

Growing Older in Fort Collins

—

**Silver Tsunami As a Golden
Opportunity**

Growing Older in Fort Collins Review

- Nov. 10 Meeting
 - State Demographer
 - Discussions about what sort of community for older residents we would like to sustain in Fort Collins
- March 1 Meeting
 - Panel presentations from leaders of key institutions
 - Gathered data about senior services

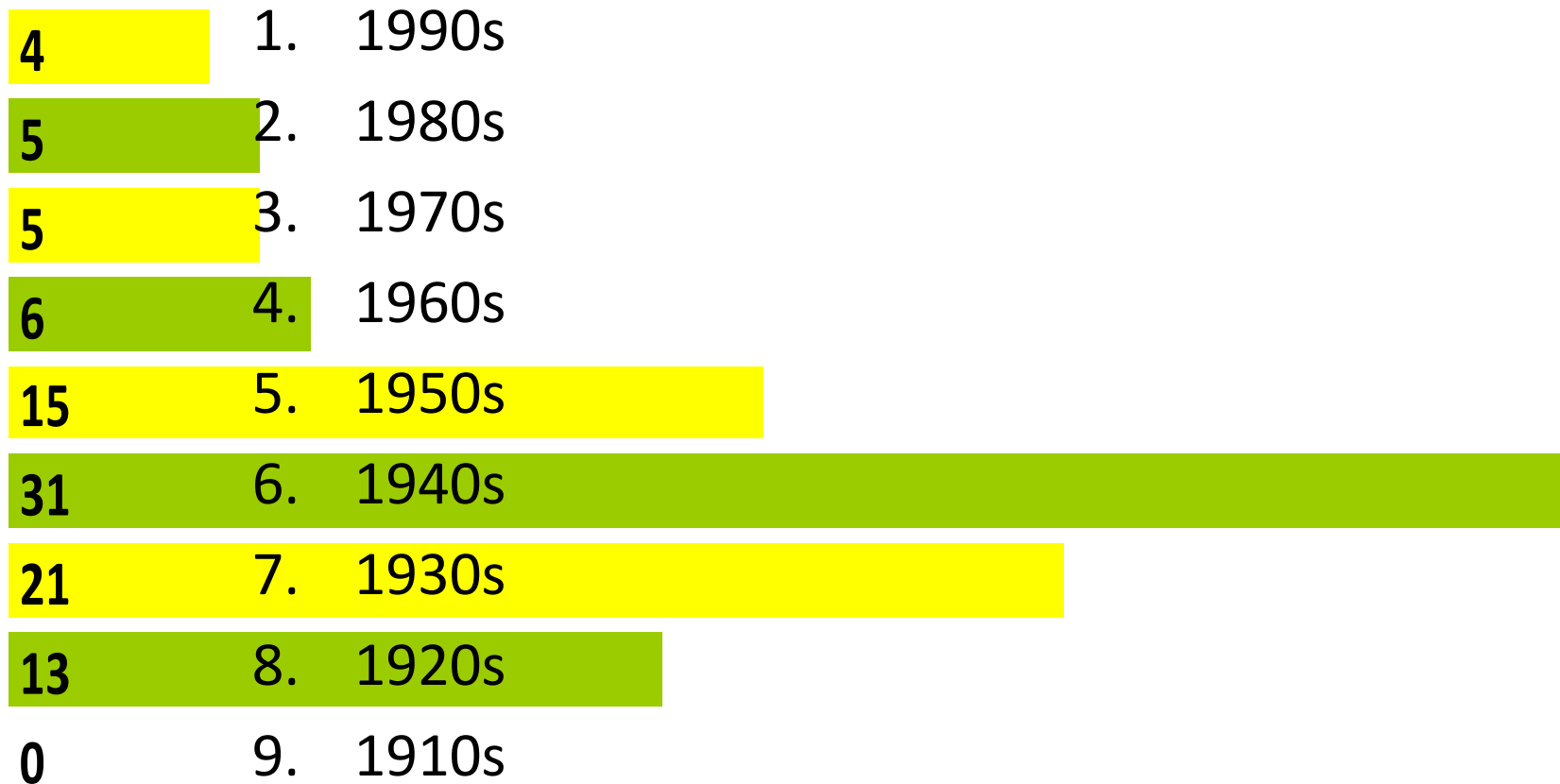
Growing Older in Fort Collins

Today's Meeting

Focused on improving the Fort Collins Senior Center
and gathering ideas from you

- Presentation on best practices of Senior Centers
- Keypad process to capture opinion on Senior Center functions and activities
- Presentation concerning the upcoming Senior Center expansion
- Facilitated brainstorming process

What decade were you born?



Which applies concerning the Growing Older in Fort Collins series?

22 1. I attended both programs

11 2. I attended just the Nov. 10 program

13 3. I attended just the March 1 program

53 4. This is my first Silver Tsunami event

How often do you visit the Senior Center?

- | | |
|----|--|
| 34 | 1. Multiple times a week |
| 19 | 2. Once a week |
| 14 | 3. Once a month |
| 26 | 4. A few times a year |
| 6 | 5. I've been here once or twice before |
| 2 | 6. This is my first time |

Function #1: offer a broad range of services and activities

- | | | |
|----|----|---|
| 38 | 1. | The SC does this well and should continue |
| 0 | 2. | The SC does this well but should do less |
| 12 | 3. | The SC does this currently but should improve |
| 40 | 4. | The SC does this currently but should do more |
| 1 | 5. | The SC does this currently but should do less |
| 0 | 6. | The SC does not do this, but should |
| 0 | 7. | The SC does not do this, and that is ok |
| 6 | 8. | I don't know enough to answer |
| 0 | 9. | I don't quite understand this function |

Function #2:

function as a community focal point for service delivery to older adults

- 16 1. The SC does this well and should continue
- 2 2. The SC does this well but should do less
- 24 3. The SC does this currently but should improve
