

Adaptive Recreation Opportunities June 2016



	Outle Zolo							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Register at any of the following Recreation Centers: Edora Pool Ice Center (EPIC) (970) 221-6683 Mulberry Pool (MP) (970) 221-6657 Northside Aztlan Community Center (NACC) (970) 221-6256 Senior Center (SC) (970) 221-6644 Foothills Activity Center (FAC) 241 E. Foothills Parkway (970)416-4280			Panther Cheer and Dance Week 1 of 6 6:00-7:00 PM (FAC)	MS Aqua 9:30-10:30 AM (Mulberry Pool)	3	4 Nachos and Night Games 6:00-8:30 PM (SC) Preregistration required		
5	6 <u>Unified Softball</u> Week 3 of 10 5:00-10:00 PM Game times vary Rolland Moore Park (RMP)	7 MS Aqua 10:30-11:30 AM (MP) Artistic Abilities Week 1 of 5 4:00-6:00 PM (CSU) Adaptive Skating Week 1 of 4 6:00-6:30 PM (EPIC)	Summer Sizzle Cooking Class 6:30-8:00 (SC) Panther Cheer and Dance Week 2 of 6 6:00-7:00 PM (FAC)	9 MS Aqua 10:30-11:30 AM (MP) Adaptive Yoga Week 1 of 5 1:00-2:00 PM Raintree Athletic Club (RAC) Baseball For All Week 1 of 8 6:00-7:00 PM Beattie Ballfields (BB)	10	11		
12	Unified Softball Week 4 of 10 5:00-10:00 PM Game times vary (RMP)	Adaptive Swim Lessons Week 1 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Artistic Abilities Week 2 of 5 4:00-6:00 PM (CSU) Adaptive Skating Week 2 of 4 6:00-6:30 PM (EPIC)	Movie Night 6:00-9:00 PM Depart from SC Panther Cheer and Dance Week 3 of 6 6:00-7:00 PM (FAC)	16 Adaptive Swim Lessons Week 1 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Adaptive Yoga Week 2 of 5 1:00-2:00 PM (RAC) Baseball For All Week 2 of 8 6:00-7:00 PM (BB)	Game Night Out 6:00-9:00 PM Depart from Senior Center Preregistration required	18		



Adaptive Recreation Opportunities June 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Father's Day 5K Race ARO's Annual Fundraiser 8:00 - 10:00 AM To register or for more info go to: Fcgov.com/Fathers Day5k	Adaptive Boccia 12:30-1:30 PM Foothills Activity Center (FAC) Unified Softball Week 5 of 10 5:00-10:00 PM Game times vary (RMP)	Adaptive Swim Lessons Week 2 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Artistic Abilities Week 3 of 5 4:00-6:00 PM (CSU) Adaptive Skating Week 3 of 4 6:00-6:30 PM (EPIC)	Restaurant Night 5:45-8:00 PM Depart from SC Panther Cheer and Dance Week 4 of 6 6:00-7:00 PM (FAC)	23 <u>Adaptive Swim Lessons</u> <u>Week 2 of 6 (MP)</u> 9:00-9:30 AM <u>MS Aqua</u> 10:30-11:30 AM (MP) <u>Adaptive Yoga</u> <u>Week 3 of 5</u> 1:00-2:00 PM (RAC) <u>Baseball For All</u> <u>Week 3 of 8</u> 6:00-7:00 PM (BB)	Fun in the Sun Dance 6:00-8:00 PM (SC) Tickets will be sold for \$3.50 at SC front desk	25
26	Adaptive Boccia 12:30-1:30 PM (FAC) Unified Softball Week 6 of 10 5:00-10:00 PM Game times vary (RMP)	28 Adaptive Waterskiing 7:00AM-12:30 PM Depart from SC Adaptive Swim Lessons Week 3 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Artistic Abilities Week 4 of 5 4:00-6:00 PM (CSU) Adaptive Skating Week 4 of 4 6:00-6:30 PM (EPIC)	29 Adaptive Watersports 10:00-1:30 PM Horsetooth Reservior South Bay Pavilion Panther Cheer and Dance Week 5 of 6 6:00-7:00 PM (FAC)	30 Adaptive Swim Lessons Week 3 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Adaptive Yoga Week 4 of 5 1:00-2:00 PM (RAC) Baseball For All Week 4 of 8 6:00-7:00 PM Beattie Ballfields (BB)	Becca I (970) 22 bheinze@ Brenda M	e Lee: 24-6027 gov.com Heinze: 24-6125 fcgov.com

Note: The City of Fort Collins will make reasonable accommodations for access to City services, programs and activities and will make special communication arrangements for persons with disabilities. For activities that require registration, it is recommended that requests be made two weeks in advance by contacting Renee Lee at (970) 224-6027 or rele@fcgov.com.



