### **Growing Older in Fort Collins**

## Silver Tsunami As a Golden Opportunity

## **Growing Older in Fort Collins**Review

- Nov. 10 Meeting
  - State Demographer
  - Discussions about what sort of community for older residents we would like to sustain in Fort Collins
  - March 1 Meeting
    - Panel presentations from leaders of key institutions
    - Gathered data about senior services

# Growing Older in Fort Collins Today's Meeting

Focused on improving the Fort Collins Senior Center and gathering ideas from you

- Presentation on best practices of Senior Centers
- Keypad process to capture opinion on Senior Center functions and activities
- Presentation concerning the upcoming Senior Center expansion
- Facilitated brainstorming process

### What decade were you born?

```
1990s
0
             1980s
         2.
3
             1970s
3
             1960s
         4.
            1950s
19
            1940s
49
             1930s
16
         8.
             1920s
             1910s
         9.
0
```

## Which applies concerning the Growing Older in Fort Collins series?

1. I attended both programs
 2. I attended just the Nov. 10 program
 3. I attended just the March 1 program
 4. This is my first Silver Tsunami event

## How often do you visit the Senior Center?

- 1. Multiple times a week
- 2. Once a week
- 6 3. Once a month
- 4. A few times a year
- 5. I've been here once or twice before
- 6. This is my first time

# Function #1: offer a broad range of services and activities

- 1. The SC does this well and should continue
- 1 2. The SC does this well but should do less
- 14 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **0** 5. The SC does this currently but should do less
- 1 6. The SC does not do this, but should
- 7. The SC does not do this, and that is ok
- 12 8. I don't know enough to answer
- 9. I don't quite understand this function

### Function #2:

# function as a community focal point for service delivery to older adults

- 1. The SC does this well and should continue
- 2. The SC does this well but should do less
- 16 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **2** 5. The SC does this currently but should do less
- **2** 6. The SC does not do this, but should
- 7. The SC does not do this, and that is ok
- 14 8. I don't know enough to answer
- 9. I don't quite understand this function

#### Function #3:

## improve older adults' knowledge of and access to community services throughout the city

- 1. The SC does this well and should continue
- The SC does this well but should do less
- 24 3. The SC does this currently but should improve
- 40 4. The SC does this currently but should do more
- **2** 5. The SC does this currently but should do less
- 11 6. The SC does not do this, but should
- 1 7. The SC does not do this, and that is ok
- 8. I don't know enough to answer
- 9. I don't quite understand this function

### Function #4:

### connect low income, socially isolated, and atrisk older adults to programs and services

- 7 1. The SC does this well and should continue
- 1 2. The SC does this well but should do less
- 11 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **0** 5. The SC does this currently but should do less
- 22 6. The SC does not do this, but should
- **3** 7. The SC does not do this, and that is ok
- 8. I don't know enough to answer
- 9. I don't quite understand this function

#### Function #5:

educate the community concerning senior issues and enhance the image of older residents

- The SC does this well and should continue
- 1. The SC does this well but should do less
- 16 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **2** 5. The SC does this currently but should do less
- 31 6. The SC does not do this, but should
- 5 7. The SC does not do this, and that is ok
- 15 8. I don't know enough to answer
- 9. I don't quite understand this function

### Function #6:

## provide training opportunities and support research on issues related to aging

- The SC does this well and should continue
- 2. The SC does this well but should do less
- 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **2** 5. The SC does this currently but should do less
- 31 6. The SC does not do this, but should
- **2** 7. The SC does not do this, and that is ok
- 28 8. I don't know enough to answer
- 9. I don't quite understand this function

# Function #7: provide opportunities for facility users to inform and advise

- The SC does this well and should continue
   The SC does this well but should do less
- 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **3** 5. The SC does this currently but should do less
- 11 6. The SC does not do this, but should
- 7. The SC does not do this, and that is ok
- 8. I don't know enough to answer
- 9. I don't quite understand this function

