



Adaptive Recreation Opportunities

June 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Register at any of the following Recreation Centers: Edora Pool Ice Center (EPIC) (970) 221-6683 Mulberry Pool (MP) (970) 221-6657 Northside Aztlan Community Center (NACC) (970) 221-6256 Senior Center (SC) (970) 221-6644 Foothills Activity Center (FAC) 241 E. Foothills Parkway (970)416-4280			1 <u>Panther Cheer and Dance</u> <i>Week 1 of 6</i> 6:00-7:00 PM (FAC)	2 <u>MS Aqua</u> 9:30-10:30 AM (Mulberry Pool)	3	4 <u>Nachos and Night Games</u> 6:00-8:30 PM (SC) <i>Preregistration required</i>
5	6 <u>Unified Softball</u> <i>Week 3 of 10</i> 5:00-10:00 PM Game times vary Rolland Moore Park (RMP)	7 <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Artistic Abilities</u> <i>Week 1 of 5</i> 4:00-6:00 PM (CSU) <u>Adaptive Skating</u> <i>Week 1 of 4</i> 6:00-6:30 PM (EPIC)	8 <u>Summer Sizzle Cooking Class</u> 6:30-8:00 (SC) <u>Panther Cheer and Dance</u> <i>Week 2 of 6</i> 6:00-7:00 PM (FAC)	9 <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 1 of 5</i> 1:00-2:00 PM Raintree Athletic Club (RAC) <u>Baseball For All</u> <i>Week 1 of 8</i> 6:00-7:00 PM Beattie Ballfields (BB)	10	11
12	13 <u>Unified Softball</u> <i>Week 4 of 10</i> 5:00-10:00 PM Game times vary (RMP)	14 <u>Adaptive Swim Lessons</u> <i>Week 1 of 6</i> (MP) 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Artistic Abilities</u> <i>Week 2 of 5</i> 4:00-6:00 PM (CSU) <u>Adaptive Skating</u> <i>Week 2 of 4</i> 6:00-6:30 PM (EPIC)	15 <u>Movie Night</u> 6:00-9:00 PM Depart from SC <u>Panther Cheer and Dance</u> <i>Week 3 of 6</i> 6:00-7:00 PM (FAC)	16 <u>Adaptive Swim Lessons</u> <i>Week 1 of 6</i> (MP) 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 2 of 5</i> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <i>Week 2 of 8</i> 6:00-7:00 PM (BB)	17 <u>Game Night Out</u> 6:00-9:00 PM Depart from Senior Center <i>Preregistration required</i>	18



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June 2016



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19 Father's Day 5K Race ARO's Annual Fundraiser 8:00 - 10:00 AM To register or for more info go to: Fcgov.com/FathersDay5k	20 <u>Adaptive Boccia</u> 12:30-1:30 PM Foothills Activity Center (FAC) <u>Unified Softball</u> <i>Week 5 of 10</i> 5:00-10:00 PM Game times vary (RMP)	21 <u>Adaptive Swim Lessons</u> <i>Week 2 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Artistic Abilities</u> <i>Week 3 of 5</i> 4:00-6:00 PM (CSU) <u>Adaptive Skating</u> <i>Week 3 of 4</i> 6:00-6:30 PM (EPIC)	22 <u>Restaurant Night</u> 5:45-8:00 PM Depart from SC <u>Panther Cheer and Dance</u> <i>Week 4 of 6</i> 6:00-7:00 PM (FAC)	23 <u>Adaptive Swim Lessons</u> <i>Week 2 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 3 of 5</i> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <i>Week 3 of 8</i> 6:00-7:00 PM (BB)	24 <u>Fun in the Sun Dance</u> 6:00-8:00 PM (SC) <i>Tickets will be sold for \$3.50 at SC front desk</i>	25
26	27 <u>Adaptive Boccia</u> 12:30-1:30 PM (FAC) <u>Unified Softball</u> <i>Week 6 of 10</i> 5:00-10:00 PM Game times vary (RMP)	28 <u>Adaptive Waterskiing</u> 7:00AM-12:30 PM Depart from SC <u>Adaptive Swim Lessons</u> <i>Week 3 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Artistic Abilities</u> <i>Week 4 of 5</i> 4:00-6:00 PM (CSU) <u>Adaptive Skating</u> <i>Week 4 of 4</i> 6:00-6:30 PM (EPIC)	29 <u>Adaptive Watersports</u> 10:00-1:30 PM Horsetooth Reservoir South Bay Pavilion <u>Panther Cheer and Dance</u> <i>Week 5 of 6</i> 6:00-7:00 PM (FAC)	30 <u>Adaptive Swim Lessons</u> <i>Week 3 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 4 of 5</i> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <i>Week 4 of 8</i> 6:00-7:00 PM Beattie Ballfields (BB)	QUESTIONS? Please contact us! Renee Lee: (970) 224-6027 rlee@fcgov.com Becca Heinze: (970) 224-6125 bheinze@fcgov.com Brenda McDowell: (970) 416-2024 bmcdowell@fcgov.com	

Note: The City of Fort Collins will make reasonable accommodations for access to City services, programs and activities and will make special communication arrangements for persons with disabilities. For activities that require registration, it is recommended that requests be made two weeks in advance by contacting Renee Lee at (970) 224-6027 or rlee@fcgov.com.