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Register at any of the following Recreation Centers: Northside Aztlan Community Center (NACC) (970) 2216256 Senior Center (SC) (970) 221-6644 Edora Pool Ice Center (EPIC) (970) 221-6683 Mulberry Pool (MP) (970) 221-6657 Foothills Activity Center (FAC) 241 E. Foothills Parkway (970)416-4280			QUESTIONS? Please contact us! Renee Lee: (970) 224-6027, rlee@fcgov.com Becca Heinze: (970) 224-6125, bheinze@fcgov.com Brenda McDowell:(970) 416-2024, bmcdowell@fcgov.com		1	2
3	4 4th of July Parade 10:00 AM City Park	5 Adaptive Swim Lessons Week 4 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Artistic Abilities Week 5 of 5 4:00-6:00 PM (CSU) Adaptive Skating Week 1 of 4 6:00-6:30 PM (EPIC)	Movie Night 6:00-9:00 PM Depart from SC	7	8 Giant Friends Club Week 1 of 5 10:00 AM-Noon Spring Canyon Park	Bowling Week 1 of 5 10:30-11:30 AM Chipper Lanes - North(CL-N)
Rockies Game 11:30 AM-7:00 PM Depart from Senior Center	Adaptive Boccia 12:30-1:30 PM Foothills Activity Center (FAC) Unified Softball Week 7 of 10 5:00-10:00 PM Game times vary (RMP)	Adaptive Swim Lessons Week 5 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Adaptive Skating Week 1 of 4 6:00-6:30 PM	13 Dive in Movie 4:30-8:30 (Club Tico & City Park Pool) Panther Cheer and Dance Week 6 of 6 6:00-7:00 PM (FAC)	14 Adaptive Swim Lessons Week 5 of 6 (MP) 9:00-9:30 AM MS Aqua 10:30-11:30 AM (MP) Adaptive Yoga Week 1 of 5 1:00-2:00 PM (RAC) Baseball For All Week 5 of 8 6:00-7:00 PM (BB)	15 Giant Friends Club Week 2 of 5 10:00 AM-Noon Spring Canyon Park	Poudre Raft Trip 7:30 AM-1:30 PM Depart from SC Bowling Week 2 of 5 10:30-11:30 AM (CL-N)



Adaptive Recreation Opportunities



July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
	Adaptive Boccia	<u>Adaptive</u>		Adaptive Swim Lessons	Giant Friends	Special
	12:30-1:30 PM	<u>Waterskiing</u>		Week 6 of 6 (MP)	Week 3 of 5	Olympics
	(FAC)	7:00AM-12:30 PM		9:00-9:30 AM	10:00 AM-Noon	Northeast Area
	TT 100 1 C 0/1 11	Depart from SC		3.50	Spring Canyon Park	Softball
	<u>Unified Softball</u>		11 1D P 14	MS Aqua		Tournament
	Week 8 of 10 5:00-10:00 PM	Adaptive Swim Lessons	Island Delights	10:30-11:30 AM (MP)		
	Game times vary	Week 6 of 6 (MP) 9:00-9:30 AM	Cooking Class 6:30-8:00 PM	Adentive Vege		
	(RMP)	9.00-9.30 AIVI	(SC)	Adaptive Yoga Week 2 of 5		
	(KWII)	MS Aqua	(3C)	1:00-2:00 PM		
		10:30-11:30 AM (MP)	Panther Cheer and	(RAC)		
		10.50 11.50 11.11 (1/11)	Dance	(1010)		
		Adaptive Skating	Week 1 of 6	Baseball For All		
		Week 2 of 4	6:00-7:00 PM	Week 6 of 8		
		6:00-6:30 PM	(FAC)	6:00-7:00 PM		
				(BB)		
24	25	26	27	28	29	30
Phamaly	Adaptive Boccia	Adaptive Swim Lessons	21	Adaptive Swim Lessons	Giant Friends	Bowling
Performance	12:30-1:30 PM	Week 1 of 3(MP)	Adaptive	Week 1 of 3(MP)	Week 4 of 5	Week 3 of 5
9:00 AM-6:00 PM	(FAC)	9:00-9:30 AM	Watersports	9:00-9:30 AM	10:00 AM-Noon	10:30-11:30 AM
Depart from Senior			4:30-7:30 PM		Spring Canyon Park	(CL-N)
Center /	Unified Softball	MS Aqua	Lonetree State	MS Aqua	1 0 7	, , ,
	Week 9 of 10	10:30-11:30 AM (MP)	Wildlife Area	10:30-11:30 AM (MP)		
	5:00-10:00 PM				Hip Hop Dance	
	Game times vary	Restaurant Night	Panther Cheer and	Adaptive Yoga	6:00-8:00 PM (SC)	
	(RMP)	5:45-8:00 PM	Dance	Week 3 of 5	Tickets will be sold for	
		Depart from SC	Week 2 of 6	1:00-2:00 PM	\$3.50 at SC front desk	
/		A 1 4' C1 4'	6:00-7:00 PM	(RAC)		
/		Adaptive Skating	(FAC)	Deschall For All		
31		Week 3 of 4 6:00-6:30 PM		Baseball For All Week 7 of 8		
		0.00-0.30 FW		6:00-7:00 PM (BB)		
				0.00-7.00 I W (DD)		