## Function #8: develop staff that will encourage participants' personal growth

- 1. The SC does this well and should continue
- 2. The SC does this well but should do less
- 16 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **2** 5. The SC does this currently but should do less
- 12 6. The SC does not do this, but should
- 7. The SC does not do this, and that is ok
- 23 8. I don't know enough to answer
- 4 9. I don't quite understand this function

# Function #9: offer a broad range of services and activities

- The SC does this well and should continue
   The SC does this well but should do less
- 15 3. The SC does this currently but should improve
- 4. The SC does this currently but should do more
- **2** 5. The SC does this currently but should do less
- 5 6. The SC does not do this, but should
- 7. The SC does not do this, and that is ok
- 8. I don't know enough to answer
- 9. I don't quite understand this function

### Which 3 are most important?

- 96 1. offer a broad range of services and activities
- 66 2. function as a community focal point for service ...
- 39 3. improve older adults' knowledge of and access to......
- 35 4. connect low income, socially isolated, and at-risk ...
- 32 5. educate the community concerning senior issues ...
- 14 6. provide training opportunities and support research...
- 7. provide opportunities for facility users to inform ...
- 18 8. develop staff that will encourage participants' ...
- <sup>22</sup> 9. provide significant volunteer opportunities....

### Which 3 need to improve the most?

offer a broad range of services and activities 32 function as a community focal point for service ... 46 improve older adults' knowledge of and access to...... 3. 56 connect low income, socially isolated, and at-risk ... 46 educate the community concerning senior issues ... 5. 45 provide training opportunities and support research... 28 provide opportunities for facility users to inform ... 13 develop staff that will encourage participants' ... 25 provide significant volunteer opportunities.... 18

## Concerning activity/service #1 Aquatics

- 1. The SC does this well and should continue
- 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- 4. The SC does this currently but needs to do more
- 5. The SC does this currently but should do less
- 6. The SC does not do this, but should
- 7. The SC does not do this, and that is ok
- 8. I don't know enough to answer
- 9. I don't quite understand this activity/service

## Concerning activity/service #2 Arts/Crafts

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- **0** 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

## Concerning activity/service #3 Education – Lifelong Learning

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- 0 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

## Concerning activity/service #4 Fitness

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- 0 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

## Concerning activity/service #5 Health and Wellness

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- **0** 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

## Concerning activity/service #6 Outdoor Recreation

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- 0 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

## Concerning activity/service #7 Social activities

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- 0 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

# Concerning activity/service #8 Theatre/Music/Dance

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- 0 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

# Concerning activity/service #9 Library/media center

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- **0** 4. The SC does this currently but needs to do more
- 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

## Concerning activity/service #10 Travel

- 1. The SC does this well and should continue
- n 2. The SC does this well but should do less
- 3. The SC does this currently but needs to improve
- **0** 4. The SC does this currently but needs to do more
- **o** 5. The SC does this currently but should do less
- **0** 6. The SC does not do this, but should
- **0** 7. The SC does not do this, and that is ok
- **0** 8. I don't know enough to answer
- **0** 9. I don't quite understand this activity/service

### Which 3 are most important?

- 1. Aquatics
- 24 2. Arts/Crafts
- 3. Education Lifelong Learning
- 4. Fitness
- 53 5. Health and Wellness
- 6. Outdoor recreation
- 51 7. Social activities
- 4 8. Theatre/Music/Dance
- 14 9. Library/media center
- <sup>21</sup> 0. Travel

### Which 3 most need to improve?

- 17 1. Aquatics
- 13 2. Arts/Crafts
- 41 3. Education Lifelong Learning
- 41 4. Fitness
- 36 5. Health and Wellness
- 19 6. Outdoor recreation
- 40 7. Social activities
- 22 8. Theatre/Music/Dance
- 40 9. Library/media center
- <sup>17</sup> 0. Travel

### Which does the SC do well now?

- 1. Aquatics
- o 2. Arts/Crafts
- 3. Education Lifelong Learning
- 4. Fitness
- 5. Health and Wellness
- 6. Outdoor recreation
- 7. Social activities
- 8. Theatre/Music/Dance
- 9. Library/media center
- <sup>0</sup> 0. Travel