

2009  
Adult



Basketball

Manager  
Manual

City of Fort Collins Recreation Department  
**2009 Adult Basketball  
Managers Manual**

*Thank you for participating in the 2009 Adult Basketball League.*

This manual contains important information and rules regarding the Adult Basketball League. Please read this manual carefully and share the information contained here in to all the players participating on your team.

Please set a good example and abide by the rules contained in this manual. We are counting on you, the team Manager and representative, to help us make this a great season for you, your players, your fans, and our staff. We are looking forward to a great season.



**IMPORTANT PHONE NUMBERS**

**League Coordinator – Ralph Mirelez . . . . . 221-6356**  
**League Leader – Neva Menchaca . . . . . 221-6356**  
**Sports Supervisor – Marc Radmacher . . . . . 221-6309**  
**City Line for Game Cancellations . . . 416-2489 ext. 5641**

## **GENERAL INFORMATION**

Rules and regulations not contained in this manual will be governed by the National Federation of State High School Association's Basketball Rules.

**Elastic Clause:** The League Directors shall have complete charge of the Adult Basketball League. Any and all situations not specifically covered by these rules shall be acted upon by the League Directors, and all actions by them will be FINAL.

If there are any further questions or ideas regarding the Adult Basketball League, please contact the League Directors.

### **Results and Standings**

Standings, schedules, and schedule changes can be found on the City of Fort Collins web site at [www.fcgov.com/sports/](http://www.fcgov.com/sports/)

### **Awards**

Individual awards will be given to the winners of each league. Winners will be decided by:

- 1) Overall standings
- 2) Head to head records,
- 3) All three way ties will be broken by the League Coordinator to determine the champion.

### **Amendments**

This manual or any section thereof may be amended through evaluation by team managers, referees, etc., as deemed necessary by the City of Fort Collins Recreation Department.

For questions or information on the Adult Basketball Leagues call the Sports office at 221-6356, Monday through Friday, 8 a.m. to 5 p.m.

### **Purpose**

The purpose of the league is to combine the interest of the community basketball teams into friendly rivalry, wholesome recreation, and clean sportsmanship.

### **Functions of the Recreation Department**

The City of Fort Collins Recreation Department shall be responsible for the financial program, the general organization of the leagues and the scheduling of dates for leagues.

### **Governing Body**

The league governing body will be the City of Fort Collins Recreation Department. League Coordinators will be Ralph Mirelez and Neva Menchaca.

### **Registration**

Teams may register for only one (1) league on the same night.

### **Rosters**

The team rosters are unlimited (**All players must be at least sixteen (16) years of age, i.e., cannot play until the day they turn sixteen**). Each player must sign the roster and player contract before they will be allowed to participate. Players may be added anytime during the season. Player additions must be made at the gyms by contacting the Gym Supervisor

before your game. Any player under the age of 18 must have a parent or guardian sign a release waiver prior to participation.

Players may play on multiple teams as long as they are not in the same league and must play only one division up or down.

Any player that is too competitive or skilled for a certain league may have to be dropped from your roster or your team may be moved to a more competitive level. This will be at the discretion of the League Coordinator.

Players must have a photo ID available for identification at all games. Any team found guilty of playing a person under an assumed name will be charged with a forfeit and a fine. That player and coach will also be ineligible to participate in the league for the remainder of the season. Final decision regarding player eligibility will be made by the League Coordinator.

## **Player Contracts**

Player contracts, in addition to the roster, must be read and signed by each player before they will be eligible to play.

**\*\*The keeping of each team's rosters, player contracts, transferring of players and the addition of new players shall be the responsibility of, and subject to the approval of the Gym Supervisor.\*\***

## **Player "Free Agent" List**

If teams are looking for players, the Sports office has a list of individuals looking for teams to play on. Please call 221-6356 for more information.

