

SILVERBACK WRESTLING NEW

Freestyle, Greco and folk style wrestling will be taught to participants who have at least 1 year of experience. Practices will be held twice a week. Fees includes practice time only; all tournament entry fees and transportation are the responsibility of the participant. Tournament schedule TBA. Participants wanting to wrestle in USA Wrestling sanctioned events must register with USA Wrestling (\$30 fee ★).

NOTE: A specific singlet is required; participants must purchase their own (approx. \$35). Further information will be available at the first practice.

AGE: Grades 5-12 (2008-2009)

LOCATION: Northside Aztlan Center & Youth Activity Center

46393-01 Begins week of 5/5, Practice times/days TBA, 14 wks, \$253, Registration deadline 5/2 ★

INLINE HOCKEY

Each week participants will progress through basic inline hockey skills working up to a "big game" to showcase what they have learned. In this program kids increase their skills to enable participation in the Coyote youth hockey leagues. Standing on skates is a required skill. Rental equipment is included with registration, available for checkout from Hat-Trick Sports located inside OD's Sports Crossing. A \$150 deposit is required for equipment.

LOCATION: OD's Sports Crossing, 218 Smokey Street

I. Mini Coyotes (AGE: 4-7)

46317-03 5/1-6/19, Th, 5:00-6:00 PM, 8 wks, \$78 ◆

56317-01 6/26-8/14, Th, 5:00-6:00 PM, 8 wks, \$78 ◆

56317-02 8/21-10/9, Th, 5:00-6:00 PM, 8 wks, \$78 ◆

II. Junior Coyotes (AGE: 7-10)

46318-03 4/29-6/17, T, 5:00-6:00 PM, 8 wks, \$78 ◆

56318-01 6/24-8/12, T, 5:00-6:00 PM, 8 wks, \$78 ◆

56318-02 8/19-10/7, T, 5:00-6:00 PM, 8 wks, \$78 ◆

SPRING TRAINING FOOTBALL CAMP NEW

This non-contact football training camp will be based on teaching the fundamentals of the game of football. Camp will be led by former CSU Ram Ben Stratton. Campers will receive a T-shirt with entry. Contact Ben Stratton with questions, 221-6262.

AGE: Grades 3-7 (2008-2009)

LOCATION: The Edge Sports Center

46312-02 5/5-5/22, M & Th, 6:00-7:30 PM, 3 wks, \$58 ◆

TACKLE FOOTBALL CAMP

This summer camp is designed to teach skills and prepare tackle players for the 2008 season. Camp will feature instruction by former CSU Ram standout Ben Stratton as well as other local football names. Camp will include proper tackling instruction, football fundamentals and character building. Fee includes T-shirt and mouthpiece. *As an added incentive, players registered for the fall tackle football program will receive their equipment at the camp and will not have to check out equipment in August.* Contact Ben Stratton with questions, 221-6262.

LOCATION: City Park Center (football equipment room)

I. Grade 4 (2008-2009)

56370-01 7/14-7/18, M-F, 8:30 AM-Noon, 1 wk, \$78,

Registration deadline 7/8

II. Grade 5 (2008-2009)

56370-02 7/21-7/25, M-F, 8:30 AM-Noon, \$78,

Registration deadline 7/15

III. Grade 6 (2008-2009)

56370-03 7/28-8/1, M-F, 8:30 AM- Noon, \$78,

Registration deadline 7/22

ULTIMATE FOOTBALL

This non-contact football program consists of the fundamentals of football while combining the rules of football, soccer, hockey, ultimate Frisbee and basketball. League features one practice per week and games on Saturday mornings.

Participants register by practice location, not by school.

AGE: Grades 1 & 2 (2008-2009)

Begins week of 9/1, \$48 (plus \$15 jersey, if needed), Registration deadline 8/15 (or when teams fill, whichever comes first)

PRACTICE LOCATION ACTIVITY #

Rolland Moore Park **66311-01**

City Park **66311-02**

Warren Park **66311-03**

Fossil Creek **66311-04**

Spring Park **66311-05**

Troutman Park **66311-06**

Greenbriar Park **66311-07**

Spring Canyon Park **66311-08**

Windsor **66311-09**

FLAG FOOTBALL

Our flag football program teaches the basic fundamentals of football with no tackling or blocking. The main emphasis will be equal participation with winning being secondary.

Practices will be held twice a week with games on Saturday. Players register by practice location.

Begins week of 9/1, \$48 (plus \$15 jersey, if needed), Registration deadline 8/15 (or when teams fill, whichever comes first)

I. Grades 3 & 4 (2008-2009)

PRACTICE LOCATION ACTIVITY #

Warren Park **66312-01**

Rolland Moore Park **66312-02**

City Park **66312-03**

English Ranch Park **66312-04**

Blevins Park **66312-05**

Beattie Park **66312-06**

Ridgeview Park **66312-07**

Edora Park **66312-08**

Troutman Park **66312-09**

Greenbriar Park **66312-10**

Spring Park **66312-11**

Case Park **66312-12**

Golden Meadows Park **66312-13**

Fossil Creek Park **66312-14**

Spring Canyon Park **66312-15**

Windsor **66312-16**

Ault **66312-17**

II. Grades 5 & 6 (2008-2009)

PRACTICE LOCATION ACTIVITY #

Rolland Moore Park **66313-01**

Greenbriar Park **66313-02**

City Park **66313-03**

Spring Park **66313-04**

Fossil Creek Park **66313-05**

Spring Canyon Park **66313-06**

Windsor **66313-07**

Ault **66313-08**