

Youth Rugby Clinic

This rugby clinic teaches young athletes the fundamental skills of rugby through fun games and exercises. They will also participate in interactive group activities and scrimmages. No previous experience required.

AGE: 6-12 years

LOCATION: City Park

DATE	DAY	TIME	FEE	CLASS #
5/9-5/16	Sa	9:00-11:00 AM	\$23	86354-01

Sporties For Shorties

Explore the world of balls, bats, and baskets in this fun-filled class. Work on large and small motor skills as they relate to throwing, kicking, and catching.

AGE: 3 ½-5 years

LOCATION: Youth Activity Center

NOTE: Children should arrive in appropriate clothing and shoes.

DATE	DAY	TIME	FEE	CLASS #
6/16-6/30	Tu	9:00-10:00 AM	\$18	86355-01
6/16-6/30	Tu	10:15-11:15 AM	\$18	86355-02
6/18-7/2	Th	9:00-10:00 AM	\$18	86355-03
6/18-7/2	Th	10:15-11:15 AM	\$18	86355-04
7/7-7/21	Tu	9:00-10:00 AM	\$18	86355-05
7/7-7/21	Tu	10:15-11:15 AM	\$18	86355-06
7/9-7/23	Th	9:00-10:00 AM	\$18	86355-07
7/9-7/23	Th	10:15-11:15 AM	\$18	86355-08

High 5 Sports

Kids will develop fundamental skills in a wide variety of sports - each week a different sport such as basketball, volleyball, soccer, floor hockey, football, or lacrosse will be highlighted.

GRADE: Kindergarten-2 (2009-2010)

LOCATION: Youth Activity Center

DATE	DAY	TIME	FEE	CLASS #
6/16-6/30	Tu	11:30 AM-12:30 PM	\$18	86356-01
6/18-7/2	Th	11:30 AM-12:30 PM	\$18	86356-02
7/7-7/21	Tu	11:30 AM-12:30 PM	\$18	86356-03
7/9-7/23	Th	11:30 AM-12:30 PM	\$18	86356-04

»YOUTH TEAM SPORTS**Position Specialty Football Camps**

These camps are designed for various skill levels to prepare tackle players for the 2009 season. All drills and skills are run by experienced football coaches. Each camper will learn the fundamentals and necessary skills to play the positions of quarterback and wide receiver or defensive back. Each player receives a T-shirt.

GRADE: 4-6 (2009-2010)

LOCATION: Club Tico

Defensive Back

DATE	DAY	TIME	FEE	CLASS #
7/27-7/28	M,Tu	6:00-7:30 PM	\$35	86358-02

Quarterback / Wide Receiver

DATE	DAY	TIME	FEE	CLASS #
7/29-7/30	W,Th	6:00-7:30 PM	\$35	86358-01

Father/Son Football Camp

This camp is designed to serve two purposes: one, to provide quality time between the father/guardian and the camper; and two, to help the father/guardian become familiar with the teaching system. Emphasis is on teaching and executing fundamentals. Lunch will be served and a local football role model will speak during lunch break! Take home a T-shirt and fun that will last a lifetime.

GRADE: 4-6 (2009-2010)

LOCATION: Club Tico

NOTE: "Father" can be father or guardian.

DATE	DAY	TIME	FEE	CLASS #
8/1	Sa	10:00 AM-1:00 PM	\$35	86359-01

Summer Wrestling

Practices will be held twice a week at the Youth Activity Center. All tournament entry fees and transportation to and from tournaments are the responsibility of the participant. Tournament schedule TBD. Participants wanting to wrestle in USA Wrestling sanctioned events must register with USA Wrestling (\$30). Participants must purchase their own singlet (specific singlet will be required approx. \$35); information will be available at the first practice. Program cost is \$253 for 13 weeks. Registration deadline is 5/1.

GRADE: 4-12 (2009/2010)

LOCATION: Youth Activity Center

NOTE: Participants will receive a schedule on the first day of practice.

DATE	DAY	TIME	FEE	CLASS #
5/11-8/5	M,W	6:00-7:30 PM	\$253	86330-01

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