## **Protests**

If a team wishes to protest a call, it can only be a rule interpretation call or player eligibility (no protests are allowed on a judgment call). The protest must be made prior to the next live ball. The floor captain must notify the officials of their intent to protest. A **\$50.00 (cash) fee** will be charged at the time of protest. If the protest is upheld, the fee will be refunded. In the case of a protest for player eligibility, \$50.00 per player challenged will be charged.

The scorekeeper will draw a line on the score sheet segregating number of fouls, score, etc., at time of protest. The score keeper will also note the amount of time remaining in the game on the score sheet. The officials will ask both teams to retreat to their respective benches. Both officials and the gym supervisor will discuss and rule on the protest. If this procedure takes an excessive amount of time, the game may be shortened accordingly; however this is not encouraged. If the team disagrees with the decision made, they must file a written protest within twenty-four (24) hours to the Sports office, 413 S. Bryan Ave., Fort Collins, CO 80521.

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# **FACILITY POLICIES**

## **Food and Beverage**

Absolutely NO FOOD OR BEVERAGE will be allowed in any facilities, including locker rooms, hallways, and gymnasiums. Any player, coach, or spectator observed with an alcoholic beverage container at a facility at any time will be asked to leave that facility immediately. Such person will be reported to our office. Please do not litter facility grounds with trash.

Any player, coach, or team representative detected with alcohol on his/her breath will be asked to leave the facility and will be reported to our office.

## **Smoking**

Smoking is not allowed in any facility.

## **Athletic Braces**

All braces (knee, arm) must have all hard material, such as plastic or metal, covered and padded. If it is not covered properly and is deemed unsafe by the official, the player will not be allowed to participate.

## **Children at Games**

Children accompanying parents must remain in the gymnasium at all times and must be properly supervised. Children are not allowed to play in the hallways or classrooms.

## **The Walking Track**

Players or spectators will not be allowed on the suspended track to observe games or gym activities. All health equipment is available only to Senior Center and Northside Aztlan paying patrons. Locker Rooms will **not** be available for use by participants in the Adult Basketball League.

## **Game Time**

The City's permits for facilities are for specific times. You will not be allowed inside the facility until the time scheduled for the first game. Please do not arrive early!

## **LEAGUE CLASSIFICATIONS**

- |                              |  |
|------------------------------|--|
| <u>Men's Competitive:</u>    | Good-skilled players who want a higher level of competition, i.e., ex-high school starters and players who may have played in a higher level.  |
| <u>Men's Recreational:</u>   | Average ex-high school players of average size and older players who are interested in exercise and fun. More of the social-type players who are interested in exercise and fun, the majority of these players didn't play in high school. |
| <u>Women's Competitive:</u>  | Women of all skill levels. This division is for both the social player and the competitive player.   |
| <u>Women's Recreational:</u> | Average ex-high school players of average size and older players who are interested in exercise and fun. More of the social-type players who are interested in exercise and fun, the majority of these players didn't play in high school. |

## City League Basketball Rules

The National Federation of State High School Association Basketball Rules will be used except for the following. All rules apply to both men and women.

- 1) **Jump Ball:** A Jump ball will begin the game then we will go to alternating possession.
- 2) **Time Limit:** All games will consist of two (2) 20-minute running halves. The clock will not stop except for the last two (2) minutes of the second half. If the score is more than a 10 point difference, the clock remains running. If the score drops below 10 points the clock will again be a stop clock (during the last two (2) minutes of the game only).  
\*There is no shot clock
- 3) **Free Throws:** During a free throw players may not enter the lane until the ball hits the rim. Any ball that only hits the back board will be a dead ball.
- 4) **Time Outs:** Two (2) time outs per team will be allowed per half. There will be only one time out per team for each overtime period.
- 5) **Half-time:** Half time will be three (3) minutes long or sooner if players are ready to play.
- 6) **Tie Games:** If at the end of regulation time the score is tied, there will be a two (2) minute regulation (stop clock) overtime. If at the end of the overtime period the score is still tied, a second two (2) minute sudden death (stop clock) overtime will be played, the first team to score wins. If no one scores and the overtime ends the final score will remain tied.
- 7) **Forfeits:** A team must have three players to begin a game. To continue, the team must have four or more players by the end of the first half. **EXCEPTION:** Player numbers reduced due to injury.  
  
