



NOVEMBER 2009

Adaptive Recreation Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adaptive Swim Lessons</u> <i>Week 3 of 4 at EPIC</i> <u>Junior Sports</u> <i>Week 3 of 4</i> 4:30-5:30 PM (NACC) <u>Adult Floor Hockey</u> <i>Week 4 of 6</i> 5:30-6:30 PM (NACC) <u>W/C Rugby</u> <i>Week 4 of 6</i> 6:30-8:00 PM (NACC)	4 <u>Boulder Dinner Theatre Outing</u> 4:00 PM - Midnight Depart from SC	5 <u>MS Aqua</u> 9:30-10:30 AM (MP)	6 <u>Adaptive Yoga</u> <i>Week 1 of 3</i> 1:00-2:00 PM (NACC) <u>Artistic Abilities</u> 6:00-8:00 PM Meet at the Bean Cycle	7 <u>Adaptive Ice Skating</u> <i>Week 5 of 5</i> 9:30-10:15 AM (EPIC)
8	9	10 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adaptive Swim Lessons</u> <i>Week 4 of 4 at EPIC</i> <u>Junior Sports</u> <i>Week 4 of 4</i> 4:30-5:30 PM (NACC) <u>Adult Floor Hockey</u> <i>Week 5 of 6</i> 5:30-6:30 PM (NACC) <u>W/C Rugby</u> <i>Week 5 of 6</i> 6:30-8:00 PM (NACC)	11 Veteran's Day	12 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Restaurant Night</u> 5:30-8:00 PM Depart from SC	13 <u>Adaptive Yoga</u> <i>Week 2 of 3</i> 1:00-2:00 PM (NACC) <u>Dance Committee</u> 4:00-5:00 PM (SC) <u>Awesome Autumn Crafts Class</u> 5:15-6:30 PM (SC) <i>Registration Deadline for the Thanksgiving Meal!</i>	14 <i>Special Olympics State Fall Classic in Denver (Time TBA)</i>
15	16	17 <u>MS Aqua</u> 9:30-10:30 AM (MP) <u>Adult Floor Hockey</u> <i>Week 6 of 6</i> 5:30-6:30 PM (NACC) <u>W/C Rugby</u> <i>Week 6 of 6</i> 6:30-8:00 PM (NACC) <u>Movie Night</u> 6:15-9:15 PM (SC)	18 <u>Lunch Out</u> 12:30-2:00 PM Call Renee for location <u>Thanksgiving Sides Cooking Class</u> 6:30-8:00 PM (SC)	19 <u>MS Aqua</u> 9:30-10:30 AM (MP)	20 <u>Adaptive Yoga</u> <i>Week 3 of 3</i> 1:00-2:00 PM (NACC) <u>Thanksgiving Meal</u> 4:30-6:00 PM (SC) <u>Thanksgiving Dance</u> 6:00-8:00 PM (SC)	21
22 <hr style="border: 0.5px solid black; margin: 5px 0;"/> 29	23 <hr style="border: 0.5px solid black; margin: 5px 0;"/> 30	24 <u>NO MS Aqua</u>	25	26 <u>NO MS Aqua</u> Happy Thanksgiving!	27	28