4	
Drinking fountain	Offices, etc.	3/8" valve	0.25	—	0.25	
Kitchen sink	Private	Faucet	1.0	1.0	1.4	
Kitchen sink	Hotel, restaurant	Faucet	3.0	3.0	4.0	
Laundry trays (1 to 3)	Private	Faucet	1.0	1.0	1.4	
Lavatory	Private	Faucet	0.5	0.5	0.7	
Lavatory	Public	Faucet	1.5	1.5	2.0	
Service sink	Offices, etc.	Faucet	2.25	2.25	3.0	
Shower head	Public	Mixing valve	3.0	3.0	4.0	
Shower head	Private	Mixing valve	1.0	1.0	1.4	
Urinal	Public	1" flushometer valve	10.0	—	10.0	
Urinal	Public	3/4" flushometer valve	5.0	_	5.0	
Urinal	Public	Flush tank	3.0	—	3.0	
Washing machine (8 lb)	Private	Automatic	1.0	1.0	1.4	
Washing machine (8 lb)	Public	Automatic	2.25	2.25	3.0	
Washing machine (15 lb)	Public	Automatic	3.0	3.0	4.0	
Water closet	Private	Flushometer valve	6.0	—	6.0	
Water closet	Private	Flush tank	2.2	—	2.2	
Water closet	Public	Flushometer valve	10.0	—	10.0	
Water closet	Public	Flush tank	5.0	_	5.0	
Water closet	Public or private	Flushometer tank	2.0	—	2.0	

For SI: 1 inch = 25.4 mm, 1 pound = 0.454 kg.

a. For fixtures not listed, loads should be assumed by comparing the fixture to one listed using water in similar quantities and at similar rates. The assigned loads for fixtures with both hot and cold water supplies are given for separate hot and cold water loads, and for total load. The separate hot and cold water loads are three-fourths of the total load for the fixture in each case.

BATHROOM GROUP. A group of fixtures consisting of a water closet, lavatory, bathtub or shower, including or excluding a bidet, an *emergency floor drain* or both. Such fixtures are located together on the same floor level.

	Total	Hot	Cold
	<u>wsfu</u>	wsfu	wsfu
Master Bathroom			
2 Lavatory sinks	1.4	1.0	1.0
1 Shower	1.4	1.0	1.0
1 Stand alone tub	1.4	1.0	1.0
1 Toilet, 1.28 gpf	2.2	0	2.2
Bath 2			
1 Bathroom group	3.6	1.5	2.7
1 Lavatory sink	0.7	0.5	0.5
1 Tub/Shower Combo	3.0	2.25	2.25
1 Toilet, 1.28 gpf	2.2	0	2.2
Kitchen			
1 Kitchen sink	1.4	1.0	1.0
1 Dishwasher	1.4	1.4	0
Laundry Room			
1 Washing Machine	<u>1.4</u>	1.0	1.0
	14.2	7.9	9.9

Total: 14.2 wsfu / 17.1 gpm **Hot:** 7.9 wsfu / 12.7 gpm **Cold:** 9.9 wsfu / 14.5 gpm

SUPPLY SYSTEMS PREDOMINANTLY FOR FLUSH TANKS			SUPPLY SYSTEMS PREDOMINANTLY FOR FLUSHOMETERS		
Load	De	mand	Load	Demand	
(w.s.f.u.)	(gpm)	(cfm)	(w.s.f.u.)	(gpm)	(cfm)
1	3.0	0.04104	—	—	—
2	5.0	0.0684	—	—	—
3	6.5	0.86892	—	—	—
4	8.0	1.06944	—	—	—
5	9.4	1.256592	5	15.0	2.0052
6	10.7	1.430376	6	17.4	2.326032
7	11.8	1.577424	7	19.8	2.646364
8	12.8	1.711104	8	22.2	2.967696
9	13.7	1.831416	9	24.6	3.288528
10	14.6	1.951728	10	27.0	3.60936
11	15.4	2.058672	11	27.8	3.716304
12	16.0	2.13888	12	28.6	3.823248
13	16.5	2.20572	13	29.4	3.930192
14	17.0	2.27256	14	30.2	4.037136
15	17.5	2.3394	15	31.0	4.14408
16	18.0	2.90624	16	31.8	4.241024
17	18.4	2.459712	17	32.6	4.357968
18	18.8	2.513184	18	33.4	4.464912