Teams that do not have three players by game time or four or more by the end of the first half will forfeit the game. A \$25.00 forfeit fee will be assessed to the team forfeiting and the fee must be paid before they can continue league play.  
  
Officials and scorers will not work a forfeited game. When a forfeit has been declared, teams can practice until 10 minutes before the start of the next scheduled game.
- 8) **Uniforms:** Are mandatory for all leagues. All team members must wear the same shade of jersey/T-shirt with numbers (minimum 6" in height) clearly printed on front and/or back.
- 9) **Technical Fouls:** **Minor Technical Foul** – A minor technical foul will allow the player(s) to stay in the game. They will not be automatically ejected. Minor technical fouls include, but are not limited to dunking in dead ball situations, arguing with opponents and officials, and calling a timeout when the team does not have a time out. The second minor technical foul a player receives will be a major technical foul.

**Major Technical Foul** – A major technical foul includes but is not limited to continuous or forceful arguing with an official or opponent, aggressive physical contact, profanity, abusive language and unsportsmanlike conduct. Any major technical foul will result in two (2) points for the opposing team and the ball out of bounds. Any player receiving a major technical foul will be ejected for the remainder of that game and a **minimum of the next two (2) scheduled games.**

**NOTE:**

- It is up to the official to differentiate between a minor and a major technical foul.
- **Players receiving two minor technical fouls or one major technical foul must leave the facility and will be suspended for the remainder of that game and a minimum of the next two (2) scheduled games.**
- If a game is forfeited, the forfeit fee must be paid prior to the next scheduled game.
- Stricter penalties will be enforced.
- **Gym supervisors have the ability to call unsportsmanlike technical fouls.**

**10) Foul Shots:**

- The one and one foul shooting will begin on the seventh team foul of each half
- The bonus (two) shots will begin on the tenth foul of each half.
- Three free throws for a player fouled in the act of shooting an unsuccessful three-pointer. If fouled intentionally or flagrantly in the act of shooting an unsuccessful three-pointer, three free throws plus the ball out of bounds.
- Committing basket interference during a free throw is a technical foul, which results in the point being counted, plus two (2) points for the technical and the ball out of bounds.

**11) Dunking :**

Will not be permitted during any dead ball situation. The penalty for a violation will be a minor technical foul: two (2) automatic points and the ball taken out of bounds.

**Example:** If a player dunks a ball during pre-game warm-up, that team shall be given a minor technical foul which will result in two (2) points for the opposing team and first possession of the ball.

**12) Blood Rule:**

- City League procedures to deal with bleeding participants:
- Whenever a player suffers a laceration or wound, where bleeding or oozing occurs, the game will be stopped immediately.
  - The player will be removed from the game until bleeding is stopped.
  - If a legal substitute is available, he/she will replace the injured player and play will continue.

- If no substitute is available, the game clock will be stopped for a reasonable length of time (1-2 minutes). Play will be resumed after two (2) minutes with a reduced number of players.
- The player may re-enter the game only with the gym supervisor's and/or official's approval. This means bleeding must be stopped and/or wound covered. Any piece of clothing saturated with blood must be removed and replaced. Replacement jerseys are not required to have numbers.

13) **Jewelry:** Jewelry that would be hazardous as decided by the official or gym supervisor will need to be removed, covered, or taped.

**REMINDER: This means that each team is responsible for supplying extra clothing and first aid supplies. Please come prepared.**



City of Fort Collins Recreation Department

**2009 ADULT BASKETBALL PLAYER CONTRACT**

To: ALL ADULT BASKETBALL PLAYERS

From: Adult Basketball Staff

There has been a growing concern to the basketball staff and participants about the behavior in the adult basketball program. Every year it has been more difficult to find quality officiating staff. This has been in part to the participant’s abuse towards the staff and other participants. There will be new rules implemented in the basketball program that will hopefully ensure a positive experience for the participants as well as the staff. We value this program, but are on the verge of seeing it disappear. There are several Front Range municipalities that have stopped offering adult basketball due to abuse of staff and participants. We do not want to see that happen in Fort Collins. These new policies will be a test to see if we can stop the abuse and poor sportsmanship.

