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MINUTES
CITY OF FORT COLLINS
FUTURES COMMITTEE MEETING

Date: September 10, 2018
Location: CIC Room, City Hall, 300 Laporte Ave.
Time: 4:00–6:00pm

Committee Members Present:
Mayor Wade Troxell
Kristin Stephens
Ray Martinez

City Staff:
Jeff Mihelich, Deputy City Manager
Lucinda Smith, (Staff Liaison)

Presenters:
Bruno Sobral, One Health Institute, Colorado State University
Joe Wimmer, Graduate Management Assistant, City of Fort Collins

Additional Staff Present:
Kevin Gertig, Utilities Executive Director
Josh Birks, Economic Health Director
Teresa Roche, Chief of Human Resources
Tyler Marr, City Manager's Office

Community Members:
Dale Adamy, citizen
Nina Bodenhamre

Meeting called to order at 4:02 pm

Approval of Minutes:
Ray moved to approve August minutes. Kristen seconded. Motion passed unanimously. 3-0-0.

Chairman Comments: None.

Think Tank Item 5-2018: Health—how do we cultivate it as a community?
Bruno Sobral, Director, One Health Institute

- Begin with a history of world health
  - There is a tendency when people think about health that they think about health care and medicine which is not health
  - Translation of the world health is whole. Health is equals wholeness
  - Biological component to health
    - Darwin and Wallace and theory of evolution
    - Two important points to theory of evolution: it is a mechanism through which evolution takes place and there is natural selection
  - Beyond biology
    - Examines the work of Darwin, Erik Erikson and others who focus on psycho-social integration or wholeness
    - Recognition that psycho-social integration (wholeness) is an essential piece of human health
    - The urge for social belonging is just as essential to human well-being
  - Importance of belonging and wholeness
    - Work of Bruce Alexander focusing on addiction
    - Addiction is the lack of wholeness and lack of health which can result in fragmented society, dislocation of individuals and long-term harm
    - Shifting the way health is thought about can address these issues
  - Emotions play an important role in wholeness
    - Emotions are constructed in a moment and aided by a lifetime of learning
    - Events and emotions constructed in family, communities., have larger societal impacts
  - Look to the Center on the Science of Happiness as a way to think about health
    - At one time, happiness was not considered a science
    - People say they don't know a lot about health, but they know about disease—just like the science of happiness need to start thinking about health
  - Shift focus away from just biological facts to how groups, social networks, community, family etc., impact our health
- How do we cultivate health or wholeness in our community?
  - Looking at trends in Boston, see that neighborhoods impact health
  - Need to develop an ethic of health which is developed by minds in the community
  - We need to look at our partnerships, how power and responsibility are shared. These affect broader community health outcomes
- The Curb Effect—cutting curbs for people in wheelchairs ultimately had greater benefits to larger community
  - "When the walls of exclusion come tumbling down everybody benefits"
- Inequity is toxic
- Examine and pursue platforms that support social innovation and community
  - Create the future we desire
  - Look at the whole system
  - Collaborate across boundaries (curb cutting)

- o Place matters
- As a community Fort Collins can recognize that health is a shared value ethic in our community cultivated by us
- Need to intentionally create healthier and more equitable communities that take into account biology and belonging for all

Comments/Q&A:
- Historically health has not been part of charter of city government, but people are looking more to cities to solve problems
- Fort Collins has been getting more involved in this sphere by integrating social sustainability and thinking from a Triple Bottom Line perspective.
  - o Consider how thinking about the health of the Fort Collins community aligns with other conversations that are occurring
    - ▪ How can we be more intentional about health and the vision of a health ethic in the future?
- What is the proper role of government in pursuing a health ethic?
  - o Consider how the city engages in partnerships and collaborates in meaningful ways—cross-sector collaboration is crucial
  - o Take a systems approach
  - o Identify the various players and organizations who should be at the table
  - o City can do a better job-sharing leadership and engaging with marginalized groups
  - o Inequity is toxic resonates—live in affluent community and yet we have people and children who are struggling—how do we bridge this divide? We don't want two Fort Collins
    - ▪ If it's not everyone, it's not for us—may need less mental health help if we focus on community and wholeness.
- Evaluation of our community and how to cultivate health should support creativity and not find culprits—creativity dies when there isn't a safe space for people to explore
  - o Everything is learning, and this will be an iterative process
- Need to get different voices in the room so we can see different parts of the system that experts don't see (go back to curb-cutting)
  - o Important to think about who is at the table when it happens
- How do we discuss polarizing issues such as outdoor residential burning that have clear biological affects but also social implications that touch on values?
  - o On one side people want their fire-pit; it makes them happy
  - o From individual physical health standpoint, creates a physical issue
  - o Try not to reinforce polarity by the way issues are discussed
- How we set the table is key
- Shift to asset-based community development-think about assets not problems
  - o In health shift from risk factor thinking to prevention thinking
- Future of health is less transactional and more relational
  - o Health-care system is very transactional—shift away from this to bring care piece back out
  - o Doctors want more relational system—want relationship with patients