Adaptive Recreation Opportunities

July 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Register at any of the following Recreation Centers: Northside Aztlan Community Center (NACC) (970) 2216256 Senior Center (SC) (970) 221-6644 Edora Pool Ice Center (EPIC) (970) 221-6683 Mulberry Pool (MP) (970) 221-6657 Foothills Activity Center (FAC) 241 E. Foothills Parkway (970)416-4280			QUESTIONS? Please contact us! Renee Lee: (970) 224-6027, rlee@fcgov.com Becca Heinze: (970) 224-6125, bheinze@fcgov.com Brenda McDowell:(970) 416-2024, bmcowell@fcgov.com		1	2
3	4 th of July Parade 10:00 AM City Park	5 <u>Adaptive Swim Lessons</u> <i>Week 4 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Artistic Abilities</u> <i>Week 5 of 5</i> 4:00-6:00 PM (CSU) <u>Adaptive Skating</u> <i>Week 1 of 4</i> 6:00-6:30 PM (EPIC)	6 <u>Movie Night</u> 6:00-9:00 PM Depart from SC	7 <u>Adaptive Swim Lessons</u> <i>Week 4 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 5 of 5</i> 1:00-2:00 PM (RAC)	8 <u>Giant Friends Club</u> <i>Week 1 of 5</i> 10:00 AM-Noon Spring Canyon Park	9 <u>Bowling</u> <i>Week 1 of 5</i> 10:30-11:30 AM Chipper Lanes - North(CL-N)
10 <u>Rockies Game</u> 11:30 AM-7:00 PM Depart from Senior Center	11 <u>Adaptive Bocchia</u> 12:30-1:30 PM Foothills Activity Center (FAC) <u>Unified Softball</u> <i>Week 7 of 10</i> 5:00-10:00 PM Game times vary (RMP)	12 <u>Adaptive Swim Lessons</u> <i>Week 5 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Skating</u> <i>Week 1 of 4</i> 6:00-6:30 PM	13 <u>Dive in Movie</u> 4:30-8:30 (Club Tico & City Park Pool) <u>Panther Cheer and Dance</u> <i>Week 6 of 6</i> 6:00-7:00 PM (FAC)	14 <u>Adaptive Swim Lessons</u> <i>Week 5 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 1 of 5</i> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <i>Week 5 of 8</i> 6:00-7:00 PM (BB)	15 <u>Giant Friends Club</u> <i>Week 2 of 5</i> 10:00 AM-Noon Spring Canyon Park	16 <u>Poudre Raft Trip</u> 7:30 AM-1:30 PM Depart from SC <u>Bowling</u> <i>Week 2 of 5</i> 10:30-11:30 AM (CL-N)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18 <u>Adaptive Boccia</u> 12:30-1:30 PM (FAC) <u>Unified Softball</u> <i>Week 8 of 10</i> 5:00-10:00 PM Game times vary (RMP)	19 <u>Adaptive Waterskiing</u> 7:00AM-12:30 PM Depart from SC <u>Adaptive Swim Lessons</u> <i>Week 6 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Skating</u> <i>Week 2 of 4</i> 6:00-6:30 PM	20 <u>Island Delights Cooking Class</u> 6:30-8:00 PM (SC) <u>Panther Cheer and Dance</u> <i>Week 1 of 6</i> 6:00-7:00 PM (FAC)	21 <u>Adaptive Swim Lessons</u> <i>Week 6 of 6 (MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 2 of 5</i> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <i>Week 6 of 8</i> 6:00-7:00 PM (BB)	22 <u>Giant Friends</u> <i>Week 3 of 5</i> 10:00 AM-Noon Spring Canyon Park	23 Special Olympics Northeast Area Softball Tournament
24 <u>Phamaly Performance</u> 9:00 AM-6:00 PM Depart from Senior Center <div style="text-align: right;">31</div>	25 <u>Adaptive Boccia</u> 12:30-1:30 PM (FAC) <u>Unified Softball</u> <i>Week 9 of 10</i> 5:00-10:00 PM Game times vary (RMP)	26 <u>Adaptive Swim Lessons</u> <i>Week 1 of 3(MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Restaurant Night</u> 5:45-8:00 PM Depart from SC <u>Adaptive Skating</u> <i>Week 3 of 4</i> 6:00-6:30 PM	27 <u>Adaptive Watersports</u> 4:30-7:30 PM Lonetree State Wildlife Area <u>Panther Cheer and Dance</u> <i>Week 2 of 6</i> 6:00-7:00 PM (FAC)	28 <u>Adaptive Swim Lessons</u> <i>Week 1 of 3(MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 3 of 5</i> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <i>Week 7 of 8</i> 6:00-7:00 PM (BB)	29 <u>Giant Friends</u> <i>Week 4 of 5</i> 10:00 AM-Noon Spring Canyon Park <u>Hip Hop Dance</u> 6:00-8:00 PM (SC) <i>Tickets will be sold for \$3.50 at SC front desk</i>	30 <u>Bowling</u> <i>Week 3 of 5</i> 10:30-11:30 AM (CL-N)



