



SEPTEMBER 2009

Adaptive Recreation Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Call 221-6655 to register for programs!</p>		<p>1</p> <p style="text-align: center;"><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p style="text-align: center;"><u>Adult Flag Football</u> <i>Week 1 of 6</i> 5:30-6:30 PM (CP)</p>	<p>2</p>	<p>3</p> <p style="text-align: center;"><u>MS Aqua</u> 9:30-10:30 AM (MP)</p>	<p>4</p> <p style="text-align: center;"><u>Artistic Abilities</u> 6:00-8:00 PM Meet at Everyday Joe's</p> <p style="text-align: center;"><u>Adaptive Yoga</u> <i>Week 1 of 4</i> 1:00-2:00 PM (NACC)</p> <p style="text-align: center;"><i>Registration deadline for IMAX outing</i></p>	<p>5</p> <p style="text-align: center;"><u>Goalball</u> <i>Week 1 of 4</i> 10:30-Noon (YAC)</p> <p style="text-align: center;"><u>Bowling</u> <i>Week 1 of 4</i> 12:30-2:00 PM Chipper Lanes - North</p>
<p>6</p>	<p>7</p> <p style="text-align: center;">LABOR DAY</p>	<p>8</p> <p style="text-align: center;"><u>Adult Flag Football</u> <i>Week 2 of 6</i> 5:30-6:30 PM (CP)</p> <p style="text-align: center;"><u>Wheelchair Rugby</u> <i>Week 1 of 2</i> 6:30-8:00 PM (NACC)</p>	<p>9</p> <p style="text-align: center;"><u>Lunch Out</u> 12:30-2:00 PM Call Renee for Location</p>	<p>10</p> <p style="text-align: center;"><u>IMAX Outing</u> 4:00-9:30 PM Depart from SC</p>	<p>11</p> <p style="text-align: center;"><u>Adaptive Yoga</u> <i>Week 2 of 4</i> 1:00-2:00 PM (NACC)</p> <p style="text-align: center;"><u>Dance Committee</u> 4:00-5:00 PM (SC)</p> <p style="text-align: center;"><u>Creative Collages</u> 5:15-6:30 PM (SC)</p>	<p>12</p> <p style="text-align: center;"><u>Goalball</u> <i>Week 2 of 4</i></p> <p style="text-align: center;"><u>Adaptive Ice Skating</u> <i>Week 2 of 5</i></p> <p style="text-align: center;"><u>Bowling</u> <i>Week 2 of 4</i> 12:30-2:00 PM (CL-N)</p>
<p>13</p>	<p>14</p>	<p>15</p> <p style="text-align: center;"><u>Youth Flag Football</u> <i>Week 1 of 4</i> 4:30-5:30 PM (CP)</p> <p style="text-align: center;"><u>Adult Flag Football</u> <i>Week 3 of 6</i> 5:30-6:30 PM (CP)</p> <p style="text-align: center;"><u>Wheelchair Rugby</u> <i>Week 2 of 2 at NACC</i> 6:30-8:00 PM</p>	<p>16</p> <p style="text-align: center;"><u>Adaptive Archery</u> <i>Week 1 of 5</i> 4:30-5:30 PM Prospect Archery Range</p> <p style="text-align: center;"><u>Restaurant Night</u> 5:30-8:00 PM Depart from SC</p>	<p>17</p> <p style="text-align: center;"><u>Workout Partners</u> <u>Match Up Meeting</u> 5:00-6:00 PM (NACC)</p>	<p>18</p> <p style="text-align: center;"><u>Adaptive Yoga</u> <i>Week 3 of 4</i> 1:00-2:00 PM (NACC)</p>	<p>19</p> <p style="text-align: center;"><u>Goalball</u> <i>Week 3 of 4</i> 10:30-Noon (YAC)</p> <p style="text-align: center;"><u>Adaptive Ice Skating</u> <i>Week 3 of 5</i> 9:30-10:15 AM (EPIC)</p> <p style="text-align: center;"><u>Bowling</u> <i>Week 3 of 4</i> 12:30-2:00 PM (CL-N)</p>
<p>20</p>	<p>21</p>	<p>22</p> <p style="text-align: center;"><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p style="text-align: center;"><u>Adaptive Swim Lessons</u> <i>Week 1 of 4 at EPIC</i> 4:15-4:45, 4:50-5:20 PM</p> <p style="text-align: center;"><u>Youth Flag Football</u> <i>Week 2 of 4</i></p> <p style="text-align: center;"><u>Adult Flag Football</u> <i>Week 4 of 6</i></p>	<p>23</p> <p style="text-align: center;"><u>Adaptive Archery</u> <i>Week 2 of 5</i> 4:30-5:30 PM Prospect Archery Range</p>	<p>24</p> <p style="text-align: center;"><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p style="text-align: center;"><u>Kosher Cooking</u> 6:30-8:00 PM (SC)</p>	<p>25</p> <p style="text-align: center;"><u>Adaptive Yoga</u> <i>Week 4 of 4</i> 1:00-2:00 PM (NACC)</p> <p style="text-align: center;"><u>Hip Hop Dance</u> 6:00-8:00 PM Senior Center</p> <p style="text-align: center;"><i>No pre-registration; tickets sold for \$3 at door</i></p>	<p>26</p> <p style="text-align: center;"><u>Goalball</u> <i>Week 4 of 4</i> 10:30-Noon (YAC)</p> <p style="text-align: center;"><u>Adaptive Ice Skating</u> <i>Week 4 of 5</i> 9:30-10:15 AM (EPIC)</p> <p style="text-align: center;"><u>Bowling</u> <i>Week 4 of 4</i> 12:30-2:00 PM (CL-N)</p>
<p>27</p>	<p>28</p>	<p>29</p> <p style="text-align: center;"><u>MS Aqua</u> 9:30-10:30 AM (MP)</p> <p style="text-align: center;"><u>Adaptive Swim Lessons</u> <i>Week 2 of 4 at EPIC</i></p> <p style="text-align: center;"><u>Youth & Adult FF</u> <u>Movie Night</u> 6:15-9:15 PM (SC)</p>	<p>30</p> <p style="text-align: center;"><u>Adaptive Archery</u> <i>Week 3 of 5</i> 4:30-5:30 PM Prospect Archery Range</p>	<p style="text-align: center;">Check out ARO's webpage: www.fcgov.com/aro</p>	<p style="text-align: center;">Renee Lee, CTRS 224-6027</p> <p style="text-align: center;">Jenna Van Fossan, CTRS 224-6125</p> <p style="text-align: center;">Alison Cope, MS, OTR 416-2024</p>	

Note: The City of Fort Collins will make reasonable accommodations for access to City services, programs and activities and will make special communication arrangements for persons with disabilities. For activities that require registration, it is recommended that requests be made one week in advance by calling 224-6027, TDD/TTY 224-6002.