

OUTDOOR RECREATION

Gear List



Make sure you're prepared for the adventures that await. Come prepared to class with the following gear:

Required Gear List:

Day Pack*: Large enough to carry required gear. 20-50 liter pack recommended.

Clothing: Layers of weather appropriate clothing. Moisture wicking/quick drying synthetics and insulating jacket recommended, including socks. Cotton clothing is not recommended.

Hiking Boots: To prevent blisters, please be sure hiking boots are water repelled and broken in.

Hydration: Two liters of water recommended. Use two 1-liter water bottles or a large hydration bladder (Camelbak).

Sun Protection: Sunglasses, sunscreen, and lip balm that block UVA and UVB rays and is 30 SPF rated. Also, a hat or bandana.

Rain Gear: Waterproof resistant jacket and pants recommended. Poncho at the bare minimum.

Nutrition: Zip-loc energy snacks and lunch. As an allergy precaution, please do not bring nuts.

Insect Repellent: DEET recommended to prevent bites.

Whistle: Used for summoning help in an emergency situation.

Optional Gear: Trekking poles, personal camera, binoculars.

Items provided by City of Fort Collins:

Maps and compass

Flashlights

Extra Water

Sanitation Needs

Two-Way Radios

Repair Kit

Group First Aid Kit

Emergency Shelter

Delorme in Reach Explorer (Two-way satellite communication system)

*Day Packs are available for loan. Contact 970.221.6729.

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