TABLE AP103.3(3) TABLE FOR ESTIMATING DEMAND



Pipe Sizing for Peak Flows

Standard Method

AN AMERICAN NATIONAL STANDARD IAPMO/ANSI UPC 1 - 2018

2018 UNIFORM PLUMBING CODE



Appendix M: Water Demand Calculator

					↓ Select Units ↓		
Tuesday, July 24, 2018 11:04 PM		11:04 PM					
PROJECT NAME :	:	XXX-XXX					
FIXTURE GROUPS		[A] FIXTURE	[B] ENTER NUMBER OF FIXTURES	[C] PROBABILITY OF USE (%)	[D] ENTER FIXTURE FLOW RATE (GPM)	[E] MAXIMUM RECOMMENDED FIXTURE FLOW RATE (GPM)	
	1	Bathtub (no Shower)	0	1.0	5.5	5.5	
	2	Bidet	0	1.0	2.0	2.0	
Bathroom	3	Combination Bath/Shower	0	5.5	5.5	5.5	
Fixtures	4	Faucet, Lavatory	0	2.0	1.5	1.5	
	5	Shower, per head (no Bathtub)	0	4.5	2.0	2.0	
	6	Water Closet, 1.28 GPF Gravity Tank	0	1.0	3.0	3.0	
Kitchen Eixtures	7	Dishwasher	0	0.5	1.3	1.3	
Ritellell Hixtures	8	Faucet, Kitchen Sink	0	2.0	2.2	2.2	
Laundry Room	9	Clothes Washer	0	5.5	3.5	3.5	
Fixtures	10	Faucet, Laundry	0	2.0	2.0	2.0	
Bar/Prep Fixtures	11	Faucet, Bar Sink	0	2.0	1.5	1.5	
	12	Fixture 1	0	0.0	0.0	6.0	
Other Fixtures	13	Fixture 2	0	0.0	0.0	6.0	
	14	Fixture 3	0	0.0	0.0	6.0	
		Total Number of Fixtures	0			RUN WATER	
	99 ^t	^h PERCENTILE DEMAND FLOW =		GPM	RESET	CALCULATOR	
						↑ CLICK BUTTON	

http://www.iapmo.org/Pages/WaterDemandCalculator.aspx

Appendix M

- 1. Provides a method to estimate the demand load for the building water supply and principal branches
 - For single and multi-family dwellings
 - With water conserving plumbing fixtures, fixture fittings and appliances
- 2. The method used in the Peak Water Demand Calculator is based on probabilities of simultaneous use from residential water use surveys and actual fixture flow rates
- 3. A useful tool for "right-sizing" pipe.

Version 1.4 (March 20	19)			\mathbf{V}	Select Un	its 🤟
PROJECT NAME :		Friday, February 28, 2020 TOTAL (HOT + COL	8:47 AM 2 D)] GPM (LPS
FIXTURE GROUPS		[A] FIXTURE	[B] ENTER NUMBER OF FIXTURES	[C] PROBABILITY OF USE (%)	[D] ENTER FIXTURE FLOW RATE (GPM)	[E] MAXIMUM RECOMMENDED FIXTURE FLOW RATE (GPM)
	1	Bathtub (no Shower)	1	1.0	5.0	5.5
	2	Bidet	0	1.0	2.0	2.0
Bathroom	3	Combination Bath/Shower	1	5.5	4.0	5.5
Fixtures	4	Faucet, Lavatory	3	2.0	1.5	1.5
	5	Shower, per head (no Bathtub)	1	4.5	1.8	2.0
	6	Water Closet, 1.28 GPF Gravity Tank	2	1.0	3.0	3.0
Kitahan Fisturas	7	Dishwasher	1	0.5	1.3	1.3
Kitchen Fixtures	8	Faucet, Kitchen Sink	1	2.0	1.8	2.2
Laundry Room	9	Clothes Washer	1	5.5	3.5	3.5
Fixtures	10	Faucet, Laundry	0	2.0	2.0	2.0
Bar/Prep Fixtures	11	Faucet, Bar Sink	0	2.0	1.5	1.5
	12	Fixture 1	0	0.0	0.0	6.0
Other Fixtures	13	Fixture 2	0	0.0	0.0	6.0
	14	Fixture 3	0	0.0	0.0	6.0