Adaptive Recreation Opportunities



August 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please contact us!	1	2	3	4	5	6
Renee Lee:	Adaptive Boccia	Adaptive	Park Games	Fall Registration Begins	Giant Friends	Bowling
(970) 224-6027,	12:30-1:30 PM	Waterskiing		Adaptive Swim Lessons	Week 5 of 5	Week 4 of 5
rlee@fcgov.com	Foothills Activity	7:00AM-12:30 PM	Week 1 of 3	Week 2 of 3(MP)	10:00 AM-Noon	10:30-11:30 AM
Becca Heinze:	Center (FAC)	Depart from SC	4:30-6:00 PM Meet	9:00-9:30 AM	Spring Canyon	(CL-N)
(970) 224-6125,	Unified Softball	Adaptive Swim	at SC	MS Aqua	Park	
bheinze@fcgov.com	Week 10 of 10	Lessons		10:30-11:30 AM (MP)		
Brenda McDowell:	5:00-10:00 PM	Week 2 of 3(MP)	Panther Cheer and	Adaptive Yoga		
(970) 416-2024,	Game times vary	9:00-9:30 AM	Dance	Week 4 of 5		
bmcdowell@fcgov.com	(RMP)	MS Aqua	Week 3 of 6	1:00-2:00 PM		
		10:30-11:30 AM (MP)	6:00-7:00 PM	(RAC)		
		Adaptive Skating	(FAC)	Baseball For All		
		Week 4 of 4		Week 8 of 8		
		6:00-6:30 PM		6:00-7:00 PM		
				Beattie Ballfields		
7	8	9	10	11	12	13
	Adaptive Boccia	Adaptive Swim	Park Games	Adaptive Swim Lessons		Elitch Gardens
	12:30-1:30 PM	<u>Lessons</u>	Week 2 of 3	Week 3 of 3(MP)		9:00AM-6:00PM
	(FAC)	<i>Week 3 of 3</i> (MP)	4:30-6:00 PM	9:00-9:30 AM		Depart form SC
		9:00-9:30 AM	Meet at SC	MS Aqua		
		MS Aqua		10:30-11:30 AM (MP)		<u>Bowling</u>
		10:30-11:30 AM (MP)	Panther Cheer and	Adaptive Yoga		Week 5 of 5
		Let the games begin	Dance	Week 5 of 5		10:30-11:30 AM
		Cooking Class	Week 4 of 6	1:00-2:00 PM (RAC)		(CL-N)
		Class 1 of 2	6:00-7:00 PM	<u>Movie Night</u>		
		6:30-8 PM, SC	(FAC)	6:00 – 9 p.m., Depart from SC		
14	15	16	17	18	19	20
14					19	20
	Youth Flag Football Week 1 of 6	<u>Adaptive</u> Waterskiing	<u>Park Games</u> Week 3 of 3	MS Aqua 10:30-11:30 AM (MP)		
	4:15-5:15 PM	7:00AM-12:30 PM	4:30-6:00 PM Meet	End of Summer Picnic		
	City Park (CP)	Depart from SC	at SC	5:30-8:00 PM		
	Adult Flag Football	MS Aqua	Panther Cheer and	Spring Canyon Park North		
	Week 1 of 6	10:30-11:30 AM (MP)	<u>Dance</u>	Pavilion		
	week 1 бј б 5:15-6:15 РМ	10.50-11.50 AIVI (IVIP)	<u>Dance</u> Week 5 of 6	Favilion		
			J			
	City Park (CP)		6-7 PM (FAC)			



Adaptive Recreation Opportunities August 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adaptive Curling Clinic 4:00-5:30 PM (EPIC)	Youth Flag Football Week 2 of 6 4:15-5:15 PM City Park (CP) Adult Flag Football Week 2 of 6 5:15-6:15 PM City Park (CP)	MS Aqua 10:30-11:30 AM (MP) Let the games begin Cooking Class Class 2 of 2 6:30-8:00 PM (SC)	24 Adult Flag Football 5:15-6:15 PM City Park (CP) Panther Cheer and Dance Week 6 of 6 6:00-7:00 PM (FAC)	25	26 Land Down Under Dance 6:00-8:00 PM (SC) Tickets will be sold for \$3.50 at SC front desk	27
28	CSU vs. CU Unified Flag Football Game	30 <u>MS Aqua</u> 10:30-11:30 AM (MP)	Adaptive Watersports 4:00-7:30 PM Horsetooth Reservior South Bay Pavilion	Northside Aztlan C Senio Edora Pool	of the following Recreated ommunity Center (NACC) r Center (SC) (970) 221-6 (Ice Center (EPIC) (970) 221-6 (FAC) 241 E. Foothills Page 1) (970) 221-6256 644 221-6683 6657

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