

## SPORTS

### "AOA" BADMINTON

If you enjoy the energetic fast-paced game of badminton, join the group of Active Older Adults that play on Tuesday and Thursday mornings at the Northside Aztlan Center!

**AGE:** 18+

**LOCATION:** Northside Aztlan Community Center  
Ongoing, T & Th, 8:00-10:00 AM, Drop-in gym admission

### "AOA" BASKETBALL

Still got game? Suit up and get on the court for some hoops! These Active Older Adults own the court on Monday, Wednesday, and Friday mornings!

**AGE:** 18+

**LOCATION:** Northside Aztlan Community Center  
Ongoing, T & Th, 8:00-11:00 AM, Drop-in gym admission

### ARCHERY

Archery is a skillful sport requiring balance, poise, accuracy, vision, timing, and action! We will learn the basic techniques and how to be safe on the range.

**AGE:** 8-15

**LOCATION:** Depart from Northside Aztlan Community Center

**55675-01** 6/9-6/30, M, 9:00 AM-Noon, 4 wks, \$55

**55675-02** 7/7-7/28, M, 9:00 AM-Noon, 4 wks, \$55

### BASEBALL FOR ALL

This integrated baseball league is for children and teens with and without disabilities. Teams will be formed to learn skills and teamwork and to play against other integrated teams in the area. Contact Renee Lee for more information, 224-6027.

**AGE:** 8-16

**LOCATION:** Beattie Park (ballfields)

**54606-01** 6/12-7/31 (skip 7/3), Th, 5:30-7 PM, 7 wks, \$21/child or \$36/family

### CHEERLEADING CAMP

Get ready for fall cheerleading or just come out for a fun-filled week that will emphasize basic jumps, tumbling and cheers/chants along with various formations and dances. Participants will receive a T-shirt and merit award. Meet at Club Tico entrance; camp will be held outdoors across the street.

**INSTRUCTOR:** Jacque Carnahan

**AGE:** Grades 3-6 (2008-2009)

**LOCATION:** Club Tico

**55552-01** 7/21-7/25, M-F, 9:00-10:30 AM, 1 wk, \$42

### CHEERLEADING FOR SHORTIES

Come and explore the world of cheerleading. This class will introduce simple formations, cheers and pom pom play along with enhancing team-building and cooperation skills. Cheerleaders will perform their newly acquired skills on the last day of class!

**INSTRUCTOR:** Jacque Carnahan

**LOCATION:** Club Tico

**AGE:** 3-5

**55662-01** 6/10-6/24, T, 9:30-10:30 AM, 3 wks, \$25

**55662-02** 7/1-7/15, T, 9:30-10:30 AM, 3 wks, \$25

**55662-03** 7/29-8/12, T, 9:30-10:30 AM, 3 wks, \$25

### DISC GOLF

Learn to play the popular game of disc (Frisbee) golf. It's a great way to spend a summer evening. Edora Park has one of the most fabulous courses around.

Contact Renee Lee, 224-6027, for specific meeting location in Edora Park.

**AGE:** 16+

**LOCATION:** Edora Park

**54717-01** 7/1-7/22, T, 6:30-7:30 PM, 4 wks, \$16

### FENCING

Participants should wear athletic shoes, T-shirt and long loose pants such as warm-ups.

#### I. Beginning

Learn the fundamental skills and the rules of this fast, fun and intense modern sport including footwork, body position, blade control, protocol, offense and defense. Instruction is simple and each class is lively, building on the skills learned in the previous class. Equipment provided includes foil, mask, glove, and jacket.

**LOCATION:** Youth Activity Center (gym)

**AGE:** 10-12

**55629-01** 6/4-7/23 (skip 7/2), W, 4:30-6:00 PM, 7 wks, \$49

**AGE:** 13+

**55630-01** 6/4-7/23 (skip 7/2), W, 6:10-7:40 PM, 7 wks, \$49

**AGE:** 18+

**45620-01** 5/12-6/30, M, 5:30-7:00 PM, 8 wks, \$55

#### II. Intermediate/Intro to Three Weapons

Improve the skills you learned in beginning fencing. We will learn about the other weapons, epee and saber. Equipment is provided. Pre-requisite: Adult Beginning Fencing

**LOCATION:** Youth Activity Center (gym)

**AGE:** 13+

**55631-01** 7/21-8/25, M, 5:30-7:00 PM, 6 wks, \$45

#### III. Sparring

Enjoy crossing swords with other fencers. An instructor will be available to motivate and help improve your fencing skills. Equipment provided.

**NOTE:** Previous fencing experience required.

**LOCATION:** Youth Activity Center (gym)

**AGE:** 10-12

**45634-03** 5/30-6/20, F, 4:30-6:00 PM, 4 wks, \$21

**55634-01** 6/27-7/25 (skip 7/4), F, 4:30-6:00 PM, 4 wks, \$21

**AGE:** 13+

**45637-03** 5/30-6/20, F, 6:10-8:10 PM, 4 wks, \$27

**55637-01** 6/27-7/25 (skip 7/4), F, 6:10-8:10 PM, 4 wks, \$27

**AGE:** 13+ (emphasis on all 3 weapons)

**45624-01** 5/12-6/2, M, 7:15-8:45 PM, 4 wks, \$21

**55624-01** 6/9-6/30, M, 7:15-8:45 PM, 4 wks, \$21

**55624-02** 7/21-8/11, M, 7:15-8:45 PM, 4 wks, \$21

#### IV. Private Lessons

Can't make it to a class or sparring session or just want to strengthen your skills? Half-hour private lessons are offered for both youth and adults. Please call Kristie at 416-2443 to schedule a private lesson.

**NOTE:** Fees are for a half-hour session.

**AGE:** 10+

**LOCATION:** Youth Activity Center

Ongoing, M, 7:45-8:45 PM, \$21 (adult), \$19 (youth)