Fight F.O.G.

Keep Fats, Oils and Grease Out of Your Drain

What is F.O.G.?

F.O.G. – Fats, Oils and Grease is found in common food ingredients like:

- Meats (chicken, beef, fish, pork, bacon, turkey)
- Dairy products
- Cooking agents (lard, shortening, butter, cooking oil)
- Certain condiments (mayonnaise, gravy, salad dressing, sauces, icing)
- Food scraps
- Used turkey grease from fryers is a major contributor of F.O.G., especially during the holiday months.

City of
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F.O.G. Buildup is Dangerous to You and the Environment

F.O.G. is not broken down by garbage disposals. When you pour F.O.G. down your kitchen sink, it enters the sewer system where it cools and eventually congeals into a solid "ball" of grease. These balls cause blockages in the sewer system, posing dangerous health and environmental risks and increasing costs for you, the customer.

Blockages in the sewer system can cause raw sewage to back up into your home or your neighbors' homes. Blockages also can cause raw sewage to overflow from the sewer pipes and spill into creeks, rivers, and streams, causing significant environmental damage.

Preventing Problems from Fats, Oils and Grease Buildup

Never pour fats, oils or grease in sink drains or toilets.

Follow these simple steps to prevent sewer backups:

1. Pour cooled F.O.G. into a covered, disposable container and dispose of in the garbage or take to your local oil recycling center.

2. Soak up remaining F.O.G. with paper towels and discard in the garbage.

3. Before you wash your dishes, scrape F.O.G. related food scraps into garbage, not compost.

Avoid using garbage disposal for food waste - use sink strainers.

The Best Way to Dispose of Turkey Fryer Oil

Do not pour turkey grease down the drain.

Put used, cooled oil in a sealed container and take to one of the following disposal sites:

- Larimer County Landfill, 5887 S. Taft Hill Rd.
  Tues., Thurs., Fri., Sat., 9 a.m. – 4 p.m.

- Eco-Thrift, 208 N. Howes St.
  Mon. – Fri., 10 a.m. – 6 p.m.
  Sat., 9 a.m. – 6 p.m.
  Sun., 11 a.m. – 6 p.m.