

EPIC LAP LANE SCHEDULE - March 20th-April 30th

All Lanes are 25 yards

	Lap Lanes - 25 Yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
MONDAY																	
5:30 - 6:30 AM	FM	FM	FM	FM	FM	HS	HS	HS	HS	HS	A*	A*		FM			
6:30-7:30 AM	FM	FM	FM	FM	FM												
7:30- 8:30 AM	FM	FM	FM	FM	FM												
8:30-11:30 AM																	
11:30-1:00PM	FM	FM	FM	FM	FM												
1:00-3:45 PM																	
3:30-4:15 PM	F	F	F	F	F	HS	HS	HS	HS	HS					HS		HS
4:15-5:30 PM	F	F	F	F	F	HS	HS	HS	HS	HS	F	F	F	L	HS	L**	HS
5:30-8:00 PM	F	F	F	F	F	F	F	F	F	F	F	F	F	L		L**	
	A*	7:30-8:30 AM				L*	4:30-7:45 PM				HS*	3:30-5:15 PM				L**	4:00-6:25 PM

	Lap Lanes - 25 yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
TUESDAY																	
5:30-6:45 AM	F	F	F	F	F	HS	HS	HS	HS	HS							
6:45 AM-3:45 PM																	
3:30-4:15 PM	F	F	F	F	F	HS	HS	HS	HS	HS							HS
4:15-5:30 PM	F	F	F	F	F	HS	HS	HS	HS	HS	F	F	F	F	HS	A*	HS
5:30-8:00 PM	F	F	F	F	F	F	F	F	F	F	F	F	F	F	S*	S*	S**
	A*	5:30-6:30 PM				S*	5:30-6:30 PM				S**	6:30-8:00 PM				HS	3:30-5:15 p.m.

	Lap Lanes - 25 Yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
WEDNESDAY																	
5:30-6:45 AM	FM	FM	FM	FM	FM	HS	HS	HS	HS	HS	A*	A*		FM			
6:45-8:30 AM	FM	FM	FM	FM	FM	F											
8:30 AM-12:00 PM																	
12:00-1:00 PM	FM	FM	FM	FM	FM												
1:00-3:45 PM																	
3:30-4:15 PM	F	F	F	F	F	HS	HS	HS	HS	HS					HS		HS
4:15-5:30 PM	F	F	F	F	F	HS	HS	HS	HS	HS	F	F	F	L	HS	L**	HS
5:30-8:00 PM	F	F	F	F	F	F	F	F	F	F	F	F	F	L		L**	
	A*	7:30-8:30 AM				L*	4:30-7:45 PM				HS*	3:30-5:15 PM				L**	4:00-6:25 PM

	Lap Lanes - 25 yards										Shallow End				Deep End Lanes	North Dive	South Dive
	1	2	3	4	5	6	7	8	9	10	1	2	3	4			
THURSDAY																	
5:30-6:45 AM	FM	FM	FM	FM	FM	HS	HS	HS	HS	HS				FM			
6:45 -8:30 AM	FM	FM	FM	FM	FM												
8:30-11:30 AM																	
11:30-1:00 PM																	
3:30 - 4:15 PM	F	F	F	F	F	HS	HS	HS	HS	HS					HS		
4:15-5:30 PM	F	F	F	F	F	HS	HS	HS	HS	HS	F	F	F	F	HS		
5:30-8:00 PM	F	F	F	F	F	F	F	F	F	F	F	F	F	F	F	A*	HS
						HS* 3:30-5:15 PM										A*	5:30-6:30 PM

	Lap Lanes - 50 meters									
	1	2	3	4	5	6	7	8	9	10
FRIDAY-Long Course										
5:30-6:45 am	F	F	F		HS	HS	HS	HS		
6:45-7:45 AM	F	F								
8:00-8:30 AM									A	A
8:30 AM-12:00 PM										
12:00-1:00 PM	FM	FM	FM	FM	FM					
1:00-3:30 PM										
3:30 - 6:30 PM	F	F	F	F	HS	HS	HS			
6:30-7:00 PM		F	F	F	F	F	F			
7:00-7:30 PM					F	F	F			
7:30-8:00 PM										
					A*	8:00-9:00 AM in shallow only				

	Lap Lanes -50 meters									
	1	2	3	4	5	6	7	8	9	10
SATURDAY										
8:00-9:00 a.m.	F	F	F	F	F					

Pool will be moved back to short course by 9:15 a.m.

PLEASE NOTE: THIS SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL FACILITY FOR UPDATES.

EPIC Pool Hours
M-F 5:30 AM-8:00 PM
Saturday 8:00 AM-6:00 PM
Sunday Noon-5:30 PM

EPIC Contact Information
www.fcgov.com/recreation/EPIC
970-221-6683 opt. 3

*There will be no lap lanes available after 3:30 p.m. on the following dates due to high school swim meets:
-Tuesday, March 28th
-Thursday, March 30th
-Tuesday, April 4th
-Tuesday, April 11th
-Tuesday, April 20th

High School practices are held daily Monday-Friday at the following times:
5:30-6:45 AM

Legend

A - Aqua Fitness Class
F - FAST Swim Team
FM - FAST Masters
L - LESSONS
HS - High School Swim Team
S - Northern Colorado Synchron

EPIC POOL CLOSURES
Friday, April 28, Close at 3:00 p.m.
April 29-30, Closed all day

