Soapstone Prairie Natural Area Early August Plants



Prairie sunflower *Helianthus pumilus* (Sunflower family) native

The most common sunflower blooming this time of year. The foliage has small bristly hairs that make leaves and stems feel like sandpaper. Seeds were a favorite Prairie coneflower Ratibida columnifera (Sunflower family) native

These are more often yellow than red, but this is stunning. Native Americans used coneflowers as a snakebite remedy and used the leaves and flowers for tea.



Blanket flower Gaillardia aristata (Sunflower family) native

The season for these is about finished but those remaining are delightful





Purple prairie clover (Dalea purpurea) (Pea family) native

White prairie clover Dalea candida (Pea family) native

These are drought and deer resistant and will grow in poor soils. Like other members of this family they can fix Nitrogen from the air and so help provide soil fertility for themselves.







Dotted gayfeather

Liatris punctata (Sunflower family) native

A bright purple note in a symphony of yellow flowers; pollinated by bees and butterflies.



Annual sunflower

Helianthus annuus (Sunflower family) native

These are tall, stout plants. Look for them along the road just to the south of the gatehouse. Native Americans used fibers from the stems and made yellow dye from flowers. The seeds now feed birds and yield oil for fuel and cooking.



Sleepygrass

Achnatherum robustum (Grass family) native

This tall (4-5 ft), stout grass along the Lindenmeier Trail has a sedative affect on horses, hence it's name.





Broomlike ragwort Senecio spartioides (Sunflower family) native

These tend to form fairly large and rather compact clumps. A dye plant for Native Americans. Toxic to livestock



Rubber rabbitbrush

Ericameria nauseosa (Sunflower family) native

These rounded mounds of green common along roads all over the West look like they belong in an Impressionist painting. They will soon be covered with bright yellow flowers.

These sheets are also available online at : <u>fcgov.com/natural areas</u> (then go to "native plants" and to "wildflowers in Natural Areas" —> wildflower handouts for Soapstone Prairie)