- Arguments for changing system was for efficiency—but it has reduced effectiveness (when you get out of acute issues)
- Example of relational thinking
  - Poudre Fire Authority (PFA) had firefighters work with social workers to enter mobile home parks to put smoke detectors in homes, asked other questions and connected to other resources.
  - This relationship building reduced the number of calls to PFA—this model is being looked at in other organizations
  - This led to alleviating other issues that people were facing—taking care of each other matters
- How we set the table is key
  - Consider multiple types of values—engage with different groups and recognize there is value in different types of thinking
- If we learn with each other, we can make better government—Keep health and community in our minds as we keep exploring policies

Smart and Connected Communities of Commerce
Mayor Wade Troxell
- Mayor Troxell was recently appointed to the Drone Advisory Committee which reports to the Federal Aviation Administration (FAA)—thinking about rulemaking as it relates to drones
  - Purpose is to think about rulemaking as it relates to drones and the FAA is not clear on which direction to take.
  - Approach to how they are thinking about rule-making around drones (rule 107) is to think about it the way they are thinking about air crafts
- Numerous interests and players are looking at drones.
- FAA is partnering with approximately 10 cities and states on Independent Pilot Programs (IPPs) to explore how businesses can leverage drone technology (and businesses?)
- Harris corporation—has a lot of technology used by the FAA
  - George from Harris corporation is going to be in Fort Collins September 12 to conduct a demo with Xcel Energy to operate drones beyond line of sight to inspect transmission lines.
- Mayor wants to consider how to create a test bed around conducting demonstrations here and how it relates to City as a Platform
  - Smart Cities Alliance (Sean Carpenter out of EHO involved in this)
    - May be some opportunities for economic development and partnerships with other groups (i.e. broadband)
  - Consider example how broadband could be used in more visual, dynamic sort of way (art in public spaces)
- Opportunity to explore, think about as it relates to opportunities we have with infrastructure, university, etc., to encourage and pursue. Also acknowledge work other people are doing

NLC Summit Los Angeles: Best Practice Tour Options
Joe Wimmer, City Manager's Office
- Options for Council for Best Practice tours for NLC
  - What are their preferred site visit options to pursue while in LA—looking at what will be most beneficial for our City
- 1. Los Angeles Mayor Innovation team
  - Partnership with Bloomberg
  - Looking at Affordable Housing and Accessory Dwelling Units
  - Mayors' challenge winner
    - Incentivizing homeowners to build ADUs and
- 2. TreePeople—create a climate-ready LA
  - In line with CAP goals
  - Work in low income neighborhoods and local governments for tree planting events, stormwater events and community outreach
- 3. Cool Pavement Technology Pilot—City of LA Bureau of Street Services
  - Urban heat island effect mitigation
  - Look at different blocks
- 4. Homelessness Crisis initiatives—meet with LA Mayors Office of Economic opportunity
- 5. City of Santa Monica Human Services—Homelessness crisis initiatives
- 6. Santa Monica Municipal Broadband
  - Gigabit for all
  - Broadband access to affordable housing
  - Provides training in networking concepts
- Mayor suggests looking at the homeless options
- Kristen suggest looking at the Homelessness Crisis Initiatives
- Jeff suggest maybe two meetings to go over 4 topics; two in Santa Monica, two in LA

To Do:
- Joe will see if it is possible to do 4 tours, two for Santa Monica to look at the Homelessness Initiatives there along with their municipal broadband and two with LA looking at the Mayor's Innovation team and LA's homelessness initiative

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Additional Discussion:
None.

Meeting adjourned by Wade Troxell at 5:25 pm.