

# Who is Planning for the Growing Aging Population

The individuals, organizations and agencies below were identified by participants at the March 1 Growing Older in Fort Collins Program

## Getting Around

- Bus System
- AARP Driving Course (which reduces insurance cost and refreshes driving skills)
- SAINT
- TransFort
- GreenRide
- SuperShuttle
- City of Fort Collins
- City of Loveland
- North Front Range Metropolitan Planning Organization
- Larimer County Office on Aging
- Loveland Senior Advisory Board
- Fort Collins Senior Advisory Board
- Foundation on Aging for Larimer County
- Medical transportation funded through various resources
- City Transportation Planning
- CDOT
- Larimer County
- Rigden Farm Senior Living transportation services
- PVH (connecting medical centers)
- The Lift (new nonprofit)
- BB-PTAG (Barrier Busters-public transit action group)
- COD (Commission on Disabilities)
- TransFort Flex Route
- COLT (Loveland)
- Larimer Lift
- City Of Fort Collins Streets
- Fort Collins Parks and Recreation
- Fort Collins Traffic Operations
- Biking and walking clubs
- Regional and State transportation planning organizations
- Regional transit services
- Regional trail systems
- Dial-A-Ride
- VOA
- Bike Fort Collins

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## **Financial Independence**

- Foundation on Aging
- Workforce Center
- CSU Adult Education
- United Way
- Larimer County Extension Office
- Food Bank
- City of Fort Collins
- City of Loveland
- Department of Human Services, County Health and Human Services
- Community Funded (a new enterprise designed to bring the community together to fund projects, businesses, etc.)
- Local banks
- Larimer County
- Senior advisers for folks reentering workforce
- SOS and other temp employee services
- Meals on Wheels
- ELIC
- Bridges Circles Programs
- United Way (and numerous affiliated groups)
- Public libraries
- VOA
- Colorado Department of Health and Environment
- CARE Housing
- Office on Aging
- AARP
- Senior residences
- Catholic Charities
- Department of Labor

## **Aging In Place**

- ElderCare Network
- Alzheimer's Association
- Elderhaus
- Non-medical Home Health Companies
- Fort Collins Senior Center
- Powerful Tools for Caregivers
- Lutheran Family Services
- CSU students as employees, especially occupational therapy health and exercise science and pre-med students. Can help people stay at home.
- Volunteers of America
- City of Fort Collins

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## Aging In Place (Cont'd)

- City of Loveland
- City of Estes Park
- Well Workplaces
- PVHS
- City Transportation Planning and Advance Planning (land use and housing)
- Mirasol Senior Community ( Loveland)
- CanDo (the Coalition for Activity, Nutrition to Defeat Obesity, a program of the Poudre Valley Health System, facilitates a monthly built environment work group for regular community members to get involved with the city in supporting facilities for safe, convenient, and accessible walking and access to healthy foods)
- Private sector activity
- Fort Collins Board of Realtors
- For-profit providers
- Columbine
- Larimer County Office on Aging, ARCH and other family care and ombudsman programs
- More services to keep seniors within their own home. Need to keep seniors in a productive, respected role in our community. Seniors want to contribute. Need to provide basic needs to live independently: food delivery, medication delivery.
- Kirsten Hartman's Seniors in Transition is a good, helpful resource
- Meals on Wheels
- Homebound Service of Poudre River Public Library District (beginning books by mail service to homebound customers later in 2012)
- Volunteers of America (senior affordable housing (Sanctuary Apartments), Meals on Wheels, group meals for seniors, handyman services, respite care)
- Good Sam Village
- Pets Forever (volunteers provide pet care duties for seniors)
- Larimer County Office on Aging
- Home Instead and others
- Community Foundation

## Healthy Aging

- Ensign Low Vision
- Health District of Northern Larimer County
- Mental Health Counseling Services from Lutheran Family Services
- CSU student employees particularly occupational therapy, pre-med and health and exercise science majors can help caregivers with care of elderly
- Seniors Helping Seniors
- RVNA
- Aspen Club
- Seasons Club
- Health District

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## Healthy Aging (Cont'd)

- Department of Human Services
- Department of Public Health
- Aspen Club's Healthy Aging Opportunities (a positive makes retired medical team of RNs and docs available for home visits or as adjunct to medical specialists for non-critical medical needs)
- Aspen Club blood panels
- PVHS
- Vitality Home Health Care, Loveland, Colorado (new company, medical based)
- Dentists
- BB-PTAG
- COD
- CSU adult fitness program, nutrition counseling center, getting involved with ongoing research
- Counselors, psychologists who help with geriatric population
- Senior Center
- Banner
- Kaiser Permanente
- Salud
- Rehabilitation and Visiting Nurse Association
- HealthInfoSource.com (health information for all disciplines in northern Colorado)
- AARP
- Office on Aging
- United Way
- Food Bank
- Mission