Adaptive Recreation Opportunities



August 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please contact us! Renee Lee: (970) 224-6027, rlee@fcgov.com Becca Heinze: (970) 224-6125, bheinze@fcgov.com Brenda McDowell: (970) 416-2024, bmcdowell@fcgov.com	1 <u>Adaptive Boccia</u> 12:30-1:30 PM Foothills Activity Center (FAC) <u>Unified Softball</u> <i>Week 10 of 10</i> 5:00-10:00 PM Game times vary (RMP)	2 <u>Adaptive Waterskiing</u> 7:00AM-12:30 PM Depart from SC <u>Adaptive Swim Lessons</u> <i>Week 2 of 3(MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Skating</u> <i>Week 4 of 4</i> 6:00-6:30 PM	3 <u>Park Games</u> <i>Week 1 of 3</i> 4:30-6:00 PM Meet at SC <u>Panther Cheer and Dance</u> <i>Week 3 of 6</i> 6:00-7:00 PM (FAC)	4 <u>Fall Registration Begins Adaptive Swim Lessons</u> <i>Week 2 of 3(MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 4 of 5</i> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <i>Week 8 of 8</i> 6:00-7:00 PM Beattie Ballfields	5 <u>Giant Friends</u> <i>Week 5 of 5</i> 10:00 AM-Noon Spring Canyon Park	6 <u>Bowling</u> <i>Week 4 of 5</i> 10:30-11:30 AM (CL-N)
7	8 <u>Adaptive Boccia</u> 12:30-1:30 PM (FAC)	9 <u>Adaptive Swim Lessons</u> <i>Week 3 of 3(MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Let the games begin Cooking Class</u> <i>Class 1 of 2</i> 6:30-8 PM, SC	10 <u>Park Games</u> <i>Week 2 of 3</i> 4:30-6:00 PM Meet at SC <u>Panther Cheer and Dance</u> <i>Week 4 of 6</i> 6:00-7:00 PM (FAC)	11 <u>Adaptive Swim Lessons</u> <i>Week 3 of 3(MP)</i> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 5 of 5</i> 1:00-2:00 PM (RAC) <u>Movie Night</u> 6:00 – 9 p.m., Depart from SC	12	13 <u>Elitch Gardens</u> 9:00AM-6:00PM Depart form SC <u>Bowling</u> <i>Week 5 of 5</i> 10:30-11:30 AM (CL-N)
14	15 <u>Youth Flag Football</u> <i>Week 1 of 6</i> 4:15-5:15 PM City Park (CP) <u>Adult Flag Football</u> <i>Week 1 of 6</i> 5:15-6:15 PM City Park (CP)	16 <u>Adaptive Waterskiing</u> 7:00AM-12:30 PM Depart from SC <u>MS Aqua</u> 10:30-11:30 AM (MP)	17 <u>Park Games</u> <i>Week 3 of 3</i> 4:30-6:00 PM Meet at SC <u>Panther Cheer and Dance</u> <i>Week 5 of 6</i> 6-7 PM (FAC)	18 <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>End of Summer Picnic</u> 5:30-8:00 PM Spring Canyon Park North Pavilion	19	20



Adaptive Recreation Opportunities

August 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 <u>Adaptive Curling Clinic</u> 4:00-5:30 PM (EPIC)	22 <u>Youth Flag Football</u> <i>Week 2 of 6</i> 4:15-5:15 PM City Park (CP) <u>Adult Flag Football</u> <i>Week 2 of 6</i> 5:15-6:15 PM City Park (CP)	23 <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Let the games begin</u> <u>Cooking Class</u> <i>Class 2 of 2</i> 6:30-8:00 PM (SC)	24 <u>Adult Flag Football</u> 5:15-6:15 PM City Park (CP) <u>Panther Cheer and Dance</u> <i>Week 6 of 6</i> 6:00-7:00 PM (FAC)	25 <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Restaurant Night</u> 5:45-8:00 PM Depart from SC	26 <u>Land Down Under Dance</u> 6:00-8:00 PM (SC) <i>Tickets will be sold for \$3.50 at SC front desk</i>	27
28	29 <u>CSU vs. CU Unified Flag Football Game</u>	30 <u>MS Aqua</u> 10:30-11:30 AM (MP)	31 <u>Adaptive Watersports</u> 4:00-7:30 PM Horsetooth Reservoir South Bay Pavilion	Register at any of the following Recreation Centers: Northside Aztlan Community Center (NACC) (970) 221-6256 Senior Center (SC) (970) 221-6644 Edora Pool Ice Center (EPIC) (970) 221-6683 Mulberry Pool (MP) (970) 221-6657 Foothills Activity Center (FAC) 241 E. Foothills Parkway (970)416-4280		

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