**Points of Emphasis:**

- Any player arguing with the officials or staff will receive an unsportsmanlike technical foul and be ejected from that game and a minimum of the next two (2) scheduled games.
- Any player swearing will receive an unsportsmanlike technical foul and be ejected from that game and a minimum of the next two (2) scheduled games.
- Any fighting or aggressive behavior will result in automatic forfeit of the game.
- Teams that receive two unsportsmanlike technical fouls will result in an automatic forfeit and be assessed a \$25 forfeit fee, which must be paid prior to their next scheduled game.
- Any player who is ejected from the game will leave the facility for the remainder of that game and be suspended a minimum of the next two (2) scheduled games.
- Supervisors have the authority to administer unsportsmanlike technical fouls.
- Teams that have consistent problems will be removed from the league with no refund.

This league, no matter what level, is designed to be a “**recreational**” program, which means that everyone participating is here to have an enjoyable experience.

The attitudes, abuse and poor sportsmanship will not be tolerated. If a player does not want to adhere to our policies, they will not play.

I agree to these rules/policies and will adhere to all policies and rules for the basketball program. If I am a manager, I will inform my team of all rules and policies for the adult basketball program and abide by them.

Name (print) \_\_\_\_\_ Team \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**ALL PLAYERS MUST SIGN THIS FORM TO BE ELIGIBLE TO PLAY.**

**City of Fort Collins Recreation Department  
SPORTS CODE OF CONDUCT**

**Applicability:**

This Sports Code of Conduct applies to all sports organized by the City of Fort Collins Recreation Department, whether taking place on City-owned property, or on any other property that the City has arranged to use.

“Sports” include any and all activities or events listed under the category of “Sports” in the most current edition of the City of Fort Collins *Recreator* Publication. The City may add or delete activities from this category in the City’s discretion.

**Definitions:**

**City:** The City of Fort Collins.

**Coach:** The person designated as a team’s spokesman. May be either a player or non-player.

**Field of play:** The part of a court, field, ring or other sports venue that is considered within the boundaries for regulation play of a particular sport.

**Field Supervisor:** A City employee in charge of the operation and staff of a scheduled sports game, match, or event, as well as this Code of Conduct.

**Manager:** The City’s Recreation Manager/Sports, or such other person as the Director of Recreation may specify.

**Official:** A person who the City has arranged to be present at a sports venue for the purpose of administering the rules of the game, match or event, as well as this Code of Conduct.

**Parent:** The legal guardian or other family member responsible for a child who is under the age of 18 and is participating in a sport sponsored by the Recreation Department.

**Participant:** Any coach, player, parent, spectator, official or any other person involved in any way with any sport sponsored by the Recreation Department.

**Participation:** Any involvement in a Recreation Department sport, including spectating, officiating, playing, coaching, or attending a sporting event.

**Player:** A person who physically participates in a sport or is on the roster of the team or group participating in the sport.

**Probation:** A period of time during which a person who has previously violated the Sports Code of Conduct may have no further violations.

**Recreation Department:** The City of Fort Collins Recreation Department.

**Sport:** Any Recreation Department-organized activity or event that is listed under the category of “Sports” in the most current edition of the City’s *Recreator* publication or a new yet-to-be advertised activity that is run by a recreation staff member who is specifically designated by organizational chart as a member of the sports team.

**Spectator:** A person who watches a sport for entertainment with no physical involvement.

**Sportsmanship:** Conduct, such as fairness, respect for one’s opponent and for officials, and graciousness in winning or losing, that are appropriate to one participating in a sport.

