

September 2014

Adaptive Recreation Opportunities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Northside Az Edor	at any of the following etlan Community Cente Senior Center (SC) (97 ra Pool Ice Center (EPIC Mulberry Pool (MP) (9	r (NACC) (970) 221-6 0) 221-6644 C) (970) 221-6683	5256 Br	QUESTIONS? Please contact us! Renee Lee: (970) 224-6027, rlee@fcgov.com Brenda McDowell: (970) 416-2024, bmcdowell@fcgov.com ARO Leaders & Interns: (970) 224-6034, aro@fcgov.com			
	1 Labor Day - ARO closed for the holiday	2	3 <u>Adaptive</u> <u>Kayaking</u> 4:30-7:30 PM Horsetooth Reservoir	4	5 Crafts with a Cause Week 1 of 2 4:30-6:00 PM (SC)	6 <u>Adaptive Ice Skate</u> Week 1 of 6 9:45-10:15 AM (EPIC) <u>Bowling</u> Week 1 of 6 12:30-1:30 PM Chipper's Lanes on N. College (CL-N)	
7 <u>Elk Bugling Trip</u> <u>to RMNP</u> 1:00-8:00 PM Depart from NACC	8 <u>Adult Flag</u> <u>Football</u> <i>Week 3 of 6</i> 5:30-6:45 PM City Park (CP)	9 <u>MS Aqua</u> 9:30-10:30 AM (MP)	10 <u>Adaptive Archery</u> <u>Week 1 of 6</u> 4:30-5:45 PM Prospect Archery Range	11 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Restaurant Night</u> 5:45-8:00 PM Depart from SC	12 <u>Crafts with a</u> <u>Cause</u> Week 2 of 2 4:30-6:00 PM (SC)	13 Adaptive Ice Skate Week 2 of 6 9:45-10:15 AM (EPIC) Colorado Person <u>First Festival</u> 10 AM – 2:30 PM Depart from NACC <u>Bowling</u> Week 2 of 6 12:30-1:30 PM (CL-N)	



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14	15 <u>Adult Flag Football</u> <u>Week 4 of 6</u> 5:30-6:45 PM (CP)	16 <u>MS Aqua</u> 9:30-10:30 AM (MP)	17 <u>Adaptive</u> <u>Archery</u> Week 2 of 6 4:30-5:45 PM Prospect Archery Range	18 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Healthy Treats</u> <u>Cooking Class</u> 6:30-8:00 PM (SC)	19	20 <u>Adaptive Cycling</u> <u>Tour</u> 9:30-Noon Lee Martinez Park <u>Adaptive Ice</u> <u>Skate</u> Week 3 of 6 9:45-10:15 AM (EPIC) <u>Bowling</u> Week 3 of 6 12:30-1:30 PM (CL-N)
21	22 <u>Adult Flag Football</u> <u>Week 5 of 6</u> 5:30-6:45 PM (CP)	23 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Wheelchair Rugby</u> Week 1 of 10 6:00-8:00 PM (NACC)	24 <u>Adaptive</u> <u>Archery</u> Week 3 of 6 4:30-5:45 PM Prospect Archery Range <u>Workout</u> <u>Partners Match</u>	25 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adaptive Yoga</u> Week 1 of 3 1:00-2:00 PM Raintree Athletic Club (RAC)	26 <u>Gone Country</u> <u>Dance</u> 6:00-8:00 PM (SC) No pre-registration; tickets sold for \$3 at door	27 <u>Adaptive Ice</u> <u>Skate</u> Week 4 of 6 9:45-10:15 AM (EPIC) <u>Bowling</u> Week 4 of 6
28	29 <u>Adult Flag Football</u> Week 6 of 6 5:30-6:45 PM (CP) <u>Movie Night</u> 6:00-9:00 PM Depart from SC	30 <u>Wheelchair Rugby</u> Week 2 of 10 6:00-8:00 PM (NACC)	<u>Up Meeting</u> 6:30-7:30 PM (EPIC)	Artistic Abilities Week 1 of 8 400-6:00 PM CSU – Visual Arts		12:30-1:30 PM (CL-N)

The City of Fort Collins will make reasonable accommodations for access to City services, programs and activities. For accessibility assistance, call 970.224.6027 or email <u>rlee@fcgov.com</u>. September 2014





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