

RULES & REGS

- + Use and possession of marijuana is **prohibited on campus**. Students who use, possess or transfer marijuana on campus are in violation of the Student Conduct Code and are subject to disciplinary action.
- + Colorado residents 21 and older can legally purchase and possess **up to 1 ounce** of recreational marijuana.
- + Medical marijuana can be sold to patients 18 and older who have a **physician's recommendation**.*
- + If you are 21, it is legal to use recreational marijuana **within your home or on your property**, but NOT in public or public view.
- + It is illegal to sell or transfer marijuana to persons **under the age of 21**.
- + It is **illegal to drive under the influence of marijuana**. A DUI (sometimes called DUID) from marijuana has the same sentence and consequences as from alcohol.
- + Smoking marijuana on ski hills or in National Parks can subject you to a **\$5,000 fine – even if you are of legal age**. Your pass can be revoked, and you can be permanently banned from the ski hill.
- + **Respect the rights of others**. Be courteous and respect the preferences of those who wish to avoid marijuana altogether.

*CSU Health Network physicians do not provide recommendations for medical marijuana.

Colorado State University

CSU HEALTH NETWORK

CARE FOR BODY AND MIND

FOR MORE INFORMATION

CSU Health Network
health.colostate.edu/resources/marijuana

colorado.gov/marijuana

CSU Health Network DAY Program
(Drugs, Alcohol and You)
(970) 491-4693

MARIJUANA
+ you

MARIJUANA'S EFFECTS

Used to treat symptoms of cancer, HIV/AIDS, glaucoma, and multiple sclerosis.

Suppresses the gag reflex; which can prevent someone from vomiting after drinking dangerous amounts of alcohol.

Triggers hunger ("the munchies") and potential weight gain.

Can be harmful to dogs and cats when ingested.

Creates a happy, relaxed or "high" feeling.

Triggers increased heart rate and blood pressure.

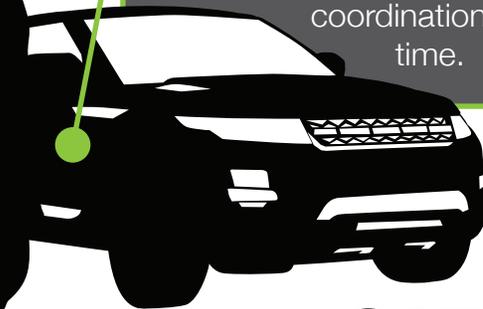
Decreases fertility (after long-term use).

Linked to depression, anxiety, suicidal thoughts and attempts, psychosis, schizophrenia, and personality disturbances, including anti-social behavior.

Causes lung irritation, coughing, and respiratory illness (when smoked).

Decreases quality of sleep, which can impact memory, mood, concentration, and the immune system.

Decreases depth perception, motor coordination, and reaction time.



SAFETY TIPS

- + **Buy from a licensed source**, so you know what's in it.
- + **Know your limits.** If use impairs your health, relationships, personal development or achievement, stop.
- + **Drive while high, and you risk the same consequences as driving while drunk.**
- + **Be cautious of "dabbing"** - using very potent concentrated forms of marijuana hash oil (wax, shatter, earwax, budder, etc.).
- + **Consume edibles with caution.** Concentrations can vary widely in marijuana-infused products.
- + **Take care of your lungs.**
- + **Protect your pets.** Marijuana and marijuana-infused products should be properly stored.