

October 2015

Adaptive Recreation Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>QUESTIONS? Please contact us!</p> <p>Renee Lee: (970) 224-6027, rlee@fcgov.com Becca Heinze: (970) 224-6125, bheinze@fcgov.com Brenda McDowell: (970) 416-2024, bmcdowell@fcgov.com ARO Leaders & Interns: (970) 224-6034, aro@fcgov.com</p> <p>Register at any of the following Recreation Centers: Northside Aztlan Community Center (NACC) (970) 221-6256 Senior Center (SC) (970) 221-6644 Edora Pool Ice Center (EPIC) (970) 221-6683 Mulberry Pool (MP) (970) 221-6657</p>				<p>1</p> <p><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p><u>Adaptive Yoga</u> Week 4 of 6 1:00-2:00 PM Raintree Athletic Club (RAC)</p> <p><u>Artistic Abilities</u> Week 2 of 8 4:00-6:00 PM (CSU)</p> <p><u>Adaptive Swim</u> Week 3 of 6 4:55-5:25, 5:40-6:10 PM (EPIC)</p>	<p>2</p>	<p>3</p> <p><u>Adaptive Ice Skate</u> Week 4 of 6 9:45-10:15 AM (EPIC)</p> <p><u>Bowling</u> Week 2 of 6 10:00-11:00 AM Chipper's Lanes on N. College (CL-N)</p> <p><u>Unified Volleyball</u> Week 2 of 8 10:00 AM- 2:00 PM Foothills Gateway (FG)</p> <p><i>NE Area Special Olympics Flag Football Tournament at Fossil Ridge High School, Fort Collins</i></p>
4	5	<p>6</p> <p><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p><u>Adaptive Swim</u> Week 4 of 6 4:15-4:45, 4:55-5:25 PM (EPIC)</p> <p><u>Wheelchair Rugby</u> Week 4 of 12 6:00-8:00 PM (NACC)</p>	<p>7</p> <p><u>Guided Outdoor Adventures</u> 2 of 4 12:30-3:30 PM (SC)</p> <p><u>Adaptive Archery</u> Week 5 of 6 4:30-5:45 PM Prospect Archery Range</p>	<p>8</p> <p><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p><u>Adaptive Yoga</u> Week 5 of 6 1:00-2:00 PM (RAC)</p> <p><u>Artistic Abilities</u> Week 3 of 8 4:00-6:00 PM (CSU)</p> <p><u>Adaptive Swim</u> Week 4 of 6 4:55-5:25, 5:40-6:10 PM (EPIC)</p> <p><u>Hot and Tasty Cooking</u> 1 of 2 6:30-8:00 PM (SC)</p>	9	<p>10</p> <p><u>Adaptive Ice Skate</u> Week 5 of 6 9:45-10:15 AM (EPIC)</p> <p><u>Unified Volleyball</u> Week 3 of 8 10:00 AM- 2:00 PM (FG)</p> <p><i>NE Area Special Olympics Bowling Tournament in Greeley</i></p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 	12 <u>Restaurant Night</u> 5:45-8:00 PM Depart from SC	13 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adaptive Swim</u> <i>Week 5 of 6</i> 4:15-4:45, 4:55-5:25 PM (EPIC) <u>Wheelchair Rugby</u> <i>Week 5 of 12</i> 6:00-8:00 PM (NACC)	14 <u>Adaptive Archery</u> <i>Week 6 of 6</i> 4:30-5:45 PM Prospect Archery Range	15 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 6 of 6</i> 1:00-2:00 PM (RAC) <u>Artistic Abilities</u> <i>Week 4 of 8</i> 4:00-6:00 PM (CSU) <u>Adaptive Swim</u> <i>Week 5 of 6</i> (EPIC) 4:55-5:25, 5:40-6:10 PM <u>Hot and Tasty Cooking</u> <i>2 of 2</i> 6:30-8:00 PM (SC)	16 <u>Giant Friends Club</u> <u>Special "Music and Rhythm" Event</u> 10:30 AM-12:30 PM Inspiration Playground FREE	17 <u>Adaptive Ice Skate</u> <i>Week 6 of 6</i> 9:45-10:15 AM (EPIC) <u>Bowling</u> <i>Week 4 of 6</i> 10:00-11:00 AM (CL-N)
18 <i>NE Area Special Olympics Volleyball Tournament in Boulder</i>	19 	20 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adaptive Swim</u> <i>Week 6 of 6</i> 4:15-4:45, 4:55-5:25 PM (EPIC) <u>Wheelchair Rugby</u> <i>Week 6 of 12</i> 6:00-8:00 PM (NACC)	21 <u>Guided Outdoor Adventures</u> <i>3 of 4</i> 12:30-3:30 PM (SC)	22 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adaptive Yoga</u> <i>Week 1 of 6</i> 1:00-2:00 PM (RAC) <u>Artistic Abilities</u> <i>Week 5 of 8</i> 4:00-6:00 PM (CSU) <u>Adaptive Swim</u> <i>Week 6 of 6</i> (EPIC) 4:55-5:25, 5:40-6:10 PM	23 <u>Distortions Halloween</u> 3:00-8:00 PM Depart from SC	24 <u>Adaptive Ice Skate</u> <i>Week 1 of 7</i> 9:45-10:15 AM (EPIC) <u>Bowling</u> <i>Week 5 of 6</i> 10:00-11:00 AM (CL-N) <u>Unified Volleyball</u> <i>Week 5 of 8</i> 10:00 AM- 2:00 PM (FG)
25 	26 	27 <u>MS Aqua</u> <u>Adaptive Swim</u> <i>Week 1 of 6</i> 4:15-4:45, 4:55-5:25 PM (EPIC) <u>Wheelchair Rugby</u> <i>Week 7 of 12</i> 6:00-8:00 PM (NACC) <u>Movie Night</u> 6:00-9:00 PM Depart from SC	28 <u>Movement, Sensory & Play</u> <i>Week 1 of 5</i> 4:30-5:30 (NACC)	29 <u>MS Aqua</u> <u>Adaptive Yoga</u> <i>Week 2 of 6</i> 1:00-2:00 PM (RAC) <u>Artistic Abilities</u> <i>Week 6 of 8</i> 4:00-6:00 PM (CSU) <u>Adaptive Swim</u> <i>Week 1 of 6</i> (EPIC) 4:55-5:25, 5:40-6:10 PM <u>CSU Volleyball</u> 6:15-10:00 PM (SC)	30 <u>Chills and Thrills Dance</u> 6:00-8:00 PM (SC) <i>No pre-registration; tickets sold for \$3.50 at the front desk</i>	31 <u>Adaptive Skate</u> <i>Week 2 of 7</i> 9:45-10:15 AM (EPIC) <u>Bowling</u> <i>Week 6 of 6</i> 10:00-11:00 AM (CL-N) <u>Unified Volleyball</u> <i>Week 6 of 8</i> 10:00 AM- 2:00 PM (FG) <u>Theatre Acting Workshop</u> 1:00-4:00 PM (SC)

The City of Fort Collins will make reasonable accommodations for access to City services, programs and activities. For accessibility assistance, call 970.224.6027 or email rlee@fcgov.com



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