**Sports Venue:** An area improved with fencing, buildings, bleachers, goals, turf or other landscaping, lines or other markings or any other facilities intended for use by players, officials, spectators or anyone else participating in a sport. Examples of sports venues include fields, courts, tracks, gymnasiums or field houses, arenas, pools, ice rinks and bowling alleys.

**Suspension:** Loss of the privilege to participate in any manner in a Recreation Department sport.  
**Unsportsmanlike:** Exhibiting poor behavior through negative, disruptive or inappropriate actions.

## **Prohibited Acts:**

No participant shall:

1. Physically attack any other participant or any City staff person. This includes but is not limited to striking, shoving, kicking or otherwise touching or subjecting another person to physical contact in a threatening or alarming manner.
2. Refuse to abide by an official's decision and /or contest such decision in an unsportsmanlike manner.
3. Use obscene language or gestures, harassing, insulting, taunting or challenging language, racial, ethnic or sexual slurs, or unsportsmanlike demonstrations of dissent concerning an official's decision.
4. Use unnecessary roughness in the play of a game against an opposing player.
5. Throw or cause to be deposited any object onto the field of play.
6. Violate the City of Fort Collins open container ordinance, or other state or local alcohol or drug laws, while at a sports venue, or enter the field of play while under the influence of drugs or alcohol.
7. Smoke in any indoor sports venue, or while coming off or going on the field of play, or while on the field of play, whether indoors or outdoors.
8. Display other unsportsmanlike conduct before or after games or events, or while at a sports venue during a scheduled activity, game, match or event.

## **Enforcement:**

The minimum penalty for smoking shall be a warning, and the maximum penalty shall be ejection from the game. For all other violations, the penalties shall be as follows:

1. **Minimum Penalties.** Ejection from the current sports activity or event and suspension from the next scheduled game, activity, or event. Any participant who is ejected must leave the sports venue immediately. This means going far enough away that he or she cannot be seen or heard by any participant within the sports venue. Minimum penalties may be imposed onsite by an official or field supervisor.
2. **Medium Penalties.** Suspension for up to the remainder of the scheduled season or up to one year, and one or more years on probation. After review of the alleged violation by Recreation Department staff, medium penalties may be imposed if 1) another infraction

has occurred by the individual resulting in a penalty within the past calendar year; 2) the individual violated more than one section of this Code during the current incident; and/or 3) in the judgment of staff, the severity of the infraction justifies penalty beyond the minimum but not to the maximum level. Medium penalties may be imposed in addition to minimum penalties.

3. **Maximum Penalties.** Suspension for one to five years. Maximum penalties may be imposed if, after review of the alleged violation by Recreation Department staff, it is determined that the severity of the violation justifies the maximum penalty, based on negative impact to the program, other participants, spectators, and/or staff. Maximum penalties may be imposed in addition to minimum and/or medium penalties.
4. Any behavior that is also a violation of law may result in criminal charges.
5. Any participant who engages in three or more of the prohibited acts described above during any twelve-month period shall be suspended for up to five years, followed by two years of probation.
6. Any participant who engages in a prohibited act while on probation shall be suspended for one to five years.

## **Appeals:**

Appeals of any enforcement decision may be made by submitting a written statement of appeal to the Recreation Manager/Sports within fifteen (15) calendar days of the issuance of the decision to be appealed. If an enforcement decision is not appealed within fifteen days of issuance, it shall be considered final.

The statement of appeal shall include a description of the decision in question and related events, and the basis for the appeal. The appealing party may provide any additional information he or she believes is relevant in support of the appeal.

The Manager will conduct such investigation as he or she determines to be appropriate, given the basis of the appeal and the related facts, and may conduct an informal hearing on the matter in his or her discretion. In the alternative, the Manager may convene an Appeals Board made up of Parks and Recreation staff who have no personal involvement in the decision being appealed, and such board shall conduct an appropriate investigation.

The Manager or Appeals Board, if one is convened, shall issue a written decision on the appeal within thirty (30) days from the filing of the appeal. The written decision shall include an explanation of the basis for the conclusion reached.

REVISED: May, 2007