

# EPIC LAP LANE SCHEDULE - September 1 - November 2, 2014

All Lanes are 25 yards

MONDAY	Lap Lanes - 25 Yards										Shallow End				Deep End Lanes	North Dive	South Dive	
	1	2	3	4	5	6	7	8	9	10	1	2	3	4				
5:30-6:30 AM	FM	FM	FM	FM														
6:30-7:30 AM	FM	FM	FM	FM	F	F	F											
7:30-8:30 AM	FM	FM	FM	FM							A*	A*						
8:30-AM-12:00 PM																		
12:00-1:00 PM	FM	FM	FM	FM	FM													
1:00-3:45 PM																		
3:45-4:15 PM	F	F	F	F	F													L**
4:15-5:30 PM	F	F	F	F	F									L*				L**
5:30-8:00 PM	F	F	F	F	F	F	F	F	F		F	F	F	L*				
	A* 7:30-8:30 AM				L* 4:30-7:45 PM				L** 4:00-6:25 PM									

TUESDAY	Lap Lanes - 25 yards										Shallow End				Deep End Lanes	North Dive	South Dive	
	1	2	3	4	5	6	7	8	9	10	1	2	3	4				
5:30-6:45 AM	F	F	F	F	F													
6:45 AM-3:45 PM																		
3:45-4:15 PM	F	F	F	F	F													
4:15-5:30 PM	F	F	F	F	F						F	F	F	F			A*	A*
5:30-8:00 PM	F	F	F	F	F	F	F	F	F		F	F	F	F	S*	S*	S**	S**
	A* 5:30-6:30 PM				S* 5:30-6:30 PM				S** 6:30-8:00 PM									

WEDNESDAY	Lap Lanes - 25 Yards										Shallow End				Deep End Lanes	North Dive	South Dive	
	1	2	3	4	5	6	7	8	9	10	1	2	3	4				
5:30-6:30 AM	FM	FM	FM	FM														
6:30-7:30 AM	FM	FM	FM	FM	F	F	F											
7:30-8:30 AM	FM	FM	FM	FM							A*	A*						
8:30 AM-12:00PM																		
12:00-1:00 PM	FM	FM	FM	FM	FM													
1:00-3:45 PM																		
3:45-4:15 PM	F	F	F	F	F													L**
4:15-5:30 PM	F	F	F	F	F						F	F	F	L*				L**
5:30-8:00 PM	F	F	F	F	F	F	F	F	F		F	F	F	L*				
	A* 7:30-8:30 AM				L* 4:30-7:45 PM				L** 4:00-6:25 PM									

THURSDAY	Lap Lanes - 25 yards										Shallow End				Deep End Lanes	North Dive	South Dive	
	1	2	3	4	5	6	7	8	9	10	1	2	3	4				
5:30-6:45 AM	FM	FM	FM	FM														
6:45-8:30 AM	FM	FM	FM	FM														
8:30 AM-3:30 PM																		
3:30 - 4:15 PM	F	F	F	F	F													
4:15-5:30 PM	F	F	F	F	F						F	F	F					
5:30-8:00 PM	F	F	F	F	F	F	F	F	F		F	F	F		F	F	A*	A*
													A* 5:30-6:30 PM					

FRIDAY	Lap Lanes - 25 yards										Shallow End				Deep End Lanes	North Dive	South Dive	
	1	2	3	4	5	6	7	8	9	10	1	2	3	4				
5:30-6:30 am	F	F	F	F	F													
6:30-7:30	F	F	F								A*	A*						
6:45-8:30 AM											A*	A*						
8:30 AM-12:00PM																		
12:00-1:00 PM	FM	FM	FM	FM	FM													
1:00-3:45 PM																		
3:45-4:15 PM	F	F	F	F	F													
4:15-5:45 PM	F	F	F	F	F						F	F	F	F				
5:45 - 6:30 PM	F	F	F	F	F	F	F	F	F		F	F	F					
6:30-7:00 PM					F	F	F	F			F	F	F					
7:00-7:30 PM					F	F	F	F										
7:30-8:00 PM																		
									A* 7:30-8:30 AM									

SATURDAY	Lap Lanes - 25 yards										Shallow End				Deep End 25 yards	North Dive	South Dive	
	1	2	3	4	5	6	7	8	9	10	1	2	3	4				
8:00-8:30 AM	F	F	F	F	F	F	F	F	F	F	F	F	F	F				
9:00-10:AM	F	F	F	F	F	F	F	F	F	F	F	F	F					
10:00-10:30 AM	F	F	F	F														
10:30AM-6:00 PM																		

**EPIC Pool Hours**  
 M-F 5:30 AM-8:00 PM  
 Saturday 8:00 AM-6:00 PM  
 Sunday Noon-5:30 PM  
 \*Lessons start 9/8/2014

**EPIC Contact Information**  
[www.fcgov.com/recreation/EPIC](http://www.fcgov.com/recreation/EPIC)  
 970-221-6683 opt. 3

**Legend**

- A - Aqua Fitness Class
- F - FAST Swim Team
- FM - FAST Masters
- L - LESSONS
- S - Northern Colorado Synchro

**EPIC POOL CLOSURES**

Monday, September 1  
 Friday, October 24, Close at 3:00 PM  
 October 25-26 All Day



PLEASE NOTE: THIS SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL FACILITY FOR UPDATES.