

EPIC LAP LANE SCHEDULE - May 18-31

All Lanes are 25 yards M-Th & Sun. The pool will be in Long Course Meters all day Fridays and 8-9 AM on Saturdays

MONDAY	Lap Lanes - 25 Yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
5:30-6:45 AM	FM	FM	FM	FM							A*	A*					
6:45-8:30	FM	FM	FM	FM	F	F											
8:30 AM-12:00 PM																	
12:00-1:00 PM	FM	FM	FM	FM	FM												
1:00-3:45 PM																	
3:30-4:15 PM	F	F	F	F	F												
4:15-5:30 PM	F	F	F	F	F						F	F	F				
5:30-8:00 PM	F	F	F	F	F	F	F	F			F	F	F				

A* 7:30-8:30 AM

TUESDAY	Lap Lanes - 25 yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
5:30-6:45 AM	F	F	F	F	F												
6:45 AM-3:45 PM																	
3:30-4:15 PM	F	F	F	F	F												
4:15-5:30 PM	F	F	F	F	F						F	F	F			A*	
5:30-8:00 PM	F	F	F	F	F	F					F	F	F		S*	S*	S**

A* 5:30-6:30 PM S* 5:30-6:30 PM S** 6:30-8:00 PM

WEDNESDAY	Lap Lanes - 25 Yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
5:30-6:45 AM	FM	FM	FM	FM							A*	A*					
6:45-8:30 AM	FM	FM	FM	FM	F	F											
8:30 AM-12:00 PM																	
12:00-1:00 PM	FM	FM	FM	FM	FM												
1:00-3:45 PM																	
3:30-4:15 PM	F	F	F	F	F												
4:15-5:30 PM	F	F	F	F	F						F	F	F				
5:30-8:00 PM	F	F	F	F	F	F	F	F			F	F	F				

A* 7:30-8:30 AM

THURSDAY	Lap Lanes - 25 yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
5:30-6:45 AM																	
6:45-8:30 AM																	
8:30 AM-3:45 PM																	
3:30-4:15 PM	F	F	F	F	F												
4:15-5:30 PM	F	F	F	F	F						F	F	F				
5:30-8:00 PM	F	F	F	F	F	F					F	F	F			A*	

A* 5:30-6:30 PM

FRIDAY-Long Course	Lap Lanes - 50 meters									
	1	2	3	4	5	6	7	8	9	10
5:30-6:45 am								F	F	F
6:45-7:15 AM									F	F
7:15-7:30 AM			FM						F	F
7:30-8:30 AM			FM						A	A
8:30 AM-12:00 PM										
12:00-1:00 PM	FM	FM	FM	FM	FM					
1:00-3:45 PM										
3:30-4:15 PM	F	F	F	F						
4:15-5:30 PM	F	F	F	F						
5:30-6:15 PM	F	F	F	F	F	F	F			
6:15-7:00 PM		F	F	F	F	F	F			
7:00-7:30 PM					F	F	F			
7:30-8:00 PM										

A* 7:30-8:30 AM

SATURDAY	Lap Lanes - 50 Meters									
	1	2	3	4	5	6	7	8	9	10
8:00-9:00 AM	F	F	F	F	F					
9:00-9:20 AM	Pool moved back to short course yards									
9:20 AM-6:00 PM										

All 16 25-yard lanes open at 9:20 unless otherwise stated.

EPIC Pool Hours
M-F 5:30 AM-8:00 PM
Saturday 8:00 AM-6:00 PM
Sunday Noon-5:30 PM

EPIC Contact Information
www.fcgov.com/recreation/EPIC
970-221-6683 opt. 3

FAST - No Practice May 23, 25

Legend

- A - Aqua Fitness Class
- F - FAST Swim Team
- FM - FAST Masters
- HS - High School Swim Team
- S - Northern Colorado Synchro

EPIC POOL CLOSURES
May 23 - Closed until 1:00 p.m.
May 25 - Closed (Memorial Day)
May 26-30 - Pool Open During Lobby Remodel



PLEASE NOTE: THIS SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL FACILITY FOR UPDATES.