- 38 4. The SC does this currently but should do more
- 2 5. The SC does this currently but should do less
- 3 6. The SC does not do this, but should
- 2 7. The SC does not do this, and that is ok
- 11 8. I don't know enough to answer
- 0 9. I don't quite understand this function

Function #3:

improve older adults' knowledge of and access to community services throughout the city

- | | |
|----|--|
| 10 | 1. The SC does this well and should continue |
| 0 | 2. The SC does this well but should do less |
| 27 | 3. The SC does this currently but should improve |
| 33 | 4. The SC does this currently but should do more |
| 1 | 5. The SC does this currently but should do less |
| 7 | 6. The SC does not do this, but should |
| 6 | 7. The SC does not do this, and that is ok |
| 10 | 8. I don't know enough to answer |
| 0 | 9. I don't quite understand this function |

Function #4:

connect low income, socially isolated, and at-risk older adults to programs and services

- | | |
|----|--|
| 6 | 1. The SC does this well and should continue |
| 2 | 2. The SC does this well but should do less |
| 16 | 3. The SC does this currently but should improve |
| 28 | 4. The SC does this currently but should do more |
| 5 | 5. The SC does this currently but should do less |
| 14 | 6. The SC does not do this, but should |
| 5 | 7. The SC does not do this, and that is ok |
| 19 | 8. I don't know enough to answer |
| 0 | 9. I don't quite understand this function |

Function #5:

educate the community concerning senior issues and enhance the image of older residents

- | | |
|----|--|
| 17 | 1. The SC does this well and should continue |
| 0 | 2. The SC does this well but should do less |
| 14 | 3. The SC does this currently but should improve |
| 28 | 4. The SC does this currently but should do more |
| 2 | 5. The SC does this currently but should do less |
| 10 | 6. The SC does not do this, but should |
| 9 | 7. The SC does not do this, and that is ok |
| 19 | 8. I don't know enough to answer |
| 0 | 9. I don't quite understand this function |

