Growing Older in Fort Collins
-
Silver Tsunami As a Golden Opportunity
Growing Older in Fort Collins

Review

• Nov. 10 Meeting
  – State Demographer
  – Discussions about what sort of community for older residents we would like to sustain in Fort Collins

• March 1 Meeting
  – Panel presentations from leaders of key institutions
  – Gathered data about senior services
Growing Older in Fort Collins
Today’s Meeting

Focused on improving the Fort Collins Senior Center and gathering ideas from you

- Presentation on best practices of Senior Centers
- Keypad process to capture opinion on Senior Center functions and activities
- Presentation concerning the upcoming Senior Center expansion
- Facilitated brainstorming process
What decade were you born?

1. 1990s
2. 1980s
3. 1970s
4. 1960s
5. 1950s
6. 1940s
7. 1930s
8. 1920s
9. 1910s
Which applies concerning the Growing Older in Fort Collins series?

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<td>30</td>
<td>1. I attended both programs</td>
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<td>10</td>
<td>2. I attended just the Nov. 10 program</td>
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<td>3. I attended just the March 1 program</td>
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<td>45</td>
<td>4. This is my first Silver Tsunami event</td>
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How often do you visit the Senior Center?

1. Multiple times a week
2. Once a week
3. Once a month
4. A few times a year
5. I’ve been here once or twice before
6. This is my first time
Function #1:
offer a broad range of services and activities

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<th>1. The SC does this well and should continue</th>
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<td>2. The SC does this well but should do less</td>
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<td>9. I don’t quite understand this function</td>
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Function #2: function as a community focal point for service delivery to older adults

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but should improve
4. The SC does this currently but should do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this function
Function #3: improve older adults’ knowledge of and access to community services throughout the city

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but should improve
4. The SC does this currently but should do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this function
Function #4:
connect low income, socially isolated, and at-risk older adults to programs and services

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but should improve
4. The SC does this currently but should do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this function
Function #5:
educate the community concerning senior issues and enhance the image of older residents

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<td>3. The SC does this currently but should improve</td>
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<td>32</td>
<td>4. The SC does this currently but should do more</td>
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Function #6: provide training opportunities and support research on issues related to aging

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Function #7:
provide opportunities for facility users to inform and advise

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but should improve
4. The SC does this currently but should do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this function
Function #8: develop staff that will encourage participants’ personal growth

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Function #9: offer a broad range of services and activities

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Which 3 are most important?

1. offer a broad range of services and activities
2. function as a community focal point for service...
3. improve older adults’ knowledge of and access to...
4. connect low income, socially isolated, and at-risk...
5. educate the community concerning senior issues...
6. provide training opportunities and support research...
7. provide opportunities for facility users to inform...
8. develop staff that will encourage participants’...
9. provide significant volunteer opportunities...
Which 3 need to improve the most?

1. offer a broad range of services and activities
2. function as a community focal point for service ...
3. improve older adults’ knowledge of and access to......
4. connect low income, socially isolated, and at-risk ...
5. educate the community concerning senior issues ...
6. provide training opportunities and support research...
7. provide opportunities for facility users to inform ...
8. develop staff that will encourage participants’ ...
9. provide significant volunteer opportunities....
Concerning activity/service #1
Aquatics

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #2
Arts/Crafts

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #3
Education – Lifelong Learning

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #4
Fitness

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #5
Health and Wellness

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #6 Outdoor Recreation

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #7
Social activities

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #8  
Theatre/Music/Dance

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #9
Library/media center

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Concerning activity/service #10
Travel

1. The SC does this well and should continue
2. The SC does this well but should do less
3. The SC does this currently but needs to improve
4. The SC does this currently but needs to do more
5. The SC does this currently but should do less
6. The SC does not do this, but should
7. The SC does not do this, and that is ok
8. I don’t know enough to answer
9. I don’t quite understand this activity/service
Which 3 are most important?

1. Aquatics
2. Arts/Crafts
3. Education – Lifelong Learning
4. Fitness
5. Health and Wellness
6. Outdoor recreation
7. Social activities
8. Theatre/Music/Dance
9. Library/media center
0. Travel
Which 3 most need to improve?

1. Aquatics
2. Arts/Crafts
3. Education – Lifelong Learning
4. Fitness
5. Health and Wellness
6. Outdoor recreation
7. Social activities
8. Theatre/Music/Dance
9. Library/media center
10. Travel
Which does the SC do well now?

1. Aquatics
2. Arts/Crafts
3. Education – Lifelong Learning
4. Fitness
5. Health and Wellness
6. Outdoor recreation
7. Social activities
8. Theatre/Music/Dance
9. Library/media center
0. Travel