

Learn to Skate

Skating skills will be taught to increase participants' confidence on inline skates. This program is designed for those new to inline skating and will prepare them for Mini/Junior Coyotes and open skating participation. Rental skates are available for check-out from Hat-Trick Sports located inside OD's Sports Crossing.

AGE: 4-10 years

LOCATION: OD's Sports Crossing, 218 Smokey Street

NOTE: Wrist guards are encouraged.

| DATE | DAY | TIME | FEE | CLASS # |
|------------|-----|--------------|------|----------|
| 9/15-10/13 | Tu | 4:20-5:00 PM | \$38 | 96333-01 |
| 11/10-12/8 | Tu | 4:20-5:00 PM | \$38 | 96333-02 |

Sporties for Shorties

Let's explore the world of balls, bats, and baskets in this fun-filled class. We will work on large and small motor skills as they relate to throwing, kicking, and catching. Come play ball with us! Each session will highlight different skills and different sports along with team work!

AGE: 3½-5 years

LOCATION: Youth Activity Center

NOTE:

| DATE | DAY | TIME | FEE | CLASS # |
|-------------|-----|---------------|------|----------|
| 9/8-10/6 | Tu | 9:00-10:00 AM | \$28 | 96335-01 |
| 9/9-10/7 | W | 9:00-10:00 AM | \$28 | 96335-02 |
| 10/13-11/10 | Tu | 9:00-10:00 AM | \$28 | 96335-03 |
| 10/14-11/11 | W | 9:00-10:00 AM | \$28 | 96335-04 |

X-treme Gym

Come join your friends for one or all of the X-treme Gym nights at the Youth Activity Center (YAC). On scheduled Saturday nights the YAC gym will be opened up for an exciting two hours of climbing ropes, obstacle courses, heart-pounding activities and a zip-line! Remember, you must pre-register for this kind of fun! We hope to see you there.

GRADE: Kindergarten-5

LOCATION: Youth Activity Center

X-treme Gym: September

| DATE | DAY | TIME | FEE | CLASS # |
|------|-----|--------------|-----|----------|
| 9/26 | Sa | 6:00-8:00 PM | \$5 | 96336-01 |

X-treme Gym: October

| DATE | DAY | TIME | FEE | CLASS # |
|-------|-----|--------------|-----|----------|
| 10/17 | Sa | 6:00-8:00 PM | \$5 | 96336-02 |

X-treme Gym: November

| DATE | DAY | TIME | FEE | CLASS # |
|-------|-----|--------------|-----|----------|
| 11/14 | Sa | 6:00-8:00 PM | \$5 | 96336-03 |

Elementary Dodgeball Night!

The night of the YAC Dodgeball Tournament we will break into teams and then play real dodgeball! Bring your friends and your game faces to the YAC for an exciting night of dodgeball fun!

GRADE: Kindergarten-5

LOCATION: Youth Activity Center

NOTE: All players must pre-register

| DATE | DAY | TIME | FEE | CLASS # |
|-------|-----|--------------|-----|----------|
| 10/24 | Sa | 6:00-8:00 PM | \$5 | 96337-01 |

»YOUTH TEAM SPORTS**JAA Cheerleading**

Basic skills in jumps, tumbling, and cheers/chants will be emphasized. Cheerleaders learn various cheers, formations and dances throughout the season and perform at JAA football games. Fee includes cheerleading uniform. Practices are held on Tuesday evenings; performances are on Saturday mornings at City Park.

GRADE: 3-6

LOCATION: Youth Activity Center

NOTE: Class partially discountable.

| DATE | DAY | TIME | FEE | CLASS # |
|-----------|-----|--------------|------|----------|
| 9/8-10/20 | Tu | 6:00-7:30 PM | \$85 | 95621-01 |

1st & 2nd Grade Ultimate Football

Introduce your 1st or 2nd grader to the concepts of football by enrolling them in Ultimate Football where every player can be quarterback! This non-contact football program consists of the fundamentals of football while combining the rules of football, soccer, hockey, ultimate Frisbee and basketball. League features one practice per week and games on Saturday mornings.

GRADE: 1-2 (2009-2010)

FEE: \$58

NOTE: Begins week of 8/31. Participants register by practice location, not by school. \$58 (plus \$15 jersey, if needed); Registration deadline 8/14 (or when teams fill, whichever comes first); 8 games scheduled.

| Location | Activity # |
|--------------------|------------|
| City Park | 96301-02 |
| Fossil Creek Park | 96301-04 |
| Greenbriar Park | 96301-07 |
| Rolland Moore Park | 96301-01 |

| Location | Activity # |
|--------------------|------------|
| Spring Canyon Park | 96301-08 |
| Spring Park | 96301-05 |
| Troutman Park | 96301-06 |
| Warren Park | 96301-03 |

3rd & 4th Grade Flag Football

Our flag football program teaches the basic fundamentals of football with no tackling or blocking. The main emphasis will be equal participation with winning being secondary. Practices will be held twice a week with games on Saturday mornings.

GRADE: 3-4 (2009-2010)

FEE: \$58

NOTE: Players register by practice location. Begins week of 8/31; \$58 (plus \$15 jersey, if needed); Registration deadline 8/14 (or when teams fill, whichever comes first); 8 games scheduled.

| Location | Activity # |
|---------------------|------------|
| Ault, Co | 96305-16 |
| Beattie Park | 96305-06 |
| Blevins Park | 96305-05 |
| Case Park | 96305-12 |
| City Park | 96305-03 |
| Edora Park | 96305-08 |
| English Ranch Park | 96305-04 |
| Fossil Creek Park | 96305-20 |
| Golden Meadows Park | 96305-13 |

| Location | Activity # |
|--------------------|------------|
| Greenbriar Park | 96305-10 |
| Harmony Park | 96305-21 |
| Ridgeview Park | 96305-07 |
| Rolland Moore Park | 96305-02 |
| Spring Canyon Park | 96305-15 |
| Spring Park | 96305-11 |
| Troutman Park | 96305-19 |
| Warren Park | 96305-01 |