Function #6:

provide training opportunities and support research on issues related to aging

- 14 1. The SC does this well and should continue
- 0 2. The SC does this well but should do less
- 6 3. The SC does this currently but should improve
- 21 4. The SC does this currently but should do more
- 2 5. The SC does this currently but should do less
- 17 6. The SC does not do this, but should
- 8 7. The SC does not do this, and that is ok
- 29 8. I don't know enough to answer
- 2 9. I don't quite understand this function

Function #7: provide opportunities for facility users to inform and advise

- 34 1. The SC does this well and should continue
- 1 2. The SC does this well but should do less
- 17 3. The SC does this currently but should improve
- 26 4. The SC does this currently but should do more
- 1 5. The SC does this currently but should do less
- 1 6. The SC does not do this, but should
- 1 7. The SC does not do this, and that is ok
- 17 8. I don't know enough to answer
- 0 9. I don't quite understand this function

Function #8: develop staff that will encourage participants' personal growth

- | | |
|----|--|
| 24 | 1. The SC does this well and should continue |
| 0 | 2. The SC does this well but should do less |
| 17 | 3. The SC does this currently but should improve |
| 11 | 4. The SC does this currently but should do more |
| 3 | 5. The SC does this currently but should do less |
| 12 | 6. The SC does not do this, but should |
| 7 | 7. The SC does not do this, and that is ok |
| 23 | 8. I don't know enough to answer |
| 1 | 9. I don't quite understand this function |

Function #9: provide significant volunteer opportunities

- | | |
|----|--|
| 33 | 1. The SC does this well and should continue |
| 0 | 2. The SC does this well but should do less |
| 19 | 3. The SC does this currently but should improve |
| 20 | 4. The SC does this currently but should do more |
| 2 | 5. The SC does this currently but should do less |
| 3 | 6. The SC does not do this, but should |
| 3 | 7. The SC does not do this, and that is ok |
| 16 | 8. I don't know enough to answer |
| 3 | 9. I don't quite understand this function |

Which 3 are most important?

- 77 1. offer a broad range of services and activities
- 43 2. function as a community focal point for service ...
- 44 3. improve older adults' knowledge of and access to.....
- 32 4. connect low income, socially isolated, and at-risk ...
- 35 5. educate the community concerning senior issues ...
- 6 6. provide training opportunities and support research...
- 5 7. provide opportunities for facility users to inform ...
- 16 8. develop staff that will encourage participants' ...
- 14 9. provide significant volunteer opportunities....

Which 3 need to improve the most?

- 20 1. offer a broad range of services and activities
- 33 2. function as a community focal point for service ...
- 47 3. improve older adults' knowledge of and access to.....
- 47 4. connect low income, socially isolated, and at-risk ...
- 49 5. educate the community concerning senior issues ...
- 17 6. provide training opportunities and support research...
- 14 7. provide opportunities for facility users to inform ...
- 24 8. develop staff that will encourage participants' ...
- 23 9. provide significant volunteer opportunities....

Which 3 are most important?

10 1. Aquatics

14 2. Arts/Crafts

58 3. Education – Lifelong Learning

45 4. Fitness

53 5. Health and Wellness

17 6. Outdoor recreation

42 7. Social activities

12 8. Theatre/Music/Dance

9 9. Library/media center

20 0. Travel

Which 3 most need to improve?

8 1. Aquatics

9 2. Arts/Crafts

42 3. Education – Lifelong Learning

26 4. Fitness

31 5. Health and Wellness

26 6. Outdoor recreation

30 7. Social activities

22 8. Theatre/Music/Dance

30 9. Library/media center

21 0. Travel

Four Square Process

- Initial brainstorming (20-25 min)
- Facilitators shift tables
- Evaluation (25 min)
- Four square sheets placed on back wall
- Dot voting