



APRIL 2015



Adaptive Recreation Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Register at any of the following Recreation Centers:</p> <p>Northside Aztlan Community Center (NACC) (970) 221-6256</p> <p>Senior Center (SC) (970) 221-6644</p> <p>Edora Pool Ice Center (EPIC) (970) 221-6683</p> <p>Mulberry Pool (MP) (970) 221-6657</p>			<p>1</p> <p><u>Adaptive Swim Lessons</u> <i>Week 4 of 5 (EPIC)</i> 4:15-4:45; 4:50-5:20 PM</p> <p><u>Adult Unified Soccer</u> <i>Week 1 of 6</i> 5:30-6:45 PM Troutman Park (TP)</p>	<p>2</p> <p><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p><u>Adaptive Yoga</u> <i>Week 1 of 5</i> 1:00- 2:00 PM Raintree Athletic Club (RAC)</p>	<p>3</p> <p><u>Adaptive Martial Arts</u> <i>Week 4 of 5</i> 4:30-5:30 PM (NACC)</p>	<p>4</p> <p><u>Adaptive Skate</u> <i>Week 2 of 5</i> 9:45-10:15 (EPIC)</p> <p><u>Bowling</u> <i>Week 1 of 5</i> 12:30-1:30 PM CL-N</p> <p><u>Goalball Plus</u> <i>Week 1 of 4</i> 1:00-3:00 PM Polaris Elementary School (PES)</p> <p><u>Theatre Acting Class</u> <i>Week 2 of 6</i> 2:00-4:00 PM Club Tico (CT)</p>
5	<p>6</p> <p><u>Jr. Unified Soccer</u> <i>Week 2 of 6</i> 5:00-6:00 PM Troutman Park (TP)</p>	<p>7</p> <p><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p><u>Artistic Abilities</u> <i>Week 3 of 5 (CSU)</i> 4:00-6:00 PM</p> <p><u>Wheelchair Rugby</u> 6:00-8:00 PM (NACC)</p>	<p>8</p> <p><u>Adaptive Swim Lessons</u> <i>Week 5 of 5 (EPIC)</i> 4:15-4:45; 4:50-5:20 PM</p> <p><u>Adult Unified Soccer</u> <i>Week 2 of 6</i> 5:30-6:45 PM (TP)</p>	<p>9</p> <p><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p><u>Adaptive Yoga</u> <i>Week 2 of 5</i> 1:00- 2:00 PM (RAC)</p> <p><u>Restaurant Night</u> 5:45-8:00 PM Depart from SC</p>	<p>10</p> <p>FREE SPECIAL EVENT: <u>Giant Friends Club</u> 10:30 AM – 12:30 PM “Trains, planes, and Trucks” All ages welcome Inspiration Playground</p> <p><u>Adaptive Martial Arts</u> <i>Week 5 of 5</i> 4:30-5:30 PM (NACC)</p>	<p>11</p> <p><u>Bowling</u> <i>Week 2 of 5</i> 12:30-1:30 PM CL-N</p> <p><u>Goalball Plus</u> <i>Week 2 of 4</i> 1:00-3:00 PM (PES)</p> <p><u>Theatre Acting Class</u> <i>Week 3 of 6</i> 2:00-4:00 PM (CT)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13 <u>Jr. Unified Soccer</u> Week 3 of 6 5:00-6:00 PM (TP)	14 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Artistic Abilities</u> Week 4 of 5 (CSU) 4:00-6:00 PM <u>Wheelchair Rugby</u> 6:00-8:00 PM (NACC)	15 <u>Adaptive Swim Lessons</u> Week 1 of 4 (EPIC) 4:15-4:45; 4:50-5:20 PM <u>Adult Unified Soccer</u> Week 3 of 6 5:30-6:45 PM (TP)	16 <u>MS Aqua</u> 9:30-10:30 AM <u>Adaptive Yoga</u> Week 3 of 5 1:00- 2:00 PM <u>Adaptive Cycling</u> Week 1 of 3 4:00-5:30 PM Lee Martinez Park (LMP)	17 <u>Trail Mix</u> Week 1 of 4 3:30-5:00 PM Depart from SC	18 <u>Adaptive Skate</u> 9:45-10:15 (EPIC) <u>Bowling</u> 12:30-1:30 PM CL-N <u>Goalball Plus</u> Week 3 of 4 1:00-3:00 PM (PES) <u>Theatre Acting Class</u> Week 4 of 6 2:00-4:00 PM (CT)
19	20 <u>Jr. Unified Soccer</u> Week 4 of 6 5:00-6:00 PM (TP)	21 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Artistic Abilities</u> Week 5 of 5 (CSU) 4:00-6:00 PM <u>Wheelchair Rugby</u> 6:00-8:00 PM (NACC)	22 <u>Adaptive Swim Lessons</u> Week 2 of 4 (EPIC) 4:15-4:45; 4:50-5:20 PM <u>Adult Unified Soccer</u> Week 4 of 6 5:30-6:45 PM (TP)	23 <u>MS Aqua</u> 9:30-10:30 AM <u>Adaptive Yoga</u> Week 4 of 5 1:00- 2:00 PM (RAC) <u>Adaptive Cycling</u> Week 2 of 3 4:00-5:30 PM (LMP) <u>Healthy Choices</u> 6:30-8:00 (SC)	24 <u>Trail Mix</u> Week 2 of 4 3:30-5:00 PM Depart from SC <u>Spring Fling</u> 6:00-8:00 PM (SC)	25 <u>Adaptive Skate</u> 9:45-10:15 (EPIC) <u>Bowling</u> 12:30-1:30 PM CL-N <u>Dino-Light & Dinner</u> 12:30-8:00 PM (SC) <u>Goalball Plus</u> Week 4 of 4 1:00-3:00 PM (PES) <u>Theatre Acting Class</u> Week 5 of 6 2:00-4:00 PM (CT)
26 Special Olympics Soccer Tournament Times TBA Denver	27 <u>Jr. Unified Soccer</u> Week 5 of 6 5:00-6:00 PM (TP)	28 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Movie Night</u> 5:30-9:00 PM Depart from SC <u>Wheelchair Rugby</u> 6:00-8:00 PM (NACC)	29 <u>Adaptive Swim Lessons</u> Week 3 of 4 (EPIC) 4:15-4:45; 4:50-5:20 PM <u>Adult Unified Soccer</u> 5:30-6:45 PM (TP)	30 <u>MS Aqua</u> 9:30-10:30 AM <u>Adaptive Yoga</u> Week 5 of 5 1:00- 2:00 PM <u>Adaptive Cycling</u> Week 3 of 3 4:00-5:30 PM	QUESTIONS? Please contact us! Renee Lee: (970) 224-6027, rlee@fcgov.com Becca Heinze: (970) 224-6125, bheinze@fcgov.com Brenda McDowell: (970) 416-2024, bmcdowell@fcgov.com	

Note: The City of Fort Collins will make reasonable accommodations for access to City services, programs and activities and will make special communication arrangements for persons with disabilities. For activities that require registration, it is recommended that requests be made two weeks in advance by contacting Renee Lee at (970) 224-6027 or rlee@fcgov.com.



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