Total Number of Fixtures	11		
99 th PERCENTILE DEMAND FLOW =	7.5	GPM	RESET

RUN WATER DEMAND CALCULATOR

Version 1.4 (March 20	19)			\checkmark	Select Un	its 🦊
PROJECT NAME :		Friday, February 28, 2020 HOT	8:51 AM	GPM		LPS
FIXTURE GROUPS		[A] FIXTURE	[B] ENTER NUMBER OF FIXTURES	[C] PROBABILITY OF USE (%)	[D] ENTER FIXTURE FLOW RATE (GPM)	[E] MAXIMUM RECOMMENDED FIXTURE FLOW RATE (GPM)
	1	Bathtub (no Shower)	1	1.0	5.0	5.5
	2	Bidet	0	1.0	2.0	2.0
Bathroom	3	Combination Bath/Shower	1	5.5	2.8	5.5
Fixtures	4	Faucet, Lavatory	3	2.0	1.5	1.5
	5	Shower, per head (no Bathtub)	1	4.5	1.3	2.0
	6	Water Closet, 1.28 GPF Gravity Tank	0	1.0	3.0	3.0
Kitchon Eixturee	7	Dishwasher	1	0.5	1.3	1.3
Ritchen Fixtures	8	Faucet, Kitchen Sink	1	2.0	1.8	2.2
Laundry Room	9	Clothes Washer	1	5.5	3.5	3.5
Fixtures	10	Faucet, Laundry	0	2.0	2.0	2.0
Bar/Prep Fixtures	11	Faucet, Bar Sink	0	2.0	1.5	1.5
	12	Fixture 1	0	0.0	0.0	6.0
Other Fixtures	13	Fixture 2	0	0.0	0.0	6.0
	14	Fixture 3	0	0.0	0.0	6.0

Total Number of Fixtures	9		
99 th PERCENTILE DEMAND FLOW =	6.5	GPM	RESE

Γ

RUN WATER DEMAND CALCULATOR

Version 1.4 (March 20)	19)			\checkmark	Select Un	its 🦊
		Friday, February 28, 2020	2:47 PM		C	
PROJECT NAME :		COLD		GPM		LPS
FIXTURE GROUPS		[A] FIXTURE	[B] ENTER NUMBER OF FIXTURES	[C] PROBABILITY OF USE (%)	[D] ENTER FIXTURE FLOW RATE (GPM)	[E] MAXIMUM RECOMMENDED FIXTURE FLOW RATE (GPM)
	1	Bathtub (no Shower)	1	1.0	5.0	5.5
	2	Bidet	0	1.0	2.0	2.0
Bathroom	3	Combination Bath/Shower	1	5.5	2.8	5.5
Fixtures	4	Faucet, Lavatory	3	2.0	1.5	1.5
	5	Shower, per head (no Bathtub)	1	4.5	1.3	2.0
	6	Water Closet, 1.28 GPF Gravity Tank	2	1.0	3.0	3.0
Kitchon Eixturee	7	Dishwasher	0	0.5	1.3	1.3
Kitchen Fixtures	8	Faucet, Kitchen Sink	1	2.0	1.8	2.2
Laundry Room	9	Clothes Washer	1	5.5	3.5	3.5
Fixtures	10	Faucet, Laundry	0	2.0	2.0	2.0
Bar/Prep Fixtures	11	Faucet, Bar Sink	0	2.0	1.5	1.5
	12	Fixture 1	0	0.0	0.0	6.0
Other Fixtures	13	Fixture 2	0	0.0	0.0	6.0
	14	Fixture 3	0	0.0	0.0	6.0

Total Number of Fixtures	10		
99 th PERCENTILE DEMAND FLOW =	6.5	GPM	

RUN WATER DEMAND CALCULATOR

RESET



Total: 7.5 gpm • 3/4"

Hot: 6.5 gpm • 3/4"

Cold: 6.5 gpm • 3/4"

Nomograph from UPC Appendix I (PEX)



FIGURE 3 PRESSURE LOSS OF PEX TUBING AT 16 °C (60°F) (See Section 10.6.2)

Pipe Sizing

Multi-family Apartment Building

- 10 story
- 4 units per floor
- 40 total units



Pipe Sizing



Pipe Sizing

















Pipe Sizing – Comparison

<u>2018 IRC</u>			<u>Appendix M</u>		
1 unit			1 unit		
	Hot:	12.7 gpm (3/4")		Hot:	6.5 gpm (1/2")
	Cold:	14.5 gpm (3/4")		Cold:	6.5 gpm (1/2")
2 units			2 units		
	Hot:	17.9 gpm (1")		Hot:	8.5 gpm (3/4")
	Cold:	19.5 gpm (1")		Cold:	8.5 gpm (3/4")
20 units			20 units		
	Hot:	56.6 gpm (2")		Hot:	24.8 gpm (1-1/4")
	Cold:	64.5 gpm (2")		Cold:	26.7 gpm (1-1/4")
40 units			40 units		
	Hot:	89 gpm (2-1/2")		Hot:	41.9 gpm (1-1/2")
	Cold:	105 gpm (2-1/2")		Cold:	45.3 gpm (1-1/2")
Total:		130 gpm (3")	Total:		51.4 gpm (2")

In General...

- 2018 International Codes base pipe sizing on WSFU (water supply fixture units) which do not reflect actual fixture flow rates and water efficiency standards
- Appendix M (IAPMO 2018 UPC) is based on probabilities of simultaneous use from residential water use surveys and actual fixture flow rates
 - 1. Appendix M will generally result in a reduction of pipe size by 1 to 2 nominal sizes

Questions?

Thank you!