## Staying Engaged in Community

- CSU
- Women's Association
- CSU Archives
- League of Women Voters
- Poudre School District schools
- CSU studies on older adulthood
- New Horizon's Band of Northern Colorado ([fortnet.org/NHB](http://fortnet.org/NHB), provide free community concerts, especially at elementary schools)
- Cemetery Stroll
- FC Municipal Railway
- CVB Downtown Information Center
- Colorado Welcome Center
- Friends of the Waterworks
- Avery House Guild
- FC Museum of Discovery
- A clearinghouse for job placement and volunteer seekers (maybe 211?)

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## **Staying Engaged (Cont'd)**

- Volunteers of America (a great entry point for anyone looking to get involved)
- Aspen Club
- PVHS
- Rialto
- Lincoln Center
- Council Tree library
- City of Fort Collins
- Boys and Girls Clubs
- Readers for United Way
- Habitat for Humanity (Loveland office)
- House of Neighborly Service (Loveland)
- Elderhaus Adult Day Program
- Stepping Stones Adult Day Program (Loveland)
- Meals on Wheels
- United Way
- Community Foundation
- Aging Clinic of the Rockies at CSU (provides mental health services to older adults; provides a caregivers support program; provides an individual counseling program for grandparents raising grandchildren; for more information 970-491-6795)
- United Way 2-1-1
- Volunteers of America-RSVP program is specifically for SST volunteers
- Meals on Wheels
- Churches
- Many nonprofits
- Otterbox Cares
- Senior Residences

## **Lifelong Learning**

- Great Decisions
- Poudre River Public Library District
- New Horizons Band, provides music education for people over 50
- Road Scholar/Elderhostel
- Continuing Ed
- Osher Institute
- Mountains and Plains Institute for Life Long Learning and Service
- Eldercare Network-Senior Law Day and Eldercare Resource Day
- Small group political meetings
- CSU
- PSD
- Front Range Forum programs at the senior center--stellar programs and opportunities

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## **Lifelong Learning (Cont'd)**

- Aspen Club classes
- Senior Center
- Great Books
- Fort Collins University
- Volunteers of America (opportunities are monthly for RSVP volunteers)
- Lincoln Center Lecturers
- Good Sam Village
- Senior residences

## **Leisure**

- Miramont (hikes)
- Fort Collins Club
- Silver Sneakers program
- EWB
- Colorado Mountain Club
- Adult Fitness Center at CSU
- Fort Collins Newcomers Club
- Senior Center
- Lincoln Center
- Beet Street
- Pioneer Association
- Fort Collins Historical Society
- Hiking
- Gyms
- Fort Collins Parks and Recreation
- Senior Center Expansion (more space, programming a must)
- Mega Churches (making great strides in recreation, transportation of seniors)
- Health Clubs (what changes do they see in customer demands)
- The Senior Center offers great outdoor trips-skiing, hiking etc.
- State Parks
- Forest Service
- NPS
- Recreational clubs
- CSU
- City's Lincoln Center, Beet Street, performing arts organizations, etc.
- Aspen Club
- Churches
- Breweries/other small businesses
- Recreation Centers
- Senior Residences
- Roads Scholar
- Library

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## Senior Center

- Poudre River Public Library District
- Loveland Senior Center starting senior reader's theatre
- Chilson Senior and Recreation Center (Loveland)
- Senior Center (THE focal point of all of these activities, needs and resources. The anecdotal information from staff is real and needs to be chronicled as real information. Staff knows and sees both real need and real opportunities.)
- Very, very important
- Increase travel opportunities for members of Senior Center. Create theater at Senior Center. More senior clubs related to sports and recreation.
- Make it (i.e. Brand It) as intergenerational. Attract all ages to events and educational opportunities. Today's boomers don't want to be sequestered with people only their age.

## Other Areas, Issues

- Bilingual Services
- How to meet the spiritual needs of the residents of numerous retirement centers in the area who do not provide the services of a chaplain
- Elderhaus
- Engaging seniors with youth, also engaging with all ages. We have so much to learn from each other; elderly have so much experience they need to share
- Legacy-helping seniors tell their stories and record them for future--our culture has grown away from one that is integrated naturally with seniors and their stories, so we have to facilitate this. Don't brand everything as being a program "for seniors"--next generation seniors don't view themselves as seniors.
- Art/music-Larimer Choral Singing for Seniors program, Senior Center